

Camile Ireland Standard Menu - Allergens Updated

30th August 2026

Our allergen information is updated regularly. If



Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Ireland Breakfast Menu				
Camile (Breakfast Menu) - Breakfast Box with Camile Fried Rice, Omelette & Pork Belly (02/23) - 1 Serving	861Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Breakfast Box with Crispy Potato, Omelette & Pork Belly (02/23) - 1 Serving	833Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Small Veggie Breakfast Box with Fried Rice, Peppers & Omelette (11/22) - 1 Serving	606Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Veggie Breakfast Box with Camile Fried Rice, Peppers & Omelette (02/23) - 1 Serving	744Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Veggie Breakfast Box with Crispy Potato, Peppers & Omelette (02/23) - 1 Serving	814Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast) - 1 Hash Brown (02/26) - 1 Serving	153Kcal			

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Breakfast) - Acai Rainbow Bowl (02/26) - 1 Serving	344Kcal	 OATS  CASHEWS  SULPHITES	 WHEAT  CELERY  SOYA  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile (Breakfast) - Acai Rainbow Bowl, with Harry's Nut Butter (02/26) - 1 Serving	369Kcal	 OATS  SULPHITES  CASHEWS  PEANUTS	 WHEAT  MUSTARD  MILK  SESAME  CELERY  SOYA	 VEGETARIAN  VEGAN
Camile (Breakfast) - Bacon & Egg Bap (05/26) - 1 Serving	714Kcal	 WHEAT  CELERY  EGGS  MILK	 OATS, BARLEY, RYE  SESAME  SOYA	
Camile (Breakfast) - Bangkok Breakfast Bap (05/26) - 1 Serving	891Kcal	 WHEAT  SESAME  EGGS  SOYA  MILK  SULPHITES	 OATS, BARLEY, RYE	
Camile (Breakfast) - Bangkok Veggie Bap (02/26) - 1 Serving	741Kcal	 WHEAT  SESAME  EGGS  SOYA  MILK  SULPHITES	 OATS, BARLEY, RYE	 VEGETARIAN
Camile (Breakfast) - Mango Rainbow Bowl (02/26) - 1 Serving	342Kcal	 OATS  SULPHITES  CASHEWS  PEANUTS	 WHEAT  MUSTARD  MILK  SESAME  CELERY  SOYA	 VEGETARIAN  VEGAN
Camile (Breakfast) - Mango Smoothie (02/26) - 1 Serving	336Kcal	 PISTACHIOS  MILK	 WHEAT  MUSTARD  SULPHITES  PEANUTS  SESAME  CELERY  SOYA	
Camile - Meal Deals				
For allergen information, please check individual dishes before ordering - 100g	0Kcal			
Camile Savers				
Camile (Savers) - Crispy Chilli Chicken Burrito (07/25) 8377306 - 1 Serving	1014Kcal	 OATS, WHEAT  SOYA  EGGS  SULPHITES  MOLLUSCS		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving	544Kcal	 WHEAT  MILK  FISH  CRUSTACEANS  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (10/25) - 1 Serving	508Kcal	 WHEAT  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Lunch menu) - Chicken Fried Rice (12/25) - 1 Serving	797Kcal	 WHEAT  CASHEWS  MILK  FISH  CRUSTACEANS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Summer Specials				
Camile (Specials) - Po Pia Sot Teriyaki Chicken (07/25) 98649 - 1 Serving	283Kcal	 WHEAT  PEANUTS  EGGS  SESAME  SOYA  SULPHITES		
Camile (Specials) - Po Pia Sot Prawns (05/23) 8694633 - 1 Serving	258Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES		
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	439Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	482Kcal	 WHEAT  SOYA  PEANUTS  SULPHITES  FISH	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns)	330Kcal	 WHEAT  CRUSTACEANS  EGGS  SULPHITES  FISH	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile (Specials) - Crispy Lambay Crab Claws with Coconut Sriracha Dip (05/25) - 1 Serving	395Kcal	 WHEAT  CRUSTACEANS  EGGS  SULPHITES  FISH	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Ireland - Spring Rolls				
Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	504Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 EGGS	
Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	461Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) - 1 Serving	459Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll	144Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 EGGS	
Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving	129Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Rolls) - Beef Massaman Spring Rolls (03/26) - 1 Serving	406Kcal	 WHEAT  CRUSTACEANS  MILK  CELERY  FISH  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MOLLUSCS  MUSTARD  SESAME  SOYA	
Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	1008Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 EGGS	
Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Sweet Chilli Sauce (04/26) - 1 Serving	1005Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 EGGS	
Camile (Rolls) - Vegetable Spring Rolls LARGE, with Sweet Chilli Sauce (04/26) - 1 Serving	919Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Rolls) - Vegetable Spring Rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	921Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile Ireland - Starters / Small Plates				
Camile (Sauces) - Peanut Satay Dipping Sauce (08/26) - 1 Serving	77Kcal	 PEANUTS  CRUSTACEANS		
Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	619Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile (Starters) - Calamari Fries with Wasabi Mayo Dip (03/23) 5056864 - 1 Serving	846Kcal	 WHEAT  MUSTARD  EGGS  MOLLUSCS		
Camile (Starters) - 4 Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce (05/26) - 1 Serving	410Kcal	 WHEAT  SOYA  PEANUTS  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Starters) - 5 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) 8547246 - 1 Serving	190Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 5 Pork Gyoza with Sweet Soy Dip (04/23) - 1 Serving	237Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 5 Prawn Gyoza with Sweet Soy Dip (04/23) 8547228 - 1 Serving	215Kcal	 WHEAT  EGGS  CRUSTACEANS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Starters) - 5 Vegetable Gyoza with Sweet Soy Dip (04/23) 8546856 - 1 Serving	197Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD	 VEGETARIAN  VEGAN
Camile (Rolls) - Beef Massaman Spring Rolls (03/26) - 1 Serving	406Kcal	 WHEAT  MILK  FISH  CRUSTACEANS  CELERY  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MOLLUSCS  MUSTARD  SESAME  SOYA	
Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	504Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	
Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	461Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) - 1 Serving	459Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Starters) - Tiffin Box for Two (03/25) - Serves 2 people	1179Kcal	 WHEAT  PEANUTS  MILK  FISH  CRUSTACEANS  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  CELERY  MUSTARD	
Camile Signature Spice Bag (03/26) - 1 Serving	1755Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving	50Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving	876Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile Thai (Starters) - Duck Pancakes with Hoisin Dipping Sauce (02/23) 2509685 - 1 Serving	515Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA		
Camile Thai (starters) - Vegan Spice Bag Cauliflower Wings with Sriracha Coconut Dip (06/24) 3460040 - 1 Serving	410Kcal	 WHEAT  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SOYA	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Nibbles) - 1 Chargrilled Chicken Skewer, without sauce (01/24) - 1 Serving	71 Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  SULPHITES  PEANUTS  MUSTARD  MILK  SESAME	
Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	294 Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile (Sauces) - Sweet Chilli Dip, 2oz tub (11/23) 9485586 - 1 Serving	117 Kcal			 VEGETARIAN  VEGAN
Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving	45 Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD  MILK  SESAME  CELERY	 VEGETARIAN  VEGAN
Camile (Sides) - Plain Fried Potatoes (01/24) - 1 Serving	568 Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile (Starters) - Mini Tiffin Box with Plum Sauce (03/25) - Full mini box	507 Kcal	 WHEAT  MOLLUSCS  SULPHITES  MILK  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CRUSTACEANS  CELERY  MUSTARD  PEANUTS  EGGS	
Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll	144 Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 EGGS	
Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving	129 Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Starters) - Pad Thai Chicken Wings (08/26) - 1 Serving (7 wings)	658Kcal	 WHEAT  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile (Starters) - Pad Thai Chicken Wings (08/26) - Sharing Portion (14 wings)	1319Kcal	 WHEAT  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns)	330Kcal	 WHEAT  EGGS  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile (Starters) - Korean Gochujang Wings (03/26) - Regular Portion (7 wings)	656Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE	
Camile (Starters) - Korean Gochujang Wings (03/26) - Sharing Portion (14 wings)	1312Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE	
Camile (Starters) - Pad Thai Chicken Wings (08/26) - 1 wing	94Kcal	 WHEAT  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Starters) - Sriracha Chicken Wings / Hot Wings (07/26) - 1 Serving (7 wings)	661 Kcal	 SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MUSTARD  SESAME	
Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	1008 Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	
Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Sweet Chilli Sauce (04/26) - 1 Serving	1005 Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	
Camile (Rolls) - Vegetable Spring Rolls LARGE, with Sweet Chilli Sauce (04/26) - 1 Serving	919 Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Rolls) - Vegetable Spring Rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	921 Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile Ireland - Nibbles				
Camile (Nibbles) - 2 Chargrilled Chicken Skewers (07/25) - 1 Serving	143 Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Nibbles) - Edamame (06/20) 98801 - 1 Serving	195 Kcal	 SOYA		 VEGETARIAN  VEGAN
Camile (Nibbles) - Honey Chilli Cashews (05/26) - 1 Serving	250 Kcal	 CASHEWS  FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS  SULPHITES	
Camile (Nibbles) - Sweet & Spicy Peanuts (05/26) - 1 Serving	467 Kcal	 PEANUTS		 VEGETARIAN
Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	294 Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Nibbles) - Thai Brown Prawn Crackers 130g (02/24) - Serves 4 people	504 Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving	129 Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Nibbles) - Wasabi Peas (09/21) - 1 Serving	166 Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN
Camile Thai (Nibbles) - 2 Sriracha Chicken Wings / Hot Wings (02/23) 4086616 - 1 Serving	231 Kcal	 SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MUSTARD  SESAME	
Camile (CP / Nibbles) - Crushed Peanuts, Roasted (05/26) - 1 Serving	333 Kcal	 PEANUTS		 VEGETARIAN  VEGAN
Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll	144 Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	
Camile (Nibbles) - 1 Chargrilled Chicken Skewer, without sauce (01/24) - 1 Serving	71 Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Snacks				
Camile (Snacks) - Cali Cali Buffalo Chipotle Guilt-free Crisps (08/20) - 1 Serving	115 Kcal		 SOYA	 VEGETARIAN  VEGAN
Camile (Snacks) - Cali Cali Tangy Cheese & Red Onion Guilt-free Crisps (08/20) - 1 Serving	117 Kcal	 MILK	 SOYA	 VEGETARIAN

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Camile (Snacks) - Cali Cali Thai Sweet Chilli Guilt-free Crisps (08/20) - 1 Serving	115Kcal		 SOYA	 VEGETARIAN  VEGAN
Camile (Snacks) - Cali Cali Tijuana Hot Sauce Guilt-free Crisps (08/20) - 1 Serving	115Kcal		 SOYA	 VEGETARIAN  VEGAN
Camile Soups				
Camile Thai (Soups) - Tom Yam Goong (02/23) 98658 - 1 Serving	219Kcal	 FISH  CRUSTACEANS  SOYA  SULPHITES	 MOLLUSCS	
Camile (Soups) - Tom Yam Noodle Soup, Chicken (08/24) - 1 Serving	821Kcal	 FISH  CRUSTACEANS  SOYA  SULPHITES	 GLUTEN  MOLLUSCS	
Camile (Soups) - Tom Yam Noodle Soup, Prawns (08/24) - 1 Serving	715Kcal	 FISH  CRUSTACEANS  SOYA  SULPHITES	 MOLLUSCS	
Camile Ireland - Salads				
Camile Thai (Salads) - Sticky Chicken Salad with Tamarind Dressing (07/25) 156757 - 1 Serving	526Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA	 MOLLUSCS  SULPHITES	
Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving	382Kcal	 WHEAT  SESAME  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	482Kcal	 WHEAT  SOYA  PEANUTS  SULPHITES  FISH	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	

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Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	439Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Salads) - Warm Chicken Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	927Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (03/26) - 1 Serving	926Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 MILK  CELERY	
Camile (Warm Salads) - Sticky Chicken Noodle Salad (07/25) - 1 Serving	777Kcal	 WHEAT  PEANUTS  FISH  CRUSTACEANS  SESAME  SOYA  SULPHITES	 EGGS  MILK  MOLLUSCS  CELERY	
Camile (Warm Salads) - Sticky Tofu Noodle Salad (07/25) - 1 Serving	782Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CELERY  MUSTARD	
Camile (Warm Salads) - Warm Thai Beef Salad with Brown & Wild Rice (07/25) - 1 Serving	699Kcal	 WHEAT  MILK  FISH  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD	
Camile (Warm Salads) - Crispy Chicken Salad with Lemon Rice (07/25) - 1 Serving	855Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SESAME  SOYA	 CELERY	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
		 SULPHITES		
Camile (Warm Salads) - Satay Chicken Salad with Lemon Rice (07/25) - 1 Serving	856Kcal	 WHEAT  PEANUTS  MILK  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  CELERY  MUSTARD	
Camile (Warm Salads) - Thai Beef Salad with Lemon Rice (07/25) - 1 Serving	690Kcal	 WHEAT  MILK  FISH  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD	
Camile (Salads) - Crispy Chilli Tofu Salad with Brown & Wild Rice (12/25) - 1 Serving	783Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES		
Camile (Salads) - Tofu Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	908Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile Spice Bags				
Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving	310Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	279 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Signature Spice Bag (03/26) - 1 Serving	1755 ^{Kcal}	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile's Signature Spice Bag with Massaman Curry Dip (03/26) - 1 Serving	2066 ^{Kcal}	 WHEAT  EGGS  MILK  FISH  CRUSTACEANS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile Vegan Spice Bag (12/25) - 1 Serving	1222 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile's Vegan Spice Bag with Vegan Green Curry Dip (12/25) - 1 Serving	1502 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Ireland - Customer Favourites				
Camile (Noodles) - Classic Pad Thai, Chicken & Prawn (08/26) - 1 Serving	1052 ^{Kcal}	 WHEAT  PEANUTS  EGGS  FISH  CRUSTACEANS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile - Crispy Chilli Chicken (03/26) - 1 Serving	790 ^{Kcal}	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SULPHITES	
Camile (Starters) - Tiffin Box for Two (03/25) - Serves 2 people	1179 ^{Kcal}	 WHEAT  FISH  SESAME  PEANUTS  CRUSTACEANS  SOYA  MILK  MOLLUSCS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  CELERY  MUSTARD	
Camile's 6 Under 600 Calories				
Camile Thai - Feel Good Chu Chee Chicken Curry (07/25) 3349084 - 1 Serving	425 ^{Kcal}	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Feel Good Chu Chee Curry with Tofu (02/23) 3456245 - 1 Serving	312 ^{Kcal}	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Feel Good Green Chicken Curry (07/25) 3349102 - 1 Serving	440 ^{Kcal}	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Feel Good Green Curry with Tofu (02/23) 3456261 - 1 Serving	327 ^{Kcal}	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Feel Good Massaman Chicken Curry (07/25) 3349106 - 1 Serving	432Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Feel Good Massaman Curry with Tofu (02/23) 3456264 - 1 Serving	319Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Curries				
Camile - Massaman Curry, Beef (02/23) 98710 - 1 Serving	890Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile - Massaman Curry, Chicken (07/25) - 1 Serving	854Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile - Massaman Curry, Duck (02/23) 98712 - 1 Serving	846Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile - Massaman Curry, Prawns (02/23) 98713 - 1 Serving	730Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile - Massaman Curry, Tofu (02/23) 98714 - 1 Serving	741Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile Thai - Chu Chee Beef (02/23) 98699 - 1 serving	523Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Beef - LARGE (02/23) 167209 - Serves 2 people	785Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Chicken (07/25) 98700 - 1 Serving	488Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Chu Chee Chicken - LARGE (07/25) 167202 - Serves 2 people	732Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Chu Chee Duck (02/23) 98701 - 1 Serving	479Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Duck - LARGE (02/23) 167204 - Serves 2 people	719Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Prawns (02/23) 98702 - 1 Serving	363Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Chu Chee Prawns - LARGE (02/23) 167200 - Serves 2 people	545 Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Tofu (02/23) 98703 - 1 Serving	375 Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Chu Chee Tofu - LARGE (02/23) 167206 - Serves 2 people	563 Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Green Curry, Beef (02/23) - 1 Camile Std Portion	735 Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Green Curry, Beef LARGE (02/23) - Serves 2 people	1103 Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Green Curry, Chicken (07/25) - 1 Serving	710 Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Green Curry, Chicken LARGE (07/25) - Serves 2 people	1065Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Green Curry, Duck (02/23) - 1 Serving	701Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Green Curry, Duck LARGE (02/23) - Serves 2 people	1052Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Green Curry, Prawn (02/23) - 1 Serving	585Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Green Curry, Prawn LARGE (02/23) - Serves 2 people	878Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Green Curry, Tofu (02/23) 98709 - 1 Serving	597Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Thai - Green Curry, Tofu LARGE (02/23) 167189 - 1 Serving	896Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Thai - Massaman Curry, Beef - Large (02/23) 1326264 - Serves 2 people	1335Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Thai - Massaman Curry, Chicken - Large (07/25) 167171 - Serves 2 people	1282Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 SESAME  SOYA	
Camile Thai - Massaman Curry, Duck - Large (02/23) 167163 - Serves 2 people	1269Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Thai - Massaman Curry, Prawns - Large (07/25) 167162 - Serves 2 people	1094Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Thai - Massaman Curry, Tofu - Large (02/23) 167168 - Serves 2 people	1112Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile Thai - Red Curry, Beef (02/23) - 1 Serving	716Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Red Curry, Beef LARGE (02/23) - Serves 2 people	1073Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Red Curry, Chicken (07/25) - 1 Serving	680Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Red Curry, Chicken LARGE (07/25) - Serves 2 people	1020Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile Thai - Red Curry, Duck (02/23) - 1 Serving	672Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Red Curry, Duck LARGE (02/23) - Serves 2 people	1007Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Red Curry, Prawns (02/23) - 1 Serving	555 Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Red Curry, Prawns LARGE (02/23) - Serves 2 people	833 Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai - Red Curry, Tofu (02/23) 98719 - 1 Serving	567 Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Red Curry, Tofu LARGE (02/23) 167199 - Serves 2 people	851 Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile Thai - Vegan Green Curry with Tofu (02/23) - 1 Serving	535 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) - 1 Serving	672 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving	531 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) - 1 Serving	668 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Chiang Mai Curry, Beef (04/21) 2510214 - 1 Serving	807 Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 SESAME  SOYA	
Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving	637Kcal	 WHEAT  MILK  CELERY  MUSTARD  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  SESAME  SULPHITES	
Camile Stir Fries				
Camile - Crispy Chilli Chicken (03/26) - 1 Serving	790Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SULPHITES	
Camile - Pad Prik Haeng, Chicken (07/25) - 1 Serving	534Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Crispy Chilli Beef (02/23) 98659 - 1 Serving	624Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Camile Thai - Crispy Chilli Beef LARGE (02/23) 167221 - Serves 2 people	937Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Camile Thai - Crispy Chilli Chicken LARGE (03/26) - Serves 2 people	1185Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Crispy Chilli Prawns (02/23) 4760692 - 1 Serving	493Kcal	 WHEAT  EGGS  CRUSTACEANS  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  FISH  CELERY  MUSTARD  SULPHITES	
Camile Thai - Mekong Duck (02/23) 98661 - 1 Serving	416Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Mekong Duck LARGE (02/23) 167247 - Serves 2 people	624Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad King Beef (02/23) 99114 - 1 Serving	426Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad King Beef, LARGE (02/23) 167224 - Serves 2 people	624Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad King Chicken (07/25) 98664 - 1 Serving	405Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Duck (02/23) 98665 - 1 Serving	396Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad King Duck, LARGE (02/23) 167225 - Serves 2 people	579Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad King Prawns (02/23) 98666 - 1 Serving	280Kcal	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA		
Camile Thai - Pad King Prawns LARGE (02/23) 167222 - Serves 2 people	420Kcal	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA		
Camile Thai - Pad King Tofu (02/23) 98668 - 1 Serving	292Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad King Tofu LARGE (02/23) 167226 - Serves 2 people	437Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad Med Mamung, Chicken (07/25) - 1 Serving	560Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Pad Med Mamung, LARGE (02/23) 167246 - Serves 2 people	847Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Prik Haeng, Beef (02/23) 98669 - 1 Serving	570Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS		
Camile Thai - Pad Prik Haeng, Beef, LARGE (02/23) 167229 - Serves 2 people	855Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS		
Camile Thai - Pad Prik Haeng, Chicken, LARGE (07/25) 167227 - Serves 2 people	802Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Prik Haeng, Duck (02/23) 98674 - 1 Serving	526Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS		
Camile Thai - Pad Prik Haeng, Duck, LARGE (02/23) 167234 - Serves 2 people	789Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS		
Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving	410Kcal	 WHEAT  MOLLUSCS  CASHEWS  SOYA  CRUSTACEANS		
Camile Thai - Pad Prik Haeng, Prawns, LARGE (02/23) 167230 - Serves 2 people	614Kcal	 WHEAT  MOLLUSCS  CASHEWS  SOYA  CRUSTACEANS		
Camile Thai - Pad Prik Haeng, Tofu (02/23) - 1 Serving	421Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS		
Camile Thai - Pad Prik Haeng, Tofu, LARGE (02/23) 167231 - 1 Serving	632Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving	327 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving	465 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) - 1 Serving	401 Kcal	 WHEAT  CASHEWS  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving	538 Kcal	 WHEAT  CASHEWS  SOYA		 VEGETARIAN  VEGAN
Petite Camile - Pad Prik Haeng, Tofu (02/23) 8139537 - 1 Serving	450 Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA		
Camile - Pad Med Mamung, Crispy Chicken (08/24) - 1 Serving	809 Kcal	 WHEAT  CASHEWS  EGGS  MOLLUSCS  SOYA	 SULPHITES	
Camile - Pad Prik Haeng, Crispy Chicken (08/24) - 1 Serving	783 Kcal	 WHEAT  CASHEWS  EGGS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad King Crispy Chicken (08/24) - 1 Serving	653 Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Krapow with Tofu (08/24) - 1 Serving	342 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Pad Krapow with Vegan Chicken (07/26) - 1 Serving	492 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Pad Krapow with Crispy Chicken (07/25) - 1 Serving	696Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Krapow with Chicken (07/26) - 1 Serving	533Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 SULPHITES	
Camile Thai - Pad Krapow with Beef (09/24) - 1 Serving	483Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad Krapow with Duck (09/24) - 1 Serving	439Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad Krapow with Prawns (09/24) - 1 Serving	323Kcal	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA		
Camile - Pad Prik Haeng, Crispy Chicken, Large (07/25) - 1 Serving	1174Kcal	 WHEAT  MOLLUSCS  CASHEWS  SOYA  EGGS	 SULPHITES	
Camile Thai - Pad King Chicken, LARGE (07/25) 167223 - Serves 2 people	592Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Noodles				
Camile (Noodles) - Classic Pad Thai, Chicken & Prawn (08/26) - 1 Serving	1052Kcal	 WHEAT  FISH  SULPHITES  PEANUTS  CRUSTACEANS  SOYA  EGGS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MILK  MUSTARD  MOLLUSCS  SESAME	
Camile (Noodles) - Pad Thai with Chicken (08/26) - 1 Serving	1088Kcal	 WHEAT  FISH  PEANUTS  SOYA  EGGS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile - Singapore Noodles (10/25) 98698 - 1 Serving	810Kcal	 WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
Camile Thai (Noodles) - Khao Soi Gai (10/25) 98695 - 1 Serving	1064Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving	502Kcal	 OATS, WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
Camile Thai - Pad Kee Mao with Beef (08/24) 4004737 - 1 Serving	863Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad Kee Mao with Chicken (08/24) 4004698 - 1 Serving	828Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai - Pad Kee Mao with Duck (08/24) 4004740 - 1 Serving	819Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile Thai - Pad Kee Mao with Prawns (08/24) 4004747 - 1 Serving	722Kcal	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA		
Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving	722Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving	860Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Pad Thai with Tofu (08/26) - 1 Serving	986Kcal	 WHEAT  SULPHITES  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Noodles) - Vegan Pad Thai with Vegan Chicken (08/26) - 1 Serving	1124Kcal	 WHEAT  SULPHITES  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Noodles) - Pad Thai with Prawns (08/26) - 1 Serving	982Kcal	 WHEAT  FISH  SULPHITES  PEANUTS  CRUSTACEANS  EGGS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile Fried Rice Dishes				
Camile Thai - Camile Special Fried Rice (02/23) 98720 - 1 Serving	857Kcal	 WHEAT  CRUSTACEANS  EGGS  MOLLUSCS  FISH  SOYA	 SULPHITES	
Camile Thai - Khao Pad Nua (06/23) 98788 - 1 Serving	855Kcal	 WHEAT  FISH  SOYA  CASHEWS  CRUSTACEANS  EGGS  MOLLUSCS	 SULPHITES	
Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving	626Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving	608Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Ireland Specials				

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Christmas Special) - Camile Fried Chicken with Spicy Maple Jang Sauce (02/23) 7656065 - 1 Serving	1099Kcal	 WHEAT, BARLEY  EGGS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  FISH  MUSTARD	
Camile (Specials) - Harry's Bangin' Panang Curry with Chicken (07/25) 5342302 - 1 Serving	717Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	
Camile (Specials) - Harry's Bangin' Panang Curry with Chickpeas (02/23) - 1 Serving	708Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Crispy Chicken Burrito (07/25) 8002298 - 1 Serving	1113Kcal	 OATS, WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES		
Camile (Specials) - Honey Crispy Bao Buns (07/25) 7247511 - 1 Serving	424Kcal	 WHEAT  EGGS  MUSTARD  SOYA  SULPHITES	 PEANUTS	
Camile (Specials) - Paddy's Krispy Krapow Chicken (07/25) 5765194 - 1 Serving	655Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 SULPHITES	
Camile (Specials) - Paddy's Krispy Krapow Tofu (02/23) 5765536 - 1 Serving	342Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving	544Kcal	 WHEAT  MILK  FISH  CRUSTACEANS  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MOLLUSCS  CELERY	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (10/25) - 1 Serving	508Kcal	 WHEAT  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving	310Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	279Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving	502Kcal	 OATS, WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) - 1 Serving	639Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) - 1 Serving	635Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile Signature Spice Bag (03/26) - 1 Serving	1755Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME	
Camile Vegan Spice Bag (12/25) - 1 Serving	1222Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Green Chicken Curry Burrito (07/25) 8200923 - 1 Serving	916Kcal	 OATS, WHEAT  EGGS  FISH  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile (Specials) - Honey Ginger Duck Special (03/23) 8103327 - 1 Serving	489Kcal	 WHEAT  SESAME  SOYA		
Camile (Specials) - Satay Chicken Burrito (05/26) - 1 Serving	937Kcal	 OATS, WHEAT  PEANUTS  EGGS  CRUSTACEANS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving	684Kcal	 WHEAT  FISH  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving	637 Kcal	 WHEAT  MILK  CELERY  MUSTARD  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  SESAME  SULPHITES	
Camile (Specials) - Crispy Pandan Caramel Churros (09/23) - 1 Serving	533 Kcal	 WHEAT  MILK	 OATS, BARLEY, RYE  HAZELNUTS, WALNUTS  PEANUTS  EGGS  CELERY  MUSTARD  SOYA	
Camile (Specials) - Golden Glow Yellow Curry with Chicken (07/25) 9463559 - 1 Serving	784 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	
Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving	901 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Beef (05/26) - 1 Serving	461 Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Chicken (05/26) - 1 Serving	425 Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Pad Satay Stir-Fry with Prawns (05/26) - 1 Serving	300Kcal	 WHEAT  PEANUTS  CRUSTACEANS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Tofu (05/26) - 1 Serving	314Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Duck (05/26) - 1 Serving	479Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (05/26) - 1 Serving	452Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Pad Med Mamung, Chicken (07/25) - 1 Serving	560Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	482Kcal	 WHEAT  PEANUTS  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	439Kcal	 WHEAT  SULPHITES  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Bang Bang Prawns (5) with Coconut Sriracha Dip (07/24) - 1 Serving	375Kcal	 WHEAT  EGGS  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile (Specials) - Larb Gai (08/24) - 1 Serving	409Kcal	 FISH  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  GLUTEN  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile (Specials) - Phuket Fried Chicken with Coconut Sriracha Dip (07/25) - 1 Serving	612Kcal	 WHEAT  EGGS  FISH  MOLLUSCS  SULPHITES	 CRUSTACEANS	
Camile - Pad Med Mamung, Crispy Chicken (08/24) - 1 Serving	809Kcal	 WHEAT  MOLLUSCS  CASHEWS  SOYA  EGGS	 SULPHITES	
Camile (Specials) - Monkfish Red Curry (10/24) - 1 Serving	562Kcal	 WHEAT  CELERY  FISH  SOYA  CRUSTACEANS	 MOLLUSCS	
Camile (Specials) - Lambay Island Crab Fried Rice (11/24) - 1 Serving	713Kcal	 WHEAT  CRUSTACEANS  SULPHITES  EGGS  MOLLUSCS  FISH  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Lotus Jungle Curry, with Chicken (07/25) - 1 Serving	393Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  MUSTARD  SESAME	
Camile (Specials) - Lotus Jungle Curry, with Beef (02/25) - 1 Serving	429Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  MUSTARD  SESAME	
Camile (Specials) - Lotus Jungle Curry, with Duck (02/25) - 1 Serving	385Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  MUSTARD  SESAME	
Camile (Specials) - Lotus Jungle Curry, with Prawns (02/25) - 1 Serving	288Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  MUSTARD  SESAME	
Camile (Specials) - Lotus Jungle Curry, with Tofu (02/25) - 1 Serving	510Kcal	 WHEAT  CRUSTACEANS  MILK  SOYA  FISH  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  MUSTARD  SESAME	
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Beef (03/25) - 1 Serving	527Kcal	 WHEAT  CELERY  SOYA		
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Chicken (07/25) - 1 Serving	491Kcal	 WHEAT  CELERY  SOYA	 SULPHITES	
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Crispy Beef (03/25) - 1 Serving	646Kcal	 WHEAT  EGGS  CELERY  SOYA		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Crispy Chicken (07/25) - 1 Serving	740Kcal	 WHEAT  SOYA  EGGS  CELERY	 SULPHITES	
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Prawns (03/25) - 1 Serving	385Kcal	 WHEAT  SOYA  CRUSTACEANS  CELERY		
Camile (Specials) - Open Hive Pineapple Sweet & Sour with Tofu (03/25) - 1 Serving	608Kcal	 WHEAT  CELERY  SOYA		 VEGETARIAN
Camile (Specials) - Chef Chat's Luk Chin (08/25) - 1 Serving	622Kcal	 WHEAT  MOLLUSCS  EGGS  SOYA  FISH  SULPHITES	 MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Specials) - Kimchi Fried Rice, with chicken (11/25) - 1 Serving	836Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 OATS, BARLEY, RYE	
Camile (Specials) - Kimchi Fried Rice, with Tofu (11/25) - 1 Serving	832Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 OATS, BARLEY, RYE	
Camile (Specials) - Harry's Bangin' Panang Curry with Beef (04/26) - 1 Serving	752Kcal	 WHEAT  SULPHITES  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	
Camile (Specials) - Harry's Bangin' Panang Curry with Duck (04/26) - 1 Serving	771Kcal	 WHEAT  SULPHITES  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	
Camile (Specials) - Harry's Bangin' Panang Curry with Prawns (04/26) - 1 Serving	592Kcal	 WHEAT  SOYA  PEANUTS  SULPHITES  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Harry's Bangin' Panang Curry with Tofu (04/26) - 1 Serving	604 Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Harry's Bangin' Panang Curry with Vegan Chicken (04/26) - 1 Serving	741 Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Beef, LARGE (04/26) - 1 Serving	691 Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Chicken, LARGE (04/26) - 1 Serving	638 Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Duck, LARGE (04/26) - 1 Serving	718 Kcal	 WHEAT  PEANUTS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Pad Satay Stir-Fry with Prawns, LARGE (04/26) - 1 Serving	451 Kcal	 WHEAT  PEANUTS  CRUSTACEANS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Pad Satay Stir-Fry with Tofu, LARGE (04/26) - 1 Serving	472Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken, LARGE (04/26) - 1 Serving	678Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Power Bowls) - Crispy Chicken Salad Bowl (05/26) - 1 Serving	900Kcal	 WHEAT  ALMONDS, CASHEWS  PEANUTS  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Power Bowls) - Satay Chicken Crunch Bowl (05/26) - 1 Serving	805Kcal	 WHEAT  ALMONDS, CASHEWS  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Specials) - Crispy Red Curry Dumplings, Chicken option (05/26) - 1 Serving	417Kcal	 WHEAT  FISH  CRUSTACEANS  SESAME  SOYA	 PEANUTS  EGGS  MOLLUSCS  CELERY	
Camile (Specials) - Crispy Red Curry Dumplings, Vegetable option (05/26) - 1 Serving	423Kcal	 WHEAT  FISH  CRUSTACEANS  SESAME  SOYA	 PEANUTS  MOLLUSCS	
Camile Burritos				
Camile (Specials) - Crispy Chicken Burrito (07/25) 8002298 - 1 Serving	1113Kcal	 OATS, WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Green Chicken Curry Burrito (07/25) 8200923 - 1 Serving	916Kcal	 OATS, WHEAT  EGGS  FISH  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile (Specials) - Satay Chicken Burrito (05/26) - 1 Serving	937Kcal	 OATS, WHEAT  PEANUTS  EGGS  CRUSTACEANS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Seafood				
Camile - Massaman Curry, Prawns (02/23) 98713 - 1 Serving	730Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Thai - Green Curry, Prawn (02/23) - 1 Serving	585Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai - Pad King Prawns (02/23) 98666 - 1 Serving	280Kcal	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving	410 Kcal	 WHEAT  CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA		
Camile Thai - Red Curry, Prawns (02/23) - 1 Serving	555 Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving	684 Kcal	 WHEAT  FISH  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Camile (Specials) - Pad Satay Stir-Fry with Prawns (05/26) - 1 Serving	300 Kcal	 WHEAT  PEANUTS  CRUSTACEANS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Bang Bang Prawns (4) with Coconut Sriracha Dip (08/24) - 1 Serving (4 prawns)	330 Kcal	 WHEAT  EGGS  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Thai - Pad Krapow with Prawns (09/24) - 1 Serving	323 Kcal	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA		
Camile (Specials) - Monkfish Red Curry (10/24) - 1 Serving	562 Kcal	 WHEAT  FISH  CRUSTACEANS  CELERY  SOYA	 MOLLUSCS	
Camile (Specials) - Crispy Lambay Crab Claws with Coconut Sriracha Dip (05/25) - 1 Serving	395 Kcal	 WHEAT  EGGS  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Harry's Bangin' Panang Curry with Prawns (04/26) - 1 Serving	592 ^{Kcal}	 WHEAT  SOYA  PEANUTS  SULPHITES  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	
Camile (Specials) - Pad Satay Stir-Fry with Prawns, LARGE (04/26) - 1 Serving	451 ^{Kcal}	 WHEAT  MOLLUSCS  PEANUTS  SOYA  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile - Vegan, Vegetarian & Plant-Based				
Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving	382 ^{Kcal}	 WHEAT  SULPHITES  SESAME  SOYA		 VEGETARIAN  VEGAN
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	279 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving	204 ^{Kcal}	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving	340 ^{Kcal}	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) - 1 Serving	639 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) - 1 Serving	635Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving	876Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Vegan Crispy Chilli Tofu (02/23) 4760727 - 1 Serving	257Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving	626Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving	608Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Green Curry with Tofu (02/23) - 1 Serving	535Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) - 1 Serving	672Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving	722 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving	860 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving	327 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving	465 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) - 1 Serving	401 Kcal	 WHEAT  CASHEWS  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving	538 Kcal	 WHEAT  CASHEWS  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Thai with Tofu (08/26) - 1 Serving	986 Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Noodles) - Vegan Pad Thai with Vegan Chicken (08/26) - 1 Serving	1124 Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving	531 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) - 1 Serving	668 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile Vegan Spice Bag (12/25) - 1 Serving	1222 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving	901 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Tofu (05/26) - 1 Serving	314 Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME  SULPHITES  MILK	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (05/26) - 1 Serving	452 Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME  SULPHITES  MILK	 VEGETARIAN  VEGAN
Camile Kids' Menu				

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Kids - Camile Chicken Satay Skewers with Jasmine Rice (05/26) - 1 Serving	597 Kcal	 WHEAT  SOYA  PEANUTS  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Kids - Camile Special Fried Rice with Chicken (02/23) 6291447 - 1 Serving	746 Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 SULPHITES	
Camile Kids - Camile Special Fried Rice with Tofu (02/23) 6291669 - 1 Serving	707 Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS		
Camile Kids - Sweet Crispy Chicken (03/26) - 1 Serving	732 Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 MILK  CELERY  SESAME  SULPHITES	
Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving	501 Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS		
Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving	645 Kcal	 WHEAT  EGGS  SULPHITES		
Camile Kids - Li'l Spice Bag, Fried Potato with Tofu (02/23) 6292782 - 1 Serving	458 Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Kids - Massaman Chicken with Jasmine Rice (02/23) 6292668 - 1 Serving	862 Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Kids - Massaman Tofu with Jasmine Rice (02/23) 6292686 - 1 Serving	824Kcal	 WHEAT  SOYA  FISH  SULPHITES  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile Kids - Wok Fried Noodles with Chicken (10/25) - 1 Serving	441 Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 OATS, BARLEY, RYE  SULPHITES	
Camile Kids - Wok Fried Noodles with Tofu (10/25) 6292557 - 1 Serving	402Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 OATS, BARLEY, RYE	
Camile Sides				
Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	619Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Brown & Wild Rice (02/23) 98795 - 1 Serving	504Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving	505Kcal	 EGGS		
Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving	460Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Kale Side Salad with Tamarind Dressing (02/23) 5012675 - 1 Serving	89Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Steamed Broccoli (02/23) 40377 - 1 Serving	64Kcal			 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving	204 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens with GLUTEN-FREE seasoning sauce (02/23) 1459944 - 1 Serving	188 Kcal	 MOLLUSCS  SOYA		
Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving	340 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile (Sides) - Plain Fried Potatoes (01/24) - 1 Serving	568 Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile Sauces, Dressings & Dips				
Camile (Sauces) - Honey Chilli Lime Sauce (02/23) 7247505 - 1 Serving	72 Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN
Camile (Sauces) - Peanut Satay Dipping Sauce (08/26) - 1 Serving	77 Kcal	 PEANUTS  CRUSTACEANS		
Camile (Sauces) - Plum Dipping Sauce (08/26) 40467 - 1 Serving	67 Kcal			 VEGETARIAN  VEGAN
Camile Thai (CP Sauces) - Hoisin Dipping Sauce, Batch (02/23) 2509692 - 1 Serving	55 Kcal	 WHEAT  MOLLUSCS  SOYA  SESAME		
Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving	50 Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (08/26) 1381567 - 1 Serving	62 Kcal			 VEGETARIAN  VEGAN
Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (08/26) 1381567 - 285ml Bottle	587 Kcal			 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving	45Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving	310Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile Thai (Sauces) - Soy Sauce (02/23) 4806767 - 285ml Bottle	258Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai (Sauces) - Sriracha Sauce (02/23) 4086447 - 285ml Bottle	180Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sauces) - Tamarind Dressing (02/23) 4156814 - 1 Serving	55Kcal	 WHEAT  SOYA		
Camile Thai (Sauces) - Thai Seasoning Sauce, 285mls (02/23) 1460264 - 285ml Bottle	361Kcal	 WHEAT  MOLLUSCS  SOYA		
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	279Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) 9246233 - 1 Serving	129Kcal	 MILK		
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) - 1 Serving	129Kcal	 MILK		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (CP) - Satay Vinaigrette Dressing (10/24) - 1 Serving	43Kcal	 PEANUTS  CRUSTACEANS		
Camile Thai (Sauces) - Lime & Chilli Dressing (05/20) 3412138 - 100g	0Kcal	 FISH  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Camile CP - Mint & Yogurt Dressing (10/24) - 1 Serving	43Kcal	 MILK  SOYA  SULPHITES	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile Thai (CP) - Miso Vinaigrette Dressing (10/24) - 1 Serving	49Kcal	 WHEAT  SESAME  SOYA  SULPHITES		
Camile (Sauces) - Sriracha Ketchup (05/26) - 1 Serving	32Kcal	 CELERY		
Camile Thai (CP) - Satay Vinaigrette Dressing (10/24) - 2oz tub	121Kcal	 PEANUTS  CRUSTACEANS		
Camile (Toppings) - Crispy Chilli Oil (06/26) - 1 Serving	140Kcal	 SOYA	 PEANUTS	 VEGETARIAN
Camile Toppings				
Camile (Toppings) - Crispy Shallots (05/26) - 1 Serving	89Kcal	 WHEAT		 VEGETARIAN  VEGAN
Camile Thai (Toppings) - Crushed Peanuts (05/26) - 1 Serving	140Kcal	 PEANUTS		 VEGETARIAN
Camile Thai (Toppings) - Soy Sunflower & Pumpkin Seeds (02/23) 3471469 - 1 Serving	88Kcal	 SOYA		 VEGETARIAN  VEGAN
Camile (Toppings) - Mak Mak Chilli Crunch, 20g tub (05/26) - 1 Tub	130Kcal	 WHEAT  ALMONDS, CASHEWS  PEANUTS  SESAME  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SULPHITES	
Camile (Toppings) - Crispy Chilli Oil (06/26) - 1 Serving	140Kcal	 SOYA	 PEANUTS	 VEGETARIAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Toppings) - Mak Mak Chilli Crunch, 20g tub (05/26) - Garnish	65Kcal	 WHEAT  ALMONDS, CASHEWS  PEANUTS  SESAME  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SULPHITES	
Camile Bliss Bowls				
Camile Bliss Bowls - Khao Soi Gai (10/25) - 1 Serving	698Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Bliss Bowls - Pad King Chicken (07/25) 3068829 - 1 Serving	502Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Bliss Bowls - Pad King Tofu (02/23) 3068847 - 1 Serving	555Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Bliss Bowls - Pad Prik Haeng Chicken (02/23) 3068838 - 1 Serving	501Kcal	 WHEAT  MOLLUSCS  SOYA	 SULPHITES	
Camile Bliss Bowls - Pork Ramen (10/25) - 1 Serving	507Kcal	 WHEAT, BARLEY  FISH  MOLLUSCS  CELERY  SESAME  SOYA	 OATS, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MILK  MUSTARD  SULPHITES	
Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving	555Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Bliss Bowls) - Green Chicken Curry (07/25) 3063366 - 1 Serving	802Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving	798Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving	621Kcal	 WHEAT  MILK  MOLLUSCS  SOYA		
Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving	797Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile ON THE GO Bowls				
Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving	578Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving	655Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 MUSTARD  SULPHITES  SESAME  SOYA	
Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving	718Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving	729Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  SESAME  SOYA  MUSTARD	
Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving	792Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) - 1 Serving	508Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) - 1 Serving	457Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) - 1 Serving	675Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  SULPHITES  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving	553Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving	575Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 5421070 - 1 Serving	332Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN  VEGAN
Camile Power Bowls				
Camile (Power Bowls) - Crispy Chicken Salad Bowl (05/26) - 1 Serving	900Kcal	 WHEAT  EGGS  SOYA  ALMONDS, CASHEWS  MOLLUSCS  SULPHITES  PEANUTS  SESAME	 OATS, BARLEY, RYE  CELERY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD  MILK	
Camile (Power Bowls) - Satay Chicken Crunch Bowl (05/26) - 1 Serving	805Kcal	 WHEAT  CRUSTACEANS  SULPHITES  ALMONDS, CASHEWS  SESAME  SOYA  PEANUTS	 OATS, BARLEY, RYE  CELERY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD  MILK	
Camile thai - tallaght - lunch specials				
Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Noodles (10/25) - 1 Serving	457Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 OATS, BARLEY, RYE  SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Rice (02/23) 3200219 - 1 Serving	669Kcal	 WHEAT  EGGS  FISH  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Noodles (10/25) - 1 Serving	514Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 OATS, BARLEY, RYE	
Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Rice (02/23) 3200198 - 1 Serving	727Kcal	 WHEAT  EGGS  FISH  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Camile Lunch Menu				
Camile (Lunch menu) - Chicken Fried Rice (12/25) - 1 Serving	797Kcal	 WHEAT  CASHEWS  MILK  FISH  CRUSTACEANS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Lunch Menu) - Chicken Katsu Curry (12/25) - 1 Serving	637Kcal	 WHEAT  MILK  CELERY  MUSTARD  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  SULPHITES	
Camile (Lunch Menu) - Crispy Chilli Chicken Stir-Fry (02/23) - 1 Serving	662Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 SULPHITES	
Camile (Lunch Menu) - Green Chicken Curry (02/23) - 1 Serving	652Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 MUSTARD  SULPHITES  SESAME  SOYA	
Camile (Lunch Menu) - Massaman Chicken Curry (02/23) - 1 Serving	906Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile (Lunch Menu) - Pad Med Mamung, Chicken (12/25) - 1 Serving	557Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Camile (Lunch Menu) - Pad Prik Haeng Chicken (12/25) - 1 Serving	513Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
Camile (Lunch Menu) - Pad Prik Haeng Vegan with Tofu (12/25) - 1 Serving	443Kcal	 WHEAT  CASHEWS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Lunch Menu) - Pad Thai with Chicken (12/25) - 1 Serving	693Kcal	 WHEAT  PEANUTS  EGGS  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (lunch menu) - Singapore Noodles (12/25) - 1 Serving	486Kcal	 WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
Camile (Lunch Menu) - Vegan Crispy Chilli Tofu Stir-Fry (02/23) - 1 Serving	430Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile (Lunch Menu) - Vegan Green Curry with Tofu (12/25) - 1 Serving	545Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Salads) - Warm Chicken Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	927Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (03/26) - 1 Serving	926Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 MILK  CELERY	
Camile (Salads) - Crispy Chilli Tofu Salad with Brown & Wild Rice (12/25) - 1 Serving	783Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES		
Camile (Salads) - Tofu Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	908Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Sauces) - Peanut Satay Dipping Sauce (08/26) - 1 Serving	77Kcal	 PEANUTS  CRUSTACEANS		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Sauces) - Plum Dipping Sauce (08/26) 40467 - 1 Serving	67 Kcal			 VEGETARIAN  VEGAN
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) - 1 Serving	129 Kcal	 MILK		
Camile (Sauces) - Sweet Chilli Dip, 2oz tub (11/23) 9485586 - 1 Serving	117 Kcal			 VEGETARIAN  VEGAN
Camile (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving	45 Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Spicy Dan Dan Chicken Noodles (12/25) - 1 Serving	544 Kcal	 WHEAT  MILK  FISH  CRUSTACEANS  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Starters) - 3 Chargrilled Chicken Skewers with Peanut Satay Dip (07/25) - 1 Serving	290 Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Starters) - 3 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) - 1 Serving	132 Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Starters) - 3 Pork Gyoza with Sweet Soy Dip (04/23) 8547591 - 1 Serving	160Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 3 Vegetable Gyoza with Sweet Soy Dip (06/23) 8294526 - 1 Serving	136Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD	 VEGETARIAN  VEGAN
Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	504Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	
Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	461Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) - 1 Serving	459Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile Spice Bag / Box with Chicken (03/26) - 1 Serving	1755Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile Thai (CP Sauces) - Sriracha Wings Sauce, Batch (02/23) 98149 - 1 Serving	77Kcal	 SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MUSTARD  SESAME	
Petite Camile (Rolls) - Hoisin Duck Spring rolls with Sweet Chilli Dipping Sauce (03/23) - 1 Serving	502Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Starters) - 5 Hot Chicken Wings with Sriracha Sauce (02/23) - 1 Serving	477 Kcal	 SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MUSTARD  SESAME	
Camile - Vegetarian, Vegan & Plant-Based Menu				
Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving	279 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Golden Glow Yellow Curry with Tofu (11/23) 9463634 - 1 Serving	901 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Harry's Bangin' Panang Curry with Tofu (04/26) - 1 Serving	604 Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Harry's Bangin' Panang Curry with Vegan Chicken (04/26) - 1 Serving	741 Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Tofu (05/26) - 1 Serving	314 Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Specials) - Pad Satay Stir-Fry with Tofu, LARGE (04/26) - 1 Serving	472Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken (05/26) - 1 Serving	452Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Pad Satay Stir-Fry with Vegan Chicken, LARGE (04/26) - 1 Serving	678Kcal	 WHEAT  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) - 1 Serving	639Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) - 1 Serving	635Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai (Salads) - Vegan Tofu & Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving	382Kcal	 WHEAT  SESAME  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving	204Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving	340Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving	876Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Camile Thai - Pad Krapow with Tofu (08/24) - 1 Serving	342Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Pad Krapow with Vegan Chicken (07/26) - 1 Serving	492Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Crispy Chilli Tofu (02/23) 4760727 - 1 Serving	257Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving	626Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving	608Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Green Curry with Tofu (02/23) - 1 Serving	535Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) - 1 Serving	672Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Kee Mao with Tofu (08/24) 4004641 - 1 Serving	722Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (08/24) 4004674 - 1 Serving	860Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving	327Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving	465Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) - 1 Serving	401Kcal	 WHEAT  CASHEWS  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving	538Kcal	 WHEAT  CASHEWS  SOYA		 VEGETARIAN  VEGAN
Camile Thai - Vegan Pad Thai with Tofu (08/26) - 1 Serving	986Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Noodles) - Vegan Pad Thai with Vegan Chicken (08/26) - 1 Serving	1124 ^{Kcal}	 WHEAT  SULPHITES  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving	531 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) - 1 Serving	668 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile Vegan Spice Bag (12/25) - 1 Serving	1222 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile doggy treats!				
Camile Doggy Treats! - Homemade Mango Rice Pudding with a Luxury Madeleine Biscuit (02/23) 3460420 - 1 Serving	279 ^{Kcal}	 WHEAT  EGGS  SOYA	 TREE NUTS  PEANUTS  SESAME  SULPHITES	
Camile Ireland - Desserts				
Ben & Jerry's Caramel Chew Chew Ice Cream, 100ml tub (05/21) - 1 Serving	211 ^{Kcal}	 EGGS  MILK  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS	 VEGETARIAN  HALAL  KOSHER

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Ben & Jerry's Caramel Chew Chew Ice Cream, 465ml tub (11/21) - Serves 4 people	1134 Kcal	 EGGS  MILK  SOYA		 HALAL  KOSHER
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 100ml tub (05/21) - 1 Serving	182 Kcal	 WHEAT, BARLEY  EGGS  MILK		 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 465ml tub (05/21) - Serves 4 people	994 Kcal	 WHEAT, BARLEY  EGGS  MILK		 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Cookie Dough Ice Cream 100ml tub (12/21) - 1 Serving	213 Kcal	 WHEAT  SOYA  EGGS  MILK		 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Cookie Dough Ice Cream 465ml tub (05/21) - Serves 4 people	1111 Kcal	 WHEAT  SOYA  EGGS  MILK		 VEGETARIAN  HALAL  KOSHER
Ben & Jerry's Non-Dairy Chocolate Fudge Brownie Vegan Ice Cream 465ml (12/21) - Serves 4 people	820 Kcal	 WHEAT, BARLEY  ALMONDS  SOYA		 VEGETARIAN  VEGAN  HALAL  KOSHER
Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving	254 Kcal	 SOYA	 GLUTEN  TREE NUTS  PEANUTS  SESAME  SULPHITES	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Desserts) - Crispy Pancake (Apple Filled with Cinnamon Sugar & Custard) (02/23) 2433850 - 1 Serving	272 Kcal	 WHEAT  MILK	 OATS, BARLEY, RYE  CELERY  MUSTARD	
Nobó Dairy Free Ice-Cream - Chocolate & Toasted Almonds 500ml Tub (03/22) 3138171 - Kcals per 1/4 tub	239 Kcal	 ALMONDS		 VEGETARIAN
Nobó Dairy Free Ice-Cream - Irish Salted Caramel 500ml Tub (03/22) 3138175 - Kcals per 1/4 tub	231 Kcal			 VEGETARIAN  VEGAN
Nobó Dairy Free Ice-Cream - Passion Fruit & Mango 500ml Tub (03/22) 3138160 - Kcals per 1/4 tub	186 Kcal			 VEGETARIAN
Camile (Specials) - Crispy Pandan Caramel Churros (09/23) - 1 Serving	533 Kcal	 WHEAT  MILK	 OATS, BARLEY, RYE  HAZELNUTS, WALNUTS  PEANUTS  EGGS  CELERY  MUSTARD  SOYA	
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce (09/23) 9246233 - 1 Serving	129 Kcal	 MILK		
Camile (Specials) - Single Crispy Pandan Churro (01/24) - 1 Serving	96 Kcal	 WHEAT	 OATS, BARLEY, RYE  HAZELNUTS, WALNUTS  PEANUTS  EGGS  MILK  CELERY  MUSTARD  SOYA	
Camile (Desserts) - Miso Almond Brownies with Salted Coconut Pandan (08/24) - 1 Serving	302 Kcal	 WHEAT  ALMONDS  EGGS  MILK  SOYA	 PEANUTS	
Camile (Desserts) - Miso Chocolate Chip Cookies (08/24) - 1 Serving	329 Kcal	 WHEAT  EGGS  MILK  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD	
Camile Ireland - Drinks				

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Coffee) - Americano 12oz - 1 Serving	5 Kcal			 VEGETARIAN  VEGAN
Camile (Coffee) - Cappuccino 12oz - 1 Serving	106 Kcal	 MILK		
Camile (Coffee) - Latté 12oz - 1 Serving	106 Kcal	 MILK		
Camile (Coffee) - Flat White 8oz - 1 Serving	75 Kcal	 MILK		
Camile (Coffee) - Espresso (1 shot) - 1 Serving	3 Kcal			 VEGETARIAN  VEGAN
Camile (Teas) - Breakfast Tea 12oz - 1 Serving	0 Kcal			 VEGETARIAN  VEGAN
Camile (Teas) - Green Tea - 1 Serving	1 Kcal			
Camile (Teas) - Chamomile Tea - 1 Serving	2 Kcal			
Camile (Teas) - Peppermint Tea - 1 Serving	2 Kcal			
Camile (Soft Drinks) - Coca Cola - 500ml Bottle	212 Kcal			
Camile (Soft Drinks) - Diet Coke - 500ml Bottle	0 Kcal			
Camile (Soft Drinks) - Sprite Zero - 500ml Bottle	0 Kcal			
Camile (Soft Drinks) - Fanta Lemon (11/21) - 330ml Can	59 Kcal			
Camile (Soft Drinks) - Fanta Orange (03/21) - 500ml Bottle	92 Kcal			
Camile (Soft Drinks) - Fanta Orange (05/21) - 330ml Can	61 Kcal			
Camile (Soft Drinks) - Mude Play, Hint of Melon & Raspberry (03/22) - 330ml Can	37 Kcal	 BARLEY	 WHEAT	 VEGETARIAN  VEGAN
Camile (Soft Drinks) - Sprite - 500ml Bottle	132 Kcal			

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	0 Kcal			
SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	12 Kcal			 GLUTEN FREE
SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	11 Kcal			 GLUTEN FREE
SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	13 Kcal			 GLUTEN FREE
Vit Hit Apple & Elderflower, 500ml bottle (12/21) - 1 Serving	36 Kcal		 SULPHITES	
Vit Hit Berry Boost, 500ml bottle (11/21) - 1 Serving	30 Kcal			
Vit Hit Citrus Revive with Ginseng, 500ml bottle (12/21) - 1 Serving	17 Kcal			
Vit Hit Dragon fruit, Yuzu, Zinc & Ceylon Tea, 500ml bottle (12/21) - 1 Serving	20 Kcal			
Vit Hit Sparkling Mango & Pineapple with Rooibos Tea (06/22) - 330ml Can	43 Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Pink Grapefruit Lime & White Tea (03/22) - 330ml Can	30 Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Raspberry & Watermelon with Ceylon Tea (06/22) - 330ml Can	40 Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Wine & Beer				
Camile Thai (Beers) - Chang Classic Beer (320ml bottle) - 1 Serving	91 Kcal	 BARLEY		
Camile Thai (Beers) - Heineken (330ml bottle) - 1 Serving	115 Kcal	 BARLEY		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Beers) - Tiger Beer (330ml bottle) - 1 Serving	135 Kcal	 BARLEY		
Camile Thai (Beers) - Wicklow Wolf American Amber Beer (500ml bottle) - 1 Serving	143 Kcal	 GLUTEN	 WHEAT	
Camile Thai (Red Wine) Argento Malbec (187ml glass) - 1 Serving	180 Kcal	 SULPHITES		
Camile Thai (Red Wine) Bouchard Aine et Fils Pinot Noir (187ml glass) - 1 Serving	167 Kcal	 SULPHITES		
Camile Thai (Red Wine) CH Pennautier Syrah (187ml glass) - 1 Serving	160 Kcal	 SULPHITES		
Camile Thai (Red Wine) Culemborg Pinotage (187ml glass) - 1 Serving	167 Kcal	 SULPHITES		
Camile Thai (White Wine) CA Marietta Pinot Grigio (187ml glass) - 1 Serving	162 Kcal	 SULPHITES		
Camile Thai (White Wine) Chateau De Pennautier Viognier (187ml glass) - 1 Serving	149 Kcal	 SULPHITES		
Camile Thai (White Wine) Culemborg Chenin Blanc (187ml glass) - 1 Serving	162 Kcal	 SULPHITES		
Camile Thai (White Wine) Mancura Etnia Sauvignon Blanc (187ml glass) - 1 Serving	162 Kcal	 SULPHITES		
Camile Thai (White Wine) Serena Prosecco Frizzante (125ml glass) - 1 Serving	106 Kcal	 SULPHITES		

* Welcome to Camile's Nutrition & Allergen portal. This is a live document which is updated regularly. If you have a food allergy, or if you are ordering for somebody who has a food allergy, please check allergens every time before ordering as changes may have been made since your last visit.

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