

Petite Camile (Ireland) - Allergens Updated 10th December 2025



Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Meal Deals				
For allergen information, please check individual dishes before ordering - 100g	0Kcal			
Petite Camile - Starters & Small Plates				
Camile (Starters) - 4 Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce (07/25) 3480899 - 1 Serving	408Kcal	 	 	
Camile (Starters) - 3 Chicken & Vegetable Gyoza with Sweet Soy Dip (04/23) 8547567 - 1 Serving	133Kcal	 	 	
Camile (Starters) - 3 Pork Gyoza with Sweet Soy Dip (04/23) 8547591 - 1 Serving	162Kcal	 	 	
Camile (Starters) - NEW! 3 Prawn Gyozas with Sweet Soy Dipping Sauce (04/23) 8547621 - 1 Serving	148Kcal	 	 	
Camile (Starters) - NEW! 3 Vegetable Gyozas with Sweet Soy Dipping Sauce (04/23) 8547630 - 1 Serving	227Kcal	 	 	
Camile Ireland (Nibbles) - 1 Duck Spring Roll (03/23) 8400670 - 1 roll	139Kcal	 		
Camile Ireland (Rolls) - Hoisin Duck Spring rolls with Plum Dipping Sauce (02/23) 98654 - 1 Serving	492Kcal	 		
Petite Camile (Starters) - 1 Chicken & Vegetable Gyoza (06/23) 8801551 - 1 Serving	29Kcal			
Petite Camile (Starters) - 1 Pork Gyoza (06/23) 4769456 - 1 Serving	39Kcal			

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Petite Camile (Starters) - 1 Prawn Gyoza (06/23) 8801536 - 1 Serving	34Kcal	 WHEAT  SESAME  EGGS  CRUSTACEANS	 CELERY  SOYA	
Petite Camile (Starters) - 1 Vegetable Gyoza (06/23) 4769443 - 1 Serving	30Kcal	 WHEAT  SESAME  SOYA	 MOLLUSCS	 VEGETARIAN  VEGAN
Petite Camile (Starters) - 1 Vegetable Spring Roll (02/23) 4769440 - 1 Serving	125Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Petite Camile (Starters) - 5 Hot Chicken Wings with Sauce (02/23) 4769069 - 1 Serving	461Kcal	 SOYA  SULPHITES	 WHEAT  MILK  TREE NUTS  MUSTARD  PEANUTS  SESAME	
Petite Camile (Starters) - Selection, 1 of each Gyoza, Spring roll, Hot wing, Chilli sauce (06/23) - 1 Serving	412Kcal	 WHEAT  CRUSTACEANS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD  CELERY	

Camile Ireland Breakfast Menu

Camile (Breakfast Menu) - Breakfast Box with Camile Fried Rice, Omelette & Pork Belly (02/23) - 1 Serving	885Kcal	 WHEAT  MOLLUSCS  EGGS  SOYA  SULPHITES	 BARLEY, RYE  CELERY  MUSTARD  SESAME	 PEANUTS
Camile (Breakfast Menu) - Breakfast Box with Crispy Potato, Omelette & Pork Belly (02/23) - 1 Serving	844Kcal	 WHEAT  SOYA  EGGS  SULPHITES	 BARLEY, RYE  CELERY  MUSTARD  SESAME	 PEANUTS
Camile (Breakfast Menu) - Small Veggie Breakfast Box with Fried Rice, Peppers & Omelette (11/22) - 1 Serving	597Kcal	 WHEAT  MOLLUSCS  EGGS  SOYA  SULPHITES	 BARLEY, RYE  CELERY  MUSTARD  SESAME	 PEANUTS

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Camile (Breakfast Menu) - Veggie Breakfast Box with Camile Fried Rice, Peppers & Omelette (02/23) - 1 Serving	733Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Veggie Breakfast Box with Crispy Potato, Peppers & Omelette (02/23) - 1 Serving	783Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Petite Camile IE - Nibbles				
Camile (Nibbles) - Honey Chilli Cashews (02/23) 98802 - 1 Serving	249Kcal	 CASHews  FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS  SULPHITES	
Camile (Nibbles) - Thai Brown Prawn Crackers 130g (02/24) - Serves 4 people	500Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile Ireland (Nibbles) - Wasabi Peas (09/21) 4806264 - 1 Serving	166Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN
Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	290Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Petite Camile - Specials				
Camile Signature Spice Bag (12/25) - 1 Serving	1391Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile Vegan Spice Bag (12/25) - 1 Serving	1177Kcal	 WHEAT  SOYA  SULPHITES	 MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

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Camile (Specials) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	488Kcal	 WHEAT  SOYA  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	443Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Petite Camile (Specials) - Chicken Fried Rice (06/24) 8293809 - 1 Serving	772Kcal	 WHEAT  EGGS  CRUSTACEANS	 EGGS  MOLLUSCS  SOYA	 SULPHITES

Petite Camile - Curries

Camile - Massaman Curry, Chicken (07/25) 98711 - 1 Serving	849Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY  MILK  MUSTARD  SESAME	 PEANUTS  MOLLUSCS  CELERY  SOYA	
Camile - Massaman Curry, Tofu (02/23) 98714 - 1 Serving	732Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY  MILK  MUSTARD  SESAME	 PEANUTS  MOLLUSCS  CELERY	
Petite Camile (Curries) - Green Curry, Chicken (09/21) 4767713 - 1 Serving	701Kcal	 FISH  CRUSTACEANS	 BARLEY  MOLLUSCS	 SULPHITES	 GLUTEN FREE
Petite Camile (Curries) - Green Curry, Tofu (02/23) 4767722 - 1 Serving	785Kcal	 FISH  CRUSTACEANS  SOYA	 BARLEY  MOLLUSCS		
Petite Camile (Curries) - Vegan Green Curry with Tofu (02/23) 4767725 - 1 Serving	533Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  MILK  SESAME	 PEANUTS  CELERY  MUSTARD	 VEGETARIAN  VEGAN

Petite Camile - Noodles

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile - Singapore Noodles (10/25) 98698 - 1 Serving	799Kcal	 WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHews, WALNUTs, BRAZIL NUTs, PISTACHIOs, MACADAMIAs  MUSTARD  MILK	
Petite Camile (Noodles) - Pad Thai with Chicken (09/23) 4767685 - 1 Serving	1145Kcal	 WHEAT  PEANUTS  EGGS  FISH  SOYA  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Petite Camile - Stir Fries				
Petite Camile (Stir Fries) Crispy Chilli Chicken (02/23) 4767689 - 1 Serving	584Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTs  PEANUTS  MUSTARD	
Petite Camile - Pad Prik Haeng, Chicken (02/23) 8139492 - 1 Serving	521Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Petite Camile - Pad Prik Haeng, Tofu (02/23) 8139537 - 1 Serving	438Kcal	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 SULPHITES	
Petite Camile - Kids' Menu				
Camile Kids - Sweet Crispy Chicken (07/25) 39983 - 1 Serving	587Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES		
Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving	496Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES		
Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving	529Kcal	 WHEAT  EGGS  SULPHITES		
Camile Kids - Li'l Spice Bag, Fried Potato with Tofu (02/23) 6292782 - 1 Serving	439Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN

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Camile Kids - Wok Fried Noodles with Chicken (10/25) - 1 Serving	432Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 OATS  BARLEY  RYE  SULPHITES	
Camile Kids - Wok Fried Noodles with Tofu (10/25) 6292557 - 1 Serving	390Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 OATS, BARLEY, RYE  SULPHITES	
Camile ON THE GO Bowls				
Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving	567Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving	657Kcal	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving	711Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving	727Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  MUSTARD  SESAME  SOYA	
Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving	780Kcal	 WHEAT  SOYA  SULPHITES  FISH  CRUSTACEANS	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  MUSTARD  SESAME  CELERY	
Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) 5421034 - 1 Serving	497Kcal	 WHEAT  SOYA  CASHews  MOLLUSCS	 PEANUTS  SULPHITES  MUSTARD  SESAME	
Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) 5421058 - 1 Serving	551Kcal	 WHEAT  SOYA  CASHews  MOLLUSCS	 PEANUTS  SULPHITES  MUSTARD  SESAME	

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Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) 5420977 - 1 Serving	564Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving	541Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 TREE NUTS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving	681Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  MILK  SESAME  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD	 VEGETARIAN  VEGAN
Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 5421070 - 1 Serving	323Kcal	 WHEAT  SULPHITES	 SOYA  MILK	 EGGS

Petite Camile - Bliss Bowls

Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving	548Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Petite Camile (Bliss Bowls) - Green Chicken Curry (07/25) 3063366 - 1 Serving	804Kcal	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	 GLUTEN FREE
Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving	800Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT, BARLEY  MILK  MUSTARD  SESAME  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  SULPHITES
Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving	623Kcal	 WHEAT  SOYA  SULPHITES		

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Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving	793Kcal	 WHEAT  SOYA  SULPHITES	 BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHews, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Petite Camile - Sides

Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	594Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Brown & Wild Rice (02/23) 98795 - 1 Serving	504Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving	502Kcal	 EGGS		
Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving	460Kcal			 VEGETARIAN  VEGAN
Petite Camile (Sides) - Stir-Fried Noodles (10/25) 8116344 - 1 Serving	374Kcal	 WHEAT  SOYA	 OATS, BARLEY, RYE  EGGS  SULPHITES	 VEGETARIAN  VEGAN

Petite Camile - Sauces & Dips

Camile (Sauces) - Peanut Satay Dipping Sauce (02/23) 36214 - 1 Serving	76Kcal	 PEANUTS  CRUSTACEANS		
Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving	68Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Petite Camile (Dips) - Sweet Chilli Sauce (02/23) 4769449 - 1 Serving	63Kcal	 SULPHITES		 VEGETARIAN  VEGAN

Petite Camile - Drinks

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Mogu Mogu Blackcurrant Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	162Kcal			
Mogu Mogu Grape Flavoured Drink, 320mls (01/22) - 1 Serving	166Kcal			
Mogu Mogu Mango Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	180Kcal			
Mogu Mogu Melon Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	154Kcal			
Mogu Mogu Pineapple Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	173Kcal			
San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	0Kcal			
SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	12Kcal			 GLUTEN FREE
SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	11Kcal			 GLUTEN FREE
SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	13Kcal			 GLUTEN FREE
Tymbark Apple & Kiwi Drink, 250ml bottle (06/22) - 1 Serving	46Kcal			 VEGETARIAN  VEGAN
Tymbark Orange & Peach Drink, 250ml bottle (06/22) - 1 Serving	94Kcal			 VEGETARIAN  VEGAN
Vit Hit Sparkling Mango & Pineapple with Rooibus Tea (06/22) - 330ml Can	43Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Pink Grapefruit Lime & White Tea (03/22) - 330ml Can	30Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Raspberry & Watermelon with Ceylon Tea (06/22) - 330ml Can	40Kcal			 VEGETARIAN  VEGAN

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Vita Lemon Tea Drink, 250mls (01/22) - 1 Serving	140Kcal			 HALAL
Vita Mango Juice Drink, 250mls (01/22) - 1 Serving	120Kcal			
Petite Camile - Desserts				
Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving	244Kcal	 SOYA	 GLUTEN  TREE NUTS  PEANUTS  SESAME  SULPHITES	 VEGETARIAN  VEGAN

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