



# My Emissions

When it comes to reducing our impact on the environment, small changes can make a big difference. That's why we're delighted to introduce carbon emissions ratings across our Camile menus to help you, our guests, make more informed choices.

We have partnered with My Emissions to calculate each dish based on its water consumption, storage and transport and developed an A-E rating scale based on Carbon intensity 'A' for low impact and 'E' very high. So now you can enjoy our delicious taste with a little less waste!

## Our Menu Carbon Emission Rating



## Our Menu Average Life Cycle Emissions (per kg)



### Single Dish Ratings

- [Starters](#)
- [Soups](#)
- [Fried Rice](#)
- [Stir Fries](#)
- [Curries](#)
- [Noodles](#)
- [Vegan/Vegetarian](#)
- [Sides](#)
- [Nibbles](#)
- [Kids](#)
- [Desserts](#)

## Starters

 <b>Chargrilled Chicken Skewers</b> Carbon Rating: D (High)	 <b>Sriracha Chicken Wings</b> Carbon Rating: D (High)
 <b>Camile Fried Potatoes</b> Carbon Rating: A (Very Low)	 <b>Tiffin Box For 2</b> Carbon Rating: C (Medium)
 <b>Vegetable Spring Rolls</b> Carbon Rating: A (Very Low)	 <b>Hoisin Duck Spring Rolls</b> Carbon Rating: C (Medium)
 <b>Camile Signature Spice Bag</b> Carbon Rating: B (Low)	 <b>Massaman Curry Dip</b> Carbon Rating: A (Very Low)
 <b>Vegan Spice Bag Flavoured Cauliflower</b> Carbon Rating: A (Very Low)	 <b>Camile Crispy Tofu</b> Carbon Rating: B (Low)
 <b>Martabak Gyoza</b> Carbon Rating: E (Very High)	 <b>Duck Pancakes</b> Carbon Rating: D (High)
 <b>Spiced Calamari fries</b> Carbon Rating: E (Very High)	

## Soups

  
**Tom Yam Goong Soup**  
Carbon Rating: B (Low)

## Fried Rice

 <b>Camile Special Fried Rice</b> Carbon Rating: B (Low)	 <b>Khao Pad Nua</b> Carbon Rating: E (Very High)
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## Stir Fries

 <b>Crispy Chilli Chicken</b> Carbon Rating: B (Low)	 <b>Crispy Chilli Beef</b> Carbon Rating: E (Very High)				
 <b>Crispy Chilli Prawn</b> Carbon Rating: B (Low)	 <b>Mekong Duck Stir Fry</b> Carbon Rating: C (Medium)				
 <b>Pad Krapow</b> Carbon Rating: B (Low)	 <b>Pad Med Manung</b> Carbon Rating: B (Low)				
 <b>Pad King</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: E (Very High)	 Carbon Rating: C (Medium)	 Carbon Rating: C (Medium)	 Carbon Rating: A (Very Low)
 <b>Pad Prik Haeng</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: E (Very High)	 Carbon Rating: C (Medium)	 Carbon Rating: C (Medium)	 Carbon Rating: B (Low)

## Curries

 <b>Green Curry</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: E (Very High)	 Carbon Rating: C (Medium)	 Carbon Rating: B (Low)	 Carbon Rating: A (Very Low)
 <b>Massaman Curry</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: E (Very High)	 Carbon Rating: C (Medium)	 Carbon Rating: B (Low)	 Carbon Rating: A (Very Low)
 <b>Red Curry</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: E (Very High)	 Carbon Rating: C (Medium)	 Carbon Rating: B (Low)	 Carbon Rating: A (Very Low)
 <b>Chu Chee Curry</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: E (Very High)	 Carbon Rating: C (Medium)	 Carbon Rating: C (Medium)	 Carbon Rating: A (Very Low)

 <b>Feel Good Curry</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: A (Very Low)	 <b>Harry's Bangin' Panang Curry With Chicken</b> Carbon Rating: B (Low)
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## Noodles

 <b>Classic Pad Thai</b> Carbon Rating: C (Medium)	 <b>Khao Soi Gai</b> Carbon Rating: A (Very Low)				
 <b>Singapore Noodles</b> Carbon Rating: B (Low)	 <b>Pad Thai Noodles With Chicken</b> Carbon Rating: C (Medium)				
 <b>Pad Kee Mao</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)	 Carbon Rating: E (Very High)	 Carbon Rating: C (Medium)	 Carbon Rating: C (Medium)	 Carbon Rating: B (Low)

## Vegan/Vegetarian

 <b>Vegan Pad Prik Haeng</b> Carbon Rating: B (Low)	 Carbon Rating: A (Very Low)	 <b>Vegan Pad Thai</b> Carbon Rating: B (Low)	
 <b>Vegan Green Curry</b> Carbon Rating: A (Very Low)	 Carbon Rating: A (Very Low)	 <b>Vegan Red Curry</b> Carbon Rating: A (Very Low)	 Carbon Rating: A (Very Low)
 <b>Vegan Pad King</b> Carbon Rating: A (Very Low)	 Carbon Rating: A (Very Low)	 <b>Vegan Fried Rice</b> Carbon Rating: A (Very Low)	 Carbon Rating: A (Very Low)
 <b>Camile Vegan Spice Bag</b> Carbon Rating: A (Very Low)		 <b>Vegan Green Curry Dip</b> Carbon Rating: A (Very Low)	
 <b>Vegan Spice Bag Flavoured Cauliflower</b> Carbon Rating: A (Very Low)		 <b>Camile Crispy Tofu</b> Carbon Rating: B (Low)	
 <b>Vegan Crispy Chilli Tofu</b> Carbon Rating: A (Very Low)		 <b>Harry's Bangin' Panang Curry With Chickpeas</b> Carbon Rating: A (Very Low)	
 <b>Vegan Pad Kee Mao</b> Carbon Rating: B (Low)	 Carbon Rating: B (Low)		

## Sides

 <b>Jasmine Rice</b> Carbon Rating: A (Very Low)	 <b>Brown and Wild Rice</b> Carbon Rating: A (Very Low)
 <b>Egg Fried Rice</b> Carbon Rating: B (Low)	 <b>Shredded Kale Side Salad</b> Carbon Rating: A (Very Low)
 <b>Stir Fried Asian Greens</b> Carbon Rating: A (Very Low)	 <b>Steamed Broccoli</b> Carbon Rating: A (Very Low)
 <b>Stir Fried Noodles</b> Carbon Rating: B (Low)	

## Nibbles

 <b>Honey Chilli Cashews</b> Carbon Rating: B (Low)	 <b>Edamame</b> Carbon Rating: A (Very Low)
 <b>Thai Brown Prawn Crackers</b> Carbon Rating: B (Low)	 <b>Sweet &amp; Spicy Peanuts</b> Carbon Rating: B (Low)
 <b>Sriracha Chicken Wings (2 pieces)</b> Carbon Rating: D (High)	 <b>Vegetable Spring Roll (1 piece)</b> Carbon Rating: A (Very Low)
 <b>Chargrilled Chicken Skewers (2 pieces)</b> Carbon Rating: D (High)	

## Kids

 <b>Sweet Crispy Chicken</b> Carbon Rating: B (Low)	 <b>Wok Fried Noodles with chicken</b> Carbon Rating: B (Low)
 <b>Camile Potatoes with Chicken</b> Carbon Rating: B (Low)	

## Desserts

 <b>Crispy Pancakes</b> Carbon Rating: B (Low)	 <b>Mango Rice Pudding</b> Carbon Rating: B (Low)
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**Camile**  
good mood thai food