

Petite Camile (Ireland) - Allergen Information
09/05/2024



Item	Calories per serving	Contains Allergens			May Contain Allergens			Other Properties	
Petite Camile - Meal Deals									
For allergen information, please check individual dishes before ordering - 100g	0Kcal								
Petite Camile - Starters & Small Plates									
Camile (Starters) - 4 Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce (02/23) 3480899 - 1 Serving	408Kcal	 WHEAT	 PEANUTS	 CRUSTACEANS	 TREE NUTS	 MILK	 CELERY		
		 SOYA			 MUSTARD	 SESAME	 SULPHITES		
	Camile (Starters) - 3 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) 8547567 - 1 Serving	133Kcal	 WHEAT	 SESAME	 SOYA	 TREE NUTS	 EGGS	 MILK	
			 SULPHITES			 CRUSTACEANS	 CELERY	 MUSTARD	
	Camile (Starters) - 3 Pork Gyoza with Sweet Soy Dip (04/23) 8547591 - 1 Serving	162Kcal	 WHEAT	 SESAME	 SOYA	 TREE NUTS	 EGGS	 MILK	
			 SULPHITES			 CRUSTACEANS	 CELERY	 MUSTARD	
	Camile (Starters) -NEW! 3 Prawn Gyozas with Sweet Soy Dipping Sauce (04/23) 8547621 - 1 Serving	148Kcal	 WHEAT	 EGGS	 CRUSTACEANS	 TREE NUTS	 MILK	 CELERY	
			 SESAME	 SOYA	 SULPHITES	 MUSTARD			
	Camile (Starters) -NEW! 3 Vegetable Gyozas with Sweet Soy Dipping Sauce (04/23) 8547630 - 1 Serving	227Kcal	 WHEAT	 SESAME	 SOYA	 TREE NUTS	 MILK	 MOLLUSCS	 VEGETARIAN
		 SULPHITES			 CELERY	 MUSTARD		 VEGAN	
Camile Ireland (Nibbles) - 1 Duck Spring Roll (03/23) 8400670 - 1 roll	139Kcal	 WHEAT	 MILK	 MOLLUSCS	 EGGS				
		 SESAME	 SOYA						
Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving	492Kcal	 WHEAT	 MILK	 MOLLUSCS	 EGGS				
		 SESAME	 SOYA	 SULPHITES					
Petite Camile (Starters) - 1 Chicken & Vegetable Gyoza (06/23) 8801551 - 1 Serving	29Kcal	 WHEAT	 SESAME	 SOYA	 EGGS	 CRUSTACEANS	 CELERY		
Petite Camile (Starters) - 1 Pork Gyoza (06/23) 4769456 - 1 Serving	39Kcal	 WHEAT	 SESAME	 SOYA	 EGGS	 CRUSTACEANS	 CELERY		

Petite Camile (Starters) - 1 Prawn Gyoza (06/23) 8801536 - 1 Serving Petite Camile (Starters) - 1 Vegetable Gyoza (06/23) 4769443 - 1 Serving Petite Camile (Starters) - 1 Vegetable Spring Roll (02/23) 4769440 - 1 Serving Petite Camile (Starters) - 5 Hot Chicken Wings with Sauce (02/23) 4769069 - 1 Serving Petite Camile (Starters) - Selection, 1 of each Gyoza, Spring roll, Hot wing, Chilli sauce (06/23) - 1 Serving	34Kcal	 WHEAT  EGGS  CRUSTACEANS  SESAME	 CELERY  SOYA	
	30Kcal	 WHEAT  SESAME  SOYA	 MOLLUSCS	 VEGETARIAN  VEGAN
	125Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
	461Kcal	 SOYA  SULPHITES	 WHEAT  TREE NUTS  PEANUTS  MILK  MUSTARD  SESAME	
	412Kcal	 WHEAT  EGGS  MILK  CRUSTACEANS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MOLLUSCS  CELERY  MUSTARD	
Petite Camile IE - Nibbles				
Camile (Nibbles) - Honey Chilli Cashews (02/23) 98802 - 1 Serving Camile (Nibbles) - Thai Brown Prawn Crackers 130g (02/24) - Serves 4 people Camile Ireland (Nibbles) - Wasabi Peas (09/21) 4806264 - 1 Serving Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	250Kcal	 CASHEWS  FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
	500Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
	166Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN
	290Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile Ireland Breakfast Menu				
Camile (Breakfast Menu) - Breakfast Box with Camile Fried Rice, Omelette & Pork Belly (02/23) - 1 Serving Camile (Breakfast Menu) - Breakfast Box with Crispy Potato, Omelette & Pork Belly (02/23) - 1 Serving	885Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	
	844Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	

Camile (Breakfast Menu) - Small Veggie Breakfast Box with Fried Rice, Peppers & Omelette (11/22) - 1 Serving	597Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES  TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	
	733Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES  TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	
	782Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES  TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	
Petite Camile - Specials			
Camile Signature Spice Bag (02/23) 2386039 - 1 Serving	728Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES  TREE NUTS  PEANUTS  CELERY  MUSTARD  SESAME	
	567Kcal	 WHEAT  CELERY  SOYA  SULPHITES  TREE NUTS  PEANUTS  EGGS  MILK  MUSTARD  SESAME  VEGETARIAN  VEGAN	
	486Kcal	 WHEAT  PEANUTS  FISH  SOYA  SULPHITES  CRUSTACEANS  MOLLUSCS	
	441Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 VEGETARIAN  VEGAN
Petite Camile - Curries			
Camile - Massaman Curry, Chicken (02/23) 98711 - 1 Serving	849Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES  TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
	732Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES  TREE NUTS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
	701Kcal	 FISH  CRUSTACEANS	 MOLLUSCS  GLUTEN FREE

Petite Camile (Curries) - Green Curry, Tofu (02/23) 4767722 - 1 Serving	785Kcal	FISH CRUSTACEANS SOYA	MOLLUSCS	GLUTEN FREE
	533Kcal	WHEAT SOYA SULPHITES	TREE NUTS PEANUTS MILK CELERY MUSTARD SESAME	VEGETARIAN VEGAN
Petite Camile - Noodles				
Camile - Singapore Noodles (02/23) 98698 - 1 Serving	799Kcal	WHEAT PEANUTS EGGS CRUSTACEANS MOLLUSCS CELERY SESAME SOYA SULPHITES	TREE NUTS MILK MUSTARD	
	1141Kcal	WHEAT PEANUTS EGGS FISH SOYA SULPHITES	CRUSTACEANS MOLLUSCS	
Petite Camile - Stir Fries				
Petite Camile (Stir Fries) Crispy Chilli Chicken (02/23) 4767689 - 1 Serving	584Kcal	WHEAT MILK MOLLUSCS SESAME SOYA SULPHITES	TREE NUTS PEANUTS MUSTARD	
	521Kcal	WHEAT CASHEWS MOLLUSCS SOYA	SULPHITES	
	438Kcal	WHEAT CASHEWS MOLLUSCS SOYA	SULPHITES	
Petite Camile - Kids' Menu				
Camile Kids - Sweet Crispy Chicken (02/23) 39983 - 1 Serving	587Kcal	WHEAT EGGS MOLLUSCS SOYA SULPHITES		
	496Kcal	WHEAT EGGS MOLLUSCS SOYA SULPHITES		
	529Kcal	WHEAT EGGS SULPHITES		

Camile Kids - Li'l Spice Bag with Tofu (02/23) 6292782 - 1 Serving	439Kcal	WHEAT SOYA SULPHITES		VEGETARIAN VEGAN
	420Kcal	WHEAT SOYA EGGS MOLLUSCS	SULPHITES	
	390Kcal	WHEAT SOYA EGGS MOLLUSCS	SULPHITES	
Camile ON THE GO Bowls				
Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving	567Kcal	WHEAT SOYA MOLLUSCS SULPHITES SESAME	TREE NUTS PEANUTS MUSTARD	
	657Kcal	FISH CRUSTACEANS	MOLLUSCS	
	711Kcal	FISH CRUSTACEANS SOYA	MOLLUSCS	
	727Kcal	WHEAT SOYA FISH CRUSTACEANS	TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA	
	780Kcal	WHEAT SOYA FISH CRUSTACEANS SULPHITES	TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME	
	497Kcal	WHEAT SOYA CASHEWS MOLLUSCS	PEANUTS MUSTARD SESAME SULPHITES	
	551Kcal	WHEAT SOYA CASHEWS MOLLUSCS	PEANUTS MUSTARD SESAME SULPHITES	
Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) 5420977 - 1 Serving	564Kcal	WHEAT SESAME EGGS SOYA MOLLUSCS SULPHITES	TREE NUTS PEANUTS MUSTARD	

Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving	541Kcal	WHEAT SULPHITES SESAME SOYA	TREE NUTS PEANUTS MUSTARD	VEGETARIAN VEGAN
	681Kcal	WHEAT SOYA SULPHITES	TREE NUTS PEANUTS MILK CELERY MUSTARD SESAME	VEGETARIAN VEGAN
	323Kcal	WHEAT MILK SOYA SULPHITES	EGGS	VEGETARIAN VEGAN
Petite Camile - Bliss Bowls				
Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving	548Kcal	WHEAT SOYA	SULPHITES	VEGETARIAN VEGAN
	804Kcal	FISH CRUSTACEANS SOYA	MOLLUSCS	GLUTEN FREE
	800Kcal	FISH CRUSTACEANS SOYA	WHEAT TREE NUTS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SULPHITES	
	623Kcal	WHEAT MILK MOLLUSCS SOYA SULPHITES		
	793Kcal	WHEAT SOYA SULPHITES	TREE NUTS PEANUTS MILK CELERY MUSTARD SESAME	VEGETARIAN VEGAN
Petite Camile - Sides				
Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	594Kcal	WHEAT SULPHITES		VEGETARIAN VEGAN
	504Kcal			VEGETARIAN VEGAN
	502Kcal	EGGS		

Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving	460Kcal			 VEGETARIAN  VEGAN
	Petite Camile (Sides) - Stir-Fried Noodles (02/23) 8116344 - 1 Serving	375Kcal	 WHEAT  SOYA	 SULPHITES  VEGETARIAN  VEGAN
Petite Camile - Sauces & Dips				
Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving	76Kcal	 PEANUTS  CRUSTACEANS		
	Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving	68Kcal	 SULPHITES	 VEGETARIAN  VEGAN
	Petite Camile (Dips) - Sweet Chilli Sauce (02/23) 4769449 - 1 Serving	63Kcal	 SULPHITES	 VEGETARIAN  VEGAN
Petite Camile - Drinks				
Mogu Mogu Blackcurrant Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	162Kcal			
	Mogu Mogu Grape Flavoured Drink, 320mls (01/22) - 1 Serving	166Kcal		
	Mogu Mogu Mango Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	180Kcal		
	Mogu Mogu Melon Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	154Kcal		
	Mogu Mogu Pineapple Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	173Kcal		
	San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	0Kcal		
	SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	12Kcal		 GLUTEN FREE
	SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	11Kcal		 GLUTEN FREE
SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	13Kcal			 GLUTEN FREE
	Tymbark Apple & Kiwi Drink, 250ml bottle (06/22) - 1 Serving	46Kcal		 VEGETARIAN  VEGAN

Tymbark Orange & Peach Drink, 250ml bottle (06/22) - 1 Serving	94Kcal			 VEGETARIAN  VEGAN
	43Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
	30Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
	40Kcal			 VEGETARIAN  VEGAN
	140Kcal			 HALAL
	120Kcal			
Petite Camile - Desserts				
Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving	244Kcal	 SOYA	 GLUTEN  TREE NUTS  PEANUTS  SESAME  SULPHITES	 VEGETARIAN  VEGAN