


































































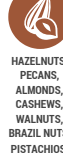








































































































































# Camile Ireland Standard Menu - Allergens Updated 18th May 2026





























































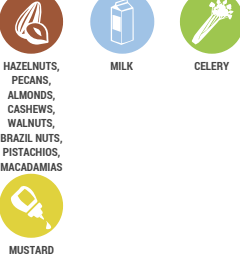










| Item  | Calories per serving | Contains Allergens                                     | May Contain Allergens   | Other Properties    |
|---|----------------------|--|---|---------------------|
| <b>Camile Ireland Breakfast Menu</b>  |                      |  |   |                     |
| Camile (Breakfast Menu) - Breakfast Box with Camile Fried Rice, Omelette & Pork Belly (02/23) - 1 Serving     | 861 Kcal             | WHEAT<br>EGGS<br>MILK<br>MOLLUSCS<br>SOYA<br>SULPHITES | BARLEY<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br>PEANUTS<br>CELERY<br>MUSTARD<br>SESAME |                     |
| Camile (Breakfast Menu) - Breakfast Box with Crispy Potato, Omelette & Pork Belly (02/23) - 1 Serving         | 833 Kcal             | WHEAT<br>EGGS<br>MILK<br>SOYA<br>SULPHITES             | BARLEY<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br>PEANUTS<br>CELERY<br>MUSTARD<br>SESAME |                     |
| Camile (Breakfast Menu) - Small Veggie Breakfast Box with Fried Rice, Peppers & Omelette (11/22) - 1 Serving  | 607 Kcal             | WHEAT<br>EGGS<br>MILK<br>MOLLUSCS<br>SOYA<br>SULPHITES | BARLEY<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br>PEANUTS<br>CELERY<br>MUSTARD<br>SESAME |                     |
| Camile (Breakfast Menu) - Veggie Breakfast Box with Camile Fried Rice, Peppers & Omelette (02/23) - 1 Serving | 744 Kcal             | WHEAT<br>EGGS<br>MILK<br>MOLLUSCS<br>SOYA<br>SULPHITES | BARLEY<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br>PEANUTS<br>CELERY<br>MUSTARD<br>SESAME |                     |
| Camile (Breakfast Menu) - Veggie Breakfast Box with Crispy Potato, Peppers & Omelette (02/23) - 1 Serving     | 814 Kcal             | WHEAT<br>EGGS<br>MILK<br>SOYA<br>SULPHITES             | BARLEY<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br>PEANUTS<br>CELERY<br>MUSTARD<br>SESAME |                     |
| Camile (Breakfast) - 1 Hash Brown (02/26) - 1 Serving   | 153 Kcal             |  |   |                     |
| Camile (Breakfast) - Acai Rainbow Bowl (02/26) - 1 Serving  | 344 Kcal             | OATS<br>CASHEWS<br>SULPHITES                           | WHEAT<br>PEANUTS<br>MILK<br>CELERY<br>MUSTARD<br>SESAME   | VEGETARIAN<br>VEGAN |



































































| Item  | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties   |
|---|----------------------|--|--|--|
|   |                      |  | <br>SOYA   |  |
| Camile (Breakfast) - Acai Rainbow Bowl, with Harry's Nut Butter (02/26) - 1 Serving | 369Kcal              | <br>OATS<br><br>CASHEWS<br><br>PEANUTS<br><br>SULPHITES  | <br>WHEAT<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA   | <br>VEGETARIAN<br><br>VEGAN    |
| Camile (Breakfast) - Bacon & Egg Bap (05/26) - 1 Serving                            | 714Kcal              | <br>WHEAT<br><br>EGGS<br><br>MILK<br><br>CELERY  | <br>OATS, BARLEY, RYE<br><br>SESAME<br><br>SOYA  |  |
| Camile (Breakfast) - Bangkok Breakfast Bap (05/26) - 1 Serving                      | 892Kcal              | <br>WHEAT<br><br>EGGS<br><br>MILK<br><br>SESAME<br><br>SOYA<br><br>SULPHITES | <br>OATS, BARLEY, RYE  |  |
| Camile (Breakfast) - Bangkok Veggie Bap (02/26) - 1 Serving                         | 742Kcal              | <br>WHEAT<br><br>EGGS<br><br>MILK<br><br>SESAME<br><br>SOYA<br><br>SULPHITES | <br>OATS, BARLEY, RYE  | <br>VEGETARIAN  |
| Camile (Breakfast) - Mango Rainbow Bowl (02/26) - 1 Serving                         | 342Kcal              | <br>OATS<br><br>CASHEWS<br><br>PEANUTS<br><br>SULPHITES   | <br>WHEAT<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA  | <br>VEGETARIAN<br><br>VEGAN |
| Camile (Breakfast) - Mango Smoothie (02/26) - 1 Serving                             | 336Kcal              | <br>PISTACHIOS<br><br>MILK   | <br>WHEAT<br><br>PEANUTS<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA<br><br>SULPHITES |  |
| <b>Camile - Meal Deals</b>  |                      |  |  |  |
| For allergen information, please check individual dishes before ordering - 100g     | 0Kcal                |  |  |  |
| <b>Camile Savers</b>  |                      |  |  |  |
| Camile (Savers) - Crispy Chilli Chicken Burrito (07/25) 8377306 - 1 Serving         | 1020Kcal             | <br>OATS, WHEAT<br><br>EGGS<br><br>MOLLUSCS<br><br>SOYA<br><br>SULPHITES  |  |  |
| Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving               | 544Kcal              | <br>WHEAT<br><br>MILK<br><br>FISH<br><br>CRUSTACEANS<br><br>SOYA  | <br>OATS, BARLEY, RYE<br><br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>EGGS<br><br>MOLLUSCS<br><br>CELERY  |  |

























| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
|  |                      |  |  MUSTARD<br> SESAME<br> SULPHITES  |   |
| Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (10/25) - 1 Serving | 508Kcal              |  WHEAT<br> SOYA  |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |  VEGETARIAN<br> VEGAN     |
| Camile (Lunch menu) - Chicken Fried Rice (12/25) - 1 Serving                     | 797Kcal              |  WHEAT<br> CASHEWS<br> MILK<br> FISH<br> CRUSTACEANS<br> SOYA                    |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES  |   |
| <b>Camile Summer Specials</b>  |                      |  |  |   |
| Camile (Specials) - Po Pia Sot Teriyaki Chicken (07/25) 98649 - 1 Serving        | 283Kcal              |  WHEAT<br> PEANUTS<br> EGGS<br> SESAME<br> SOYA<br> SULPHITES        |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS   |   |
| Camile (Specials) - Po Pia Sot Prawns (05/23) 8694633 - 1 Serving                | 258Kcal              |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS   |   |
| Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving        | 448Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME   |  VEGETARIAN<br> VEGAN |
| Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving       | 489Kcal              |  WHEAT<br> PEANUTS<br> FISH<br> SOYA<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> CRUSTACEANS<br> MOLLUSCS<br> SESAME   |   |








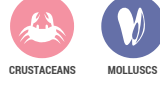












| Item  | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|---|----------------------|---|--|---|
| Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns) | 330Kcal              | <br>WHEAT<br><br>EGGS<br><br>FISH<br><br>CRUSTACEANS<br><br>SULPHITES  | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>MOLLUSCS<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA |   |
| Camile (Specials) - Crispy Lambay Crab Claws with Coconut Sriracha Dip (05/25) - 1 Serving        | 396Kcal              | <br>WHEAT<br><br>EGGS<br><br>FISH<br><br>CRUSTACEANS<br><br>SULPHITES  | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>MOLLUSCS<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA |   |
| <b>Camile Ireland - Spring Rolls</b>  |                      |   |  |   |
| Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving         | 505Kcal              | <br>WHEAT<br><br>MILK<br><br>MOLLUSCS<br><br>SESAME<br><br>SOYA<br><br>SULPHITES       | <br>EGGS   |   |
| Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving           | 462Kcal              | <br>WHEAT<br><br>MILK<br><br>SOYA<br><br>SULPHITES  | <br>EGGS   | <br>VEGETARIAN |
| Camile (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) - 1 Serving               | 461Kcal              | <br>WHEAT<br><br>MILK<br><br>SOYA<br><br>SULPHITES  | <br>EGGS   | <br>VEGETARIAN |
| Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll  | 144Kcal              | <br>WHEAT<br><br>MILK<br><br>MOLLUSCS<br><br>SESAME<br><br>SOYA  | <br>EGGS   |   |
| Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving                                    | 129Kcal              | <br>WHEAT<br><br>MILK<br><br>SOYA  | <br>EGGS   | <br>VEGETARIAN |
| Camile (Rolls) - Beef Massaman Spring Rolls (03/26) - 1 Serving                                   | 406Kcal              | <br>WHEAT<br><br>MILK<br><br>FISH<br><br>CRUSTACEANS<br><br>CELERY<br><br>SULPHITES | <br>OATS, BARLEY, RYE<br><br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>EGGS<br><br>MOLLUSCS<br><br>MUSTARD   | <br>PEANUTS    |


























































| Item  | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|---|----------------------|--|---|---|
|   |                      |  |  <br>SESAME      SOYA  |   |
| Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving          | 1011 Kcal            |   <br>WHEAT      MILK      MOLLUSCS<br>  <br>SESAME      SOYA      SULPHITES | <br>EGGS  |   |
| Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Sweet Chilli Sauce (04/26) - 1 Serving          | 1008 Kcal            |   <br>WHEAT      MILK      MOLLUSCS<br>  <br>SESAME      SOYA      SULPHITES | <br>EGGS  |   |
| Camile (Rolls) - Vegetable Spring Rolls LARGE, with Sweet Chilli Sauce (04/26) - 1 Serving            | 922 Kcal             |   <br>WHEAT      MILK      SOYA<br><br>SULPHITES   | <br>EGGS  | <br>VEGETARIAN   |
| Camile (Rolls) - Vegetable Spring Rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving            | 925 Kcal             |   <br>WHEAT      MILK      SOYA<br><br>SULPHITES   | <br>EGGS  | <br>VEGETARIAN   |
| <b>Camile Ireland - Starters / Small Plates</b>   |                      |  |   |   |
| Camile (Sauces) - Peanut Satay Dipping Sauce (05/26) - 1 Serving                                      | 77 Kcal              |  <br>PEANUTS      CRUSTACEANS  |   <br>WHEAT, BARLEY      HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS      SESAME<br><br>SOYA  |   |
| Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving                                  | 619 Kcal             |  <br>WHEAT      SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN |
| Camile (Starters) - Calamari Fries with Wasabi Mayo Dip (03/23) 5056864 - 1 Serving                   | 846 Kcal             |   <br>WHEAT      EGGS      MOLLUSCS<br><br>MUSTARD   |   |   |
| Camile (Starters) - 4 Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce (05/26) - 1 Serving | 411 Kcal             |   <br>WHEAT      PEANUTS      CRUSTACEANS<br><br>SOYA  |   <br>BARLEY      HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS      MILK<br>  <br>CELERY      MUSTARD      SESAME<br><br>SULPHITES |   |

























| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile (Starters) - 5 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) 8547246 - 1 Serving | 192Kcal              |  <p>WHEAT<br/>SESAME<br/>SOYA<br/>SULPHITES</p>                            |  <p>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>EGGS<br/>MILK<br/>CRUSTACEANS<br/>CELERY<br/>MUSTARD</p>                      |   |
| Camile (Starters) - 5 Pork Gyoza with Sweet Soy Dip (04/23) - 1 Serving                        | 239Kcal              |  <p>WHEAT<br/>SESAME<br/>SOYA<br/>SULPHITES</p>                            |  <p>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>EGGS<br/>MILK<br/>CRUSTACEANS<br/>CELERY<br/>MUSTARD</p>                      |   |
| Camile (Starters) - 5 Prawn Gyoza with Sweet Soy Dip (04/23) 8547228 - 1 Serving               | 217Kcal              |  <p>WHEAT<br/>SESAME<br/>SULPHITES<br/>EGGS<br/>CRUSTACEANS</p>            |  <p>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>MILK<br/>CELERY<br/>MUSTARD</p>  |   |
| Camile (Starters) - 5 Vegetable Gyoza with Sweet Soy Dip (04/23) 8546856 - 1 Serving           | 198Kcal              |  <p>WHEAT<br/>SESAME<br/>SOYA<br/>SULPHITES</p>                          |  <p>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>MILK<br/>MOLLUSCS<br/>CELERY<br/>MUSTARD</p>                                |  <p>VEGETARIAN<br/>VEGAN</p> |
| Camile (Rolls) - Beef Massaman Spring Rolls (03/26) - 1 Serving                                | 406Kcal              |  <p>WHEAT<br/>MILK<br/>FISH<br/>CRUSTACEANS<br/>CELERY<br/>SULPHITES</p> |  <p>OATS, BARLEY, RYE<br/>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>EGGS<br/>MOLLUSCS<br/>MUSTARD<br/>SESAME<br/>SOYA</p> |   |
| Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving      | 505Kcal              |  <p>WHEAT<br/>MILK<br/>MOLLUSCS<br/>SESAME<br/>SOYA<br/>SULPHITES</p>    |  <p>EGGS</p>  |   |
| Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving        | 462Kcal              |  <p>WHEAT<br/>MILK<br/>SOYA<br/>SULPHITES</p>                            |  <p>EGGS</p>  |  <p>VEGETARIAN</p>           |



























































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) - 1 Serving                              | 461 Kcal             | <br>WHEAT<br><br>MILK<br><br>SOYA<br><br>SULPHITES  | <br>EGGS  | <br>VEGETARIAN   |
| Camile (Starters) - Tiffin Box for Two (03/25) - Serves 2 people   | 1183 Kcal            | <br>WHEAT<br><br>PEANUTS<br><br>MILK<br><br>FISH<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SESAME<br><br>SOYA<br><br>SULPHITES | <br>BARLEY<br><br>HAZELNUTS,<br>PECANS,<br>ALMONDS,<br>CASHEWS,<br>WALNUTS,<br>BRAZIL NUTS,<br>PISTACHIOS,<br>MACADAMIAS<br><br>EGGS<br><br>CELERY<br><br>MUSTARD  |   |
| Camile Signature Spice Bag (03/26) - 1 Serving   | 1756 Kcal            | <br>WHEAT<br><br>EGGS<br><br>MILK<br><br>SOYA<br><br>SULPHITES   | <br>BARLEY<br><br>HAZELNUTS,<br>PECANS,<br>ALMONDS,<br>CASHEWS,<br>WALNUTS,<br>BRAZIL NUTS,<br>PISTACHIOS,<br>MACADAMIAS<br><br>PEANUTS<br><br>CELERY<br><br>MUSTARD<br><br>SESAME  |   |
| Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving                                | 50 Kcal              | <br>SULPHITES   |   | <br>VEGETARIAN<br><br>VEGAN   |
| Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving                          | 878 Kcal             | <br>WHEAT<br><br>SOYA<br><br>SULPHITES   | <br>TREE NUTS<br><br>PEANUTS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME   | <br>VEGETARIAN<br><br>VEGAN |
| Camile Thai (Starters) - Duck Pancakes with Hoisin Dipping Sauce (02/23) 2509685 - 1 Serving                     | 515 Kcal             | <br>WHEAT<br><br>MOLLUSCS<br><br>SESAME<br><br>SOYA   |   |   |
| Camile Thai (starters) - Vegan Spice Bag Cauliflower Wings with Sriracha Coconut Dip (06/24) 3460040 - 1 Serving | 411 Kcal             | <br>WHEAT<br><br>SULPHITES  | <br>BARLEY<br><br>HAZELNUTS,<br>PECANS,<br>ALMONDS,<br>CASHEWS,<br>WALNUTS,<br>BRAZIL NUTS,<br>PISTACHIOS,<br>MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA |   |
| Camile (Nibbles) - 1 Chargrilled Chicken Skewer, without sauce (01/24) - 1 Serving                               | 71 Kcal              | <br>WHEAT<br><br>SOYA   | <br>HAZELNUTS,<br>PECANS,<br>ALMONDS,<br>CASHEWS,<br>WALNUTS,<br>BRAZIL NUTS,<br>PISTACHIOS,<br>MACADAMIAS<br><br>PEANUTS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME  |   |






























































| Item  | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|---|----------------------|---|---|---|
|   |                      |   | <br>SULPHITES   |   |
| Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people      | 294Kcal              | <br>GLUTEN <br>CRUSTACEANS  | <br>WHEAT <br>FISH   |   |
| Camile (Sauces) - Sweet Chilli Dip, 2oz tub (11/23) 9485586 - 1 Serving         | 120Kcal              | <br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN |
| Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving           | 46Kcal               | <br>WHEAT <br>SOYA <br>SULPHITES   | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK <br>CELERY<br><br>MUSTARD <br>SESAME   | <br>VEGETARIAN<br><br>VEGAN |
| Camile (Sides) - Plain Fried Potatoes (01/24) - 1 Serving                       | 568Kcal              | <br>WHEAT <br>SULPHITES   |   | <br>VEGETARIAN<br><br>VEGAN |
| Camile (Starters) - Mini Tiffin Box with Plum Sauce (03/25) - Full mini box     | 510Kcal              | <br>WHEAT <br>MILK <br>FISH<br><br>MOLLUSCS <br>SESAME <br>SOYA<br><br>SULPHITES | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>PEANUTS <br>EGGS<br><br>CRUSTACEANS <br>CELERY <br>MUSTARD |   |
| Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll                          | 144Kcal              | <br>WHEAT <br>MILK <br>MOLLUSCS<br><br>SESAME <br>SOYA   | <br>EGGS  |   |
| Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving                  | 129Kcal              | <br>WHEAT <br>MILK <br>SOYA  | <br>EGGS  | <br>VEGETARIAN   |
| Camile (Starters) - Pad Thai Chicken Wings (08/24) - 1 Serving (7 wings)        | 666Kcal              | <br>WHEAT <br>FISH <br>SOYA<br><br>SULPHITES  | <br>CRUSTACEANS <br>MOLLUSCS   |   |
| Camile (Starters) - Pad Thai Chicken Wings (08/24) - Sharing Portion (14 wings) | 1336Kcal             | <br>WHEAT <br>FISH <br>SOYA<br><br>SULPHITES  | <br>CRUSTACEANS <br>MOLLUSCS   |   |

| Item  | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|---|----------------------|---|---|---|
| Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns) | 330Kcal              | <br>WHEAT EGGS FISH<br>CRUSTACEANS SULPHITES       | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br>MILK MOLLUSCS<br>CELERY MUSTARD SESAME<br>SOYA |   |
| Camile (Starters) - Korean Gochujang Wings (03/26) - Regular Portion (7 wings)                    | 656Kcal              | <br>WHEAT MOLLUSCS SESAME<br>SOYA SULPHITES        | <br>OATS, BARLEY, RYE   |   |
| Camile (Starters) - Korean Gochujang Wings (03/26) - Sharing Portion (14 wings)                   | 1312Kcal             | <br>WHEAT MOLLUSCS SESAME<br>SOYA SULPHITES        | <br>OATS, BARLEY, RYE   |   |
| Camile (Starters) - Pad Thai Chicken Wings (08/24) - 1 wing                                       | 95Kcal               | <br>WHEAT FISH SOYA<br>SULPHITES                  | <br>CRUSTACEANS MOLLUSCS   |   |
| Camile (Starters) - Sriracha Chicken Wings / Hot Wings (02/23) 4078571 - 1 Serving (7 wings)      | 662Kcal              | <br>SOYA SULPHITES                               | <br>WHEAT TREE NUTS PEANUTS<br>MILK MUSTARD SESAME  |   |
| Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving      | 1011Kcal             | <br>WHEAT MILK MOLLUSCS<br>SESAME SOYA SULPHITES | <br>EGGS  |   |
| Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Sweet Chilli Sauce (04/26) - 1 Serving      | 1008Kcal             | <br>WHEAT MILK MOLLUSCS<br>SESAME SOYA SULPHITES | <br>EGGS  |   |
| Camile (Rolls) - Vegetable Spring Rolls LARGE, with Sweet Chilli Sauce (04/26) - 1 Serving        | 922Kcal              | <br>WHEAT MILK SOYA<br>SULPHITES                 | <br>EGGS  | <br>VEGETARIAN |
| Camile (Rolls) - Vegetable Spring Rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving        | 925Kcal              | <br>WHEAT MILK SOYA<br>SULPHITES                 | <br>EGGS  | <br>VEGETARIAN |
























































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Camile (Nibbles) - 2 Chargrilled Chicken Skewers (07/25) - 1 Serving                     | 143Kcal              |  WHEAT<br> SOYA  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |
| Camile (Nibbles) - Edamame (06/20) 98801 - 1 Serving                                     | 195Kcal              |  SOYA   |   |  VEGETARIAN<br> VEGAN     |
| Camile (Nibbles) - Honey Chilli Cashews (05/26) - 1 Serving                              | 250Kcal              |  CASHEWS<br> FISH<br> CRUSTACEANS<br> SOYA |  WHEAT<br> MOLLUSCS<br> SULPHITES   |   |
| Camile (Nibbles) - Sweet & Spicy Peanuts (05/26) - 1 Serving                             | 467Kcal              |  PEANUTS   |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME<br> SOYA  |  VEGETARIAN   |
| Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people               | 294Kcal              |  GLUTEN<br> CRUSTACEANS  |  WHEAT<br> FISH  |   |
| Camile (Nibbles) - Thai Brown Prawn Crackers 130g (02/24) - Serves 4 people              | 504Kcal              |  GLUTEN<br> CRUSTACEANS  |  WHEAT<br> FISH  |   |
| Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving                           | 129Kcal              |  WHEAT<br> MILK<br> SOYA  |  EGGS   |  VEGETARIAN  |
| Camile (Nibbles) - Wasabi Peas (09/21) - 1 Serving                                       | 166Kcal              |  SOYA   |  PEANUTS  |  VEGETARIAN<br> VEGAN |
| Camile Thai (Nibbles) - 2 Sriracha Chicken Wings / Hot Wings (02/23) 4086616 - 1 Serving | 231Kcal              |  SOYA<br> SULPHITES  |  WHEAT<br> TREE NUTS<br> PEANUTS<br> MILK<br> MUSTARD<br> SESAME  |   |
| Camile (CP / Nibbles) - Crushed Peanuts, Roasted (05/26) - 1 Serving                     | 332Kcal              |  PEANUTS  |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME<br> SOYA  |  VEGETARIAN<br> VEGAN |






































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll                                     | 144Kcal              |  WHEAT<br> MILK<br> MOLLUSCS<br> SESAME<br> SOYA |  EGGS   |   |
| Camile (Nibbles) - 1 Chargrilled Chicken Skewer, without sauce (01/24) - 1 Serving         | 71Kcal               |  WHEAT<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |
| <b>Camile Snacks</b>   |                      |   |   |   |
| Camile (Snacks) - Cali Cali Buffalo Chipotle Guilt-free Crisps (08/20) - 1 Serving         | 115Kcal              |   |  SOYA   |  VEGETARIAN<br> VEGAN     |
| Camile (Snacks) - Cali Cali Tangy Cheese & Red Onion Guilt-free Crisps (08/20) - 1 Serving | 117Kcal              |  MILK   |  SOYA  |  VEGETARIAN   |
| Camile (Snacks) - Cali Cali Thai Sweet Chilli Guilt-free Crisps (08/20) - 1 Serving        | 115Kcal              |   |  SOYA   |  VEGETARIAN<br> VEGAN |
| Camile (Snacks) - Cali Cali Tijuana Hot Sauce Guilt-free Crisps (08/20) - 1 Serving        | 115Kcal              |   |  SOYA   |  VEGETARIAN<br> VEGAN |
| <b>Camile Soups</b>  |                      |   |   |   |
| Camile Thai (Soups) - Tom Yam Goong (02/23) 98658 - 1 Serving                              | 219Kcal              |  FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES  |  MOLLUSCS   |   |
| Camile (Soups) - Tom Yam Noodle Soup, Chicken (08/24) - 1 Serving                          | 821Kcal              |  FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES  |  GLUTEN<br> MOLLUSCS   |   |
| Camile (Soups) - Tom Yam Noodle Soup, Prawns (08/24) - 1 Serving                           | 715Kcal              |  FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES  |  MOLLUSCS   |   |
| <b>Camile Ireland - Salads</b>   |                      |   |   |   |






























































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
| Camile Thai (Salads) - Sticky Chicken Salad with Tamarind Dressing (07/25) 156757 - 1 Serving    | 527 Kcal             |  WHEAT<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES  |  MOLLUSCS  |   |
| Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving | 383 Kcal             |  WHEAT<br> SESAME<br> SOYA<br> SULPHITES   |  |  VEGETARIAN<br> VEGAN |
| Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving                       | 489 Kcal             |  WHEAT<br> PEANUTS<br> FISH<br> SOYA<br> SULPHITES  |  BARLEY<br> MOLLUSCS<br> SESAME<br> CRUSTACEANS<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS   |   |
| Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving                        | 448 Kcal             |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES  |  BARLEY<br> MOLLUSCS<br> SESAME<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  |  VEGETARIAN<br> VEGAN |
| Camile (Salads) - Warm Chicken Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving     | 930 Kcal             |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES   |  BARLEY<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> MILK<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS |   |
| Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (03/26) - 1 Serving         | 930 Kcal             |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES   |  MILK<br> CELERY  |   |
| Camile (Warm Salads) - Sticky Chicken Noodle Salad (07/25) - 1 Serving                           | 779 Kcal             |  WHEAT<br> PEANUTS<br> FISH<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES |  BARLEY<br> MILK<br> MOLLUSCS<br> CELERY<br> EGGS<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS    |   |
| Camile (Warm Salads) - Sticky Tofu Noodle Salad (07/25) - 1 Serving                              | 788 Kcal             |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES   |  BARLEY<br> MILK<br> CELERY<br> EGGS<br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  |   |







































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties |
|--|----------------------|---|---|------------------|
| Camile (Warm Salads) - Warm Thai Beef Salad with Brown & Wild Rice (07/25) - 1 Serving | 699Kcal              |  WHEAT<br> MILK<br> FISH<br> SESAME<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> CRUSTACEANS<br> MOLLUSCS<br> CELERY<br> MUSTARD |                  |
| Camile (Warm Salads) - Crispy Chicken Salad with Lemon Rice (07/25) - 1 Serving        | 861Kcal              |  WHEAT<br> EGGS<br> MILK<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES        |  CELERY   |                  |
| Camile (Warm Salads) - Satay Chicken Salad with Lemon Rice (07/25) - 1 Serving         | 857Kcal              |  WHEAT<br> PEANUTS<br> MILK<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> EGGS<br> CELERY<br> MUSTARD  |                  |
| Camile (Warm Salads) - Thai Beef Salad with Lemon Rice (07/25) - 1 Serving             | 690Kcal              |  WHEAT<br> MILK<br> FISH<br> SESAME<br> SOYA<br> SULPHITES  |  ALMONDS, CASHEWS, PISTACHIOS<br> PEANUTS<br> EGGS<br> CRUSTACEANS<br> MOLLUSCS<br> CELERY<br> MUSTARD  |                  |
| Camile (Salads) - Crispy Chilli Tofu Salad with Brown & Wild Rice (12/25) - 1 Serving  | 786Kcal              |  WHEAT<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES  |   |                  |
| Camile (Salads) - Tofu Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving   | 910Kcal              |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD  |                  |













































Camile Spice Bags





| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving         | 314Kcal              |  FISH<br> CRUSTACEANS   |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA<br> SULPHITES |   |
| Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving      | 283Kcal              |  WHEAT<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN     |
| Camile Signature Spice Bag (03/26) - 1 Serving                           | 1756Kcal             |  WHEAT<br> EGGS<br> MILK<br> SOYA<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> CELERY<br> MUSTARD<br> SESAME   |   |
| Camile's Signature Spice Bag with Massaman Curry Dip (03/26) - 1 Serving | 2070Kcal             |  WHEAT<br> EGGS<br> MILK<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME  |   |
| Camile Vegan Spice Bag (12/25) - 1 Serving                               | 1219Kcal             |  WHEAT<br> SOYA<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN |






































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Camile's Vegan Spice Bag with Vegan Green Curry Dip (12/25) - 1 Serving          | 1502Kcal             |  WHEAT<br> SOYA<br> SULPHITES   |  BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN |
| <b>Camile Ireland - Customer Favourites</b>                                      |                      |  |   |   |
| Camile (Noodles) - Classic Pad Thai, Chicken & Prawn (07/25) 2380143 - 1 Serving | 1064Kcal             |  WHEAT<br> FISH<br> SULPHITES<br> PEANUTS<br> CRUSTACEANS<br> SOYA<br> EGGS<br> MOLLUSCS   |  BARLEY<br> SESAME<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MOLLUSCS   |   |
| Camile - Crispy Chilli Chicken (03/26) - 1 Serving                               | 795Kcal              |  WHEAT<br> SESAME<br> EGGS<br> SOYA<br> MOLLUSCS<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> CELERY<br> PEANUTS<br> MUSTARD<br> MILK   |   |
| Camile (Starters) - Tiffin Box for Two (03/25) - Serves 2 people                 | 1183Kcal             |  WHEAT<br> FISH<br> SESAME<br> PEANUTS<br> CRUSTACEANS<br> SOYA<br> MILK<br> MOLLUSCS<br> SULPHITES |  BARLEY<br> CELERY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MUSTARD<br> EGGS  |   |
| <b>Camile's 6 Under 600 Calories</b>   |                      |  |   |   |
| Camile Thai - Feel Good Chu Chee Chicken Curry (07/25) 3349084 - 1 Serving       | 425Kcal              |  FISH<br> CRUSTACEANS  |  GLUTEN<br> MOLLUSCS<br> SULPHITES  |   |
| Camile Thai - Feel Good Chu Chee Curry with Tofu (02/23) 3456245 - 1 Serving     | 312Kcal              |  FISH<br> CRUSTACEANS<br> SOYA  |  WHEAT<br> MOLLUSCS  |   |
| Camile Thai - Feel Good Green Chicken Curry (07/25) 3349102 - 1 Serving          | 440Kcal              |  FISH<br> CRUSTACEANS  |  GLUTEN<br> MOLLUSCS<br> SULPHITES  |   |
| Camile Thai - Feel Good Green Curry with Tofu (02/23) 3456261 - 1 Serving        | 327Kcal              |  FISH<br> CRUSTACEANS<br> SOYA  |  WHEAT<br> MOLLUSCS  |   |












































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties |
|--|----------------------|---|---|------------------|
| Camile Thai - Feel Good Massaman Chicken Curry (07/25) 3349106 - 1 Serving   | 432Kcal              |  FISH<br> CRUSTACEANS   |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA<br> SULPHITES |                  |
| Camile Thai - Feel Good Massaman Curry with Tofu (02/23) 3456264 - 1 Serving | 319Kcal              |  FISH<br> CRUSTACEANS<br> SOYA   |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES  |                  |
| <b>Camile Curries</b>  |                      |   |   |                  |
| Camile - Massaman Curry, Beef (02/23) 98710 - 1 Serving                      | 895Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA  |                  |
| Camile - Massaman Curry, Chicken (07/25) - 1 Serving                         | 860Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA  |                  |
| Camile - Massaman Curry, Duck (02/23) 98712 - 1 Serving                      | 851Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA  |                  |



| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties |
|--|----------------------|---|--|------------------|
| Camile - Massaman Curry, Prawns (02/23)<br>98713 - 1 Serving               | 735Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA |                  |
| Camile - Massaman Curry, Tofu (02/23)<br>98714 - 1 Serving                 | 747Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME   |                  |
| Camile Thai - Chu Chee Beef (02/23) 98699<br>- 1 serving                   | 523Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Chu Chee Beef - LARGE<br>(02/23) 167209 - Serves 2 people    | 785Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Chu Chee Chicken (07/25)<br>98700 - 1 Serving                | 488Kcal              |  FISH<br> CRUSTACEANS   |  GLUTEN<br> MOLLUSCS<br> SULPHITES   |                  |
| Camile Thai - Chu Chee Chicken - LARGE<br>(07/25) 167202 - Serves 2 people | 732Kcal              |  FISH<br> CRUSTACEANS   |  GLUTEN<br> MOLLUSCS<br> SULPHITES   |                  |
| Camile Thai - Chu Chee Duck (02/23) 98701<br>- 1 Serving                   | 479Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Chu Chee Duck - LARGE<br>(02/23) 167204 - Serves 2 people    | 719Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Chu Chee Prawns (02/23)<br>98702 - 1 Serving                 | 363Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Chu Chee Prawns - LARGE<br>(02/23) 167200 - Serves 2 people  | 545Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Chu Chee Tofu (02/23) 98703<br>- 1 Serving                   | 375Kcal              |  FISH<br> CRUSTACEANS<br> SOYA   |  WHEAT<br> MOLLUSCS   |                  |
| Camile Thai - Chu Chee Tofu - LARGE<br>(02/23) 167206 - Serves 2 people    | 563Kcal              |  FISH<br> CRUSTACEANS<br> SOYA   |  WHEAT<br> MOLLUSCS   |                  |
| Camile Thai - Green Curry, Beef (02/23) - 1<br>Camile Std Portion          | 741Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Green Curry, Beef LARGE<br>(02/23) - Serves 2 people         | 1111Kcal             |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |




















































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties |
|--|----------------------|---|--|------------------|
| Camile Thai - Green Curry, Chicken (07/25) - 1 Serving                         | 715Kcal              |  FISH  CRUSTACEANS  |  GLUTEN  MOLLUSCS  SULPHITES   |                  |
| Camile Thai - Green Curry, Chicken LARGE (07/25) - Serves 2 people             | 1072Kcal             |  FISH  CRUSTACEANS  |  GLUTEN  MOLLUSCS  SULPHITES   |                  |
| Camile Thai - Green Curry, Duck (02/23) - 1 Serving                            | 706Kcal              |  FISH  CRUSTACEANS  |  MOLLUSCS  |                  |
| Camile Thai - Green Curry, Duck LARGE (02/23) - Serves 2 people                | 1059Kcal             |  FISH  CRUSTACEANS  |  MOLLUSCS  |                  |
| Camile Thai - Green Curry, Prawn (02/23) - 1 Serving                           | 590Kcal              |  FISH  CRUSTACEANS  |  MOLLUSCS  |                  |
| Camile Thai - Green Curry, Prawn LARGE (02/23) - Serves 2 people               | 886Kcal              |  FISH  CRUSTACEANS  |  MOLLUSCS  |                  |
| Camile Thai - Green Curry, Tofu (02/23) 98709 - 1 Serving                      | 602Kcal              |  FISH  CRUSTACEANS  SOYA   |  WHEAT  MOLLUSCS  |                  |
| Camile Thai - Green Curry, Tofu LARGE (02/23) 167189 - 1 Serving               | 904Kcal              |  FISH  CRUSTACEANS  SOYA   |  WHEAT  MOLLUSCS  |                  |
| Camile Thai - Massaman Curry, Beef - Large (02/23) 1326264 - Serves 2 people   | 1343Kcal             |  WHEAT  FISH  CRUSTACEANS<br> SULPHITES |  BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS<br> MILK  MOLLUSCS  CELERY<br> MUSTARD  SESAME  SOYA    |                  |
| Camile Thai - Massaman Curry, Chicken - Large (07/25) 167171 - Serves 2 people | 1290Kcal             |  WHEAT  FISH  CRUSTACEANS<br> SULPHITES |  BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS<br> MILK  MOLLUSCS  CELERY<br> MUSTARD  SESAME  SOYA |                  |
| Camile Thai - Massaman Curry, Duck - Large (02/23) 167163 - Serves 2 people    | 1277Kcal             |  WHEAT  FISH  CRUSTACEANS<br> SULPHITES |  BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS<br> MILK  MOLLUSCS  CELERY<br> MUSTARD  SESAME  SOYA |                  |
















| Item  | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties |
|---|----------------------|---|--|------------------|
| Camile Thai - Massaman Curry, Prawns - Large (07/25) 167162 - Serves 2 people | 1103Kcal             |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA |                  |
| Camile Thai - Massaman Curry, Tofu - Large (02/23) 167168 - Serves 2 people   | 1120Kcal             |  WHEAT<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME   |                  |
| Camile Thai - Red Curry, Beef (02/23) - 1 Serving                             | 721Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Red Curry, Beef LARGE (02/23) - Serves 2 people                 | 1081Kcal             |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Red Curry, Chicken (07/25) - 1 Serving                          | 685Kcal              |  FISH<br> CRUSTACEANS   |  GLUTEN<br> MOLLUSCS<br> SULPHITES   |                  |
| Camile Thai - Red Curry, Chicken LARGE (07/25) - Serves 2 people              | 1028Kcal             |  FISH<br> CRUSTACEANS   |  GLUTEN<br> MOLLUSCS<br> SULPHITES   |                  |
| Camile Thai - Red Curry, Duck (02/23) - 1 Serving                             | 677Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Red Curry, Duck LARGE (02/23) - Serves 2 people                 | 1015Kcal             |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Red Curry, Prawns (02/23) - 1 Serving                           | 561Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Red Curry, Prawns LARGE (02/23) - Serves 2 people               | 841Kcal              |  FISH<br> CRUSTACEANS   |  MOLLUSCS  |                  |
| Camile Thai - Red Curry, Tofu (02/23) 98719 - 1 Serving                       | 572Kcal              |  FISH<br> CRUSTACEANS<br> SOYA   |  WHEAT<br> MOLLUSCS   |                  |
| Camile Thai - Red Curry, Tofu LARGE (02/23) 167199 - Serves 2 people          | 859Kcal              |  FISH<br> CRUSTACEANS<br> SOYA   |  WHEAT<br> MOLLUSCS   |                  |

| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Camile Thai - Vegan Green Curry with Tofu (02/23) - 1 Serving          | 540Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME             |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) - 1 Serving | 677Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME             |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving    | 536Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME          |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) - 1 Serving   | 673Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN |
| Camile Thai - Chiang Mai Curry, Beef (04/21) 2510214 - 1 Serving       | 812Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES  |  MOLLUSCS   |   |
| Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving          | 636Kcal              |  WHEAT<br> MILK<br> CELERY<br> MUSTARD<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> SESAME<br> SULPHITES   |   |
| <b>Camile Stir Fries</b>   |                      |  |   |   |
| Camile - Crispy Chilli Chicken (03/26) - 1 Serving                     | 795Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD   |   |







































































| Item  | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties |
|---|----------------------|---|---|------------------|
| Camile - Pad Prik Haeng, Chicken (07/25) - 1 Serving                    | 534Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA  |  SULPHITES  |                  |
| Camile Thai - Crispy Chilli Beef (02/23) 98659 - 1 Serving              | 630Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD  |                  |
| Camile Thai - Crispy Chilli Beef LARGE (02/23) 167221 - Serves 2 people | 945Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD  |                  |
| Camile Thai - Crispy Chilli Chicken LARGE (03/26) - Serves 2 people     | 1193Kcal             |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD   |                  |
| Camile Thai - Crispy Chilli Prawns (02/23) 4760692 - 1 Serving          | 496Kcal              |  WHEAT<br> EGGS<br> CRUSTACEANS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> FISH<br> CELERY<br> MUSTARD |                  |
| Camile Thai - Mekong Duck (02/23) 98661 - 1 Serving                     | 416Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA   |  SULPHITES  |                  |
| Camile Thai - Mekong Duck LARGE (02/23) 167247 - Serves 2 people        | 624Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA   |  SULPHITES  |                  |
| Camile Thai - Pad King Beef (02/23) 99114 - 1 Serving                   | 426Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA   |  SULPHITES  |                  |
| Camile Thai - Pad King Beef, LARGE (02/23) 167224 - Serves 2 people     | 624Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA   |  SULPHITES  |                  |
| Camile Thai - Pad King Chicken (07/25) 98664 - 1 Serving                | 405Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA   |  SULPHITES  |                  |
| Camile Thai - Pad King Duck (02/23) 98665 - 1 Serving                   | 396Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA   |  SULPHITES  |                  |
| Camile Thai - Pad King Duck, LARGE (02/23) 167225 - Serves 2 people     | 579Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA   |  SULPHITES  |                  |



























































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|--|----------------------|--|---|------------------|
| Camile Thai - Pad King Prawns (02/23)<br>98666 - 1 Serving                       | 280Kcal              | <br>WHEAT<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SOYA     | <br>SULPHITES   |                  |
| Camile Thai - Pad King Prawns LARGE<br>(02/23) 167222 - Serves 2 people          | 420Kcal              | <br>WHEAT<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SOYA     | <br>SULPHITES   |                  |
| Camile Thai - Pad King Tofu (02/23) 98668 -<br>1 Serving                         | 292Kcal              | <br>WHEAT<br><br>MOLLUSCS<br><br>SOYA   | <br>SULPHITES   |                  |
| Camile Thai - Pad King Tofu LARGE (02/23)<br>167226 - Serves 2 people            | 438Kcal              | <br>WHEAT<br><br>MOLLUSCS<br><br>SOYA   | <br>SULPHITES   |                  |
| Camile Thai - Pad Med Mamung, Chicken<br>(07/25) - 1 Serving                     | 560Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MOLLUSCS<br><br>SOYA         | <br>SULPHITES   |                  |
| Camile Thai - Pad Med Mamung, LARGE<br>(02/23) 167246 - Serves 2 people          | 847Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MOLLUSCS<br><br>SOYA        | <br>SULPHITES   |                  |
| Camile Thai - Pad Prik Haeng, Beef (02/23)<br>98669 - 1 Serving                  | 570Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MOLLUSCS<br><br>SOYA | <br>SULPHITES |                  |
| Camile Thai - Pad Prik Haeng, Beef, LARGE<br>(02/23) 167229 - Serves 2 people    | 856Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MOLLUSCS<br><br>SOYA | <br>SULPHITES |                  |
| Camile Thai - Pad Prik Haeng, Chicken,<br>LARGE (07/25) 167227 - Serves 2 people | 802Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MOLLUSCS<br><br>SOYA | <br>SULPHITES |                  |
| Camile Thai - Pad Prik Haeng, Duck (02/23)<br>98674 - 1 Serving                  | 526Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MOLLUSCS<br><br>SOYA | <br>SULPHITES |                  |
| Camile Thai - Pad Prik Haeng, Duck, LARGE<br>(02/23) 167234 - Serves 2 people    | 789Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MOLLUSCS<br><br>SOYA | <br>SULPHITES |                  |



































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
| Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving                     | 410Kcal              |  WHEAT<br> CASHEWS<br> CRUSTACEANS<br> MOLLUSCS<br> SOYA    |  SULPHITES   |   |
| Camile Thai - Pad Prik Haeng, Prawns, LARGE (02/23) 167230 - Serves 2 people       | 615Kcal              |  WHEAT<br> CASHEWS<br> CRUSTACEANS<br> MOLLUSCS<br> SOYA    |  SULPHITES   |   |
| Camile Thai - Pad Prik Haeng, Tofu (02/23) - 1 Serving                             | 422Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA   |  SULPHITES   |   |
| Camile Thai - Pad Prik Haeng, Tofu, LARGE (02/23) 167231 - 1 Serving               | 632Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA   |  SULPHITES   |   |
| Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving                 | 328Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN    |
| Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving        | 465Kcal              |  WHEAT<br> SOYA  |  SULPHITES |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) - 1 Serving                  | 401Kcal              |  WHEAT<br> CASHEWS<br> SOYA   |  SULPHITES |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving | 538Kcal              |  WHEAT<br> CASHEWS<br> SOYA   |  SULPHITES |  VEGETARIAN<br> VEGAN |
| Petite Camile - Pad Prik Haeng, Tofu (02/23) 8139537 - 1 Serving                   | 451Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA   |  SULPHITES |   |
| Camile - Pad Med Mamung, Crispy Chicken (08/24) - 1 Serving                        | 814Kcal              |  WHEAT<br> CASHEWS<br> EGGS<br> MOLLUSCS<br> SOYA |  SULPHITES |   |








































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
| Camile - Pad Prik Haeng, Crispy Chicken (08/24) - 1 Serving            | 788Kcal              |  WHEAT<br> CASHEWS<br> EGGS<br> MOLLUSCS<br> SOYA           |  SULPHITES   |   |
| Camile Thai - Pad King Crispy Chicken (08/24) - 1 Serving              | 659Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA  |  SULPHITES   |   |
| Camile Thai - Pad Krapow with Tofu (08/24) - 1 Serving                 | 342Kcal              |  WHEAT<br> SOYA  |  SULPHITES   |  VEGETARIAN<br> VEGAN |
| Camile Thai - Pad Krapow with Vegan Chicken (08/24) - 1 Serving        | 480Kcal              |  WHEAT<br> SOYA  |  SULPHITES   |  VEGETARIAN<br> VEGAN |
| Camile Thai - Pad Krapow with Crispy Chicken (07/25) - 1 Serving       | 702Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA   |  SULPHITES  |   |
| Camile Thai - Pad Krapow with Chicken (07/25) - 1 Serving              | 448Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES |   |
| Camile Thai - Pad Krapow with Beef (09/24) - 1 Serving                 | 483Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES |   |
| Camile Thai - Pad Krapow with Duck (09/24) - 1 Serving                 | 439Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES |   |
| Camile Thai - Pad Krapow with Prawns (09/24) - 1 Serving               | 323Kcal              |  WHEAT<br> CRUSTACEANS<br> MOLLUSCS<br> SOYA   |  SULPHITES |   |
| Camile - Pad Prik Haeng, Crispy Chicken, Large (07/25) - 1 Serving     | 1183Kcal             |  WHEAT<br> CASHEWS<br> EGGS<br> MOLLUSCS<br> SOYA |  SULPHITES |   |
| Camile Thai - Pad King Chicken, LARGE (07/25) 167223 - Serves 2 people | 592Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES |   |







































































**Camile Noodles**




















| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties |
|--|----------------------|--|---|------------------|
| Camile (Noodles) - Classic Pad Thai, Chicken & Prawn (07/25) 2380143 - 1 Serving | 1064Kcal             |  WHEAT<br> PEANUTS<br> EGGS<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MOLLUSCS<br> SESAME   |                  |
| Camile (Noodles) - Pad Thai with Chicken (07/25) 3460300 - 1 Serving             | 1099Kcal             |  WHEAT<br> PEANUTS<br> EGGS<br> FISH<br> SOYA<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> CRUSTACEANS<br> MOLLUSCS<br> SESAME  |                  |
| Camile - Singapore Noodles (10/25) 98698 - 1 Serving                             | 810Kcal              |  WHEAT<br> PEANUTS<br> EGGS<br> CRUSTACEANS<br> MOLLUSCS<br> CELERY<br> SESAME<br> SOYA<br> SULPHITES                      |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> MUSTARD  |                  |
| Camile Thai (Noodles) - Khao Soi Gai (10/25) 98695 - 1 Serving                   | 1065Kcal             |  WHEAT<br> FISH<br> CRUSTACEANS<br> SOYA   |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |                  |
| Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving      | 502Kcal              |  OATS, WHEAT<br> PEANUTS<br> EGGS<br> CRUSTACEANS<br> MOLLUSCS<br> CELERY<br> SESAME<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> MUSTARD  |                  |
| Camile Thai - Pad Kee Mao with Beef (08/24) 4004737 - 1 Serving                  | 863Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES  |                  |
| Camile Thai - Pad Kee Mao with Chicken (08/24) 4004698 - 1 Serving               | 828Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES  |                  |
| Camile Thai - Pad Kee Mao with Duck (08/24) 4004740 - 1 Serving                  | 819Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES  |                  |




































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Camile Thai - Pad Kee Mao with Prawns (08/24) 4004747 - 1 Serving              | 722Kcal              | <br>WHEAT<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SOYA   | <br>SULPHITES   |   |
| Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving          | 723Kcal              | <br>WHEAT<br><br>SOYA  | <br>SULPHITES   | <br>VEGETARIAN<br><br>VEGAN     |
| Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving | 860Kcal              | <br>WHEAT<br><br>SOYA  | <br>SULPHITES   | <br>VEGETARIAN<br><br>VEGAN     |
| Camile Thai - Vegan Pad Thai with Tofu (02/23) 1048673 - 1 Serving             | 1002Kcal             | <br>WHEAT<br><br>PEANUTS<br><br>SOYA<br><br>SULPHITES  | <br>BARLEY<br><br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>SESAME | <br>VEGETARIAN<br><br>VEGAN     |
| Camile Thai - Vegan Pad Thai with Vegan Chicken (02/23) 5752087 - 1 Serving    | 1140Kcal             | <br>WHEAT<br><br>PEANUTS<br><br>SOYA<br><br>SULPHITES  | <br>BARLEY<br><br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>SESAME | <br>VEGETARIAN<br><br>VEGAN   |
| <b>Camile Fried Rice Dishes</b>  |                      |  |   |   |
| Camile Thai - Camile Special Fried Rice (02/23) 98720 - 1 Serving              | 857Kcal              | <br>WHEAT<br><br>CRUSTACEANS<br><br>EGGS<br><br>MOLLUSCS<br><br>FISH<br><br>SOYA   | <br>SULPHITES   |   |
| Camile Thai - Khao Pad Nua (06/23) 98788 - 1 Serving                           | 855Kcal              | <br>WHEAT<br><br>FISH<br><br>CRUSTACEANS<br><br>SOYA<br><br>CASHEWS<br><br>CRUSTACEANS<br><br>EGGS<br><br>MOLLUSCS | <br>SULPHITES   |   |
| Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving           | 626Kcal              | <br>WHEAT<br><br>SOYA  | <br>SULPHITES   | <br>VEGETARIAN<br><br>VEGAN |
| Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving  | 608Kcal              | <br>WHEAT<br><br>SOYA  | <br>SULPHITES   | <br>VEGETARIAN<br><br>VEGAN |
| <b>Camile Ireland Specials</b>   |                      |  |   |   |



































































| Item  | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|---|----------------------|---|--|---|
| Camile (Christmas Special) - Camile Fried Chicken with Spicy Maple Jang Sauce (02/23) 7656065 - 1 Serving | 1102Kcal             |  WHEAT, BARLEY<br> EGGS<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> FISH<br> MUSTARD  |   |
| Camile (Specials) - Harry's Bangin' Panang Curry with Chicken (07/25) 5342302 - 1 Serving                 | 721Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |   |
| Camile (Specials) - Harry's Bangin' Panang Curry with Chickpeas (02/23) - 1 Serving                       | 712Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN     |
| Camile (Specials) - Crispy Chicken Burrito (07/25) 8002298 - 1 Serving                                    | 1120Kcal             |  OATS, WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA<br> SULPHITES  |  |   |
| Camile (Specials) - Honey Crispy Bao Buns (07/25) 7247511 - 1 Serving                                     | 426Kcal              |  WHEAT<br> EGGS<br> MUSTARD<br> SOYA<br> SULPHITES   |  PEANUTS   |   |
| Camile (Specials) - Paddy's Krispy Krapow Chicken (07/25) 5765194 - 1 Serving                             | 660Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA   |  SULPHITES   |   |
| Camile (Specials) - Paddy's Krispy Krapow Tofu (02/23) 5765536 - 1 Serving                                | 342Kcal              |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving                                     | 544Kcal              |  WHEAT<br> MILK<br> FISH<br> CRUSTACEANS<br> SOYA  |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |

| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (10/25) - 1 Serving | 508Kcal              |  WHEAT<br> SOYA  |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES  |  VEGETARIAN<br> VEGAN     |
| Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving                 | 314Kcal              |  FISH<br> CRUSTACEANS  |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA<br> SULPHITES |   |
| Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving              | 283Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving      | 502Kcal              |  OATS, WHEAT<br> PEANUTS<br> EGGS<br> CRUSTACEANS<br> MOLLUSCS<br> CELERY<br> SESAME<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> MUSTARD  |   |
| Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) - 1 Serving         | 644Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) - 1 Serving           | 640Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN |

































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
| Camile Signature Spice Bag (03/26) - 1 Serving                               | 1756Kcal             |  WHEAT<br> EGGS<br> MILK<br> SOYA<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> CELERY<br> MUSTARD<br> SESAME  |   |
| Camile Vegan Spice Bag (12/25) - 1 Serving                                   | 1219Kcal             |  WHEAT<br> SOYA<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME                 |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Green Chicken Curry Burrito (07/25) 8200923 - 1 Serving  | 918Kcal              |  OATS, WHEAT<br> EGGS<br> FISH<br> CRUSTACEANS   |  MOLLUSCS<br> SULPHITES   |   |
| Camile (Specials) - Honey Ginger Duck Special (03/23) 8103327 - 1 Serving    | 489Kcal              |  WHEAT<br> SESAME<br> SOYA  |  SULPHITES   |   |
| Camile (Specials) - Satay Chicken Burrito (05/26) - 1 Serving                | 938Kcal              |  OATS, WHEAT<br> PEANUTS<br> EGGS<br> CRUSTACEANS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |
| Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving | 685Kcal              |  WHEAT<br> FISH<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD   |   |
| Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving                | 636Kcal              |  WHEAT<br> MILK<br> CELERY<br> MUSTARD<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> SESAME<br> SULPHITES  |   |
| Camile (Specials) - Crispy Pandan Caramel Churros (09/23) - 1 Serving        | 533Kcal              |  WHEAT<br> MILK  |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> EGGS<br> CELERY<br> MUSTARD  |   |


























































| Item  | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties   |
|---|----------------------|--|--|--|
|   |                      |  | <br>SOYA     |  |
| Camile (Specials) - Golden Glow Yellow Curry with Chicken (07/25) 9463559 - 1 Serving | 784Kcal              | <br>WHEAT   | <br>SOYA      | <br>SULPHITES     |
| Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving    | 900Kcal              | <br>WHEAT   | <br>SOYA      | <br>SULPHITES     |
| Camile (Specials) - Pad Satay Stir-Fry with Beef (05/26) - 1 Serving                  | 461Kcal              | <br>WHEAT   | <br>PEANUTS   | <br>MOLLUSCS      |
| Camile (Specials) - Pad Satay Stir-Fry with Chicken (05/26) - 1 Serving               | 426Kcal              | <br>WHEAT | <br>PEANUTS | <br>MOLLUSCS    |
| Camile (Specials) - Pad Satay Stir-Fry with Prawns (05/26) - 1 Serving                | 301Kcal              | <br>WHEAT | <br>PEANUTS | <br>CRUSTACEANS |
| Camile (Specials) - Pad Satay Stir-Fry with Tofu (05/26) - 1 Serving                  | 315Kcal              | <br>WHEAT | <br>PEANUTS | <br>SOYA        |































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile (Specials) - Pad Satay Stir-Fry with Duck (05/26) - 1 Serving                   | 479Kcal              |  WHEAT<br> PEANUTS<br> MOLLUSCS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES            |   |
| Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (05/26) - 1 Serving          | 453Kcal              |  WHEAT<br> PEANUTS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES            |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Pad Med Mamung, Chicken (07/25) - 1 Serving                              | 560Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA   |  SULPHITES   |   |
| Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving             | 489Kcal              |  WHEAT<br> PEANUTS<br> FISH<br> SOYA<br> SULPHITES     |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> CRUSTACEANS<br> MOLLUSCS<br> SESAME  |   |
| Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving              | 448Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME  |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Bang Bang Prawns (5) with Coconut Sriracha Dip (07/24) - 1 Serving | 375Kcal              |  WHEAT<br> EGGS<br> FISH<br> CRUSTACEANS<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA |   |
| Camile (Specials) - Larb Gai (08/24) - 1 Serving                                       | 409Kcal              |  FISH<br> SULPHITES   |  GLUTEN<br> TREE NUTS<br> MILK<br> CRUSTACEANS<br> MOLLUSCS<br> CELERY  |   |


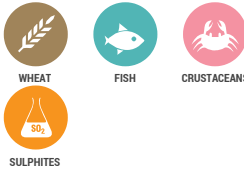











| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties |
|--|----------------------|--|---|------------------|
|  |                      |  |  MUSTARD  SESAME  SOYA  |                  |
| Camile (Specials) - Phuket Fried Chicken with Coconut Sriracha Dip (07/25) - 1 Serving | 616Kcal              |  WHEAT  EGGS  FISH<br> MOLLUSCS  SULPHITES  |  CRUSTACEANS  |                  |
| Camile - Pad Med Mamung, Crispy Chicken (08/24) - 1 Serving                            | 814Kcal              |  WHEAT  CASHEWS  EGGS<br> MOLLUSCS  SOYA  |  SULPHITES  |                  |
| Camile (Specials) - Monkfish Red Curry (10/24) - 1 Serving                             | 567Kcal              |  WHEAT  FISH  CRUSTACEANS<br> CELERY  SOYA  |  MOLLUSCS   |                  |
| Camile (Specials) - Lambay Island Crab Fried Rice (11/24) - 1 Serving                  | 713Kcal              |  WHEAT  EGGS  FISH<br> CRUSTACEANS  MOLLUSCS  SOYA<br> SULPHITES |  TREE NUTS  MILK  CELERY<br> MUSTARD  SESAME   |                  |
| Camile (Specials) - Lotus Jungle Curry, with Chicken (07/25) - 1 Serving               | 393Kcal              |  WHEAT  MILK  FISH<br> CRUSTACEANS  SOYA  SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS  MOLLUSCS<br> MUSTARD  SESAME |                  |
| Camile (Specials) - Lotus Jungle Curry, with Beef (02/25) - 1 Serving                  | 429Kcal              |  WHEAT  MILK  FISH<br> CRUSTACEANS  SOYA  SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS  MOLLUSCS<br> MUSTARD  SESAME |                  |
| Camile (Specials) - Lotus Jungle Curry, with Duck (02/25) - 1 Serving                  | 385Kcal              |  WHEAT  MILK  FISH<br> CRUSTACEANS  SOYA  SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS  MOLLUSCS<br> MUSTARD  SESAME |                  |


























































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties   |
|--|----------------------|--|---|--|
| Camile (Specials) - Lotus Jungle Curry, with Prawns (02/25) - 1 Serving                      | 288Kcal              |  WHEAT<br> MILK<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES          |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MOLLUSCS<br> MUSTARD<br> SESAME |  |
| Camile (Specials) - Lotus Jungle Curry, with Tofu (02/25) - 1 Serving                        | 510Kcal              |  WHEAT<br> MILK<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES          |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MOLLUSCS<br> MUSTARD<br> SESAME |  |
| Camile (Specials) - Open Hive Pineapple Sweet & Sour with Beef (03/25) - 1 Serving           | 528Kcal              |  WHEAT<br> CELERY<br> SOYA<br> SULPHITES   |   |  |
| Camile (Specials) - Open Hive Pineapple Sweet & Sour with Chicken (07/25) - 1 Serving        | 493Kcal              |  WHEAT<br> CELERY<br> SOYA<br> SULPHITES  |   |  |
| Camile (Specials) - Open Hive Pineapple Sweet & Sour with Crispy Beef (03/25) - 1 Serving    | 651Kcal              |  WHEAT<br> EGGS<br> CELERY<br> SOYA<br> SULPHITES   |   |  |
| Camile (Specials) - Open Hive Pineapple Sweet & Sour with Crispy Chicken (07/25) - 1 Serving | 747Kcal              |  WHEAT<br> EGGS<br> CELERY<br> SOYA<br> SULPHITES   |   |  |
| Camile (Specials) - Open Hive Pineapple Sweet & Sour with Prawns (03/25) - 1 Serving         | 387Kcal              |  WHEAT<br> CRUSTACEANS<br> CELERY<br> SOYA<br> SULPHITES  |   |  |
| Camile (Specials) - Open Hive Pineapple Sweet & Sour with Tofu (03/25) - 1 Serving           | 610Kcal              |  WHEAT<br> CELERY<br> SOYA<br> SULPHITES   |   |  VEGETARIAN |
| Camile (Specials) - Chef Chat's Luk Chin (08/25) - 1 Serving                                 | 623Kcal              |  WHEAT<br> EGGS<br> FISH<br> MOLLUSCS<br> SOYA<br> SULPHITES |  MILK<br> CRUSTACEANS<br> CELERY<br> MUSTARD  |  |

| Item  | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|---|----------------------|--|--|---|
| Camile (Specials) - Kimchi Fried Rice, with chicken (11/25) - 1 Serving                 | 836Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES |  OATS, BARLEY, RYE   |   |
| Camile (Specials) - Kimchi Fried Rice, with Tofu (11/25) - 1 Serving                    | 832Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES |  OATS, BARLEY, RYE   |   |
| Camile (Specials) - Harry's Bangin' Panang Curry with Beef (04/26) - 1 Serving          | 756Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME           |   |
| Camile (Specials) - Harry's Bangin' Panang Curry with Duck (04/26) - 1 Serving          | 774Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME       |   |
| Camile (Specials) - Harry's Bangin' Panang Curry with Prawns (04/26) - 1 Serving        | 596Kcal              |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |   |
| Camile (Specials) - Harry's Bangin' Panang Curry with Tofu (04/26) - 1 Serving          | 608Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Harry's Bangin' Panang Curry with Vegan Chicken (04/26) - 1 Serving | 745Kcal              |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN |











































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|--|----------------------|---|--|---|
| Camile (Specials) - Pad Satay Stir-Fry with Beef, LARGE (04/26) - 1 Serving    | 692Kcal              |  WHEAT<br> PEANUTS<br> MOLLUSCS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES               |   |
| Camile (Specials) - Pad Satay Stir-Fry with Chicken, LARGE (04/26) - 1 Serving | 639Kcal              |  WHEAT<br> PEANUTS<br> MOLLUSCS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES               |   |
| Camile (Specials) - Pad Satay Stir-Fry with Duck, LARGE (04/26) - 1 Serving    | 719Kcal              |  WHEAT<br> PEANUTS<br> MOLLUSCS<br> SOYA   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES       |   |
| Camile (Specials) - Pad Satay Stir-Fry with Prawns, LARGE (04/26) - 1 Serving  | 451Kcal              |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> MOLLUSCS<br> SOYA |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |
| Camile (Specials) - Pad Satay Stir-Fry with Tofu, LARGE (04/26) - 1 Serving    | 473Kcal              |  WHEAT<br> PEANUTS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |  VEGETARIAN<br> VEGAN |




























































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|--|----------------------|---|--|---|
| Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken, LARGE (04/26) - 1 Serving | 679Kcal              |  WHEAT<br> PEANUTS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |  VEGETARIAN<br> VEGAN |
| Camile (Power Bowls) - Crispy Chicken Salad Bowl (05/26) - 1 Serving                 | 906Kcal              |  WHEAT<br> ALMONDS, CASHEWS<br> PEANUTS<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD  |   |
| Camile (Power Bowls) - Satay Chicken Crunch Bowl (05/26) - 1 Serving                 | 806Kcal              |  WHEAT<br> ALMONDS, CASHEWS<br> PEANUTS<br> CRUSTACEANS<br> SESAME<br> SOYA<br> SULPHITES  |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD  |   |
| Camile (Specials) - Crispy Red Curry Dumplings, Chicken option (05/26) - 1 Serving   | 417Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SESAME<br> SOYA  |  EGGS<br> MOLLUSCS<br> CELERY  |   |
| Camile (Specials) - Crispy Red Curry Dumplings, Vegetable option (05/26) - 1 Serving | 424Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SESAME<br> SOYA  |  MOLLUSCS  |   |
| <b>Camile Burritos</b>   |                      |   |  |   |
| Camile (Specials) - Crispy Chicken Burrito (07/25) 8002298 - 1 Serving               | 1120Kcal             |  OATS, WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA<br> SULPHITES  |  |   |
| Camile (Specials) - Green Chicken Curry Burrito (07/25) 8200923 - 1 Serving          | 918Kcal              |  OATS, WHEAT<br> EGGS<br> FISH<br> CRUSTACEANS  |  MOLLUSCS<br> SULPHITES   |   |






































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties |
|--|----------------------|--|---|------------------|
| Camile (Specials) - Satay Chicken Burrito (05/26) - 1 Serving                | 938Kcal              |  <p>OATS, WHEAT<br/>PEANUTS<br/>EGGS<br/>CRUSTACEANS<br/>SOYA</p>       |  <p>BARLEY<br/>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>MILK<br/>CELERY<br/>MUSTARD<br/>SESAME<br/>SULPHITES</p>                     |                  |
| <b>Camile Seafood</b>  |                      |  |   |                  |
| Camile - Massaman Curry, Prawns (02/23) 98713 - 1 Serving                    | 735Kcal              |  <p>WHEAT<br/>FISH<br/>CRUSTACEANS<br/>SULPHITES</p>                    |  <p>BARLEY<br/>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>PEANUTS<br/>MILK<br/>MOLLUSCS<br/>CELERY<br/>MUSTARD<br/>SESAME<br/>SOYA</p> |                  |
| Camile Thai - Green Curry, Prawn (02/23) - 1 Serving                         | 590Kcal              |  <p>FISH<br/>CRUSTACEANS</p>   |  <p>MOLLUSCS</p>   |                  |
| Camile Thai - Pad King Prawns (02/23) 98666 - 1 Serving                      | 280Kcal              |  <p>WHEAT<br/>CRUSTACEANS<br/>MOLLUSCS<br/>SOYA</p>                   |  <p>SULPHITES</p>   |                  |
| Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving               | 410Kcal              |  <p>WHEAT<br/>CASHEWS<br/>CRUSTACEANS<br/>MOLLUSCS<br/>SOYA</p>       |  <p>SULPHITES</p>   |                  |
| Camile Thai - Red Curry, Prawns (02/23) - 1 Serving                          | 561Kcal              |  <p>FISH<br/>CRUSTACEANS</p>  |  <p>MOLLUSCS</p>  |                  |
| Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving | 685Kcal              |  <p>WHEAT<br/>FISH<br/>MOLLUSCS<br/>SESAME<br/>SOYA<br/>SULPHITES</p> |  <p>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>PEANUTS<br/>MUSTARD</p>   |                  |
| Camile (Specials) - Pad Satay Stir-Fry with Prawns (05/26) - 1 Serving       | 301Kcal              |  <p>WHEAT<br/>PEANUTS<br/>CRUSTACEANS<br/>MOLLUSCS<br/>SOYA</p>       |  <p>BARLEY<br/>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br/>MILK<br/>CELERY<br/>MUSTARD<br/>SESAME<br/>SULPHITES</p>                   |                  |























































| Item  | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties |
|---|----------------------|---|---|------------------|
| Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns) | 330Kcal              | <br>WHEAT<br><br>EGGS<br><br>FISH<br><br>CRUSTACEANS<br><br>SULPHITES              | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>MOLLUSCS<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA                  |                  |
| Camile Thai - Pad Krapow with Prawns (09/24) - 1 Serving  | 323Kcal              | <br>WHEAT<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SOYA  | <br>SULPHITES   |                  |
| Camile (Specials) - Monkfish Red Curry (10/24) - 1 Serving  | 567Kcal              | <br>WHEAT<br><br>FISH<br><br>CRUSTACEANS<br><br>CELERY<br><br>SOYA                 | <br>MOLLUSCS  |                  |
| Camile (Specials) - Crispy Lambay Crab Claws with Coconut Sriracha Dip (05/25) - 1 Serving        | 396Kcal              | <br>WHEAT<br><br>EGGS<br><br>FISH<br><br>CRUSTACEANS<br><br>SULPHITES       | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>MOLLUSCS<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA          |                  |
| Camile (Specials) - Harry's Bangin' Panang Curry with Prawns (04/26) - 1 Serving                  | 596Kcal              | <br>WHEAT<br><br>PEANUTS<br><br>CRUSTACEANS<br><br>SOYA<br><br>SULPHITES | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME   |                  |
| Camile (Specials) - Pad Satay Stir-Fry with Prawns, LARGE (04/26) - 1 Serving                     | 451Kcal              | <br>WHEAT<br><br>PEANUTS<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SOYA  | <br>BARLEY<br><br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SULPHITES |                  |
















































Camile - Vegan, Vegetarian & Plant-Based

| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving | 383Kcal              |  WHEAT<br> SESAME<br> SOYA<br> SULPHITES         |   |  VEGETARIAN<br> VEGAN     |
| Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving                              | 283Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME             |  VEGETARIAN<br> VEGAN     |
| Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving                          | 204Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN     |
| Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving                               | 340Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN     |
| Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) - 1 Serving                         | 644Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) - 1 Serving                           | 640Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN |
| Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving          | 878Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  TREE NUTS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Crispy Chilli Tofu (02/23) 4760727 - 1 Serving                               | 259Kcal              |  WHEAT<br> SESAME<br> SOYA<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving                             | 626Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN |


| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving      | 608Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Green Curry with Tofu (02/23) - 1 Serving                      | 540Kcal              |  WHEAT<br> SOYA<br> SULPHITES     |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) - 1 Serving             | 677Kcal              |  WHEAT<br> SOYA<br> SULPHITES     |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving              | 723Kcal              |  WHEAT<br> SOYA  |  SULPHITES   |  VEGETARIAN<br> VEGAN   |
| Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving     | 860Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving                 | 328Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving        | 465Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) - 1 Serving                  | 401Kcal              |  WHEAT<br> CASHEWS<br> SOYA |  SULPHITES  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving | 538Kcal              |  WHEAT<br> CASHEWS<br> SOYA |  SULPHITES  |  VEGETARIAN<br> VEGAN |




| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|--|----------------------|---|--|---|
| Camile Thai - Vegan Pad Thai with Tofu (02/23) 1048673 - 1 Serving                 | 1002Kcal             |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME   |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Pad Thai with Vegan Chicken (02/23) 5752087 - 1 Serving        | 1140Kcal             |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME   |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving                | 536Kcal              |  WHEAT<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) - 1 Serving               | 673Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN   |
| Camile Vegan Spice Bag (12/25) - 1 Serving   | 1219Kcal             |  WHEAT<br> SOYA<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving | 900Kcal              |  WHEAT<br> SOYA<br> SULPHITES  |  |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Pad Satay Stir-Fry with Tofu (05/26) - 1 Serving               | 315Kcal              |  WHEAT<br> PEANUTS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |  VEGETARIAN<br> VEGAN |
















































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
| Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (05/26) - 1 Serving    | 453Kcal              |  WHEAT<br> PEANUTS<br> SOYA   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |  VEGETARIAN<br> VEGAN     |
| <b>Camile Kids' Menu</b>   |                      |  |  |   |
| Camile Kids - Camile Chicken Satay Skewers with Jasmine Rice (05/26) - 1 Serving | 597Kcal              |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |
| Camile Kids - Camile Special Fried Rice with Chicken (02/23) 6291447 - 1 Serving | 746Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA   |  SULPHITES   |   |
| Camile Kids - Camile Special Fried Rice with Tofu (02/23) 6291669 - 1 Serving    | 707Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA  |  SULPHITES   |   |
| Camile Kids - Sweet Crispy Chicken (03/26) - 1 Serving                           | 736Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA<br> SULPHITES |  MILK<br> CELERY<br> SESAME  |   |
| Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving                            | 503Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA<br> SULPHITES |  |   |
| Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving            | 649Kcal              |  WHEAT<br> EGGS<br> SULPHITES   |  |   |
| Camile Kids - Li'l Spice Bag, Fried Potato with Tofu (02/23) 6292782 - 1 Serving | 458Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  |  VEGETARIAN<br> VEGAN |





































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|--|----------------------|---|--|---|
| Camile Kids - Massaman Chicken with Jasmine Rice (02/23) 6292668 - 1 Serving | 866Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA |   |
| Camile Kids - Massaman Tofu with Jasmine Rice (02/23) 6292686 - 1 Serving    | 827Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME   |   |
| Camile Kids - Wok Fried Noodles with Chicken (10/25) - 1 Serving             | 441Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA  |  OATS, BARLEY, RYE<br> SULPHITES  |   |
| Camile Kids - Wok Fried Noodles with Tofu (10/25) 6292557 - 1 Serving        | 402Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA   |  OATS, BARLEY, RYE<br> SULPHITES  |   |
| <b>Camile Sides</b>  |                      |   |  |   |
| Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving         | 619Kcal              |  WHEAT<br> SULPHITES  |  |  VEGETARIAN<br> VEGAN |
| Camile Thai (Sides) - Brown & Wild Rice (02/23) 98795 - 1 Serving            | 504Kcal              |   |  |  VEGETARIAN<br> VEGAN |
| Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving               | 505Kcal              |  EGGS  |  |   |
| Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving                 | 460Kcal              |   |  |  VEGETARIAN<br> VEGAN |











































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|--|----------------------|---|--|---|
| Camile Thai (Sides) - Kale Side Salad with Tamarind Dressing (02/23) 5012675 - 1 Serving                   | 91Kcal               |  WHEAT<br> SOYA<br> SULPHITES  |  |  VEGETARIAN<br> VEGAN     |
| Camile Thai (Sides) - Steamed Broccoli (02/23) 40377 - 1 Serving   | 64Kcal               |   |  |  VEGETARIAN<br> VEGAN     |
| Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving                                    | 204Kcal              |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN     |
| Camile Thai (Sides) - Stir-Fried Asian Greens with GLUTEN-FREE seasoning sauce (02/23) 1459944 - 1 Serving | 188Kcal              |  MOLLUSCS<br> SOYA  |  SULPHITES   |   |
| Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving   | 340Kcal              |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN     |
| Camile (Sides) - Plain Fried Potatoes (01/24) - 1 Serving  | 568Kcal              |  WHEAT<br> SULPHITES  |  |  VEGETARIAN<br> VEGAN |
| <b>Camile Sauces, Dressings &amp; Dips</b>   |                      |   |  |   |
| Camile (Sauces) - Honey Chilli Lime Sauce (02/23) 7247505 - 1 Serving                                      | 72Kcal               |  WHEAT<br> SOYA<br> SULPHITES  |  |  VEGETARIAN  |
| Camile (Sauces) - Peanut Satay Dipping Sauce (05/26) - 1 Serving   | 77Kcal               |  PEANUTS<br> CRUSTACEANS  |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SOYA<br> SESAME |   |
| Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving   | 69Kcal               |  SULPHITES   |  |  VEGETARIAN<br> VEGAN |
| Camile Thai (CP Sauces) - Hoisin Dipping Sauce, Batch (02/23) 2509692 - 1 Serving                          | 55Kcal               |  WHEAT<br> MOLLUSCS<br> SOYA<br> SESAME |  |   |























| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving  | 50Kcal               | <br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN     |
| Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (02/23) 1381567 - 1 Serving    | 63Kcal               | <br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN     |
| Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (02/23) 1381567 - 285ml Bottle | 603Kcal              | <br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN     |
| Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving              | 46Kcal               | <br>WHEAT<br><br>SOYA<br><br>SULPHITES       | <br>HAZELNUTS,<br>PECANS,<br>ALMONDS,<br>CASHEWS,<br>WALNUTS,<br>BRAZIL NUTS,<br>PISTACHIOS,<br>MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME  | <br>VEGETARIAN<br><br>VEGAN     |
| Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving                   | 314Kcal              | <br>FISH<br><br>CRUSTACEANS   | <br>WHEAT,<br>BARLEY<br><br>HAZELNUTS,<br>PECANS,<br>ALMONDS,<br>CASHEWS,<br>WALNUTS,<br>BRAZIL NUTS,<br>PISTACHIOS,<br>MACADAMIAS<br><br>PEANUTS<br><br>MILK<br><br>MOLLUSCS<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SOYA<br><br>SULPHITES |   |
| Camile Thai (Sauces) - Soy Sauce (02/23) 4806767 - 285ml Bottle                    | 258Kcal              | <br>WHEAT<br><br>SOYA   |   | <br>VEGETARIAN<br><br>VEGAN |
| Camile Thai (Sauces) - Sriracha Sauce (02/23) 4086447 - 285ml Bottle               | 185Kcal              | <br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN |
| Camile Thai (Sauces) - Tamarind Dressing (02/23) 4156814 - 1 Serving               | 57Kcal               | <br>WHEAT<br><br>SOYA<br><br>SULPHITES |   |   |
| Camile Thai (Sauces) - Thai Seasoning Sauce, 285mls (02/23) 1460264 - 285ml Bottle | 362Kcal              | <br>WHEAT<br><br>MOLLUSCS<br><br>SOYA  | <br>SULPHITES   |   |






















































| Item  | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|---|----------------------|--|--|---|
| Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving               | 283Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME              |  VEGETARIAN<br> VEGAN     |
| Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) 9246233 - 1 Serving | 129Kcal              |  MILK   |  |   |
| Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) - 1 Serving         | 129Kcal              |  MILK   |  |   |
| Camile Thai (CP) - Satay Vinaigrette Dressing (10/24) - 1 Serving                 | 43Kcal               |  PEANUTS<br> CRUSTACEANS<br> SULPHITES  |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME<br> SOYA   |   |
| Camile Thai (Sauces) - Lime & Chilli Dressing (05/20) 3412138 - 100g              | 0Kcal                |  FISH<br> SULPHITES  |  |   |
| Camile CP - Mint & Yogurt Dressing (10/24) - 1 Serving                            | 43Kcal               |  MILK<br> SOYA<br> SULPHITES  |  WHEAT<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> CELERY<br> MUSTARD<br> SESAME |   |
| Camile Thai (CP) - Miso Vinaigrette Dressing (10/24) - 1 Serving                  | 50Kcal               |  WHEAT<br> SESAME<br> SOYA<br> SULPHITES |  |   |
| Camile (Sauces) - Sriracha Ketchup (05/26) - 1 Serving                            | 32Kcal               |  CELERY   |  |   |
| Camile Thai (CP) - Satay Vinaigrette Dressing (10/24) - 2oz tub                   | 122Kcal              |  PEANUTS<br> CRUSTACEANS<br> SULPHITES  |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME<br> SOYA   |   |
| <b>Camile Toppings</b>  |                      |  |  |   |
| Camile (Toppings) - Crispy Shallots (05/26) - 1 Serving                           | 89Kcal               |  WHEAT  |  |  VEGETARIAN<br> VEGAN |












































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
| Camile Thai (Toppings) - Crushed Peanuts (05/26) - 1 Serving                       | 140Kcal              | <br>PEANUTS   |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME<br> SOYA   | <br>VEGETARIAN   |
| Camile Thai (Toppings) - Soy Sunflower & Pumpkin Seeds (02/23) 3471469 - 1 Serving | 88Kcal               |  SOYA   |  | <br>VEGETARIAN<br><br>VEGAN     |
| Camile (Toppings) - Mak Mak Chilli Crunch, 20g tub (05/26) - 1 Tub                 | 130Kcal              |  WHEAT<br> ALMONDS, CASHEWS<br> PEANUTS<br> SESAME<br> SOYA |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SULPHITES   |   |
| <b>Camile Bliss Bowls</b>  |                      |  |  |   |
| Camile Bliss Bowls - Khao Soi Gai (10/25) - 1 Serving                              | 702Kcal              |  WHEAT<br> SOYA<br> FISH<br> CRUSTACEANS   |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |
| Camile Bliss Bowls - Pad King Chicken (07/25) 3068829 - 1 Serving                  | 502Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES   |   |
| Camile Bliss Bowls - Pad King Tofu (02/23) 3068847 - 1 Serving                     | 555Kcal              |  WHEAT<br> SOYA  |  SULPHITES   | <br>VEGETARIAN<br><br>VEGAN |
| Camile Bliss Bowls - Pad Prik Haeng Chicken (02/23) 3068838 - 1 Serving            | 501Kcal              |  WHEAT<br> MOLLUSCS<br> SOYA  |  SULPHITES   |   |

















































| Item  | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|---|----------------------|---|--|---|
| Camile Bliss Bowls - Pork Ramen (10/25) - 1 Serving                                     | 507 Kcal             |  WHEAT, BARLEY<br> FISH<br> MOLLUSCS<br> CELERY<br> SESAME<br> SOYA |  OATS, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> MILK<br> MUSTARD<br> SULPHITES   |   |
| Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving              | 555 Kcal             |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN     |
| Petite Camile (Bliss Bowls) - Green Chicken Curry (07/25) 3063366 - 1 Serving           | 806 Kcal             |  FISH<br> CRUSTACEANS<br> SOYA   |  MOLLUSCS  |   |
| Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving        | 802 Kcal             |  FISH<br> CRUSTACEANS<br> SOYA  |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |   |
| Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving   | 624 Kcal             |  WHEAT<br> MILK<br> MOLLUSCS<br> SOYA<br> SULPHITES  |  |   |
| Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving        | 800 Kcal             |  WHEAT<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN |
| <b>Camile ON THE GO Bowls</b>   |                      |   |  |   |
| Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving | 580 Kcal             |  WHEAT<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD   |   |
| Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving         | 659 Kcal             |  FISH<br> CRUSTACEANS   |  GLUTEN<br> MOLLUSCS<br> SULPHITES   |   |
| Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving            | 721 Kcal             |  FISH<br> CRUSTACEANS<br> SOYA   |  WHEAT<br> MOLLUSCS   |   |






































































| Item  | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|---|----------------------|--|--|---|
| Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving            | 732Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA |   |
| Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving               | 795Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SOYA<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME   |   |
| Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) - 1 Serving                    | 508Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA  |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD<br> SESAME<br> SULPHITES   |   |
| Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) - 1 Serving                       | 458Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD<br> SESAME<br> SULPHITES   |   |
| Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) - 1 Serving      | 680Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SESAME<br> SOYA<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD<br> SULPHITES   |   |
| Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving | 554Kcal              |  WHEAT<br> SESAME<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD   |  VEGETARIAN<br> VEGAN |
| Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving            | 578Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN |


































































| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|--|----------------------|---|--|---|
| Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23)<br>5421070 - 1 Serving | 334Kcal              | <br>WHEAT<br><br>MILK<br><br>SOYA<br><br>SULPHITES  | <br>EGGS   | <br>VEGETARIAN<br><br>VEGAN |
| <b>Camile Power Bowls</b>  |                      |   |  |   |
| Camile (Power Bowls) - Crispy Chicken Salad Bowl (05/26) - 1 Serving                                 | 906Kcal              | <br>WHEAT<br><br>ALMONDS, CASHEWS<br><br>PEANUTS<br><br>EGGS<br><br>MOLLUSCS<br><br>SESAME<br><br>SOYA<br><br>SULPHITES | <br>OATS, BARLEY, RYE<br><br>HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD   |   |
| Camile (Power Bowls) - Satay Chicken Crunch Bowl (05/26) - 1 Serving                                 | 806Kcal              | <br>WHEAT<br><br>ALMONDS, CASHEWS<br><br>PEANUTS<br><br>CRUSTACEANS<br><br>SESAME<br><br>SOYA<br><br>SULPHITES   | <br>OATS, BARLEY, RYE<br><br>HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD   |   |
| <b>Camile thai - tallaght - lunch specials</b>   |                      |   |  |   |
| Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Noodles (10/25) - 1 Serving                  | 457Kcal              | <br>WHEAT<br><br>EGGS<br><br>MOLLUSCS<br><br>SOYA   | <br>OATS, BARLEY, RYE<br><br>SULPHITES  |   |
| Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Rice (02/23) 3200219 - 1 Serving             | 669Kcal              | <br>WHEAT<br><br>EGGS<br><br>FISH<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SOYA  | <br>SULPHITES  |   |
| Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Noodles (10/25) - 1 Serving                     | 514Kcal              | <br>WHEAT<br><br>EGGS<br><br>MOLLUSCS<br><br>SOYA   | <br>OATS, BARLEY, RYE<br><br>SULPHITES  |   |
| Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Rice (02/23) 3200198 - 1 Serving                | 727Kcal              | <br>WHEAT<br><br>EGGS<br><br>FISH<br><br>CRUSTACEANS<br><br>MOLLUSCS<br><br>SOYA  | <br>SULPHITES  |   |
| <b>Camile Lunch Menu</b>   |                      |   |  |   |
| Camile (Lunch menu) - Chicken Fried Rice (12/25) - 1 Serving   | 797Kcal              | <br>WHEAT<br><br>CASHEWS<br><br>MILK<br><br>FISH<br><br>CRUSTACEANS<br><br>SOYA   | <br>BARLEY<br><br>HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>PEANUTS<br><br>MOLLUSCS<br><br>CELERY<br><br>MUSTARD |   |

































































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
|  |                      |  |  SESAME<br> SULPHITES   |   |
| Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving            | 636Kcal              |  WHEAT<br> MILK<br> CELERY<br> MUSTARD<br> SOYA     |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> SESAME<br> SULPHITES  |   |
| Camile (Lunch Menu) - Crispy Chilli Chicken Stir-Fry (02/23) - 1 Serving | 667Kcal              |  WHEAT<br> EGGS<br> MOLLUSCS<br> SOYA<br> SULPHITES |  |   |
| Camile (Lunch Menu) - Green Chicken Curry (02/23) - 1 Serving            | 655Kcal              |  FISH<br> CRUSTACEANS  |  GLUTEN<br> MOLLUSCS<br> SULPHITES   |   |
| Camile (Lunch Menu) - Massaman Chicken Curry (02/23) - 1 Serving         | 909Kcal              |  WHEAT<br> FISH<br> CRUSTACEANS<br> SULPHITES  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SOYA |   |
| Camile (Lunch Menu) - Pad Med Mamung, Chicken (12/25) - 1 Serving        | 557Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA   |  SULPHITES   |   |
| Camile (Lunch Menu) - Pad Prik Haeng Chicken (12/25) - 1 Serving         | 513Kcal              |  WHEAT<br> CASHEWS<br> MOLLUSCS<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD<br> SESAME<br> SULPHITES  |   |
| Camile (Lunch Menu) - Pad Prik Haeng Vegan with Tofu (12/25) - 1 Serving | 443Kcal              |  WHEAT<br> CASHEWS<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD<br> SESAME<br> SULPHITES  |  VEGETARIAN<br> VEGAN |










| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties   |
|--|----------------------|--|---|--|
| Camile (Lunch Menu) - Pad Thai with Chicken (12/25) - 1 Serving                              | 700Kcal              |  WHEAT<br> FISH<br> PEANUTS<br> SOYA<br> EGGS<br> SULPHITES  |  BARLEY<br> MOLLUSCS<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME<br> CRUSTACEANS  |  |
| Camile (lunch menu) - Singapore Noodles (12/25) - 1 Serving                                  | 486Kcal              |  WHEAT<br> CRUSTACEANS<br> SESAME<br> PEANUTS<br> MOLLUSCS<br> SOYA<br> EGGS<br> CELERY<br> SULPHITES |  OATS, BARLEY, RYE<br> MUSTARD<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK   |  |
| Camile (Lunch Menu) - Vegan Crispy Chilli Tofu Stir-Fry (02/23) - 1 Serving                  | 432Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |   |  VEGETARIAN<br> VEGAN    |
| Camile (Lunch Menu) - Vegan Green Curry with Tofu (12/25) - 1 Serving                        | 548Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> CELERY<br> MUSTARD<br> MILK<br> SESAME |  VEGETARIAN<br> VEGAN |
| Camile (Salads) - Warm Chicken Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving | 930Kcal              |  WHEAT<br> SESAME<br> PEANUTS<br> SOYA<br> CRUSTACEANS<br> SULPHITES   |  BARLEY<br> CELERY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MUSTARD<br> MILK  |  |
| Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (03/26) - 1 Serving     | 930Kcal              |  WHEAT<br> SESAME<br> EGGS<br> SOYA<br> MOLLUSCS<br> SULPHITES   |  MILK<br> CELERY   |  |
| Camile (Salads) - Crispy Chilli Tofu Salad with Brown & Wild Rice (12/25) - 1 Serving        | 786Kcal              |  WHEAT<br> SOYA<br> MOLLUSCS<br> SULPHITES<br> SESAME   |   |  |
| Camile (Salads) - Tofu Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving         | 910Kcal              |  WHEAT<br> SESAME<br> PEANUTS<br> SOYA<br> CRUSTACEANS<br> SULPHITES   |  BARLEY<br> CELERY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MUSTARD<br> MILK  |  |


























































| Item  | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties   |
|---|----------------------|--|--|--|
| Camile (Sauces) - Peanut Satay Dipping Sauce (05/26) - 1 Serving                            | 77Kcal               |  PEANUTS<br> CRUSTACEANS   |  WHEAT, BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> SESAME<br> SOYA   |  |
| Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving                              | 69Kcal               |  SULPHITES  |  |  VEGETARIAN<br> VEGAN    |
| Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) - 1 Serving                   | 129Kcal              |  MILK   |  |  |
| Camile (Sauces) - Sweet Chilli Dip, 2oz tub (11/23) 9485586 - 1 Serving                     | 120Kcal              |  SULPHITES  |  |  VEGETARIAN<br> VEGAN    |
| Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving                       | 46Kcal               |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving                       | 544Kcal              |  WHEAT<br> MILK<br> FISH<br> CRUSTACEANS<br> SOYA |  OATS, BARLEY, RYE<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> EGGS<br> MOLLUSCS<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |  |
| Camile (Starters) - 3 Chargrilled Chicken Skewers with Peanut Satay Dip (07/25) - 1 Serving | 290Kcal              |  WHEAT<br> PEANUTS<br> CRUSTACEANS<br> SOYA  |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES   |  |





























































| Item  | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|---|----------------------|--|---|---|
| Camile (Starters) - 3 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) - 1 Serving    | 134Kcal              |  WHEAT<br> SULPHITES<br> SESAME<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> EGGS<br> MILK<br> CRUSTACEANS<br> CELERY<br> MUSTARD |   |
| Camile (Starters) - 3 Pork Gyoza with Sweet Soy Dip (04/23) 8547591 - 1 Serving           | 162Kcal              |  WHEAT<br> SULPHITES<br> SESAME<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> EGGS<br> MILK<br> CRUSTACEANS<br> CELERY<br> MUSTARD |   |
| Camile (Starters) - 3 Vegetable Gyoza with Sweet Soy Dip (06/23) 8294526 - 1 Serving      | 137Kcal              |  WHEAT<br> SULPHITES<br> SESAME<br> SOYA   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> MOLLUSCS<br> CELERY<br> MUSTARD  |  VEGETARIAN<br> VEGAN |
| Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving | 505Kcal              |  WHEAT<br> SESAME<br> MILK<br> SOYA<br> MOLLUSCS<br> SULPHITES |  EGGS   |   |
| Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving   | 462Kcal              |  WHEAT<br> SULPHITES<br> MILK<br> SOYA   |  EGGS   |  VEGETARIAN  |
| Camile (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) - 1 Serving       | 461Kcal              |  WHEAT<br> SULPHITES<br> MILK<br> SOYA   |  EGGS   |  VEGETARIAN  |
| Camile Spice Bag / Box with Chicken (03/26) - 1 Serving                                   | 1756Kcal             |  WHEAT<br> SOYA<br> EGGS<br> SULPHITES<br> MILK   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> CELERY<br> MUSTARD<br> SESAME  |  PEANUTS   |
| Camile Thai (CP Sauces) - Sriracha Wings Sauce, Batch (02/23) 98149 - 1 Serving           | 77Kcal               |  SOYA<br> SULPHITES  |  WHEAT<br> MILK<br> TREE NUTS<br> MUSTARD<br> PEANUTS<br> SESAME  |   |













































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|--|----------------------|--|---|---|
| Petite Camile (Rolls) - Hoisin Duck Spring rolls with Sweet Chilli Dipping Sauce (03/23) - 1 Serving | 504Kcal              | <br>WHEAT<br><br>SESAME<br><br>MILK<br><br>SOYA<br><br>MOLLUSCS<br><br>SULPHITES | <br>EGGS  |   |
| Petite Camile (Starters) - 5 Hot Chicken Wings with Sriracha Sauce (02/23) - 1 Serving               | 478Kcal              | <br>SOYA<br><br>SULPHITES  | <br>WHEAT<br><br>MILK<br><br>TREE NUTS<br><br>MUSTARD<br><br>PEANUTS<br><br>SESAME  |   |
| <b>Camile - Vegetarian, Vegan &amp; Plant-Based Menu</b>   |                      |  |   |   |
| Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving                                  | 283Kcal              | <br>WHEAT<br><br>SOYA<br><br>SULPHITES  | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>PEANUTS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME   | <br>VEGETARIAN<br><br>VEGAN     |
| Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving                   | 900Kcal              | <br>WHEAT<br><br>SOYA<br><br>SULPHITES  |   | <br>VEGETARIAN<br><br>VEGAN    |
| Camile (Specials) - Harry's Bangin' Panang Curry with Tofu (04/26) - 1 Serving                       | 608Kcal              | <br>WHEAT<br><br>PEANUTS<br><br>SOYA<br><br>SULPHITES  | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME   | <br>VEGETARIAN<br><br>VEGAN |
| Camile (Specials) - Harry's Bangin' Panang Curry with Vegan Chicken (04/26) - 1 Serving              | 745Kcal              | <br>WHEAT<br><br>PEANUTS<br><br>SOYA<br><br>SULPHITES  | <br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME   | <br>VEGETARIAN<br><br>VEGAN |
| Camile (Specials) - Pad Satay Stir-Fry with Tofu (05/26) - 1 Serving                                 | 315Kcal              | <br>WHEAT<br><br>PEANUTS<br><br>SOYA  | <br>BARLEY<br><br>HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br><br>MILK<br><br>CELERY<br><br>MUSTARD<br><br>SESAME<br><br>SULPHITES | <br>VEGETARIAN<br><br>VEGAN |












































| Item   | Calories per serving | Contains Allergens   | May Contain Allergens  | Other Properties  |
|--|----------------------|--|--|---|
| Camile (Specials) - Pad Satay Stir-Fry with Tofu, LARGE (04/26) - 1 Serving                      | 473Kcal              |  WHEAT<br> PEANUTS<br> SOYA   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES         |  VEGETARIAN<br> VEGAN     |
| Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (05/26) - 1 Serving                    | 453Kcal              |  WHEAT<br> PEANUTS<br> SOYA   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES         |  VEGETARIAN<br> VEGAN     |
| Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken, LARGE (04/26) - 1 Serving             | 679Kcal              |  WHEAT<br> PEANUTS<br> SOYA   |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME<br> SULPHITES |  VEGETARIAN<br> VEGAN  |
| Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) - 1 Serving                         | 644Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN |
| Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) - 1 Serving                           | 640Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME  |  VEGETARIAN<br> VEGAN |
| Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving | 383Kcal              |  WHEAT<br> SESAME<br> SOYA<br> SULPHITES |  |  VEGETARIAN<br> VEGAN |

| Item  | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|---|----------------------|--|---|---|
| Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving                 | 204Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN     |
| Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving                      | 340Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN     |
| Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving | 878Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  TREE NUTS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Pad Krapow with Tofu (08/24) - 1 Serving                                  | 342Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Pad Krapow with Vegan Chicken (08/24) - 1 Serving                         | 480Kcal              |  WHEAT<br> SOYA  |  SULPHITES   |  VEGETARIAN<br> VEGAN    |
| Camile Thai - Vegan Crispy Chilli Tofu (02/23) 4760727 - 1 Serving                      | 259Kcal              |  WHEAT<br> SESAME<br> SOYA<br> SULPHITES |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MUSTARD  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving                    | 626Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving           | 608Kcal              |  WHEAT<br> SOYA  |  SULPHITES  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Green Curry with Tofu (02/23) - 1 Serving                           | 540Kcal              |  WHEAT<br> SOYA<br> SULPHITES   |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN |

| Item   | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|--|----------------------|---|--|---|
| Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) - 1 Serving             | 677 Kcal             |  WHEAT<br> SOYA<br> SULPHITES  |  HAZELNUTS,<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving              | 723 Kcal             |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving     | 860 Kcal             |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving                 | 328 Kcal             |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN     |
| Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving        | 465 Kcal             |  WHEAT<br> SOYA   |  SULPHITES   |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) - 1 Serving                  | 401 Kcal             |  WHEAT<br> CASHEWS<br> SOYA  |  SULPHITES   |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving | 538 Kcal             |  WHEAT<br> CASHEWS<br> SOYA  |  SULPHITES   |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Thai with Tofu (02/23) 1048673 - 1 Serving                 | 1002 Kcal            |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS,<br> SESAME<br> SULPHITES  |  VEGETARIAN<br> VEGAN |
| Camile Thai - Vegan Pad Thai with Vegan Chicken (02/23) 5752087 - 1 Serving        | 1140 Kcal            |  WHEAT<br> PEANUTS<br> SOYA<br> SULPHITES |  BARLEY<br> HAZELNUTS,<br> SESAME<br> SULPHITES  |  VEGETARIAN<br> VEGAN |

| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving  | 536Kcal              |  WHEAT<br> SOYA<br> SULPHITES          |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN   |
| Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) - 1 Serving   | 673Kcal              |  WHEAT<br> SOYA<br> SULPHITES          |  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME   |  VEGETARIAN<br> VEGAN   |
| Camile Vegan Spice Bag (12/25) - 1 Serving   | 1219Kcal             |  WHEAT<br> SOYA<br> SULPHITES          |  BARLEY<br> HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS<br> PEANUTS<br> MILK<br> CELERY<br> MUSTARD<br> SESAME |  VEGETARIAN<br> VEGAN  |
| <b>Camile doggy treats!</b>  |                      |   |   |   |
| Camile Doggy Treats! - Homemade Mango Rice Pudding with a Luxury Madeleine Biscuit (02/23) 3460420 - 1 Serving | 269Kcal              |  WHEAT<br> EGGS<br> SOYA         |  TREE NUTS<br> PEANUTS<br> SESAME<br> SULPHITES   |   |
| <b>Camile Ireland - Desserts</b>   |                      |   |   |   |
| Ben & Jerry's Caramel Chew Chew Ice Cream, 100ml tub (05/21) - 1 Serving                                       | 211Kcal              |  EGGS<br> MILK<br> SOYA          |  TREE NUTS  |  VEGETARIAN<br> HALAL<br> KOSHER |
| Ben & Jerry's Caramel Chew Chew Ice Cream, 465ml tub (11/21) - Serves 4 people                                 | 1134Kcal             |  EGGS<br> MILK<br> SOYA          |  HAZELNUTS, ALMONDS, WALNUTS  |  HALAL<br> KOSHER   |
| Ben & Jerry's Chocolate Fudge Brownie Ice Cream 100ml tub (05/21) - 1 Serving                                  | 182Kcal              |  WHEAT, BARLEY<br> EGGS<br> MILK |   |  VEGETARIAN<br> HALAL<br> KOSHER |

| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Ben & Jerry's Chocolate Fudge Brownie Ice Cream 465ml tub (05/21) - Serves 4 people                              | 994Kcal              |  WHEAT, BARLEY<br> EGGS<br> MILK   |   |  VEGETARIAN<br> HALAL<br> KOSHER   |
| Ben & Jerry's Cookie Dough Ice Cream 100ml tub (12/21) - 1 Serving   | 213Kcal              |  WHEAT<br> EGGS<br> MILK<br> SOYA |   |  VEGETARIAN<br> HALAL<br> KOSHER   |
| Ben & Jerry's Cookie Dough Ice Cream 465ml tub (05/21) - Serves 4 people   | 1111Kcal             |  WHEAT<br> EGGS<br> MILK<br> SOYA |   |  VEGETARIAN<br> HALAL<br> KOSHER   |
| Ben & Jerry's Non-Dairy Chocolate Fudge Brownie Vegan Ice Cream 465ml (12/21) - Serves 4 people                  | 820Kcal              |  WHEAT, BARLEY<br> ALMONDS<br> SOYA  |   |  VEGETARIAN<br> VEGAN<br> HALAL<br> KOSHER |
| Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving  | 244Kcal              |  SOYA  |  GLUTEN<br> TREE NUTS<br> PEANUTS<br> SESAME<br> SULPHITES |  VEGETARIAN<br> VEGAN   |
| Camile Thai (Desserts) - Crispy Pancake (Apple Filled with Cinnamon Sugar & Custard) (02/23) 2433850 - 1 Serving | 272Kcal              |  WHEAT<br> MILK   |  OATS, BARLEY, RYE<br> CELERY<br> MUSTARD   |   |
| Nobó Dairy Free Ice-Cream - Chocolate & Toasted Almonds 500ml Tub (03/22) 3138171 - Kcals per 1/4 tub            | 239Kcal              |  ALMONDS   |   |  VEGETARIAN  |
| Nobó Dairy Free Ice-Cream - Irish Salted Caramel 500ml Tub (03/22) 3138175 - Kcals per 1/4 tub                   | 231Kcal              |   |   |  VEGETARIAN<br> VEGAN   |
| Nobó Dairy Free Ice-Cream - Passion Fruit & Mango 500ml Tub (03/22) 3138160 - Kcals per 1/4 tub                  | 186Kcal              |   |   |  VEGETARIAN  |

| Item  | Calories per serving | Contains Allergens  | May Contain Allergens  | Other Properties  |
|---|----------------------|---|--|---|
| Camile (Specials) - Crispy Pandan Caramel Churros (09/23) - 1 Serving                   | 533Kcal              |  WHEAT<br> MILK   |  OATS, BARLEY, RYE<br> HAZELNUTS, WALNUTS<br> PEANUTS<br> EGGS<br> CELERY<br> MUSTARD<br> SOYA   |   |
| Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) 9246233 - 1 Serving       | 129Kcal              |  MILK  |  |   |
| Camile (Specials) - Single Crispy Pandan Churro (01/24) - 1 Serving                     | 96Kcal               |  WHEAT   |  OATS, BARLEY, RYE<br> HAZELNUTS, WALNUTS<br> PEANUTS<br> EGGS<br> MILK<br> CELERY<br> MUSTARD<br> SOYA |   |
| Camile (Desserts) - Miso Almond Brownies with Salted Coconut Pandan (08/24) - 1 Serving | 302Kcal              |  WHEAT<br> ALMONDS<br> EGGS<br> MILK<br> SOYA          |  PEANUTS   |   |
| Camile (Desserts) - Miso Chocolate Chip Cookies (08/24) - 1 Serving                     | 329Kcal              |  WHEAT<br> EGGS<br> MILK<br> SESAME<br> SOYA |  TREE NUTS<br> PEANUTS<br> CELERY<br> MUSTARD  |   |
| <b>Camile Ireland - Drinks</b>  |                      |   |  |   |
| Camile (Coffee) - Americano 12oz - 1 Serving  | 5Kcal                |   |  |  VEGETARIAN<br> VEGAN |
| Camile (Coffee) - Cappuccino 12oz - 1 Serving   | 106Kcal              |  MILK  |  |   |
| Camile (Coffee) - Latté 12oz - 1 Serving  | 106Kcal              |  MILK  |  |   |
| Camile (Coffee) - Flat White 8oz - 1 Serving  | 75Kcal               |  MILK  |  |   |
| Camile (Coffee) - Espresso (1 shot) - 1 Serving   | 3Kcal                |   |  |  VEGETARIAN<br> VEGAN |
| Camile (Teas) - Breakfast Tea 12oz - 1 Serving  | 0Kcal                |   |  |  VEGETARIAN<br> VEGAN |

| Item   | Calories per serving | Contains Allergens  | May Contain Allergens   | Other Properties  |
|--|----------------------|---|---|---|
| Camile (Teas) - Green Tea - 1 Serving  | 1Kcal                |   |   |   |
| Camile (Teas) - Chamomile Tea - 1 Serving  | 2Kcal                |   |   |   |
| Camile (Teas) - Peppermint Tea - 1 Serving   | 2Kcal                |   |   |   |
| Camile (Soft Drinks) - Coca Cola - 500ml Bottle                                      | 212Kcal              |   |   |   |
| Camile (Soft Drinks) - Diet Coke - 500ml Bottle                                      | 0Kcal                |   |   |   |
| Camile (Soft Drinks) - Sprite Zero - 500ml Bottle                                    | 0Kcal                |   |   |   |
| Camile (Soft Drinks) - Fanta Lemon (11/21) - 330ml Can                               | 59Kcal               |   |   |   |
| Camile (Soft Drinks) - Fanta Orange (03/21) - 500ml Bottle                           | 92Kcal               |   |   |   |
| Camile (Soft Drinks) - Fanta Orange (05/21) - 330ml Can                              | 61Kcal               |   |   |   |
| Camile (Soft Drinks) - Mude Play, Hint of Melon & Raspberry (03/22) - 330ml Can      | 37Kcal               | <br>BARLEY | <br>WHEAT       | <br>VEGETARIAN<br><br>VEGAN  |
| Camile (Soft Drinks) - Sprite - 500ml Bottle   | 132Kcal              |   |   |   |
| San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving             | 0Kcal                |   |   |   |
| SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving                   | 12Kcal               |   |   | <br>GLUTEN FREE  |
| SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving     | 11Kcal               |   |   | <br>GLUTEN FREE  |
| SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving | 13Kcal               |   |   | <br>GLUTEN FREE  |
| Vit Hit Apple & Elderflower, 500ml bottle (12/21) - 1 Serving                        | 32Kcal               |   | <br>SULPHITES |   |
| Vit Hit Berry Boost, 500ml bottle (11/21) - 1 Serving                                | 30Kcal               |   |   |   |
| Vit Hit Citrus Revive with Ginseng, 500ml bottle (12/21) - 1 Serving                 | 17Kcal               |   |   |   |
| Vit Hit Dragon fruit, Yuzu, Zinc & Ceylon Tea, 500ml bottle (12/21) - 1 Serving      | 20Kcal               |   |   |   |
| Vit Hit Sparkling Mango & Pineapple with Rooibus Tea (06/22) - 330ml Can             | 43Kcal               |   |   | <br>VEGETARIAN<br><br>VEGAN<br><br>GLUTEN FREE |

| Item  | Calories per serving | Contains Allergens   | May Contain Allergens   | Other Properties  |
|---|----------------------|--|---|---|
| Vit Hit Sparkling Pink Grapefruit Lime & White Tea (03/22) - 330ml Can            | 30Kcal               |  |   | <br>VEGETARIAN<br><br>VEGAN<br><br>GLUTEN FREE |
| Vit Hit Sparkling Raspberry & Watermelon with Ceylon Tea (06/22) - 330ml Can      | 40Kcal               |  |   | <br>VEGETARIAN<br><br>VEGAN<br><br>GLUTEN FREE |
| <b>Camile Wine &amp; Beer</b>   |                      |  |   |   |
| Camile Thai (Beers) - Chang Classic Beer (320ml bottle) - 1 Serving               | 91Kcal               | <br>BARLEY      |   |   |
| Camile Thai (Beers) - Heineken (330ml bottle) - 1 Serving                         | 115Kcal              | <br>BARLEY      | <br>WHEAT |   |
| Camile Thai (Beers) - Tiger Beer (330ml bottle) - 1 Serving                       | 135Kcal              | <br>BARLEY     |   |   |
| Camile Thai (Beers) - Wicklow Wolf American Amber Beer (500ml bottle) - 1 Serving | 143Kcal              | <br>BARLEY    |   |   |
| Camile Thai (Red Wine) Argento Malbec (187ml glass) - 1 Serving                   | 180Kcal              | <br>SULPHITES |   |   |
| Camile Thai (Red Wine) Bouchard Aine et Fils Pinot Noir (187ml glass) - 1 Serving | 167Kcal              | <br>SULPHITES |   |   |
| Camile Thai (Red Wine) CH Pennautier Syrah (187ml glass) - 1 Serving              | 160Kcal              | <br>SULPHITES |   |   |
| Camile Thai (Red Wine) Culemborg Pinotage (187ml glass) - 1 Serving               | 167Kcal              | <br>SULPHITES |   |   |
| Camile Thai (White Wine) CA Marietta Pinot Grigio (187ml glass) - 1 Serving       | 162Kcal              | <br>SULPHITES |   |   |
| Camile Thai (White Wine) Chateau De Pennautier Viognier (187ml glass) - 1 Serving | 149Kcal              | <br>SULPHITES |   |   |
| Camile Thai (White Wine) Culemborg Chenin Blanc (187ml glass) - 1 Serving         | 162Kcal              | <br>SULPHITES |   |   |
| Camile Thai (White Wine) Mancura Etnia Sauvignon Blanc (187ml glass) - 1 Serving  | 162Kcal              | <br>SULPHITES |   |   |
| Camile Thai (White Wine) Serena Prosecco Frizzante (125ml glass) - 1 Serving      | 106Kcal              | <br>SULPHITES |   |   |

\* Welcome to Camile's Nutrition & Allergen portal. This is a live document which is updated regularly. If you have a food allergy, or if you are ordering for somebody who has a food allergy, please check allergens every time before ordering as changes may have been made since your last visit.

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