

# Camile (Ireland Restaurants) - Allergen Information (15/08/23)



Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
<b>Camile - Meal Deals</b>				
For allergen information & calories, please check individual dishes before ordering - 100g	0Kcal			
<b>Camile Savers</b>				
Camile (Savers) - Crispy Chilli Chicken Burrito (03/23) 8377306 - 1 Serving	908Kcal	 OATS, WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES	 MUSTARD  SESAME	
Camile (Specials) - Spicy Dan Dan Chicken Noodles (02/23) 6817220 - 1 Serving	515Kcal	 WHEAT  MILK  FISH  CRUSTACEANS  SOYA	 TREE NUTS  PEANUTS  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (02/23) 6817247 - 1 Serving	500Kcal	 WHEAT  CELERY  SOYA  SULPHITES	 TREE NUTS  PEANUTS  EGGS  MILK  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (Value Specials) - Chicken Fried Rice (03/23) 8236437 - 1 Serving	780Kcal	 WHEAT  MILK  CRUSTACEANS  CASHEWS  FISH  SOYA	 PEANUTS  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
<b>Camile Summer Specials</b>				
Camile (Specials) - Po Pia Sot Prawns (05/23) 8694633 - 1 Serving	257Kcal	 WHEAT  CRUSTACEANS  SOYA  PEANUTS  SESAME  SULPHITES		

<p>Camile (Specials) - Po Pia Sot Teriyaki Chicken (07/23) 98649 - 1 Serving</p>	<p>276Kcal</p>	 WHEAT  PEANUTS  EGGS  SESAME  SOYA  SULPHITES		
<b>Camile Ireland - Spring Rolls</b>				
<p>Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving</p>	<p>492Kcal</p>	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA  SULPHITES	 EGGS	
<p>Camile Ireland (Rolls) - Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 98656 - 1 Serving</p>	<p>447Kcal</p>	 WHEAT  MILK  SOYA  SULPHITES	 EGGS	 VEGETARIAN
<p>Camile Ireland (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) 5012681 - 1 Serving</p>	<p>445Kcal</p>	 WHEAT  MILK  SOYA  SULPHITES	 EGGS	 VEGETARIAN
<b>Camile Ireland - Starters / Small Plates</b>				
<p>Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving</p>	<p>76Kcal</p>	 PEANUTS  CRUSTACEANS		
<p>Camile (Sides) - Camile Fried Potatoes (02/23) 98622 - 1 Serving</p>	<p>594Kcal</p>	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile (Starters) - Calamari Fries with Wasabi Mayo Dip (03/23) 5056864 - 1 Serving</p>	<p>826Kcal</p>	 WHEAT  MOLLUSCS  EGGS  MUSTARD		
<p>Camile (Starters) - Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce (02/23) 3480899 - 1 Serving</p>	<p>411Kcal</p>	 WHEAT  PEANUTS  CRUSTACEANS  SOYA	 TREE NUTS  MILK  MUSTARD  SESAME  CELERY  SULPHITES	
<p>Camile (Starters) - Sriracha Chicken Wings / Hot Wings (02/23) 4078571 - 1 Serving (7 wings)</p>	<p>638Kcal</p>	 SOYA  SULPHITES	 WHEAT  MILK  TREE NUTS  MUSTARD  PEANUTS  SESAME	

<p>Camile (Starters) -NEW! 5 Chicken &amp; Vegetable Gyozas with Sweet Soy Dipping Sauce (04/23) 8547246 - 1 Serving</p>	<p><b>192</b>Kcal</p>	<p>  WHEAT   SESAME   SOYA   SULPHITES         </p>	<p>  TREE NUTS   EGGS   MILK   CRUSTACEANS   CELERY   MUSTARD         </p>	
<p>Camile (Starters) -NEW! 5 Pork Gyozas with Sweet Soy Dipping Sauce (04/23) 8546943 - 1 Serving</p>	<p><b>239</b>Kcal</p>	<p>  WHEAT   SESAME   SOYA   SULPHITES         </p>	<p>  TREE NUTS   EGGS   MILK   CRUSTACEANS   CELERY   MUSTARD         </p>	
<p>Camile (Starters) -NEW! 5 Prawn Gyozas with Sweet Soy Dipping Sauce (04/23) 8547228 - 1 Serving</p>	<p><b>217</b>Kcal</p>	<p>  WHEAT   EGGS   CRUSTACEANS   SESAME   SOYA   SULPHITES         </p>	<p>  TREE NUTS   MILK   CELERY   MUSTARD         </p>	
<p>Camile (Starters) -NEW! 5 Vegetable Gyozas with Sweet Soy Dipping Sauce (04/23) 8546856 - 1 Serving</p>	<p><b>198</b>Kcal</p>	<p>  WHEAT   SESAME   SOYA   SULPHITES         </p>	<p>  TREE NUTS   MILK   MOLLUSCS   CELERY   MUSTARD         </p>	<p>  VEGETARIAN   VEGAN         </p>
<p>Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving</p>	<p><b>492</b>Kcal</p>	<p>  WHEAT   MILK   MOLLUSCS   SESAME   SOYA   SULPHITES         </p>	<p>  EGGS         </p>	
<p>Camile Ireland (Rolls) - Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 98656 - 1 Serving</p>	<p><b>447</b>Kcal</p>	<p>  WHEAT   MILK   SOYA   SULPHITES         </p>	<p>  EGGS         </p>	<p>  VEGETARIAN         </p>
<p>Camile Ireland (Rolls) - Vegetable Spring Rolls with Sweet Chilli Sauce (02/23) 5012681 - 1 Serving</p>	<p><b>445</b>Kcal</p>	<p>  WHEAT   MILK   SOYA   SULPHITES         </p>	<p>  EGGS         </p>	<p>  VEGETARIAN         </p>
<p>Camile Ireland - Tiffin Box for Two (02/23) 98633 - Serves 2 people</p>	<p><b>960</b>Kcal</p>	<p>  WHEAT   MILK   MOLLUSCS   SOYA   PEANUTS   CRUSTACEANS   SESAME   SULPHITES         </p>	<p>  TREE NUTS   EGGS   CELERY   MUSTARD         </p>	

<p>Camile Signature Spice Bag (02/23) 2386039 - 1 Serving</p>	<p><b>730Kcal</b></p>	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	
<p>Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving</p>	<p><b>50Kcal</b></p>	 SULPHITES  SOYA	 WHEAT  MUSTARD  SESAME  SOYA	 VEGETARIAN  VEGAN
<p>Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving</p>	<p><b>849Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
<p>Camile Thai (Starters) - Duck Pancakes with Hoisin Dipping Sauce (02/23) 2509685 - 1 Serving</p>	<p><b>514Kcal</b></p>	 WHEAT  MOLLUSCS  SESAME  SOYA		
<p>Camile Thai (starters) - Vegan Spice Bag Cauliflower Wings with Sriracha Coconut Dip (02/23) 3460040 - 1 Serving</p>	<p><b>396Kcal</b></p>	 WHEAT  CELERY  SULPHITES	 TREE NUTS  PEANUTS  EGGS  MILK  MUSTARD  SESAME  SOYA	

**Camile Ireland - Nibbles**

<p>Camile (Nibbles) - 2 Chargrilled Chicken Skewers (02/23) - 1 Serving</p>	<p><b>143Kcal</b></p>	 WHEAT  SOYA	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
<p>Camile (Nibbles) - Edamame (06/20) 98801 - 1 Serving</p>	<p><b>195Kcal</b></p>	 SOYA		 VEGETARIAN  VEGAN
<p>Camile (Nibbles) - Honey Chilli Cashews (02/23) 98802 - 1 Serving</p>	<p><b>250Kcal</b></p>	 CASHEWS  FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
<p>Camile (Nibbles) - Sweet &amp; Spicy Peanuts (02/23) 3217720 - 1 Serving</p>	<p><b>447Kcal</b></p>	 PEANUTS		 VEGETARIAN

Camile (Nibbles) - Thai Brown Prawn Crackers (02/23) 3972434 - Serves 4 people	504Kcal	 WHEAT  CRUSTACEANS		
Camile Ireland (Nibbles) - 1 Vegetable Spring Roll (02/23) 4086626 - 1 Serving	124Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile Ireland (Nibbles) - Wasabi Peas (09/21) 4806264 - 1 Serving	166Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN
Camile Thai (Nibbles) - 2 Sriracha Chicken Wings / Hot Wings (02/23) 4086616 - 1 Serving	224Kcal	 SOYA  SULPHITES	 WHEAT  MILK  TREE NUTS  MUSTARD  PEANUTS  SESAME	

### Camile Soups

Camile Thai (Soups) - Tom Yam Goong (02/23) 98658 - 1 Serving	210Kcal	 FISH  SOYA  CRUSTACEANS  SULPHITES	 MOLLUSCS	 GLUTEN FREE
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### Camile Ireland - Salads

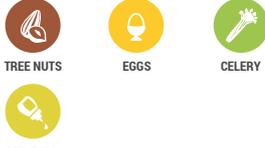
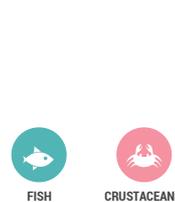
Camile (Salads) - Super Summer Salad, Chicken (02/23) 6594500 - 1 Serving	514Kcal	 WHEAT  SOYA  SESAME  SULPHITES		
Camile (Salads) - Super Summer Salad, Prawn (02/23) 6594581 - 1 Serving	420Kcal	 WHEAT  SESAME  SULPHITES  CRUSTACEANS  SOYA		
Camile (Salads) - Super Summer Salad, Tofu (02/23) 6594590 - 1 Serving	442Kcal	 WHEAT  SOYA  SESAME  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Salads) - Sticky Chicken Salad with Tamarind Dressing (02/23) 156757 - 1 Serving	528Kcal	 WHEAT  CRUSTACEANS  SULPHITES  FISH  SOYA	 MOLLUSCS	

<p>Camile Thai (Salads) - Vegan Tofu &amp; Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving</p>	<p>379Kcal</p>	 WHEAT  SESAME  SOYA  SULPHITES	 VEGETARIAN  VEGAN
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**Camile Spice Bags**

<p>Camile Thai (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving</p>	<p>312Kcal</p>	 FISH  CRUSTACEANS	 WHEAT  TREE NUTS  MILK  MOLLUSCS  MUSTARD  SESAME  SULPHITES  PEANUTS  CELERY  SOYA	
<p>Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving</p>	<p>282Kcal</p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
<p>Camile Signature Spice Bag (02/23) 2386039 - 1 Serving</p>	<p>730Kcal</p>	 WHEAT  MILK  SULPHITES  EGGS  SOYA	 TREE NUTS  PEANUTS  MUSTARD  SESAME  CELERY	
<p>Camile's Signature Spice Bag with Massaman Curry Dip (02/23) 3460046 - 1 Serving</p>	<p>1042Kcal</p>	 WHEAT  MILK  CRUSTACEANS  SULPHITES  EGGS  FISH  SOYA	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MOLLUSCS  SESAME	
<p>Camile Vegan Spice Bag (02/23) 2685959 - 1 Serving</p>	<p>568Kcal</p>	 WHEAT  SOYA  CELERY  SULPHITES	 TREE NUTS  PEANUTS  MILK  MUSTARD  EGGS  SESAME	 VEGETARIAN  VEGAN
<p>Camile's Vegan Spice Bag with Vegan Green Curry Dip (02/23) 3460056 - 1 Serving</p>	<p>849Kcal</p>	 WHEAT  SOYA  CELERY  SULPHITES	 TREE NUTS  PEANUTS  MILK  MUSTARD  EGGS  SESAME	 VEGETARIAN  VEGAN

**Camile Ireland - Customer Favourites**

<p>Camile (Noodles) - Classic Pad Thai, Chicken &amp; Prawn (02/23) 2380143 - 1 Serving</p>	<p><b>1038Kcal</b></p>			
<p>Camile - Crispy Chilli Chicken (02/23) 98660 - 1 Serving</p>	<p><b>545Kcal</b></p>			
<p>Camile Ireland - Tiffin Box for Two (02/23) 98633 - Serves 2 people</p>	<p><b>960Kcal</b></p>			
<p><b>Camile's 6 Under 600 Calories</b></p>				
<p>Camile Thai - Feel Good Chu Chee Chicken Curry (02/23) 3349084 - 1 Serving</p>	<p><b>416Kcal</b></p>			
<p>Camile Thai - Feel Good Chu Chee Curry with Tofu (02/23) 3456245 - 1 Serving</p>	<p><b>300Kcal</b></p>			
<p>Camile Thai - Feel Good Green Chicken Curry (02/23) 3349102 - 1 Serving</p>	<p><b>432Kcal</b></p>			
<p>Camile Thai - Feel Good Green Curry with Tofu (02/23) 3456261 - 1 Serving</p>	<p><b>315Kcal</b></p>			
<p>Camile Thai - Feel Good Massaman Chicken Curry (02/23) 3349106 - 1 Serving</p>	<p><b>423Kcal</b></p>			

<p>Camile Thai - Feel Good Massaman Curry with Tofu (02/23) 3456264 - 1 Serving</p>	<p>307Kcal</p>	 <p>FISH CRUSTACEANS SOYA</p>	 <p>WHEAT TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SULPHITES</p>	
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**Camile Curries**

<p>Camile - Massaman Curry, Beef (02/23) 98710 - 1 Serving</p>	<p>883Kcal</p>	 <p>WHEAT FISH CRUSTACEANS SULPHITES</p>	 <p>TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA</p>	
<p>Camile - Massaman Curry, Chicken (02/23) 98711 - 1 Serving</p>	<p>849Kcal</p>	 <p>WHEAT FISH CRUSTACEANS SULPHITES</p>	 <p>TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA</p>	
<p>Camile - Massaman Curry, Duck (02/23) 98712 - 1 Serving</p>	<p>840Kcal</p>	 <p>WHEAT FISH CRUSTACEANS SULPHITES</p>	 <p>TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA</p>	
<p>Camile - Massaman Curry, Prawns (02/23) 98713 - 1 Serving</p>	<p>700Kcal</p>	 <p>WHEAT FISH CRUSTACEANS SULPHITES</p>	 <p>TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA</p>	
<p>Camile - Massaman Curry, Tofu (02/23) 98714 - 1 Serving</p>	<p>732Kcal</p>	 <p>WHEAT FISH CRUSTACEANS SOYA SULPHITES</p>	 <p>TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME</p>	
<p>Camile Thai - Chu Chee Beef (02/23) 98699 - 1 serving</p>	<p>511Kcal</p>	 <p>FISH CRUSTACEANS</p>	 <p>MOLLUSCS</p>	
<p>Camile Thai - Chu Chee Beef - LARGE (02/23) 167209 - Serves 2 people</p>	<p>766Kcal</p>	 <p>FISH CRUSTACEANS</p>	 <p>MOLLUSCS</p>	
<p>Camile Thai - Chu Chee Chicken (02/23) 98700 - 1 Serving</p>	<p>477Kcal</p>	 <p>FISH CRUSTACEANS</p>	 <p>MOLLUSCS</p>	

Camile Thai - Chu Chee Chicken - LARGE (02/23) 167202 - Serves 2 people	715Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Duck (02/23) 98701 - 1 Serving	468Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Duck - LARGE (02/23) 167204 - Serves 2 people	702Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Prawns (02/23) 98702 - 1 Serving	328Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Prawns - LARGE (02/23) 167200 - Serves 2 people	492Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
Camile Thai - Chu Chee Tofu (02/23) 98703 - 1 Serving	360Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
		 SOYA			
Camile Thai - Chu Chee Tofu - LARGE (02/23) 167206 - Serves 2 people	540Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
		 SOYA			
Camile Thai - Green Curry, Beef (02/23) 98704 - 1 Serving	737Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Beef LARGE (02/23) 167180 - Serves 2 people	1105Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Chicken (02/23) 198089 - 1 Serving	712Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Chicken LARGE (02/23) 167183 - Serves 2 people	1069Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Duck (02/23) 98706 - 1 Serving	704Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Duck LARGE (02/23) 167186 - Serves 2 people	1056Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Prawn (02/23) 98707 - 1 Serving	564Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Prawn LARGE (02/23) 167184 - Serves 2 people	846Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Tofu (02/23) 98709 - 1 Serving	596Kcal	 FISH	 CRUSTACEANS	 MOLLUSCS	
		 SOYA			

<p>Camile Thai - Green Curry, Tofu LARGE (02/23) 167189 - 1 Serving</p>	<p>895Kcal</p>	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
<p>Camile Thai - Massaman Curry, Beef - Large (02/23) 1326264 - Serves 2 people</p>	<p>1325Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
<p>Camile Thai - Massaman Curry, Chicken - Large (02/23) 167171 - Serves 2 people</p>	<p>1273Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
<p>Camile Thai - Massaman Curry, Duck - Large (02/23) 167163 - Serves 2 people</p>	<p>1260Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
<p>Camile Thai - Massaman Curry, Prawns - Large (02/23) 167162 - Serves 2 people</p>	<p>1050Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
<p>Camile Thai - Massaman Curry, Tofu - Large (02/23) 167168 - Serves 2 people</p>	<p>1098Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
<p>Camile Thai - Red Curry, Beef (02/23) 98715 - 1 Serving</p>	<p>717Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
<p>Camile Thai - Red Curry, Beef LARGE (02/23) 167191 - Serves 2 people</p>	<p>1075Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	
<p>Camile Thai - Red Curry, Chicken (02/23) 98716 - 1 Serving</p>	<p>683Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
<p>Camile Thai - Red Curry, Chicken LARGE (02/23) 167192 - Serves 2 people</p>	<p>1024Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
<p>Camile Thai - Red Curry, Duck (02/23) 98717 - 1 Serving</p>	<p>674Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE

<p>Camile Thai - Red Curry, Duck LARGE (02/23) 167195 - Serves 2 people</p>	<p>1011Kcal</p>	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE		
<p>Camile Thai - Red Curry, Prawns (02/23) 98718 - 1 Serving</p>	<p>534Kcal</p>	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE		
<p>Camile Thai - Red Curry, Prawns LARGE (02/23) 167194 - Serves 2 people</p>	<p>801Kcal</p>	 FISH	 CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE		
<p>Camile Thai - Red Curry, Tofu (02/23) 98719 - 1 Serving</p>	<p>566Kcal</p>	 FISH   SOYA	 CRUSTACEANS	 MOLLUSCS			
<p>Camile Thai - Red Curry, Tofu LARGE (02/23) 167199 - Serves 2 people</p>	<p>849Kcal</p>	 FISH   SOYA	 CRUSTACEANS	 MOLLUSCS			
<p>Camile Thai - Vegan Green Curry with Tofu (02/23) 2678587 - 1 Serving</p>	<p>535Kcal</p>	 WHEAT   SULPHITES	 SOYA	 TREE NUTS   CELERY	 PEANUTS   MUSTARD	 MILK   SESAME	 VEGETARIAN   VEGAN
<p>Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) 3218092 - 1 Serving</p>	<p>676Kcal</p>	 WHEAT   SULPHITES	 SOYA	 TREE NUTS   CELERY	 PEANUTS   MUSTARD	 MILK   SESAME	 VEGETARIAN   VEGAN   GLUTEN FREE
<p>Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving</p>	<p>531Kcal</p>	 WHEAT   SULPHITES	 SOYA	 TREE NUTS   CELERY	 PEANUTS   MUSTARD	 MILK   SESAME	 VEGETARIAN   VEGAN
<p>Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) 3218091 - 1 Serving</p>	<p>672Kcal</p>	 WHEAT   SULPHITES	 SOYA	 TREE NUTS   CELERY	 PEANUTS   MUSTARD	 MILK   SESAME	 VEGETARIAN   VEGAN   GLUTEN FREE
<p>Camile Thai (Specials) - Chicken Katsu Curry (08/23) - 1 Serving</p>	<p>625Kcal</p>	 WHEAT   CELERY   SOYA	 MILK   MUSTARD	 TREE NUTS   SULPHITES	 PEANUTS   SESAME		

<p>Camile Thai - Chiang Mai Curry, Beef (04/21) 2510214 - 1 Serving</p>	<p><b>804</b>Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 MOLLUSCS	
<b>Camile Feel Good Curries</b>				
<p>Camile Thai - Feel Good Chu Chee Chicken Curry (02/23) 3349084 - 1 Serving</p>	<p><b>416</b>Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	
<p>Camile Thai - Feel Good Chu Chee Curry with Tofu (02/23) 3456245 - 1 Serving</p>	<p><b>300</b>Kcal</p>	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
<p>Camile Thai - Feel Good Green Chicken Curry (02/23) 3349102 - 1 Serving</p>	<p><b>432</b>Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	
<p>Camile Thai - Feel Good Green Curry with Tofu (02/23) 3456261 - 1 Serving</p>	<p><b>315</b>Kcal</p>	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
<p>Camile Thai - Feel Good Massaman Chicken Curry (02/23) 3349106 - 1 Serving</p>	<p><b>423</b>Kcal</p>	 FISH  CRUSTACEANS	 WHEAT  TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
<p>Camile Thai - Feel Good Massaman Curry with Tofu (02/23) 3456264 - 1 Serving</p>	<p><b>307</b>Kcal</p>	 FISH  CRUSTACEANS  SOYA	 WHEAT  TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
<p>Camile Thai - Feel Good Red Chicken Curry (02/23) 4082991 - 1 Serving</p>	<p><b>417</b>Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	
<p>Camile Thai - Feel Good Red Curry with Tofu (02/23) 4082999 - 1 Serving</p>	<p><b>301</b>Kcal</p>	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
<b>Camile Stir Fries</b>				

<p>Camile - Crispy Chilli Chicken (02/23) 98660 - 1 Serving</p>	<p>545Kcal</p>	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
<p>Camile - Pad Prik Haeng, Chicken (02/23) 98672 - 1 Serving</p>	<p>526Kcal</p>	 WHEAT  MOLLUSCS  SULPHITES  CASHEWS  SOYA		
<p>Camile Thai - Crispy Chilli Beef (02/23) 98659 - 1 Serving</p>	<p>615Kcal</p>	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
<p>Camile Thai - Crispy Chilli Beef LARGE (02/23) 167221 - Serves 2 people</p>	<p>922Kcal</p>	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
<p>Camile Thai - Crispy Chilli Chicken LARGE (02/23) 167218 - Serves 2 people</p>	<p>817Kcal</p>	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
<p>Camile Thai - Crispy Chilli Prawns (02/23) 4760692 - 1 Serving</p>	<p>491Kcal</p>	 WHEAT  CRUSTACEANS  SESAME  SULPHITES  EGGS  MOLLUSCS  SOYA	 TREE NUTS  PEANUTS  MILK  FISH  CELERY  MUSTARD	
<p>Camile Thai - Mekong Duck (02/23) 98661 - 1 Serving</p>	<p>408Kcal</p>	 WHEAT  SOYA  MOLLUSCS  SULPHITES		
<p>Camile Thai - Mekong Duck LARGE (02/23) 167247 - Serves 2 people</p>	<p>611Kcal</p>	 WHEAT  SOYA  MOLLUSCS  SULPHITES		

<p>Camile Thai - Pad King Beef (02/23) 99114 - 1 Serving</p>	<p><b>418Kcal</b></p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad King Beef GLUTEN-FREE (02/23) 4086237 - 1 Serving</p>	<p><b>420Kcal</b></p>	 MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad King Beef, LARGE (02/23) 167224 - Serves 2 people</p>	<p><b>612Kcal</b></p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad King Chicken (02/23) 98664 - 1 Serving</p>	<p><b>396Kcal</b></p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad King Chicken GLUTEN-FREE (02/23) 4086245 - 1 Serving</p>	<p><b>398Kcal</b></p>	 MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad King Chicken, LARGE (02/23) 167223 - Serves 2 people</p>	<p><b>580Kcal</b></p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad King Duck (02/23) 98665 - 1 Serving</p>	<p><b>388Kcal</b></p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad King Duck GLUTEN-FREE (02/23) 4086252 - 1 Serving</p>	<p><b>389Kcal</b></p>	 MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad King Duck, LARGE (02/23) 167225 - Serves 2 people</p>	<p><b>567Kcal</b></p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad King Prawns (02/23) 98666 - 1 Serving</p>	<p><b>248Kcal</b></p>	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		

<p>Camile Thai - Pad King Prawns GLUTEN-FREE (02/23) 4086254 - 1 Serving</p>	<p>249Kcal</p>			
<p>Camile Thai - Pad King Prawns LARGE (02/23) 167222 - Serves 2 people</p>	<p>372Kcal</p>			
<p>Camile Thai - Pad King Tofu (02/23) 98668 - 1 Serving</p>	<p>280Kcal</p>			
<p>Camile Thai - Pad King Tofu LARGE (02/23) 167226 - Serves 2 people</p>	<p>420Kcal</p>			
<p>Camile Thai - Pad Krapow (02/23) 2678632 - 1 Serving</p>	<p>440Kcal</p>			
<p>Camile Thai - Pad Med Mamung (02/23) 69996 - 1 Serving</p>	<p>482Kcal</p>			
<p>Camile Thai - Pad Med Mamung, LARGE (02/23) 167246 - Serves 2 people</p>	<p>723Kcal</p>			
<p>Camile Thai - Pad Prik Haeng, Beef (02/23) 98669 - 1 Serving</p>	<p>560Kcal</p>			
<p>Camile Thai - Pad Prik Haeng, Beef, GLUTEN-FREE (02/23) 4086260 - 1 Serving</p>	<p>562Kcal</p>			

<p>Camile Thai - Pad Prik Haeng, Beef, LARGE (02/23) 167229 - Serves 2 people</p>	<p>841Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Chicken, GLUTEN-FREE (02/23) 4086346 - 1 Serving</p>	<p>528Kcal</p>	 CASHEWS  MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad Prik Haeng, Chicken, LARGE (02/23) 167227 - Serves 2 people</p>	<p>789Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Duck (02/23) 98674 - 1 Serving</p>	<p>517Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Duck, GLUTEN-FREE (02/23) 4086352 - 1 Serving</p>	<p>520Kcal</p>	 CASHEWS  MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad Prik Haeng, Duck, LARGE (02/23) 167234 - Serves 2 people</p>	<p>776Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving</p>	<p>377Kcal</p>	 WHEAT  CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Prawns, GLUTEN-FREE (02/23) 4086354 - 1 Serving</p>	<p>380Kcal</p>	 CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE

<p>Camile Thai - Pad Prik Haeng, Prawns, LARGE (02/23) 167230 - Serves 2 people</p>	<p>566Kcal</p>	 WHEAT  CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Tofu (02/23) 98676 - 1 Serving</p>	<p>410Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Tofu, LARGE (02/23) 167231 - 1 Serving</p>	<p>614Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving</p>	<p>316Kcal</p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving</p>	<p>457Kcal</p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) 3156000 - 1 Serving</p>	<p>390Kcal</p>	 WHEAT  CASHEWS  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving</p>	<p>531Kcal</p>	 WHEAT  CASHEWS  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Petite Camile - Pad Prik Haeng, Tofu (02/23) 8139537 - 1 Serving</p>	<p>438Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA  SULPHITES		

Camile Noodles

<p>Camile (Noodles) - Classic Pad Thai, Chicken &amp; Prawn (02/23) 2380143 - 1 Serving</p>	<p>1038Kcal</p>			
<p>Camile (Noodles) - Pad Thai with Chicken (02/23) 3460300 - 1 Serving</p>	<p>1066Kcal</p>			
<p>Camile - Singapore Noodles (02/23) 98698 - 1 Serving</p>	<p>800Kcal</p>			
<p>Camile Thai (Noodles) - Khao Soi Gai (02/23) 98695 - 1 Serving</p>	<p>1049Kcal</p>			
<p>Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving</p>	<p>500Kcal</p>			
<p>Camile Thai - Pad Kee Mao with Beef (02/23) 4004737 - 1 Serving</p>	<p>775Kcal</p>			

<p>Camile Thai - Pad Kee Mao with Chicken (02/23) 4004698 - 1 Serving</p>	<p><b>741</b>Kcal</p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Kee Mao with Duck (02/23) 4004740 - 1 Serving</p>	<p><b>733</b>Kcal</p>	 WHEAT  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Kee Mao with Prawns (02/23) 4004747 - 1 Serving</p>	<p><b>616</b>Kcal</p>	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Vegan Pad Kee Mao with Tofu (02/23) 4004641 - 1 Serving</p>	<p><b>632</b>Kcal</p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Kee Mao with Vegan Chicken - 1 Serving</p>	<p><b>773</b>Kcal</p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Thai with Tofu (02/23) 1048673 - 1 Serving</p>	<p><b>985</b>Kcal</p>	 WHEAT  PEANUTS  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Thai with Vegan Chicken (02/23) 5752087 - 1 Serving</p>	<p><b>1126</b>Kcal</p>	 WHEAT  PEANUTS  SOYA  SULPHITES		 VEGETARIAN  VEGAN

**Camile Fried Rice Dishes**

<p>Camile Thai - Camile Special Fried Rice (02/23) 98720 - 1 Serving</p>	<p><b>817</b>Kcal</p>	 WHEAT  EGGS  FISH  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		
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<p>Camile Thai - Khao Pad Nua (06/23) 98788 - 1 Serving</p>	<p><b>845Kcal</b></p>	 WHEAT  CASHEWS  EGGS  FISH  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving</p>	<p><b>615Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving</p>	<p><b>600Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN

### Camile Ireland Specials

<p>Camile (Christmas Special) - Camile Fried Chicken with Spicy Maple Jang Sauce (02/23) 7656065 - 1 Serving</p>	<p><b>1075Kcal</b></p>	 WHEAT, BARLEY  EGGS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  MUSTARD	
<p>Camile (Specials) - Harry's Bangin' Panang Curry with Chicken (02/23) 5342302 - 1 Serving</p>	<p><b>717Kcal</b></p>	 WHEAT  PEANUTS  SOYA  SULPHITES	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME	
<p>Camile (Specials) - Harry's Bangin' Panang Curry, Vegan (02/23) 5342317 - 1 Serving</p>	<p><b>686Kcal</b></p>	 WHEAT  PEANUTS  SOYA  SULPHITES	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
<p>Camile (Specials) - Crispy Chicken Burrito (02/23) 8002298 - 1 Serving</p>	<p><b>980Kcal</b></p>	 OATS, WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES	 MUSTARD  SESAME	
<p>Camile (Specials) - Honey Crispy Bao Buns (02/23) 7247511 - 1 Serving</p>	<p><b>357Kcal</b></p>	 WHEAT  EGGS  MUSTARD  SOYA  SULPHITES	 PEANUTS	

<p>Camile (Specials) - Paddy's Krispy Krapow Chicken (02/23) 5765194 - 1 Serving</p>	<p><b>485Kcal</b></p>	 WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile (Specials) - Paddy's Krispy Krapow Tofu (02/23) 5765536 - 1 Serving</p>	<p><b>333Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile (Specials) - Spicy Dan Dan Chicken Noodles (02/23) 6817220 - 1 Serving</p>	<p><b>515Kcal</b></p>	 WHEAT  MILK  FISH  CRUSTACEANS  SOYA	 TREE NUTS  PEANUTS  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
<p>Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken (02/23) 6817247 - 1 Serving</p>	<p><b>500Kcal</b></p>	 WHEAT  CELERY  SOYA  SULPHITES	 TREE NUTS  PEANUTS  EGGS  MILK  MUSTARD  SESAME	 VEGETARIAN  VEGAN
<p>Camile Thai (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving</p>	<p><b>312Kcal</b></p>	 FISH  CRUSTACEANS	 WHEAT  MILK  MUSTARD  SULPHITES  TREE NUTS  MOLLUSCS  SESAME  PEANUTS  CELERY  SOYA	 VEGETARIAN  VEGAN
<p>Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving</p>	<p><b>282Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
<p>Camile (Specials) - Singapore BareNaked Noodles (02/23) 3902291 - 1 Serving</p>	<p><b>500Kcal</b></p>	 OATS, WHEAT  EGGS  MOLLUSCS  SESAME  SULPHITES  PEANUTS  CRUSTACEANS  CELERY  SOYA	 TREE NUTS  MILK  MUSTARD	

<p>Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) 3902307 - 1 Serving</p>	<p>620Kcal</p>	 WHEAT  SULPHITES  SOYA	 TREE NUTS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
<p>Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) 5812750 - 1 Serving</p>	<p>615Kcal</p>	 WHEAT  SULPHITES  SOYA	 TREE NUTS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
<p>Camile Signature Spice Bag (02/23) 2386039 - 1 Serving</p>	<p>730Kcal</p>	 WHEAT  MILK  SULPHITES  EGGS  SOYA	 TREE NUTS  MUSTARD  PEANUTS  SESAME  CELERY	
<p>Camile Vegan Spice Bag (02/23) 2685959 - 1 Serving</p>	<p>568Kcal</p>	 WHEAT  SOYA  CELERY  SULPHITES	 TREE NUTS  MILK  MUSTARD  SESAME  EGGS	 VEGETARIAN  VEGAN
<p>Camile (Specials) - Green Chicken Curry Burrito (02/23) 8200923 - 1 Serving</p>	<p>914Kcal</p>	 OATS, WHEAT  FISH  EGGS  CRUSTACEANS	 MOLLUSCS	
<p>Camile (Specials) - Honey Ginger Duck Special (03/23) 8103327 - 1 Serving</p>	<p>481Kcal</p>	 WHEAT  SOYA  SESAME	 SULPHITES	
<p>Camile (Specials) - Satay Chicken Burrito (02/23) 8201055 - 1 Serving</p>	<p>934Kcal</p>	 OATS, WHEAT  EGGS  SOYA  PEANUTS  CRUSTACEANS	 TREE NUTS  MUSTARD  MILK  SESAME  CELERY  SULPHITES	
<p>Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving</p>	<p>683Kcal</p>	 WHEAT  MOLLUSCS  SOYA  FISH  SESAME  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	

<p>Camile Thai (Specials) - Chicken Katsu Curry (08/23) - 1 Serving</p>	<p>625Kcal</p>	 WHEAT  MILK  CELERY  MUSTARD  SOYA	 TREE NUTS  PEANUTS  SESAME  SULPHITES	
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**Camile Burritos**

<p>Camile (Specials) - Crispy Chicken Burrito (02/23) 8002298 - 1 Serving</p>	<p>980Kcal</p>	 OATS, WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES	 MUSTARD  SESAME	
<p>Camile (Specials) - Green Chicken Curry Burrito (02/23) 8200923 - 1 Serving</p>	<p>914Kcal</p>	 OATS, WHEAT  EGGS  FISH  CRUSTACEANS	 MOLLUSCS	
<p>Camile (Specials) - Satay Chicken Burrito (02/23) 8201055 - 1 Serving</p>	<p>934Kcal</p>	 OATS, WHEAT  EGGS  CRUSTACEANS  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	

**Camile Seafood**

<p>Camile - Massaman Curry, Prawns (02/23) 98713 - 1 Serving</p>	<p>700Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
<p>Camile Thai - Green Curry, Prawn (02/23) 98707 - 1 Serving</p>	<p>564Kcal</p>	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
<p>Camile Thai - Pad King Prawns (02/23) 98666 - 1 Serving</p>	<p>248Kcal</p>	 WHEAT  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		
<p>Camile Thai - Pad Prik Haeng, Prawns (02/23) 98675 - 1 Serving</p>	<p>377Kcal</p>	 WHEAT  CRUSTACEANS  SOYA  CASHEWS  MOLLUSCS  SULPHITES		

<p>Camile Thai - Red Curry, Prawns (02/23) 98718 - 1 Serving</p>	<p><b>534Kcal</b></p>	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
<p>Camile Thai (Seafood) Thai-Style Teriyaki Salmon (07/23) 3221633 - 1 Serving</p>	<p><b>683Kcal</b></p>	 WHEAT  FISH  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	

**Camile - Vegan Menu**

<p>Camile Thai (Salads) - Vegan Tofu &amp; Kale Salad with Tamarind Dressing (02/23) 917544 - 1 Serving</p>	<p><b>379Kcal</b></p>	 WHEAT  SESAME  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving</p>	<p><b>282Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
<p>Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving</p>	<p><b>196Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving</p>	<p><b>336Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) 3902307 - 1 Serving</p>	<p><b>620Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
<p>Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) 5812750 - 1 Serving</p>	<p><b>615Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
<p>Camile Thai (Starters) - Crispy Tofu with Tamarind Dressing (02/23) 2434052 - 1 Serving</p>	<p><b>849Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

<p>Camile Thai - Vegan Crispy Chilli Tofu (02/23) 4760727 - 1 Serving</p>	<p><b>256Kcal</b></p>	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving</p>	<p><b>615Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving</p>	<p><b>600Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Green Curry with Tofu (02/23) 2678587 - 1 Serving</p>	<p><b>535Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) 3218092 - 1 Serving</p>	<p><b>676Kcal</b></p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
<p>Camile Thai - Vegan Pad Kee Mao with Tofu (02/23) 4004641 - 1 Serving</p>	<p><b>632Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Kee Mao with Vegan Chicken (02/23) 4004674 - 1 Serving</p>	<p><b>773Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad King with Tofu (02/23) 1460978 - 1 Serving</p>	<p><b>316Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad King with Vegan Chicken (02/23) 4085733 - 1 Serving</p>	<p><b>457Kcal</b></p>	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Prik Haeng, with Tofu (02/23) 3156000 - 1 Serving</p>	<p><b>390Kcal</b></p>	 WHEAT  SOYA  CASHEWS  SULPHITES		 VEGETARIAN  VEGAN

<p>Camile Thai - Vegan Pad Prik Haeng, with Vegan Chicken (02/23) 3460316 - 1 Serving</p>	<p>531Kcal</p>	 WHEAT  SOYA  CASHEWS  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Thai with Tofu (02/23) 1048673 - 1 Serving</p>	<p>985Kcal</p>	 WHEAT  SOYA  PEANUTS  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Pad Thai with Vegan Chicken (02/23) 5752087 - 1 Serving</p>	<p>1126Kcal</p>	 WHEAT  SOYA  PEANUTS  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Red Curry with Tofu (02/23) 3218083 - 1 Serving</p>	<p>531Kcal</p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
<p>Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) 3218091 - 1 Serving</p>	<p>672Kcal</p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
<p>Camile Vegan Spice Bag (02/23) 2685959 - 1 Serving</p>	<p>568Kcal</p>	 WHEAT  CELERY  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  MUSTARD  EGGS  SESAME	 VEGETARIAN  VEGAN

**Camile Gluten-Free Menu (Laboratory Certified)**

<p>Camile Thai (Soups) - Tom Yam Goong (02/23) 98658 - 1 Serving</p>	<p>210Kcal</p>	 FISH  CRUSTACEANS  SOYA  SULPHITES	 MOLLUSCS	 GLUTEN FREE
<p>Camile (Specials) - Vegan Green Curry with Chickpeas (02/23) 3902307 - 1 Serving</p>	<p>620Kcal</p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE

Camile (Specials) - Vegan Red Curry with Chickpeas (02/23) 5812750 - 1 Serving	615Kcal	 WHEAT  SULPHITES  SOYA	 TREE NUTS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE
Camile Thai - Green Curry, Beef (02/23) 98704 - 1 Serving	737Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Beef LARGE (02/23) 167180 - Serves 2 people	1105Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Chicken (02/23) 198089 - 1 Serving	712Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Chicken LARGE (02/23) 167183 - Serves 2 people	1069Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Duck (02/23) 98706 - 1 Serving	704Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Duck LARGE (02/23) 167186 - Serves 2 people	1056Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Prawn (02/23) 98707 - 1 Serving	564Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Green Curry, Prawn LARGE (02/23) 167184 - Serves 2 people	846Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Camile Thai - Pad King Beef GLUTEN-FREE (02/23) 4086237 - 1 Serving	420Kcal	 MOLLUSCS  SULPHITES  SOYA		 GLUTEN FREE
Camile Thai - Pad King Chicken GLUTEN-FREE (02/23) 4086245 - 1 Serving	398Kcal	 MOLLUSCS  SULPHITES  SOYA		 GLUTEN FREE
Camile Thai - Pad King Duck GLUTEN-FREE (02/23) 4086252 - 1 Serving	389Kcal	 MOLLUSCS  SULPHITES  SOYA		 GLUTEN FREE
Camile Thai - Pad King Prawns GLUTEN-FREE (02/23) 4086254 - 1 Serving	249Kcal	 CRUSTACEANS  SOYA  MOLLUSCS  SULPHITES		 GLUTEN FREE

<p>Camile Thai - Pad Prik Haeng, Beef, GLUTEN-FREE (02/23) 4086260 - 1 Serving</p>	<p>562Kcal</p>	 CASHEWS  MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad Prik Haeng, Chicken, GLUTEN-FREE (02/23) 4086346 - 1 Serving</p>	<p>528Kcal</p>	 CASHEWS  MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad Prik Haeng, Duck, GLUTEN-FREE (02/23) 4086352 - 1 Serving</p>	<p>520Kcal</p>	 CASHEWS  MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Pad Prik Haeng, Prawns, GLUTEN-FREE (02/23) 4086354 - 1 Serving</p>	<p>380Kcal</p>	 CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA  SULPHITES		 GLUTEN FREE
<p>Camile Thai - Red Curry, Beef (02/23) 98715 - 1 Serving</p>	<p>717Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		 GLUTEN FREE
<p>Camile Thai - Red Curry, Beef LARGE (02/23) 167191 - Serves 2 people</p>	<p>1075Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		
<p>Camile Thai - Red Curry, Chicken (02/23) 98716 - 1 Serving</p>	<p>683Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		 GLUTEN FREE
<p>Camile Thai - Red Curry, Chicken LARGE (02/23) 167192 - Serves 2 people</p>	<p>1024Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		 GLUTEN FREE
<p>Camile Thai - Red Curry, Duck (02/23) 98717 - 1 Serving</p>	<p>674Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		 GLUTEN FREE
<p>Camile Thai - Red Curry, Duck LARGE (02/23) 167195 - Serves 2 people</p>	<p>1011Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		 GLUTEN FREE
<p>Camile Thai - Red Curry, Prawns (02/23) 98718 - 1 Serving</p>	<p>534Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		 GLUTEN FREE
<p>Camile Thai - Red Curry, Prawns LARGE (02/23) 167194 - Serves 2 people</p>	<p>801Kcal</p>	 FISH  CRUSTACEANS  MOLLUSCS		 GLUTEN FREE
<p>Camile Thai - Vegan Green Curry with Vegan Chicken (02/23) 3218092 - 1 Serving</p>	<p>676Kcal</p>	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN  GLUTEN FREE

<p>Camile Thai - Vegan Red Curry with Vegan Chicken (02/23) 3218091 - 1 Serving</p>	<p>672Kcal</p>	<p>WHEAT SOYA SULPHITES</p>	<p>TREE NUTS PEANUTS MILK CELERY MUSTARD SESAME</p>	<p>VEGETARIAN VEGAN GLUTEN FREE</p>
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**Camile Kids' Menu**

<p>Camile Kids - Camile Chicken Satay Skewers with Jasmine Rice (02/23) 6291717 - 1 Serving</p>	<p>597Kcal</p>	<p>WHEAT PEANUTS CRUSTACEANS SOYA</p>	<p>TREE NUTS MILK CELERY MUSTARD SESAME SULPHITES</p>	
<p>Camile Kids - Camile Special Fried Rice with Chicken (02/23) 6291447 - 1 Serving</p>	<p>719Kcal</p>	<p>WHEAT EGGS MOLLUSCS SOYA SULPHITES</p>		
<p>Camile Kids - Camile Special Fried Rice with Tofu (02/23) 6291669 - 1 Serving</p>	<p>689Kcal</p>	<p>WHEAT EGGS MOLLUSCS SOYA SULPHITES</p>		
<p>Camile Kids - Sweet Crispy Chicken (02/23) 39983 - 1 Serving</p>	<p>588Kcal</p>	<p>WHEAT EGGS MOLLUSCS SOYA SULPHITES</p>		
<p>Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving</p>	<p>496Kcal</p>	<p>WHEAT EGGS MOLLUSCS SOYA SULPHITES</p>		
<p>Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving</p>	<p>530Kcal</p>	<p>WHEAT EGGS SULPHITES</p>		
<p>Camile Kids - Li'l Spice Bag with Tofu (02/23) 6292782 - 1 Serving</p>	<p>439Kcal</p>	<p>WHEAT SOYA SULPHITES</p>		<p>VEGETARIAN VEGAN</p>

<p>Camile Kids - Massaman Chicken with Jasmine Rice (02/23) 6292668 - 1 Serving</p>	<p><b>856</b>Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
<p>Camile Kids - Massaman Tofu with Jasmine Rice (02/23) 6292686 - 1 Serving</p>	<p><b>814</b>Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES  SOYA	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
<p>Camile Kids - Wok Fried Noodles with Chicken (02/23) 98814 - 1 Serving</p>	<p><b>420</b>Kcal</p>	 WHEAT  MOLLUSCS  SULPHITES  EGGS  SOYA		
<p>Camile Kids - Wok Fried Noodles with Tofu (02/23) 6292557 - 1 Serving</p>	<p><b>390</b>Kcal</p>	 WHEAT  MOLLUSCS  SULPHITES  EGGS  SOYA		

### Camile Sides

<p>Camile (Sides) - Camile Fried Potatoes (02/23) 98622 - 1 Serving</p>	<p><b>594</b>Kcal</p>	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai (Sides) - Brown &amp; Wild Rice (02/23) 98795 - 1 Serving</p>	<p><b>504</b>Kcal</p>			 VEGETARIAN  VEGAN
<p>Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving</p>	<p><b>502</b>Kcal</p>	 EGGS		
<p>Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving</p>	<p><b>460</b>Kcal</p>			 VEGETARIAN  VEGAN
<p>Camile Thai (Sides) - Kale Side Salad with Tamarind Dressing (02/23) 5012675 - 1 Serving</p>	<p><b>91</b>Kcal</p>	 WHEAT  SULPHITES  SOYA		 VEGETARIAN  VEGAN

Camile Thai (Sides) - Steamed Broccoli (02/23) 40377 - 1 Serving	65Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens (02/23) 98794 - 1 Serving	196Kcal	 WHEAT  SULPHITES	 SOYA	 VEGETARIAN  VEGAN
Camile Thai (Sides) - Stir-Fried Asian Greens with GLUTEN-FREE seasoning sauce (02/23) 1459944 - 1 Serving	179Kcal	 MOLLUSCS  SULPHITES	 SOYA	
Camile Thai (Sides) - Stir-Fried Noodles (02/23) 98797 - 1 Serving	336Kcal	 WHEAT  SULPHITES	 SOYA	 VEGETARIAN  VEGAN

### Camile Sauces, Dressings & Dips

Camile (Sauces) - Honey Chilli Lime Sauce (02/23) 7247505 - 1 Serving	72Kcal	 WHEAT  SULPHITES	 SOYA	 VEGETARIAN	
Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving	76Kcal		 PEANUTS  CRUSTACEANS		
Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving	68Kcal	 SULPHITES		 VEGETARIAN  VEGAN	
Camile Thai (CP Sauces) - Hoisin Dipping Sauce, Batch (02/23) 2509692 - 1 Serving	55Kcal	 WHEAT  SESAME	 MOLLUSCS  SOYA		
Camile Thai (CP Sauces) - Sriracha Coconut Dip, Batch (02/23) 1381571 - 1 Serving	50Kcal	 SULPHITES		 WHEAT  MUSTARD  SESAME  SOYA	 VEGETARIAN  VEGAN
Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (02/23) 1381567 - 1 Serving	63Kcal	 SULPHITES		 VEGETARIAN  VEGAN	

<p>Camile Thai (CP Sauces) - Sweet Chilli Sauce, Batch (02/23) 1381567 - 285ml Bottle</p>	<p>600Kcal</p>	 SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai (Sauces) - Sweet Soy Dipping Sauce (02/23) 3473204 - 1 Serving</p>	<p>46Kcal</p>	 WHEAT  SULPHITES  SOYA	 TREE NUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
<p>Camile Thai (Sauces) - Massaman Curry Dip (02/23) 3460048 - 1 Serving</p>	<p>312Kcal</p>	 FISH  CRUSTACEANS	 WHEAT  MILK  MUSTARD  SULPHITES  TREE NUTS  MOLLUSCS  SESAME  PEANUTS  CELERY  SOYA	
<p>Camile Thai (Sauces) - Soy Sauce (02/23) 4806767 - 285ml Bottle</p>	<p>258Kcal</p>	 WHEAT  SOYA		 VEGETARIAN  VEGAN
<p>Camile Thai (Sauces) - Sriracha Sauce (02/23) 4086447 - 285ml Bottle</p>	<p>185Kcal</p>	 SULPHITES		 VEGETARIAN  VEGAN
<p>Camile Thai (Sauces) - Tamarind Dressing (02/23) 4156814 - 1 Serving</p>	<p>57Kcal</p>	 WHEAT  SULPHITES  SOYA		
<p>Camile Thai (Sauces) - Thai Seasoning Sauce, 285mls (02/23) 1460264 - 285ml Bottle</p>	<p>360Kcal</p>	 WHEAT  SOYA  MOLLUSCS  SULPHITES		
<p>Camile (Sauces) - Vegan Green Curry Dip (02/23) 3460028 - 1 Serving</p>	<p>282Kcal</p>	 WHEAT  SULPHITES  SOYA	 TREE NUTS  CELERY  PEANUTS  MUSTARD  MILK  SESAME	 VEGETARIAN  VEGAN
<b>Camile Toppings</b>				
<p>Camile Thai (Toppings) - Crispy Shallots (02/23) 3471464 - 1 Serving</p>	<p>87Kcal</p>	 WHEAT		 VEGETARIAN  VEGAN

Camile Thai (Toppings) - Crushed Peanuts (02/23) 3471476 - 1 Serving	134Kcal	 PEANUTS		 VEGETARIAN
Camile Thai (Toppings) - Soy Sunflower & Pumpkin Seeds (02/23) 3471469 - 1 Serving	88Kcal	 SOYA		 VEGETARIAN   VEGAN
<b>Camile Snacks</b>				
Camile (Snacks) - Cali Cali Buffalo Chipotle Guilt-free Crisps (08/20) - 1 Serving	116Kcal		 SOYA	 VEGETARIAN   VEGAN
Camile (Snacks) - Cali Cali Tangy Cheese & Red Onion Guilt-free Crisps (08/20) - 1 Serving	117Kcal	 MILK	 SOYA	 VEGETARIAN
Camile (Snacks) - Cali Cali Thai Sweet Chilli Guilt-free Crisps (08/20) - 1 Serving	115Kcal		 SOYA	 VEGETARIAN   VEGAN
Camile (Snacks) - Cali Cali Tijuana Hot Sauce Guilt-free Crisps (08/20) - 1 Serving	115Kcal		 SOYA	 VEGETARIAN   VEGAN
<b>Camile Ireland - Desserts</b>				
Ben & Jerry's Caramel Chew Chew Ice Cream, 100ml tub (05/21) - 1 Serving	211Kcal	 EGGS  MILK  SOYA	 TREE NUTS	 VEGETARIAN   HALAL   KOSHER
Ben & Jerry's Caramel Chew Chew Ice Cream, 465ml tub (11/21) - Serves 4 people	1129Kcal	 EGGS  MILK  SOYA	 HAZELNUTS, ALMONDS, WALNUTS	 HALAL   KOSHER
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 100ml tub (05/21) - 1 Serving	182Kcal	 WHEAT, BARLEY  EGGS  MILK		 VEGETARIAN   HALAL   KOSHER

<p>Ben &amp; Jerry's Chocolate Fudge Brownie Ice Cream 465ml tub (05/21) - Serves 4 people</p>	<p><b>994</b>Kcal</p>	 WHEAT, BARLEY  MILK  EGGS		 VEGETARIAN  HALAL  KOSHER
<p>Ben &amp; Jerry's Cookie Dough Ice Cream 100ml tub (12/21) - 1 Serving</p>	<p><b>213</b>Kcal</p>	 WHEAT  MILK  EGGS  SOYA		 VEGETARIAN  HALAL  KOSHER
<p>Ben &amp; Jerry's Cookie Dough Ice Cream 465ml tub (05/21) - Serves 4 people</p>	<p><b>1111</b>Kcal</p>	 WHEAT BARLEY  MILK  EGGS  SOYA		 VEGETARIAN  HALAL  KOSHER
<p>Ben &amp; Jerry's Non-Dairy Chocolate Fudge Brownie Vegan Ice Cream 465ml (12/21) - Serves 4 people</p>	<p><b>820</b>Kcal</p>	 WHEAT, BARLEY  SOYA  ALMONDS		 VEGETARIAN  VEGAN  HALAL  KOSHER
<p>Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving</p>	<p><b>254</b>Kcal</p>	 SOYA	 GLUTEN  TREE NUTS  PEANUTS  SESAME  SULPHITES	 VEGETARIAN  VEGAN
<p>Camile Thai (Desserts) - Crispy Pancake (Apple Filled with Cinnamon Sugar &amp; Custard) (02/23) 2433850 - 1 Serving</p>	<p><b>272</b>Kcal</p>	 WHEAT  MILK		
<p>Nobó Dairy Free Ice-Cream - Chocolate &amp; Toasted Almonds 500ml Tub (03/22) 3138171 - Kcals per 1/4 tub</p>	<p><b>239</b>Kcal</p>	 ALMONDS		 VEGETARIAN
<p>Nobó Dairy Free Ice-Cream - Irish Salted Caramel 500ml Tub (03/22) 3138175 - Kcals per 1/4 tub</p>	<p><b>231</b>Kcal</p>			 VEGETARIAN  VEGAN
<p>Nobó Dairy Free Ice-Cream - Passion Fruit &amp; Mango 500ml Tub (03/22) 3138160 - Kcals per 1/4 tub</p>	<p><b>186</b>Kcal</p>			 VEGETARIAN

## Camile Ireland - Drinks

Camile (Soft Drinks) - Sprite Zero - 500ml Bottle	0Kcal			
Camile (Coffees) - Americano - 1 Serving	4Kcal			
Camile (Coffees) - Cappucino - 1 Serving	138Kcal	 MILK		
Camile (Coffees) - Espresso (1 shot) - 1 Serving	3Kcal			
Camile (Coffees) - Latté - 1 Serving	148Kcal	 MILK		
Camile (Soft Drinks) - Coca Cola - 500ml Bottle	212Kcal			
Camile (Soft Drinks) - Diet Coke - 500ml Bottle	0Kcal			
Camile (Soft Drinks) - Fanta Lemon (11/21) - 330ml Can	59Kcal			
Camile (Soft Drinks) - Fanta Orange (03/21) - 500ml Bottle	92Kcal			
Camile (Soft Drinks) - Fanta Orange (05/21) - 330ml Can	61Kcal			
Camile (Soft Drinks) - Mude Play, Hint of Melon & Raspberry (03/22) - 330ml Can	37Kcal	 BARLEY	 WHEAT	 VEGETARIAN  VEGAN
Camile (Soft Drinks) - Sprite - 500ml Bottle	132Kcal			
Camile (Teas) - Chamomile Tea - 1 Serving	2Kcal			
Camile (Teas) - Green Tea - 1 Serving	1Kcal			
Camile (Teas) - Peppermint Tea - 1 Serving	2Kcal			
Camile (Teas) - Regular Tea - 1 Serving	0Kcal			
San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	0Kcal			
SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	12Kcal			 GLUTEN FREE
SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	11Kcal			 GLUTEN FREE

SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	13Kcal			 GLUTEN FREE
Vit Hit Apple & Elderflower, 500ml bottle (12/21) - 1 Serving	32Kcal	 SULPHITES		
Vit Hit Berry Boost, 500ml bottle (11/21) - 1 Serving	30Kcal			
Vit Hit Citrus Revive with Ginseng, 500ml bottle (12/21) - 1 Serving	13Kcal			
Vit Hit Dragon fruit, Yuzu, Zinc & Ceylon Tea, 500ml bottle (12/21) - 1 Serving	47Kcal			
Vit Hit Sparkling Mango & Pineapple with Rooibus Tea (06/22) - 330ml Can	43Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Pink Grapefruit Lime & White Tea (03/22) - 330ml Can	30Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Raspberry & Watermelon with Ceylon Tea (06/22) - 330ml Can	40Kcal			 VEGETARIAN  VEGAN

### Camile Wine & Beer

Camile Thai (Beers) - Chang Classic Beer (320ml bottle) - 1 Serving	91Kcal	 BARLEY		
Camile Thai (Beers) - Heineken (330ml bottle) - 1 Serving	115Kcal	 BARLEY	 WHEAT	
Camile Thai (Beers) - Tiger Beer (330ml bottle) - 1 Serving	135Kcal	 BARLEY		
Camile Thai (Beers) - Wicklow Wolf American Amber Beer (500ml bottle) - 1 Serving	143Kcal	 BARLEY		
Camile Thai (Red Wine) Argento Malbec (187ml glass) - 1 Serving	180Kcal	 SULPHITES		
Camile Thai (Red Wine) Bouchard Aine et Fils Pinot Noir (187ml glass) - 1 Serving	167Kcal	 SULPHITES		

Camile Thai (Red Wine) CH Pennautier Syrah (187ml glass) - 1 Serving	160Kcal	 SULPHITES		
Camile Thai (Red Wine) Culemborg Pinotage (187ml glass) - 1 Serving	167Kcal	 SULPHITES		
Camile Thai (White Wine) CA Marietta Pinot Grigio (187ml glass) - 1 Serving	162Kcal	 SULPHITES		
Camile Thai (White Wine) Chateau De Pennautier Viognier (187ml glass) - 1 Serving	149Kcal	 SULPHITES		
Camile Thai (White Wine) Culemborg Chenin Blanc (187ml glass) - 1 Serving	162Kcal	 SULPHITES		
Camile Thai (White Wine) Mancura Etnia Sauvignon Blanc (187ml glass) - 1 Serving	162Kcal	 SULPHITES		
Camile Thai (White Wine) Serena Prosecco Frizzante (125ml glass) - 1 Serving	113Kcal	 SULPHITES		

### Camile Bliss Bowls

Camile Bliss Bowls - Khao Soi Gai (02/23) 3068877 - 1 Serving	690Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Bliss Bowls - Pad King Chicken (02/23) 3068829 - 1 Serving	492Kcal	 WHEAT  SOYA  MOLLUSCS  SULPHITES		
Camile Bliss Bowls - Pad King Tofu (02/23) 3068847 - 1 Serving	549Kcal	 WHEAT  SULPHITES  SOYA		 VEGETARIAN  VEGAN
Camile Bliss Bowls - Pad Prik Haeng Chicken (02/23) 3068838 - 1 Serving	492Kcal	 WHEAT  SOYA  MOLLUSCS  SULPHITES		
Camile Bliss Bowls - Pork Ramen (02/23) 3068939 - 1 Serving	508Kcal	 WHEAT, BARLEY  MOLLUSCS  SESAME  FISH  CELERY  SOYA	 TREE NUTS  PEANUTS  MUSTARD	

<p>Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving</p>	<p>549Kcal</p>	 WHEAT  SULPHITES  SOYA		 VEGETARIAN  VEGAN
<p>Petite Camile (Bliss Bowls) - Green Chicken Curry (02/23) 3063366 - 1 Serving</p>	<p>804Kcal</p>	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	 GLUTEN FREE
<p>Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving</p>	<p>800Kcal</p>	 FISH  CRUSTACEANS  SOYA	 WHEAT  TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
<p>Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving</p>	<p>605Kcal</p>	 WHEAT  MOLLUSCS  EGGS  SOYA  SULPHITES		
<p>Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving</p>	<p>793Kcal</p>	 WHEAT  SULPHITES  SOYA	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

### Camile ON THE GO Bowls

<p>Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving</p>	<p>567Kcal</p>	 WHEAT  SESAME  SULPHITES  MOLLUSCS  SOYA	 TREE NUTS  PEANUTS  MUSTARD	
<p>Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving</p>	<p>657Kcal</p>	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
<p>Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving</p>	<p>711Kcal</p>	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
<p>Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving</p>	<p>727Kcal</p>	 WHEAT  CRUSTACEANS  FISH  SULPHITES	 TREE NUTS  MOLLUSCS  SESAME  PEANUTS  CELERY  SOYA  MILK  MUSTARD	

<p>Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving</p>	<p><b>780</b>Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
<p>Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) 5421034 - 1 Serving</p>	<p><b>497</b>Kcal</p>	 WHEAT  MOLLUSCS  SULPHITES  CASHEWS  SOYA	 PEANUTS  MUSTARD  SESAME	
<p>Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) 5421058 - 1 Serving</p>	<p><b>551</b>Kcal</p>	 WHEAT  MOLLUSCS  SULPHITES  CASHEWS  SOYA	 PEANUTS  MUSTARD  SESAME	
<p>Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) 5420977 - 1 Serving</p>	<p><b>565</b>Kcal</p>	 WHEAT  MOLLUSCS  SOYA  EGGS  SESAME  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
<p>Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving</p>	<p><b>541</b>Kcal</p>	 WHEAT  SOYA  SESAME  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
<p>Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving</p>	<p><b>681</b>Kcal</p>	 WHEAT  SULPHITES  SOYA	 TREE NUTS  PEANUTS  CELERY  MILK  MUSTARD  SESAME	 VEGETARIAN  VEGAN
<p>Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 5421070 - 1 Serving</p>	<p><b>323</b>Kcal</p>	 WHEAT  SOYA  MILK  SULPHITES	 EGGS	 VEGETARIAN  VEGAN

Camile Lunch Menu

<p>Camile (Lunch Menu) - Chicken Fried Rice (02/23) 5699989 - 1 Serving</p>	<p>503Kcal</p>			
<p>Camile (Lunch Menu) - Crispy Chilli Chicken Stir-Fry (02/23) - 1 Serving</p>	<p>552Kcal</p>			
<p>Camile (Lunch Menu) - Green Chicken Curry (02/23) - 1 Serving</p>	<p>653Kcal</p>			
<p>Camile (Lunch Menu) - Massaman Chicken Curry (02/23) - 1 Serving</p>	<p>901Kcal</p>			
<p>Camile (Lunch Menu) - Massaman Tofu Curry &amp; Rice (02/23) - 1 Serving</p>	<p>765Kcal</p>			
<p>Camile (Lunch Menu) - Pad Prik Haeng Chicken (02/23) - 1 Serving</p>	<p>496Kcal</p>			
<p>Camile (Lunch Menu) - Pad Prik Haeng Tofu (02/23) - 1 Serving</p>	<p>419Kcal</p>			
<p>Camile (Lunch Menu) - Pad Thai with Chicken (02/23) - 1 Serving</p>	<p>680Kcal</p>			

<p>Camile (Lunch Menu) - Vegan Crispy Chilli Tofu Stir-Fry (02/23) - 1 Serving</p>	<p><b>425Kcal</b></p>	<p>  WHEAT   SOYA   SULPHITES         </p>		<p>  VEGETARIAN   VEGAN         </p>
<p>Camile (Lunch Menu) - Vegan Fried Rice with Tofu (02/23) - 1 Serving</p>	<p><b>364Kcal</b></p>	<p>  WHEAT   SOYA   SULPHITES         </p>		<p>  VEGETARIAN   VEGAN         </p>
<p>Camile (Lunch Menu) - Vegan Green Curry with Tofu (02/23) - 1 Serving</p>	<p><b>515Kcal</b></p>	<p>  WHEAT   SOYA   SULPHITES         </p>	<p>  TREE NUTS   PEANUTS   MILK   CELERY   MUSTARD   SESAME         </p>	<p>  VEGETARIAN   VEGAN         </p>
<p>Camile (Lunch Menu) - Vegan Pad Thai with Tofu (02/23) - 1 Serving</p>	<p><b>444Kcal</b></p>	<p>  WHEAT   SOYA   SULPHITES         </p>		<p>  VEGETARIAN   VEGAN         </p>

**Camile Thai - Tallaght - Lunch Specials**

<p>Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Noodles (02/23) 3200231 - 1 Serving</p>	<p><b>447Kcal</b></p>	<p>  WHEAT   MOLLUSCS   SULPHITES   EGGS   SOYA         </p>		
<p>Camile Thai (Tallaght - Lunch Specials) - Chicken Fried Rice (02/23) 3200219 - 1 Serving</p>	<p><b>660Kcal</b></p>	<p>  WHEAT   FISH   MOLLUSCS   SULPHITES   EGGS   CRUSTACEANS   SOYA         </p>		
<p>Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Noodles (02/23) 3200246 - 1 Serving</p>	<p><b>497Kcal</b></p>	<p>  WHEAT   MOLLUSCS   SULPHITES   EGGS   SOYA         </p>		

<p>Camile Thai (Tallaght - Lunch Specials) - Tofu Fried Rice (02/23) 3200198 - 1 Serving</p>	<p>709Kcal</p>			
<p><b>Camile Doggy Treats!</b></p>				
<p>Camile Doggy Treats! - Homemade Mango Rice Pudding with a Luxury Madeleine Biscuit (02/23) 3460420 - 1 Serving</p>	<p>279Kcal</p>			