

# Camile (Ireland Restaurants) Allergens Updated 10th December 2025



Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties				
<b>Camile - Meal Deals</b>								
For allergen information, please check individual dishes before ordering - 100g	0Kcal							
<b>Camile Savers</b>								
Camile (Savers) - Crispy Chilli Chicken Burrito (07/25) 8377306 - 1 Serving	907Kcal	OATS, WHEAT SOYA EGGS SULPHITES	MOLLUSCS					
Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving	536Kcal	WHEAT CRUSTACEANS SOYA	MILK FISH	OATS, BARLEY, RYE EGGS MUSTARD	HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS MOLLUSCS SESAME	PEANUTS CELERY SULPHITES		
Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (10/25) - 1 Serving	500Kcal	WHEAT SOYA			OATS, BARLEY, RYE EGGS MUSTARD	HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS MILK SESAME	PEANUTS CELERY SULPHITES	VEGETARIAN VEGAN
Camile (Lunch menu) - Chicken Fried Rice (12/25) - 1 Serving	788Kcal	WHEAT FISH CRUSTACEANS	MILK SOYA		BARLEY, RYE MOLLUSCS SESAME	HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS CELERY MUSTARD	PEANUTS	
<b>Camile Summer Specials</b>								
Camile (Specials) - Po Pia Sot Teriyaki Chicken (07/25) 98649 - 1 Serving	282Kcal	WHEAT SESAME	SOYA EGGS		SOYA EGGS SULPHITES			

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Camile (Specials) - Po Pia Sot Prawns (05/23) 8694633 - 1 Serving	257Kcal	 WHEAT  SESAME  PEANUTS  SOYA  CRUSTACEANS  SULPHITES		
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	443Kcal	 WHEAT  SULPHITES  PEANUTS  SOYA		 VEGETARIAN  VEGAN
Camile (Specials) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	488Kcal	 WHEAT  SOYA  CRUSTACEANS  SULPHITES  FISH	 CRUSTACEANS  MOLLUSCS	
Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns)	322Kcal	 WHEAT  CRUSTACEANS  SULPHITES  EGGS	 TREE NUTS  SOYA  FISH  MUSTARD  MILK  CELERY  SESAME  MOLLUSCS	
Camile (Specials) - Crispy Lambay Crab Claws with Coconut Sriracha Dip (05/25) - 1 Serving	387Kcal	 WHEAT  CRUSTACEANS  SULPHITES  FISH	 TREE NUTS  SOYA  MUSTARD  MILK  CELERY  SESAME  MOLLUSCS	
<b>Camile Ireland - Spring Rolls</b>				
Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving	492Kcal	 WHEAT  SESAME  MILK  SOYA  CRUSTACEANS  SULPHITES	 EGGS	
Camile Ireland (Rolls) - Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 98656 - 1 Serving	447Kcal	 WHEAT  SULPHITES  MILK  SOYA	 EGGS	 VEGETARIAN
Camile Ireland (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) 5012681 - 1 Serving	445Kcal	 WHEAT  SULPHITES  MILK  SOYA	 EGGS	 VEGETARIAN
Camile Ireland (Nibbles) - 1 Duck Spring Roll (03/23) 8400670 - 1 roll	139Kcal	 WHEAT  SESAME  MILK  SOYA	 EGGS	
Camile Ireland (Nibbles) - 1 Vegetable Spring Roll (02/23) 4086626 - 1 Serving	124Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
<b>Camile Ireland - Starters / Small Plates</b>				
Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving	76Kcal	 PEANUTS  CRUSTACEANS		
Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	594Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile (Starters) - Calamari Fries with Wasabi Mayo Dip (03/23) 5056864 - 1 Serving	826Kcal	 WHEAT  EGGS  MOLLUSCS  MUSTARD		
Camile (Starters) - 4 Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce (07/25) 3480899 - 1 Serving	408Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Starters) - 5 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) 8547246 - 1 Serving	192Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 5 Pork Gyoza with Sweet Soy Dip (04/23) 8546943 - 1 Serving	239Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 5 Prawn Gyoza with Sweet Soy Dip (04/23) 8547228 - 1 Serving	217Kcal	 WHEAT  EGGS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 TREE NUTS  MILK  CELERY  MUSTARD	
Camile (Starters) - 5 Vegetable Gyoza with Sweet Soy Dip (04/23) 8546856 - 1 Serving	198Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  MILK  MOLLUSCS  CELERY  MUSTARD	 VEGETARIAN  VEGAN
Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving	492Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA  SULPHITES	 EGGS	
Camile Ireland (Rolls) - Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 98656 - 1 Serving	447Kcal	 WHEAT  MILK  SOYA  SULPHITES	 EGGS	 VEGETARIAN

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Camile Ireland (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) 5012681 - 1 Serving	445Kcal	 WHEAT  SOYA  SULPHITES	 EGGS	 VEGETARIAN
Camile Ireland - Tiffin Box for Two (03/25) - Serves 2 people	1143Kcal	 WHEAT  PEANUTS  FISH  CRUSTACEANS  SESAME  SOYA  MOLLUSCS  SULPHITES	 TREE NUTS  EGGS  MUSTARD	
Camile Signature Spice Bag (12/25) - 1 Serving	1391Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving	50Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving	849Kcal	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile Thai (Starters) - Duck Pancakes with Hoisin Dipping Sauce (02/23) 2509685 - 1 Serving	515Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA		
Camile Thai (starters) - Vegan Spice Bag Cauliflower Wings with Sriracha Coconut Dip (06/24) 3460040 - 1 Serving	396Kcal	 WHEAT  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  SESAME  SOYA	
Camile (Nibbles) - 1 Chargrilled Chicken Skewer, without sauce (01/24) - 1 Serving	71Kcal	 WHEAT  SOYA	 TREE NUTS  PEANUTS  MUSTARD  MILK  SULPHITES  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	290Kcal	  GLUTEN CRUSTACEANS	  WHEAT FISH	
Camile (Sauces) - Sweet Chilli Dip, 2oz tub (11/23) 9485586 - 1 Serving	119Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving	46Kcal	   WHEAT SOYA SULPHITES	   TREE NUTS MILK CELERY	 VEGETARIAN  VEGAN
Camile (Sides) - Plain Fried Potatoes (01/24) - 1 Serving	543Kcal	  WHEAT SULPHITES		 VEGETARIAN  VEGAN
Camile (Starters) - Mini Tiffin Box with Plum Sauce (03/25) - Full mini box	496Kcal	   WHEAT MILK FISH	   TREE NUTS PEANUTS EGGS	
Camile Ireland (Nibbles) - 1 Duck Spring Roll (03/23) 8400670 - 1 roll	139Kcal	   WHEAT MILK MOLLUSCS	 EGGS	
Camile Ireland (Nibbles) - 1 Vegetable Spring Roll (02/23) 4086626 - 1 Serving	124Kcal	   WHEAT MILK SOYA	 EGGS	 VEGETARIAN
Camile (Starters) - Pad Thai Chicken Wings (08/24) - 1 Serving (7 wings)	642Kcal	   WHEAT FISH SOYA	  CRUSTACEANS MOLLUSCS	
Camile (Starters) - Pad Thai Chicken Wings (08/24) - Sharing Portion (14 wings)	1288Kcal	   WHEAT FISH SOYA	  CRUSTACEANS MOLLUSCS	
Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns)	322Kcal	   WHEAT EGGS FISH	   TREE NUTS MILK MOLLUSCS	
<b>Camile Ireland - Nibbles</b>				

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Nibbles) - 2 Chargrilled Chicken Skewers (07/25) - 1 Serving	142Kcal	 WHEAT  SOYA	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Nibbles) - Edamame (06/20) 98801 - 1 Serving	195Kcal	 SOYA		 VEGETARIAN  VEGAN
Camile (Nibbles) - Honey Chilli Cashews (02/23) 98802 - 1 Serving	249Kcal	 CASHews  FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS  SULPHITES	
Camile (Nibbles) - Sweet & Spicy Peanuts (02/23) 3217720 - 1 Serving	447Kcal	 PEANUTS		 VEGETARIAN
Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	290Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile (Nibbles) - Thai Brown Prawn Crackers 130g (02/24) - Serves 4 people	500Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile Ireland (Nibbles) - 1 Vegetable Spring Roll (02/23) 4086626 - 1 Serving	124Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile Ireland (Nibbles) - Wasabi Peas (09/21) 4806264 - 1 Serving	166Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN
Camile Thai (Nibbles) - 2 Sriracha Chicken Wings / Hot Wings (02/23) 4086616 - 1 Serving	224Kcal	 SOYA  SULPHITES	 WHEAT  TREE NUTS  PEANUTS  MILK  MUSTARD  SESAME	
Camile (CP / Nibbles) - Crushed Peanuts, Roasted (02/23) - 1 Serving	325Kcal	 PEANUTS		 VEGETARIAN  VEGAN
Camile Ireland (Nibbles) - 1 Duck Spring Roll (03/23) 8400670 - 1 roll	139Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	
Camile (Nibbles) - 1 Chargrilled Chicken Skewer, without sauce (01/24) - 1 Serving	71Kcal	 WHEAT  SOYA	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	

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			 SULPHITES		
<b>Camile Soups</b>					
Camile Thai (Soups) - Tom Yam Goong (02/23) 98658 - 1 Serving	219Kcal	 FISH  SULPHITES	 CRUSTACEANS  SOYA	 MOLLUSCS	
Camile (Soups) - Tom Yam Noodle Soup, Chicken (08/24) - 1 Serving	821Kcal	 FISH  SULPHITES	 CRUSTACEANS  SOYA	 GLUTEN  MOLLUSCS	
Camile (Soups) - Tom Yam Noodle Soup, Prawns (08/24) - 1 Serving	715Kcal	 FISH  SULPHITES	 CRUSTACEANS  SOYA	 MOLLUSCS	
<b>Camile Ireland - Salads</b>					
Camile Thai (Salads) - Sticky Chicken Salad with Tamarind Dressing (07/25) 156757 - 1 Serving	527Kcal	 WHEAT  SOYA  SULPHITES	 FISH  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving	378Kcal	 WHEAT  SULPHITES	 SESAME  SOYA	 VEGETARIAN  VEGAN	
Camile (Specials) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	488Kcal	 WHEAT  SOYA  SULPHITES	 PEANUTS  SULPHITES	 FISH  CRUSTACEANS  MOLLUSCS	
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	443Kcal	 WHEAT  SULPHITES	 PEANUTS  SOYA	 VEGETARIAN  VEGAN	
Camile (Salads) - Chicken Satay Crunch Salad with Brown & Wild Rice (12/25) - 1 Serving	938Kcal	 WHEAT  SESAME	 PEANUTS  SOYA  SULPHITES	 CRUSTACEANS  TREE NUTS  CELERY  MUSTARD	 EGGS  MILK
Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (12/25) - 1 Serving	779Kcal	 WHEAT  SESAME	 EGGS  SOYA  SULPHITES	 MOLLUSCS  BARLEY, RYE  ALMONDS  MUSTARD  CELERY	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties		
Camile (Warm Salads) - Sticky Chicken Noodle Salad (07/25) - 1 Serving	780Kcal	 WHEAT  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY, RYE  MILK  MUSTARD	 ALMONDS  MOLLUSCS  CELERY		
Camile (Warm Salads) - Sticky Tofu Noodle Salad (07/25) - 1 Serving	778Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 BARLEY, RYE  MILK  MUSTARD	 ALMONDS  CELERY  MUSTARD		
Camile (Warm Salads) - Warm Thai Beef Salad with Brown & Wild Rice (07/25) - 1 Serving	698Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 ALMONDS, CASHews, PISTACHIOS  CRUSTACEANS  MUSTARD	 PEANUTS  MOLLUSCS  CELERY		
Camile (Warm Salads) - Crispy Chicken Salad with Lemon Rice (07/25) - 1 Serving	751Kcal	 WHEAT  MOLLUSCS  SULPHITES	 BARLEY, RYE  SESAME  SOYA	 ALMONDS  CELERY  MUSTARD		
Camile (Warm Salads) - Satay Chicken Salad with Lemon Rice (07/25) - 1 Serving	852Kcal	 WHEAT  CRUSTACEANS  SULPHITES	 MILK  SOYA	 TREE NUTS  MUSTARD	 EGGS  CELERY	
Camile (Warm Salads) - Thai Beef Salad with Lemon Rice (07/25) - 1 Serving	689Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 FISH  CRUSTACEANS	 ALMONDS, CASHews, PISTACHIOS  CRUSTACEANS  MUSTARD	 PEANUTS  MOLLUSCS  CELERY	
<b>Camile Spice Bags</b>						
Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving	312Kcal	 FISH  CRUSTACEANS	 WHEAT, BARLEY  MILK	 HAZELNUTS, PECANS, ALMONDS, CASHews, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS	 PEANUTS  CELERY	

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			 MUSTARD  SESAME  SOYA   SULPHITES	
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	282Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS   MILK  CELERY  MUSTARD   SESAME	 VEGETARIAN  VEGAN
Camile Signature Spice Bag (12/25) - 1 Serving	1391Kcal	 WHEAT  SOYA  SULPHITES   EGGS  MILK	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS   CELERY  MUSTARD  SESAME	
Camile's Signature Spice Bag with Massaman Curry Dip (12/25) - 1 Serving	1703Kcal	 WHEAT  FISH  SULPHITES   EGGS  CRUSTACEANS  SOYA	 BARLEY, RYE  MOLLUSCS  SESAME   HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD	
Camile Vegan Spice Bag (12/25) - 1 Serving	1177Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  MILK  SESAME   HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD	 VEGETARIAN  VEGAN
Camile's Vegan Spice Bag with Vegan Green Curry Dip (12/25) - 1 Serving	1458Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  MILK  SESAME   HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD	 VEGETARIAN  VEGAN

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Camile (Noodles) - Classic Pad Thai, Chicken & Prawn (07/25) 2380143 - 1 Serving	1054Kcal	 WHEAT  FISH  SOYA  SULPHITES	 MOLLUSCS		
Camile - Crispy Chilli Chicken (07/25) 98660 - 1 Serving	543Kcal	 WHEAT  SESAME  SOYA	 EGGS  SULPHITES	 MOLLUSCS  TREE NUTS  PEANUTS  MUSTARD	
Camile Ireland - Tiffin Box for Two (03/25) - Serves 2 people	1143Kcal	 WHEAT  FISH  SESAME	 PEANUTS  CRUSTACEANS  SOYA	 MILK  MOLLUSCS  SULPHITES	 TREE NUTS  EGGS  MUSTARD  CELERY
<b>Camile's 6 Under 600 Calories</b>					
Camile Thai - Feel Good Chu Chee Chicken Curry (07/25) 3349084 - 1 Serving	415Kcal	 FISH  CRUSTACEANS	 WHEAT  MOLLUSCS  SULPHITES		
Camile Thai - Feel Good Chu Chee Curry with Tofu (02/23) 3456245 - 1 Serving	298Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS		
Camile Thai - Feel Good Green Chicken Curry (07/25) 3349102 - 1 Serving	430Kcal	 FISH  CRUSTACEANS	 WHEAT  MOLLUSCS  SULPHITES		
Camile Thai - Feel Good Green Curry with Tofu (02/23) 3456261 - 1 Serving	314Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS		
Camile Thai - Feel Good Massaman Chicken Curry (07/25) 3349106 - 1 Serving	422Kcal	 FISH  CRUSTACEANS	 WHEAT, BARLEY  MILK  MUSTARD  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS  SESAME  SOYA	
Camile Thai - Feel Good Massaman Curry with Tofu (02/23) 3456264 - 1 Serving	306Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT, BARLEY  MILK  MOLLUSCS  CELERY	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS	

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			 MUSTARD  SESAME  SULPHITES	
<b>Camile Curries</b>				
Camile - Massaman Curry, Beef (02/23) 98710 - 1 Serving	884Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  MUSTARD  SESAME  PEANUTS  CELERY  SOYA	
Camile - Massaman Curry, Chicken (07/25) 98711 - 1 Serving	849Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  MUSTARD  SESAME  PEANUTS  CELERY  SOYA	
Camile - Massaman Curry, Duck (02/23) 98712 - 1 Serving	840Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  MUSTARD  SESAME  PEANUTS  CELERY  SOYA	
Camile - Massaman Curry, Prawns (02/23) 98713 - 1 Serving	724Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  MUSTARD  SESAME  PEANUTS  CELERY  SOYA	

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Camile - Massaman Curry, Tofu (02/23) 98714 - 1 Serving	732Kcal	 WHEAT  SOYA  FISH  SULPHITES  CRUSTACEANS	 BARLEY  MILK  MUSTARD  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS  SESAME  PEANUTS  CELERY	
Camile Thai - Chu Chee Beef (02/23) 98699 - 1 serving	512Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Beef - LARGE (02/23) 167209 - Serves 2 people	768Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Chicken (07/25) 98700 - 1 Serving	477Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Chu Chee Chicken - LARGE (07/25) 167202 - Serves 2 people	715Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Chu Chee Duck (02/23) 98701 - 1 Serving	468Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Duck - LARGE (02/23) 167204 - Serves 2 people	702Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Prawns (02/23) 98702 - 1 Serving	352Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Prawns - LARGE (02/23) 167200 - Serves 2 people	528Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Tofu (02/23) 98703 - 1 Serving	360Kcal	 FISH  CRUSTACEANS  SOYA	 GLUTEN  MOLLUSCS	
Camile Thai - Chu Chee Tofu - LARGE (02/23) 167206 - Serves 2 people	540Kcal	 FISH  CRUSTACEANS  SOYA	 GLUTEN  MOLLUSCS	
Camile Thai - Green Curry, Beef (02/23) 98704 - 1 Serving	738Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Beef LARGE (02/23) 167180 - Serves 2 people	1107Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Chicken (07/25) 198089 - 1 Serving	712Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Green Curry, Chicken LARGE (07/25) 167183 - Serves 2 people	1068Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Green Curry, Duck (02/23) 98706 - 1 Serving	703Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Duck LARGE (02/23) 167186 - Serves 2 people	1055Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Green Curry, Prawn (02/23) 98707 - 1 Serving	587Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Prawn LARGE (02/23) 167184 - Serves 2 people	882Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Tofu (02/23) 98709 - 1 Serving	596Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Green Curry, Tofu LARGE (02/23) 167189 - 1 Serving	894Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Massaman Curry, Beef - Large (02/23) 1326264 - Serves 2 people	1327Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  MILK  MUSTARD  SESAME  MOLLUSCS  SOYA  CELERY  PEANUTS  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	
Camile Thai - Massaman Curry, Chicken - Large (07/25) 167171 - Serves 2 people	1273Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  MILK  MUSTARD  SESAME  MOLLUSCS  SOYA  CELERY  PEANUTS  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	
Camile Thai - Massaman Curry, Duck - Large (02/23) 167163 - Serves 2 people	1260Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  MILK  MUSTARD  SESAME  MOLLUSCS  SOYA  CELERY  PEANUTS  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	
Camile Thai - Massaman Curry, Prawns - Large (07/25) 167162 - Serves 2 people	1086Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  MILK  MUSTARD  SESAME  MOLLUSCS  SOYA  CELERY  PEANUTS  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Massaman Curry, Tofu - Large (02/23) 167168 - Serves 2 people	1099Kcal	 WHEAT  SOYA  FISH  SULPHITES  CRUSTACEANS	 BARLEY  MILK  MUSTARD  SESAME  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS  CELERY  PEANUTS	
Camile Thai - Red Curry, Beef (02/23) 98715 - 1 Serving	718Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Red Curry, Beef LARGE (02/23) 167191 - Serves 2 people	1077Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Red Curry, Chicken (07/25) 98716 - 1 Serving	683Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Red Curry, Chicken LARGE (07/25) 167192 - Serves 2 people	1024Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Red Curry, Duck (02/23) 98717 - 1 Serving	674Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Red Curry, Duck LARGE (02/23) 167195 - Serves 2 people	1011Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Red Curry, Prawns (02/23) 98718 - 1 Serving	558Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Red Curry, Prawns LARGE (02/23) 167194 - Serves 2 people	837Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Red Curry, Tofu (02/23) 98719 - 1 Serving	566Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Red Curry, Tofu LARGE (02/23) 167199 - Serves 2 people	849Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Vegan Green Curry with Tofu (02/23) 2678587 - 1 Serving	535Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  MILK  MUSTARD  SESAME  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS  CELERY	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) 3218092 - 1 Serving	676Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving	531Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) 3218091 - 1 Serving	672Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Thai - Chiang Mai Curry, Beef (04/21) 2510214 - 1 Serving	806Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY, RYE  ALMONDS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving	636Kcal	 WHEAT  MUSTARD  SOYA  MILK  CELERY	 TREE NUTS  PEANUTS  SESAME  SULPHITES	
<b>Camile Stir Fries</b>				
Camile - Crispy Chilli Chicken (07/25) 98660 - 1 Serving	543Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile - Pad Prik Haeng, Chicken (07/25) 98672 - 1 Serving	526Kcal	 WHEAT  SOYA  CASHWES  MOLLUSCS	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Crispy Chilli Beef (02/23) 98659 - 1 Serving	614Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile Thai - Crispy Chilli Beef LARGE (02/23) 167221 - Serves 2 people	920Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile Thai - Crispy Chilli Chicken LARGE (07/25) 167218 - Serves 2 people	815Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile Thai - Crispy Chilli Prawns (02/23) 4760692 - 1 Serving	485Kcal	 WHEAT  MOLLUSCS  SULPHITES  SESAME  EGGS  SOYA  CRUSTACEANS	 TREE NUTS  PEANUTS  MUSTARD  FISH  CELERY  MILK	
Camile Thai - Mekong Duck (02/23) 98661 - 1 Serving	408Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Mekong Duck LARGE (02/23) 167247 - Serves 2 people	611Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Beef (02/23) 99114 - 1 Serving	418Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Beef GLUTEN-FREE (02/23) 4086237 - 1 Serving	420Kcal	 MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad King Beef, LARGE (02/23) 167224 - Serves 2 people	612Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Chicken (07/25) 98664 - 1 Serving	397Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Chicken GLUTEN-FREE (02/23) 4086245 - 1 Serving	398Kcal	 MOLLUSCS  SOYA	 GLUTEN  SULPHITES	 GLUTEN FREE
Camile Thai - Pad King Chicken, LARGE (07/25) 167223 - Serves 2 people	580Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Duck (02/23) 98665 - 1 Serving	388Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Duck GLUTEN-FREE (02/23) 4086252 - 1 Serving	389Kcal	 MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad King Duck, LARGE (02/23) 167225 - Serves 2 people	568Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Pad King Prawns (02/23) 98666 - 1 Serving	272Kcal	 WHEAT  SOYA  CRUSTACEANS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad King Prawns GLUTEN-FREE (02/23) 4086254 - 1 Serving	273Kcal	 CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad King Prawns LARGE (02/23) 167222 - Serves 2 people	408Kcal	 WHEAT  SOYA  CRUSTACEANS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad King Tofu (02/23) 98668 - 1 Serving	280Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Tofu LARGE (02/23) 167226 - Serves 2 people	420Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Med Mamung, Chicken (07/25) - 1 Serving	552Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Med Mamung, LARGE (02/23) 167246 - Serves 2 people	834Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Prik Haeng, Beef (02/23) 98669 - 1 Serving	562Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Prik Haeng, Beef, GLUTEN-FREE (02/23) 4086260 - 1 Serving	564Kcal	 CASHEWS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Beef, LARGE (02/23) 167229 - Serves 2 people	843Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Prik Haeng, Chicken, GLUTEN-FREE (02/23) 4086346 - 1 Serving	528Kcal	 CASHEWS  MOLLUSCS  SOYA	 GLUTEN  SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Chicken, LARGE (07/25) 167227 - Serves 2 people	789Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Prik Haeng, Duck (02/23) 98674 - 1 Serving	517Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Pad Prik Haeng, Duck, GLUTEN-FREE (02/23) 4086352 - 1 Serving	520Kcal	 CASHEWS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Duck, LARGE (02/23) 167234 - Serves 2 people	776Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving	401Kcal	 WHEAT  CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Prik Haeng, Prawns, GLUTEN-FREE (02/23) 4086354 - 1 Serving	403Kcal	 CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Prawns, LARGE (02/23) 167230 - Serves 2 people	602Kcal	 WHEAT  CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Prik Haeng, Tofu (02/23) 98676 - 1 Serving	410Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Prik Haeng, Tofu, LARGE (02/23) 167231 - 1 Serving	614Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving	316Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving	457Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) 3156000 - 1 Serving	389Kcal	 WHEAT  CASHEWS  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving	530Kcal	 WHEAT  CASHEWS  SOYA	 SULPHITES	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Pad Prik Haeng, Tofu (02/23) 8139537 - 1 Serving	438Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile - Pad Med Mamung, Crispy Chicken (08/24) - 1 Serving	632Kcal	 WHEAT  SOYA  MOLLUSCS  EGGS	 SULPHITES	
Camile - Pad Prik Haeng, Crispy Chicken (08/24) - 1 Serving	606Kcal	 WHEAT  SOYA  MOLLUSCS  EGGS	 SULPHITES	
Camile Thai - Pad King Crispy Chicken (08/24) - 1 Serving	477Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Krapow with Tofu (08/24) - 1 Serving	330Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Pad Krapow with Vegan Chicken (08/24) - 1 Serving	471Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Pad Krapow with Crispy Chicken (07/25) - 1 Serving	520Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Krapow with Chicken (07/25) - 1 Serving	439Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Krapow with Beef (09/24) - 1 Serving	475Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Krapow with Duck (09/24) - 1 Serving	431Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Krapow with Prawns (09/24) - 1 Serving	315Kcal	 WHEAT  SOYA  CRUSTACEANS  MOLLUSCS	 SULPHITES	

### Camile Noodles

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties	
Camile (Noodles) - Classic Pad Thai, Chicken & Prawn (07/25) 2380143 - 1 Serving	1054Kcal	 WHEAT  PEANUTS  EGGS  FISH  CRUSTACEANS  SOYA  SULPHITES	 MOLLUSCS		
Camile (Noodles) - Pad Thai with Chicken (07/25) 3460300 - 1 Serving	1089Kcal	 WHEAT  PEANUTS  EGGS  FISH  SOYA  SULPHITES	 CRUSTACEANS  MOLLUSCS		
Camile - Singapore Noodles (10/25) 98698 - 1 Serving	799Kcal	 WHEAT  CRUSTACEANS  SESAME  MOLLUSCS  SOYA  SULPHITES	 OATS, BARLEY, RYE  MUSTARD  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	 MILK	
Camile Thai (Noodles) - Khao Soi Gai (10/25) 98695 - 1 Serving	1048Kcal	 WHEAT  SOYA	 FISH  CRUSTACEANS	 OATS, BARLEY, RYE  ALMONDS  PEANUTS  EGGS  MILK  MOLLUSCS  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving	501Kcal	 OATS, WHEAT  CRUSTACEANS  SESAME	 MOLLUSCS  SOYA  SULPHITES	 BARLEY, RYE  MUSTARD  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	 MILK
Camile Thai - Pad Kee Mao with Beef (08/24) 4004737 - 1 Serving	855Kcal	 WHEAT	 MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Kee Mao with Chicken (08/24) 4004698 - 1 Serving	820Kcal	 WHEAT	 MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Kee Mao with Duck (08/24) 4004740 - 1 Serving	811Kcal	 WHEAT	 MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Kee Mao with Prawns (08/24) 4004747 - 1 Serving	714Kcal	 WHEAT  SOYA	 CRUSTACEANS  MOLLUSCS	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving	711Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving	852Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Thai with Tofu (02/23) 1048673 - 1 Serving	989Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Thai with Vegan Chicken (02/23) 5752087 - 1 Serving	1130Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES		 VEGETARIAN  VEGAN

#### Camile Fried Rice Dishes

Camile Thai - Camile Special Fried Rice (02/23) 98720 - 1 Serving	849Kcal	 WHEAT  EGGS  FISH  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Khao Pad Nua (06/23) 98788 - 1 Serving	846Kcal	 WHEAT  CASHEWS  EGGS  FISH  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving	614Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving	600Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN

#### Camile Ireland Specials

Camile (Christmas Special) - Camile Fried Chicken with Spicy Maple Jang Sauce (02/23) 7656065 - 1 Serving	1076Kcal	 WHEAT, BARLEY  EGGS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD  MILK	
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Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Harry's Bangin' Panang Curry with Chicken (07/25) 5342302 - 1 Serving	719Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME	 MILK
Camile (Specials) - Harry's Bangin' Panang Curry, Vegan (02/23) 5342317 - 1 Serving	710Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME	 MILK  VEGETARIAN  VEGAN
Camile (Specials) - Crispy Chicken Burrito (07/25) 8002298 - 1 Serving	979Kcal	 OATS, WHEAT  EGGS  SOYA  SULPHITES	 MOLLUSCS	
Camile (Specials) - Honey Crispy Bao Buns (07/25) 7247511 - 1 Serving	356Kcal	 WHEAT  SOYA  SULPHITES	 MUSTARD  PEANUTS	
Camile (Specials) - Paddy's Krispy Krapow Chicken (07/25) 5765194 - 1 Serving	482Kcal	 WHEAT  SOYA	 MOLLUSCS  SULPHITES	
Camile (Specials) - Paddy's Krispy Krapow Tofu (02/23) 5765536 - 1 Serving	332Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving	536Kcal	 WHEAT  CRUSTACEANS  SOYA	 FISH  OATS, BARLEY, RYE  EGGS  MUSTARD  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  SESAME  SULPHITES  CELERY	
Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (10/25) - 1 Serving	500Kcal	 WHEAT  SOYA	 PEANUTS  EGGS  MILK  CELERY	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 MUSTARD  SESAME  SULPHITES	
Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving	312Kcal	 FISH  CRUSTACEANS	 WHEAT, BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	282Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving	501Kcal	 OATS, WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD  MILK	
Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) 3902307 - 1 Serving	643Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) 5812750 - 1 Serving	638Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Signature Spice Bag (12/25) - 1 Serving	1391Kcal	 WHEAT  SOYA  EGGS  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME	
Camile Vegan Spice Bag (12/25) - 1 Serving	1177Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Green Chicken Curry Burrito (07/25) 8200923 - 1 Serving	914Kcal	 OATS, WHEAT  CRUSTACEANS  EGGS  FISH	 BARLEY, RYE  MILK  MUSTARD  SULPHITES  ALMONDS  MOLLUSCS  SESAME  SOYA	
Camile (Specials) - Honey Ginger Duck Special (03/23) 8103327 - 1 Serving	480Kcal	 WHEAT  SESAME  SOYA	 SULPHITES	
Camile (Specials) - Satay Chicken Burrito (07/25) 8201055 - 1 Serving	933Kcal	 OATS, WHEAT  CRUSTACEANS  PEANUTS  SOYA  EGGS	 TREE NUTS  MUSTARD  SESAME  SULPHITES  MILK  CELERY	
Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving	685Kcal	 WHEAT  SESAME  SOYA  FISH  MOLLUSCS  SULPHITES	 TREE NUTS  SULPHITES  PEANUTS  MUSTARD	
Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving	636Kcal	 WHEAT  MUSTARD  SOYA  MILK  CELERY	 TREE NUTS  SULPHITES  PEANUTS  SESAME	
Camile (Specials) - Crispy Pandan Caramel Churros (09/23) - 1 Serving	521Kcal	 WHEAT  MILK	 HAZELNUTS, WALNUTS  SOYA  EGGS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Golden Glow Yellow Curry with Chicken (07/25) 9463559 - 1 Serving	780Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  ALMONDS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	
Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving	882Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  ALMONDS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Beef (12/23) 9836958 - 1 Serving	460Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Chicken (07/25) - 1 Serving	424Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Prawns (12/23) 9836970 - 1 Serving	299Kcal	 WHEAT  PEANUTS  CRUSTACEANS  MOLLUSCS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Tofu (12/23) 9836974 - 1 Serving	310Kcal	 WHEAT  PEANUTS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Duck (12/23) 9842878 - 1 Serving	478Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (12/23) 9842842 - 1 Serving	451Kcal	 WHEAT  PEANUTS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Pad Med Mamung, Chicken (07/25) - 1 Serving	552Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Camile (Specials) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	488Kcal	 WHEAT  PEANUTS  FISH  SOYA  SULPHITES	 CRUSTACEANS  MOLLUSCS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	443Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile (Specials) - Bang Bang Prawns (5) with Coconut Sriracha Dip (07/24) - 1 Serving	367Kcal	 WHEAT  CRUSTACEANS  SULPHITES	 TREE NUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile (Specials) - Larb Gai (08/24) - 1 Serving	400Kcal	 FISH  SULPHITES	 GLUTEN  CRUSTACEANS  MOLLUSCS  MUSTARD  SESAME  SOYA	
Camile (Specials) - Phuket Fried Chicken with Coconut Sriracha Dip (07/25) - 1 Serving	596Kcal	 WHEAT  MOLLUSCS  SULPHITES	 CRUSTACEANS	
Camile - Pad Med Mamung, Crispy Chicken (08/24) - 1 Serving	632Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile (Specials) - Monkfish Red Curry (10/24) - 1 Serving	565Kcal	 WHEAT  CELERY  SOYA	 BARLEY, RYE  MILK  SESAME  ALMONDS  MOLLUSCS  SULPHITES	
Camile (Specials) - Lambay Island Crab Fried Rice (11/24) - 1 Serving	705Kcal	 WHEAT  CRUSTACEANS  SULPHITES	 TREE NUTS  MUSTARD  SESAME  MILK  CELERY	
Camile (Specials) - Lotus Jungle Curry, with Chicken (07/25) - 1 Serving	388Kcal	 WHEAT  CRUSTACEANS  SOYA	 TREE NUTS  MUSTARD  SESAME  PEANUTS  MOLLUSCS	
Camile (Specials) - Lotus Jungle Curry, with Beef (02/25) - 1 Serving	423Kcal	 WHEAT  CRUSTACEANS  SOYA	 TREE NUTS  MUSTARD  SESAME  PEANUTS  MOLLUSCS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Lotus Jungle Curry, with Duck (02/25) - 1 Serving	379Kcal	 WHEAT  MILK  FISH  CRUSTACEANS  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD  SESAME	
Camile (Specials) - Lotus Jungle Curry, with Prawns (02/25) - 1 Serving	282Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH  SULPHITES	 TREE NUTS  MUSTARD  PEANUTS  SESAME	
Camile (Specials) - Lotus Jungle Curry, with Tofu (02/25) - 1 Serving	490Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH  SULPHITES	 TREE NUTS  MUSTARD  PEANUTS  SESAME	
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Beef (03/25) - 1 Serving	517Kcal	 WHEAT  SULPHITES  CELERY  SOYA		
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Chicken (07/25) - 1 Serving	482Kcal	 WHEAT  SULPHITES  CELERY  SOYA		
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Crispy Beef (03/25) - 1 Serving	632Kcal	 WHEAT  SOYA  EGGS  SULPHITES  CELERY		
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Crispy Chicken (07/25) - 1 Serving	562Kcal	 WHEAT  SOYA  EGGS  SULPHITES  CELERY		
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Prawns (03/25) - 1 Serving	376Kcal	 WHEAT  SOYA  CRUSTACEANS  SULPHITES  CELERY		
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Tofu (03/25) - 1 Serving	584Kcal	 WHEAT  SULPHITES  CELERY  SOYA		 VEGETARIAN
Camile (Specials) - Chef Chat's Luk Chin (08/25) - 1 Serving	599Kcal	 WHEAT  MOLLUSCS  MILK  SOYA  FISH  SULPHITES  MUSTARD	 CRUSTACEANS	 CELERY

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Kimchi Fried Rice, with chicken (11/25) - 1 Serving	828Kcal	 WHEAT  SESAME  SOYA  EGGS  SOYAS  MOLLUSCS  SULPHITES	 OATS, BARLEY, RYE	
Camile (Specials) - Kimchi Fried Rice, with Tofu (11/25) - 1 Serving	815Kcal	 WHEAT  SESAME  SOYA  EGGS  SOYAS  MOLLUSCS  SULPHITES	 OATS, BARLEY, RYE	
<b>Camile Burritos</b>				
Camile (Specials) - Crispy Chicken Burrito (07/25) 8002298 - 1 Serving	979Kcal	 OATS, WHEAT  SOYA  EGGS  SULPHITES		
Camile (Specials) - Green Chicken Curry Burrito (07/25) 8200923 - 1 Serving	914Kcal	 OATS, WHEAT  CRUSTACEANS  EGGS  FISH	 BARLEY, RYE  MILK  MUSTARD  SULPHITES  ALMONDS  MOLLUSCS  SESAME  SOYA  PEANUTS  CELERY  SOYA	
Camile (Specials) - Satay Chicken Burrito (07/25) 8201055 - 1 Serving	933Kcal	 OATS, WHEAT  CRUSTACEANS  SOYA  EGGS	 TREE NUTS  MUSTARD  SULPHITES  MILK  SESAME  SULPHITES  CELERY	
<b>Camile Seafood</b>				
Camile - Massaman Curry, Prawns (02/23) 98713 - 1 Serving	724Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  MILK  MUSTARD  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS  SESAME  PEANUTS  CELERY  SOYA	
Camile Thai - Green Curry, Prawn (02/23) 98707 - 1 Serving	587Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Pad King Prawns (02/23) 98666 - 1 Serving	272Kcal	 WHEAT  SOYA  CRUSTACEANS  MOLLUSCS	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving	401Kcal	 WHEAT  MOLLUSCS  SOYA  CRUSTACEANS	 SULPHITES	
Camile Thai - Red Curry, Prawns (02/23) 98718 - 1 Serving	558Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving	685Kcal	 WHEAT  SESAME  SOYA  MOLLUSCS  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile (Specials) - Pad Satay Stir-Fry with Prawns (12/23) 9836970 - 1 Serving	299Kcal	 WHEAT  MOLLUSCS  SOYA  PEANUTS  CRUSTACEANS	 TREE NUTS  MUSTARD  SESAME  MILK  CELERY  SULPHITES	
Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns)	322Kcal	 WHEAT  CRUSTACEANS  SULPHITES	 TREE NUTS  MUSTARD  SESAME  MILK  CELERY  SOYA	
Camile Thai - Pad Krapow with Prawns (09/24) - 1 Serving	315Kcal	 WHEAT  SOYA  MOLLUSCS	 SULPHITES	
Camile (Specials) - Monkfish Red Curry (10/24) - 1 Serving	565Kcal	 WHEAT  CELERY  SOYA  CRUSTACEANS	 BARLEY, RYE  MILK  SESAME  ALMONDS  MOLLUSCS  MUSTARD  PEANUTS  SULPHITES	
Camile (Specials) - Crispy Lambay Crab Claws with Coconut Sriracha Dip (05/25) - 1 Serving	387Kcal	 WHEAT  CRUSTACEANS  SULPHITES	 TREE NUTS  MUSTARD  SESAME  MILK  CELERY  SOYA	
<b>Camile - Vegan, Vegetarian &amp; Plant-Based</b>				
Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving	378Kcal	 WHEAT  SULPHITES  SESAME  SOYA		 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	282Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving	196Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving	336Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) 3902307 - 1 Serving	643Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) 5812750 - 1 Serving	638Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving	849Kcal	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Crispy Chilli Tofu (02/23) 4760727 - 1 Serving	255Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving	614Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving	600Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Green Curry with Tofu (02/23) 2678587 - 1 Serving	535Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) 3218092 - 1 Serving	676Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MILK  MUSTARD	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving	711Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving	852Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving	316Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving	457Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) 3156000 - 1 Serving	389Kcal	 WHEAT  CASHEWS  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving	530Kcal	 WHEAT  CASHEWS  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Thai with Tofu (02/23) 1048673 - 1 Serving	989Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Thai with Vegan Chicken (02/23) 5752087 - 1 Serving	1130Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving	531Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) 3218091 - 1 Serving	672Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Vegan Spice Bag (12/25) - 1 Serving	1177Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving	882Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  ALMONDS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Tofu (12/23) 9836974 - 1 Serving	310Kcal	 WHEAT  PEANUTS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (12/23) 9842842 - 1 Serving	451Kcal	 WHEAT  PEANUTS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
<b>Camile Gluten-Free Menu (Laboratory Certified)</b>				
Camile Thai (Soups) - Tom Yam Goong (02/23) 98658 - 1 Serving	219Kcal	 FISH  CRUSTACEANS  SOYA  SULPHITES	 MOLLUSCS	 GLUTEN FREE
Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) 3902307 - 1 Serving	643Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD  MILK  CELERY  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) 5812750 - 1 Serving	638Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD  MILK  CELERY  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Thai - Green Curry, Beef (02/23) 98704 - 1 Serving	738Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Beef LARGE (02/23) 167180 - Serves 2 people	1107Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Chicken (07/25) 198089 - 1 Serving	712Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Green Curry, Chicken LARGE (07/25) 167183 - Serves 2 people	1068Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Green Curry, Duck (02/23) 98706 - 1 Serving	703Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Duck LARGE (02/23) 167186 - Serves 2 people	1055Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Prawn (02/23) 98707 - 1 Serving	587Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Prawn LARGE (02/23) 167184 - Serves 2 people	882Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Pad King Beef GLUTEN-FREE (02/23) 4086237 - 1 Serving	420Kcal	 MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad King Chicken GLUTEN-FREE (02/23) 4086245 - 1 Serving	398Kcal	 MOLLUSCS  SOYA	 GLUTEN  SULPHITES	 GLUTEN FREE
Camile Thai - Pad King Duck GLUTEN-FREE (02/23) 4086252 - 1 Serving	389Kcal	 MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad King Prawns GLUTEN-FREE (02/23) 4086254 - 1 Serving	273Kcal	 CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Beef, GLUTEN-FREE (02/23) 4086260 - 1 Serving	564Kcal	 CASHEWS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Chicken, GLUTEN-FREE (02/23) 4086346 - 1 Serving	528Kcal	 CASHEWS  MOLLUSCS  SOYA	 GLUTEN  SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Duck, GLUTEN-FREE (02/23) 4086352 - 1 Serving	520Kcal	 CASHEWS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Pad Prik Haeng, Prawns, GLUTEN-FREE (02/23) 4086354 - 1 Serving	403Kcal	 CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	 GLUTEN FREE
Camile Thai - Red Curry, Beef (02/23) 98715 - 1 Serving	718Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Red Curry, Beef LARGE (02/23) 167191 - Serves 2 people	1077Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Red Curry, Chicken (07/25) 98716 - 1 Serving	683Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Red Curry, Chicken LARGE (07/25) 167192 - Serves 2 people	1024Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Red Curry, Duck (02/23) 98717 - 1 Serving	674Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Red Curry, Duck LARGE (02/23) 167195 - Serves 2 people	1011Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Red Curry, Prawns (02/23) 98718 - 1 Serving	558Kcal	FISH  CRUSTACEANS	MOLLUSCS	GLUTEN FREE
Camile Thai - Red Curry, Prawns LARGE (02/23) 167194 - Serves 2 people	837Kcal	FISH  CRUSTACEANS	MOLLUSCS	GLUTEN FREE
Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) 3218092 - 1 Serving	676Kcal	WHEAT  SOYA  SULPHITES	BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	VEGETARIAN  VEGAN  GLUTEN FREE
Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) 3218091 - 1 Serving	672Kcal	WHEAT  SOYA  SULPHITES	BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	VEGETARIAN  VEGAN  GLUTEN FREE
<b>Camile Kids' Menu</b>				
Camile Kids - Camile Chicken Satay Skewers with Jasmine Rice (07/25) 6291717 - 1 Serving	595Kcal	WHEAT  SOYA  PEANUTS  CRUSTACEANS	TREE NUTS  MILK  CELERY  SULPHITES  MUSTARD  SESAME	
Camile Kids - Camile Special Fried Rice with Chicken (02/23) 6291447 - 1 Serving	730Kcal	WHEAT  SOYA  EGGS  MOLLUSCS	SULPHITES	
Camile Kids - Camile Special Fried Rice with Tofu (02/23) 6291669 - 1 Serving	688Kcal	WHEAT  SOYA  EGGS  MOLLUSCS	SULPHITES	
Camile Kids - Sweet Crispy Chicken (07/25) 39983 - 1 Serving	587Kcal	WHEAT  SOYA  EGGS  SULPHITES		
Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving	496Kcal	WHEAT  SOYA  EGGS  SULPHITES		

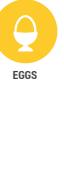
Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving	529Kcal	 WHEAT  EGGS  SULPHITES		
Camile Kids - Li'l Spice Bag, Fried Potato with Tofu (02/23) 6292782 - 1 Serving	439Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Kids - Massaman Chicken with Jasmine Rice (02/23) 6292668 - 1 Serving	856Kcal	 WHEAT  SOYA  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Kids - Massaman Tofu with Jasmine Rice (02/23) 6292686 - 1 Serving	814Kcal	 WHEAT  SOYA  SULPHITES  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile Kids - Wok Fried Noodles with Chicken (10/25) - 1 Serving	432Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 OATS, BARLEY, RYE  SULPHITES	
Camile Kids - Wok Fried Noodles with Tofu (10/25) 6292557 - 1 Serving	390Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 OATS, BARLEY, RYE  SULPHITES	
<b>Camile Sides</b>				
Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	594Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Brown & Wild Rice (02/23) 98795 - 1 Serving	504Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving	502Kcal	 EGGS		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving	460Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Kale Side Salad with Tamarind Dressing (02/23) 5012675 - 1 Serving	91Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Steamed Broccoli (02/23) 40377 - 1 Serving	64Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving	196Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens with GLUTEN-FREE seasoning sauce (02/23) 1459944 - 1 Serving	179Kcal	 MOLLUSCS  SOYA	 SULPHITES	
Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving	336Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile (Sides) - Plain Fried Potatoes (01/24) - 1 Serving	543Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
<b>Camile Sauces, Dressings &amp; Dips</b>				
Camile (Sauces) - Honey Chilli Lime Sauce (02/23) 7247505 - 1 Serving	72Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN
Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving	76Kcal	 PEANUTS  CRUSTACEANS		
Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving	68Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (CP Sauces) - Hoisin Dipping Sauce, Batch (02/23) 2509692 - 1 Serving	55Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving	50Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (02/23) 1381567 - 1 Serving	63Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (02/23) 1381567 - 285ml Bottle	599Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving	46Kcal	 WHEAT  SOYA  SULPHITES	 TREE NUTS  MILK  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving	312Kcal	 FISH  CRUSTACEANS	 WHEAT, BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai (Sauces) - Soy Sauce (02/23) 4806767 - 285ml Bottle	258Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai (Sauces) - Sriracha Sauce (02/23) 4086447 - 285ml Bottle	185Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sauces) - Tamarind Dressing (02/23) 4156814 - 1 Serving	57Kcal	 WHEAT  SOYA  SULPHITES		
Camile Thai (Sauces) - Thai Seasoning Sauce, 285mls (02/23) 1460264 - 285ml Bottle	360Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	282Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  ALMONDS, HAZELNUTS, PECANS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) 9246233 - 1 Serving	129Kcal	 MILK		
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) - 1 Serving	129Kcal	 MILK		
Camile Thai (CP) - Satay Vinaigrette Dressing (10/24) - 1 Serving	43Kcal	 PEANUTS  CRUSTACEANS  SULPHITES		
Camile Thai (Sauces) - Lime & Chilli Dressing (05/20) 3412138 - 100g	0Kcal	 FISH  SULPHITES		
Camile CP - Mint & Yogurt Dressing (10/24) - 1 Serving	43Kcal	 MILK  SOYA  SULPHITES	 WHEAT  ALMONDS, HAZELNUTS, PISTACHIOS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile Thai (CP) - Miso Vinaigrette Dressing (10/24) - 1 Serving	50Kcal	 WHEAT  SESAME  SOYA  SULPHITES		
<b>Camile Toppings</b>				
Camile Thai (Toppings) - Crispy Shallots (02/23) 3471464 - 1 Serving	87Kcal	 WHEAT	 BARLEY, RYE  ALMONDS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	 VEGETARIAN  VEGAN
Camile Thai (Toppings) - Crushed Peanuts (02/23) 3471476 - 1 Serving	134Kcal	 PEANUTS		 VEGETARIAN
Camile Thai (Toppings) - Soy Sunflower & Pumpkin Seeds (02/23) 3471469 - 1 Serving	88Kcal	 SOYA		 VEGETARIAN  VEGAN
<b>Camile Snacks</b>				

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Snacks) - Cali Cali Buffalo Chipotle Guilt-free Crisps (08/20) - 1 Serving	115Kcal		 SOYA	 VEGETARIAN  VEGAN
Camile (Snacks) - Cali Cali Tangy Cheese & Red Onion Guilt-free Crisps (08/20) - 1 Serving	117Kcal	 MILK	 SOYA	 VEGETARIAN
Camile (Snacks) - Cali Cali Thai Sweet Chilli Guilt-free Crisps (08/20) - 1 Serving	115Kcal		 SOYA	 VEGETARIAN  VEGAN
Camile (Snacks) - Cali Cali Tijuana Hot Sauce Guilt-free Crisps (08/20) - 1 Serving	115Kcal		 SOYA	 VEGETARIAN  VEGAN
<b>Camile Ireland - Desserts</b>				
Ben & Jerry's Caramel Chew Chew Ice Cream, 100ml tub (05/21) - 1 Serving	211Kcal	 EGGS  MILK  SOYA	 TREE NUTS	 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Caramel Chew Chew Ice Cream, 465ml tub (11/21) - Serves 4 people	1129Kcal	 EGGS  MILK  SOYA	 HAZELNUTS, ALMONDS, WALNUTS	 HALAL  KOSHER
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 100ml tub (05/21) - 1 Serving	182Kcal	 WHEAT, BARLEY  EGGS  MILK		 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 465ml tub (05/21) - Serves 4 people	994Kcal	 WHEAT, BARLEY  EGGS  MILK		 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Cookie Dough Ice Cream 100ml tub (12/21) - 1 Serving	213Kcal	 WHEAT  EGGS  MILK  SOYA		 VEGETARIAN  HALAL  KOSHER

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Ben & Jerry's Cookie Dough Ice Cream 465ml tub (05/21) - Serves 4 people	1111Kcal	 WHEAT  SOYA  EGGS  MILK		 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Non-Dairy Chocolate Fudge Brownie Vegan Ice Cream 465ml (12/21) - Serves 4 people	820Kcal	 WHEAT, BARLEY  ALMONDS  SOYA		 VEGETARIAN  VEGAN  HALAL  KOSHER
Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving	244Kcal	 SOYA	 GLUTEN  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile Thai (Desserts) - Crispy Pancake (Apple Filled with Cinnamon Sugar & Custard) (02/23) 2433850 - 1 Serving	272Kcal	 WHEAT  MILK		
Nobó Dairy Free Ice-Cream - Chocolate & Toasted Almonds 500ml Tub (03/22) 3138171 - Kcals per 1/4 tub	239Kcal	 ALMONDS		 VEGETARIAN
Nobó Dairy Free Ice-Cream - Irish Salted Caramel 500ml Tub (03/22) 3138175 - Kcals per 1/4 tub	231Kcal			 VEGETARIAN  VEGAN
Nobó Dairy Free Ice-Cream - Passion Fruit & Mango 500ml Tub (03/22) 3138160 - Kcals per 1/4 tub	186Kcal			 VEGETARIAN
Camile (Specials) - Crispy Pandan Caramel Churros (09/23) - 1 Serving	521Kcal	 WHEAT  MILK	 HAZELNUTS, WALNUTS  SOYA  PEANUTS  EGGS	
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) 9246233 - 1 Serving	129Kcal	 MILK		
Camile (Specials) - Single Crispy Pandan Churro (01/24) - 1 Serving	92Kcal	 WHEAT	 HAZELNUTS, WALNUTS  MILK  SOYA  PEANUTS  EGGS	
Camile (Desserts) - Miso Almond Brownies with Salted Coconut Pandan (08/24) - 1 Serving	302Kcal	 WHEAT  MILK  SOYA  ALMONDS  EGGS	 PEANUTS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Desserts) - Miso Chocolate Chip Cookies (08/24) - 1 Serving	329Kcal	 WHEAT  SESAME  EGGS  SOYA  MILK	 TREE NUTS  PEANUTS  MUSTARD  CELERY	

### Camile Ireland - Drinks

Camile (Soft Drinks) - Sprite Zero - 500ml Bottle	0Kcal			
Camile (Coffees) - Americano - 1 Serving	4Kcal			
Camile (Coffees) - Cappuccino - 1 Serving	137Kcal	 MILK		
Camile (Coffees) - Espresso (1 shot) - 1 Serving	3Kcal			
Camile (Coffees) - Latté - 1 Serving	147Kcal	 MILK		
Camile (Soft Drinks) - Coca Cola - 500ml Bottle	212Kcal			
Camile (Soft Drinks) - Diet Coke - 500ml Bottle	0Kcal			
Camile (Soft Drinks) - Fanta Lemon (11/21) - 330ml Can	59Kcal			
Camile (Soft Drinks) - Fanta Orange (03/21) - 500ml Bottle	92Kcal			
Camile (Soft Drinks) - Fanta Orange (05/21) - 330ml Can	61Kcal			
Camile (Soft Drinks) - Mude Play, Hint of Melon & Raspberry (03/22) - 330ml Can	37Kcal	 BARLEY	 WHEAT	 VEGETARIAN  VEGAN
Camile (Soft Drinks) - Sprite - 500ml Bottle	132Kcal			
Camile (Teas) - Chamomile Tea - 1 Serving	2Kcal			
Camile (Teas) - Green Tea - 1 Serving	1Kcal			
Camile (Teas) - Peppermint Tea - 1 Serving	2Kcal			
Camile (Teas) - Regular Tea - 1 Serving	0Kcal			
San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	0Kcal			
SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	12Kcal			 GLUTEN FREE
SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	11Kcal			 GLUTEN FREE

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	13Kcal			 GLUTEN FREE
Vit Hit Apple & Elderflower, 500ml bottle (12/21) - 1 Serving	32Kcal		 SULPHITES	
Vit Hit Berry Boost, 500ml bottle (11/21) - 1 Serving	30Kcal			
Vit Hit Citrus Revive with Ginseng, 500ml bottle (12/21) - 1 Serving	17Kcal			
Vit Hit Dragon fruit, Yuzu, Zinc & Ceylon Tea, 500ml bottle (12/21) - 1 Serving	20Kcal			
Vit Hit Sparkling Mango & Pineapple with Rooibus Tea (06/22) - 330ml Can	43Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Pink Grapefruit Lime & White Tea (03/22) - 330ml Can	30Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Raspberry & Watermelon with Ceylon Tea (06/22) - 330ml Can	40Kcal			 VEGETARIAN  VEGAN
<b>Camile Wine &amp; Beer</b>				
Camile Thai (Beers) - Chang Classic Beer (320ml bottle) - 1 Serving	91Kcal	 BARLEY		
Camile Thai (Beers) - Heineken (330ml bottle) - 1 Serving	115Kcal	 BARLEY	 WHEAT	
Camile Thai (Beers) - Tiger Beer (330ml bottle) - 1 Serving	135Kcal	 BARLEY		
Camile Thai (Beers) - Wicklow Wolf American Amber Beer (500ml bottle) - 1 Serving	143Kcal	 BARLEY		
Camile Thai (Red Wine) Argento Malbec (187ml glass) - 1 Serving	180Kcal	 SULPHITES		
Camile Thai (Red Wine) Bouchard Aine et Fils Pinot Noir (187ml glass) - 1 Serving	167Kcal	 SULPHITES		
Camile Thai (Red Wine) CH Pennautier Syrah (187ml glass) - 1 Serving	160Kcal	 SULPHITES		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Red Wine) Culemborg Pinotage (187ml glass) - 1 Serving	167Kcal	 SULPHITES		
Camile Thai (White Wine) CA Marietta Pinot Grigio (187ml glass) - 1 Serving	162Kcal	 SULPHITES		
Camile Thai (White Wine) Chateau De Pennautier Viognier (187ml glass) - 1 Serving	149Kcal	 SULPHITES		
Camile Thai (White Wine) Culemborg Chenin Blanc (187ml glass) - 1 Serving	162Kcal	 SULPHITES		
Camile Thai (White Wine) Mancura Etnia Sauvignon Blanc (187ml glass) - 1 Serving	162Kcal	 SULPHITES		
Camile Thai (White Wine) Serena Prosecco Frizzante (125ml glass) - 1 Serving	106Kcal	 SULPHITES		

### Camile Bliss Bowls

Camile Bliss Bowls - Khao Soi Gai (10/25) - 1 Serving	699Kcal	 WHEAT  SOYA  FISH  CRUSTACEANS	 OATS, BARLEY, RYE  EGGS  CELERY  MUSTARD  SULPHITES  TREE NUTS  MILK  MOLLUSCS  SESAME  PEANUTS	
Camile Bliss Bowls - Pad King Chicken (07/25) 3068829 - 1 Serving	502Kcal	 WHEAT  SOYA  MOLLUSCS	 SULPHITES	
Camile Bliss Bowls - Pad King Tofu (02/23) 3068847 - 1 Serving	548Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Camile Bliss Bowls - Pad Prik Haeng Chicken (02/23) 3068838 - 1 Serving	501Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Bliss Bowls - Pork Ramen (10/25) - 1 Serving	507Kcal	 WHEAT, BARLEY  CELERY  SESAME	 OATS, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  MUSTARD  SULPHITES	
Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving	548Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Bliss Bowls) - Green Chicken Curry (07/25) 3063366 - 1 Serving	804Kcal	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	 GLUTEN FREE
Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving	800Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT, BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving	623Kcal	 WHEAT  MILK  MOLLUSCS  SOYA  SULPHITES		
Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving	793Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  SESAME	 VEGETARIAN  VEGAN
<b>Camile ON THE GO Bowls</b>				
Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving	567Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving	657Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving	711Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving	727Kcal	 WHEAT  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  SESAME  SOYA	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties	
Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving	780Kcal	 WHEAT  SOYA  SULPHITES  FISH  CRUSTACEANS	 BARLEY  MILK  MUSTARD  SESAME  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS  CELERY  PEANUTS		
Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) 5421034 - 1 Serving	497Kcal	 WHEAT  SOYA	 CASHEWS  MOLLUSCS  SULPHITES	 PEANUTS  MUSTARD  SESAME	
Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) 5421058 - 1 Serving	551Kcal	 WHEAT  SOYA	 CASHEWS  MOLLUSCS	 PEANUTS  MUSTARD  SULPHITES  SESAME	
Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) 5420977 - 1 Serving	564Kcal	 WHEAT  SESAME  SOYA	 EGGS  MOLLUSCS  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving	541Kcal	 WHEAT  SULPHITES	 SESAME  SOYA	 TREE NUTS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving	681Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  MILK  MUSTARD  SESAME  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY	 VEGETARIAN  VEGAN	
Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 5421070 - 1 Serving	323Kcal	 WHEAT  SULPHITES	 MILK  SOYA	 EGGS	 VEGETARIAN  VEGAN
<b>Camile thai - tallaght - lunch specials</b>					
Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Noodles (10/25) - 1 Serving	447Kcal	 WHEAT  SOYA	 EGGS  MOLLUSCS	 OATS, BARLEY, RYE  SULPHITES	

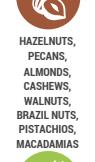
Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Rice (02/23) 3200219 - 1 Serving	660Kcal	 WHEAT  CRUSTACEANS  SOYA	 EGGS  MOLLUSCS  FISH	 SULPHITES
Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Noodles (10/25) - 1 Serving	497Kcal	 WHEAT  SOYA	 EGGS  MOLLUSCS	 OATS, BARLEY, RYE  SULPHITES
Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Rice (02/23) 3200198 - 1 Serving	709Kcal	 WHEAT  CRUSTACEANS  MOLLUSCS	 EGGS  SOYA  FISH	 SULPHITES

### Camile doggy treats!

Camile Doggy Treats! - Homemade Mango Rice Pudding with a Luxury Madeleine Biscuit (02/23) 3460420 - 1 Serving	269Kcal	 WHEAT  EGGS  SOYA	 TREE NUTS  SULPHITES	 PEANUTS  SESAME	
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### Camile Lunch Menu

Camile (Lunch menu) - Chicken Fried Rice (12/25) - 1 Serving	788Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA	 BARLEY, RYE  MOLLUSCS  SESAME	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD  SULPHITES	
Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving	636Kcal	 WHEAT  MUSTARD  SOYA	 MILK  SULPHITES	 TREE NUTS  SULPHITES	 PEANUTS  SESAME
Camile (Lunch Menu) - Crispy Chilli Chicken Stir-Fry (02/23) - 1 Serving	552Kcal	 WHEAT  SOYA  SULPHITES	 EGGS  MOLLUSCS		
Camile (Lunch Menu) - Green Chicken Curry (02/23) - 1 Serving	653Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES		
Camile (Lunch Menu) - Massaman Chicken Curry (02/23) - 1 Serving	901Kcal	 WHEAT  SULPHITES	 FISH  CRUSTACEANS	 BARLEY, RYE  MILK  MOLLUSCS  CELERY	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 MUSTARD  SESAME  SOYA	
Camile (Lunch Menu) - Pad Med Mamung, Chicken (12/25) - 1 Serving	549Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile (Lunch Menu) - Pad Prik Haeng Chicken (12/25) - 1 Serving	509Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 PEANUTS  MUSTARD  SESAME  SULPHITES	
Camile (Lunch Menu) - Pad Prik Haeng Vegan with Tofu (12/25) - 1 Serving	436Kcal	 WHEAT  SOYA  CASHEWS	 PEANUTS  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Lunch Menu) - Pad Thai with Chicken (12/25) - 1 Serving	695Kcal	 WHEAT  SOYA  FISH  PEANUTS  EGGS  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Camile (lunch menu) - Singapore Noodles (12/25) - 1 Serving	480Kcal	 WHEAT  CRUSTACEANS  SESAME  PEANUTS  MOLLUSCS  SOYA  CELERY  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD	 MILK
Camile (Lunch Menu) - Vegan Crispy Chilli Tofu Stir-Fry (02/23) - 1 Serving	425Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile (Lunch Menu) - Vegan Green Curry with Tofu (12/25) - 1 Serving	545Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  SESAME  MUSTARD	 VEGETARIAN  VEGAN
Camile (Salads) - Chicken Satay Crunch Salad with Brown & Wild Rice (12/25) - 1 Serving	938Kcal	 WHEAT  SESAME  PEANUTS  SOYA  CRUSTACEANS  SULPHITES	 TREE NUTS  EGGS  MUSTARD  CELERY	 MILK

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (12/25) - 1 Serving	779Kcal	 WHEAT  SESAME  SOYA  MOLLUSCS  SULPHITES	 BARLEY, RYE  MILK  MUSTARD  ALMONDS  CELERY  PEANUTS	
Camile (Salads) - Crispy Chilli Tofu Salad with Brown & Wild Rice (12/25) - 1 Serving	781Kcal	 WHEAT  SOYA  MOLLUSCS  SESAME  SULPHITES	 BARLEY, RYE  EGGS  MUSTARD  ALMONDS  MILK  CELERY  PEANUTS	
Camile (Salads) - Tofu Satay Crunch Salad with Brown & Wild Rice (12/25) - 1 Serving	898Kcal	 WHEAT  SESAME  SOYA  CRUSTACEANS  SULPHITES	 TREE NUTS  CELERY  MUSTARD  EGGS  MILK	
Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving	76Kcal	 PEANUTS  CRUSTACEANS		
Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving	68Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) - 1 Serving	129Kcal	 MILK		
Camile (Sauces) - Sweet Chilli Dip, 2oz tub (11/23) 9485586 - 1 Serving	119Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving	46Kcal	 WHEAT  SOYA  SULPHITES	 TREE NUTS  MUSTARD  MILK  SESAME  CELERY	 VEGETARIAN  VEGAN
Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving	536Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH	 OATS, BARLEY, RYE  EGGS  MUSTARD  MOLLUSCS  CELERY  SESAME  PEANUTS  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  SULPHITES	
Camile (Starters) - 3 Chargrilled Chicken Skewers with Peanut Satay Dip (07/25) - 1 Serving	289Kcal	 WHEAT  SOYA  PEANUTS  CRUSTACEANS	 TREE NUTS  MUSTARD  MILK  SESAME  CELERY  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Starters) - 3 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) 8547567 - 1 Serving	133Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 3 Pork Gyoza with Sweet Soy Dip (04/23) 8547591 - 1 Serving	162Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 3 Vegetable Gyoza with Sweet Soy Dip (06/23) 8294526 - 1 Serving	137Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  MILK  MOLLUSCS  CELERY  MUSTARD	 VEGETARIAN  VEGAN
Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving	492Kcal	 WHEAT  SESAME  SOYA  MILK  MOLLUSCS  SULPHITES	 EGGS	
Camile Ireland (Rolls) - Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 98656 - 1 Serving	447Kcal	 WHEAT  SESAME  SOYA  MILK  SULPHITES	 EGGS	 VEGETARIAN
Camile Ireland (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) 5012681 - 1 Serving	445Kcal	 WHEAT  SESAME  SOYA  MILK  SULPHITES	 EGGS	 VEGETARIAN
Camile Spice Bag / Box with Chicken (12/25) - 1 Serving	1391Kcal	 WHEAT  SESAME  SOYA  MILK  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME	
Camile Thai (CP Sauces) - Sriracha Wings Sauce, Batch (02/23) 98149 - 1 Serving	77Kcal	 SOYA  SULPHITES	 WHEAT  MILK  TREE NUTS  MUSTARD  SESAME	
Petite Camile (Rolls) - Hoisin Duck Spring rolls with Sweet Chilli Dipping Sauce (03/23) 8294316 - 1 Serving	490Kcal	 WHEAT  SESAME  SOYA  MILK  SULPHITES	 EGGS	
Petite Camile (Starters) - 5 Hot Chicken Wings with Sauce (02/23) 4769069 - 1 Serving	461Kcal	 SOYA  SULPHITES	 WHEAT  TREE NUTS  MILK  MUSTARD  SESAME	