

Petite Camile (Ireland) - Allergen Information 14/02/2023



Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Meal Deals				
For allergen information & calories, please check individual dishes before ordering - 100g	0Kcal			
Camile Ireland Breakfast Menu				
Camile (Breakfast Menu) - Breakfast Box with Camile Fried Rice, Omelette & Pork Belly (02/23) - 1 Serving	887Kcal	WHEAT EGGS MILK MOLLUSCS SOYA SULPHITES	TREE NUTS PEANUTS MUSTARD SESAME	CELERY
Camile (Breakfast Menu) - Breakfast Box with Crispy Potato, Omelette & Pork Belly (02/23) - 1 Serving	849Kcal	WHEAT EGGS MILK SOYA SULPHITES	TREE NUTS PEANUTS MUSTARD SESAME	CELERY
Camile (Breakfast Menu) - Small Veggie Breakfast Box with Fried Rice, Peppers & Omelette (11/22) - 1 Serving	600Kcal	WHEAT EGGS MILK MOLLUSCS SOYA SULPHITES	TREE NUTS PEANUTS MUSTARD SESAME	CELERY
Camile (Breakfast Menu) - Veggie Breakfast Box with Camile Fried Rice, Peppers & Omelette (02/23) - 1 Serving	736Kcal	WHEAT EGGS MILK MOLLUSCS SOYA SULPHITES	TREE NUTS PEANUTS MUSTARD SESAME	CELERY
Camile (Breakfast Menu) - Veggie Breakfast Box with Crispy Potato, Peppers & Omelette (02/23) - 1 Serving	788Kcal	WHEAT EGGS MILK SOYA SULPHITES	TREE NUTS PEANUTS MUSTARD SESAME	CELERY
Petite Camile - Starters & Small Plates				
Camile (Starters) - Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce (02/23) 3480899 - 1 Serving	411Kcal	WHEAT SOYA PEANUTS CRUSTACEANS	TREE NUTS MUSTARD MILK SESAME	CELERY SULPHITES
Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving	492Kcal	WHEAT SESAME MILK SOYA MOLLUSCS SULPHITES	EGGS	

Petite Camile (Starters) - 1 Martabak Beef Gyoza (02/23) 4769461 - 1 Serving	72Kcal	 WHEAT  EGGS  MILK  SOYA	 TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Starters) - 1 Pork Gyoza (02/23) 4769456 - 1 Serving	48Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA		
Petite Camile (Starters) - 1 Vegetable Gyoza (02/23) 4769443 - 1 Serving	50Kcal	 WHEAT  SESAME  SOYA		 VEGETARIAN  VEGAN
Petite Camile (Starters) - 1 Vegetable Spring Roll (02/23) 4769440 - 1 Serving	125Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Petite Camile (Starters) - 5 Hot Chicken Wings with Sauce (02/23) 4769069 - 1 Serving	458Kcal	 SOYA  SULPHITES	 WHEAT  TREE NUTS  PEANUTS  MILK  MUSTARD  SESAME	
Petite Camile (Starters) - Selection, 1 of each Gyoza, Spring roll, Hot wing, Chilli sauce (02/23) - 1 Serving	450Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD	

Petite Camile IE - Nibbles

Camile (Nibbles) - Honey Chilli Cashews (02/23) 98802 - 1 Serving	250Kcal	 CASHews  FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
Camile (Nibbles) - Thai Brown Prawn Crackers (02/23) 3972434 - Serves 4 people	504Kcal	 WHEAT  CRUSTACEANS		
Camile Ireland (Nibbles) - Wasabi Peas (09/21) 4806264 - 1 Serving	166Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN

Petite Camile - Specials

Camile's Signature Spice Bag (02/23) 2386039 - 1 Serving	730Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	
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Camile's Vegan Spice Bag (02/23)
2685959 - 1 Serving

568Kcal



WHEAT



SULPHITES



CELERY



SOYA



TREE NUTS



MILK



PEANUTS



MUSTARD



EGGS



SESAME



VEGETARIAN



VEGAN

Petite Camile - Curries

Camile - Massaman Curry, Chicken (02/23) 98711 - 1 Serving

849Kcal



WHEAT



SULPHITES



FISH



CRUSTACEANS



TREE NUTS



MILK



PEANUTS



MUSTARD



MOLLUSCS



CELERY



SESAME



SOYA

Camile - Massaman Curry, Tofu (02/23) 98714 - 1 Serving

732Kcal



WHEAT



SOYA



FISH



CRUSTACEANS



SULPHITES



TREE NUTS



MILK



PEANUTS



MUSTARD



MOLLUSCS



CELERY



SESAME

Petite Camile (Curries) - Green Curry, Chicken (09/21) 4767713 - 1 Serving

703Kcal



FISH



CRUSTACEANS



MOLLUSCS



GLUTEN FREE

Petite Camile (Curries) - Green Curry, Tofu (02/23) 4767722 - 1 Serving

787Kcal



FISH



CRUSTACEANS



SOYA



MOLLUSCS



GLUTEN FREE

Petite Camile (Curries) - Vegan Green Curry with Tofu (02/23) 4767725 - 1 Serving

736Kcal



WHEAT



SOYA



SULPHITES



TREE NUTS



PEANUTS



MILK



MUSTARD



CELERY



SESAME



VEGETARIAN



VEGAN

Petite Camile - Noodles

Camile - Singapore Noodles (02/23) 98698 - 1 Serving

800Kcal



WHEAT



PEANUTS



EGGS



CRUSTACEANS



MOLLUSCS



CELERY



SESAME



SOYA



SULPHITES



TREE NUTS



MILK



MUSTARD

Petite Camile (Noodles) - Pad Thai with Chicken (02/23) 4767685 - 1 Serving

1156Kcal



WHEAT



PEANUTS



EGGS



SULPHITES



FISH



SOYA



CRUSTACEANS



MOLLUSCS

Petite Camile - Stir Fries

Petite Camile (Stir Fries) Crispy Chilli Chicken (02/23) 4767689 - 1 Serving

545Kcal



WHEAT



EGGS



MOLLUSCS



SESAME



SOYA



SULPHITES



TREE NUTS



PEANUTS



MUSTARD

Petite Camile - Pad Prik Haeng, Chicken (02/23) 8139492 - 1 Serving	555Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	
Petite Camile - Pad Prik Haeng, Tofu (02/23) 8139537 - 1 Serving	438Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	

Petite Camile - Kids' Menu

Camile Kids - Crispy Chicken (02/23) 39983 - 1 Serving	588Kcal	 WHEAT  SOYA  EGGS  SULPHITES  MOLLUSCS	
Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving	496Kcal	 WHEAT  SOYA  EGGS  SULPHITES  MOLLUSCS	
Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving	530Kcal	 WHEAT  SOYA  EGGS  SULPHITES	
Camile Kids - Li'l Spice Bag with Tofu (02/23) 6292782 - 1 Serving	439Kcal	 WHEAT  SOYA  SULPHITES	 VEGETARIAN  VEGAN
Camile Kids - Wok Fried Noodles with Chicken (02/23) 98814 - 1 Serving	420Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	
Camile Kids - Wok Fried Noodles with Tofu (02/23) 6292557 - 1 Serving	390Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	

Camile ON THE GO Bowls

Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving	567Kcal	 WHEAT  SOYA  MOLLUSCS  SULPHITES  SESAME  TREE NUTS  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving	658Kcal	 FISH  CRUSTACEANS  MOLLUSCS	
Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving	712Kcal	 FISH  CRUSTACEANS  SOYA  MOLLUSCS	

<p>Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving</p> <p>Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving</p> <p>Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) 5421034 - 1 Serving</p> <p>Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) 5421058 - 1 Serving</p> <p>Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) 5420977 - 1 Serving</p> <p>Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving</p> <p>Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving</p> <p>Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 5421070 - 1 Serving</p>	727Kcal	 WHEAT  SULPHITES  FISH  SOYA  CRUSTACEANS 	 TREE NUTS  MOLLUSCS  SESAME  PEANUTS  CELERY  SOYA  MILK  CELERY  MUSTARD	
	780Kcal	 WHEAT  SOYA  SULPHITES  FISH  SULPHITES  CRUSTACEANS	 TREE NUTS  MOLLUSCS  SESAME  PEANUTS  CELERY  MILK  CELERY  MUSTARD	
	497Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 PEANUTS  MUSTARD  SESAME	
	551Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 PEANUTS  MUSTARD  SESAME	
	565Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
	541Kcal	 WHEAT  SULPHITES  SESAME  SOYA	 TREE NUTS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
	682Kcal	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD  MILK  CELERY  SESAME	 VEGETARIAN  VEGAN
	323Kcal	 WHEAT  SULPHITES  MILK  SOYA	 EGGS	 VEGETARIAN  VEGAN
Petite Camile - Bliss Bowls				
Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving	549Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN

Petite Camile (Bliss Bowls) - Green Chicken Curry (02/23) 3063366 - 1 Serving	804Kcal	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	 GLUTEN FREE
Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving	800Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving	605Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES		
Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving	793Kcal	 WHEAT  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Petite Camile - Sides

Camile (Sides) - Camile Fried Potatoes (02/23) 98622 - 1 Serving	594Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Brown & Wild Rice (02/23) 98795 - 1 Serving	504Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving	502Kcal	 EGGS		
Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving	460Kcal			 VEGETARIAN  VEGAN
Petite Camile (Sides) - Stir-Fried Noodles (02/23) 8116344 - 1 Serving	375Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN

Petite Camile - Sauces & Dips

Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving	76Kcal	 PEANUTS  CRUSTACEANS		
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Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving	68Kcal	 SULPHITES	 VEGETARIAN  VEGAN
	63Kcal	 SULPHITES	
Petite Camile - Drinks			
Mogu Mogu Blackcurrant Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	162Kcal		
Mogu Mogu Grape Flavoured Drink, 320mls (01/22) - 1 Serving	166Kcal		
Mogu Mogu Mango Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	180Kcal		
Mogu Mogu Melon Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	154Kcal		
Mogu Mogu Pineapple Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	173Kcal		
San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	0Kcal		
SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	12Kcal		 GLUTEN FREE
SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	11Kcal		 GLUTEN FREE
SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	13Kcal		 GLUTEN FREE
Tymbark Apple & Kiwi Drink, 250ml bottle (06/22) - 1 Serving	46Kcal		 VEGETARIAN  VEGAN
Tymbark Orange & Peach Drink, 250ml bottle (06/22) - 1 Serving	94Kcal		 VEGETARIAN  VEGAN

Vit Hit Sparkling Mango & Pineapple with Rooibus Tea (06/22) - 330ml Can	43Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
	30Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
	40Kcal			 VEGETARIAN  VEGAN
Vita Lemon Tea Drink, 250mls (01/22) - 1 Serving	140Kcal			 HALAL
Vita Mango Juice Drink, 250mls (01/22) - 1 Serving	120Kcal			

Petite Camile - Desserts

Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving	254Kcal	 SOYA	 GLUTEN  TREE NUTS  PEANUTS	 SESAME  SULPHITES	 VEGETARIAN  VEGAN
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* Please inform a member of staff if you have a food allergy or a specific dietary requirement.

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