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































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
<b>Petite Camile - Meal Deals</b>				
For allergen information, please check individual dishes before ordering - 100g	0Kcal			
<b>Camile Ireland Breakfast Menu</b>				
Camile (Breakfast Menu) - Breakfast Box with Camile Fried Rice, Omelette & Pork Belly (02/23) - 1 Serving	861Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Breakfast Box with Crispy Potato, Omelette & Pork Belly (02/23) - 1 Serving	833Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Small Veggie Breakfast Box with Fried Rice, Peppers & Omelette (11/22) - 1 Serving	607Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	



















































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
<p>Camile (Breakfast Menu) - Veggie Breakfast Box with Camile Fried Rice, Peppers &amp; Omelette (02/23) - 1 Serving</p>	<p><b>744</b>Kcal</p>	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
<p>Camile (Breakfast Menu) - Veggie Breakfast Box with Crispy Potato, Peppers &amp; Omelette (02/23) - 1 Serving</p>	<p><b>814</b>Kcal</p>	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
<p>Camile (Breakfast) - 1 Hash Brown (02/26) - 1 Serving</p>	<p><b>153</b>Kcal</p>			
<p>Camile (Breakfast) - Acai Rainbow Bowl (02/26) - 1 Serving</p>	<p><b>344</b>Kcal</p>	 OATS  CASHEWS  SULPHITES	 WHEAT  MILK  MUSTARD  SOYA  PEANUTS  CELERY  SESAME	 VEGETARIAN  VEGAN
<p>Camile (Breakfast) - Acai Rainbow Bowl, with Harry's Nut Butter (02/26) - 1 Serving</p>	<p><b>369</b>Kcal</p>	 OATS  CASHEWS  PEANUTS  SULPHITES	 WHEAT  CELERY  SESAME  MILK  MUSTARD  SOYA	 VEGETARIAN  VEGAN
<p>Camile (Breakfast) - Bacon &amp; Egg Bap (05/26) - 1 Serving</p>	<p><b>714</b>Kcal</p>	 WHEAT  MILK  EGGS  CELERY	 OATS, BARLEY, RYE  SESAME  SOYA	











































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Breakfast) - Bangkok Breakfast Bap (05/26) - 1 Serving	892Kcal	 WHEAT  EGGS  MILK  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE	
Camile (Breakfast) - Bangkok Veggie Bap (02/26) - 1 Serving	742Kcal	 WHEAT  EGGS  MILK  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE	 VEGETARIAN
Camile (Breakfast) - Mango Rainbow Bowl (02/26) - 1 Serving	342Kcal	 OATS  CASHEWS  PEANUTS  SULPHITES	 WHEAT  MILK  CELERY  MUSTARD  SESAME  SOYA	 VEGETARIAN  VEGAN
Camile (Breakfast) - Mango Smoothie (02/26) - 1 Serving	336Kcal	 PISTACHIOS  MILK	 WHEAT  PEANUTS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
<b>Petite Camile IE - Nibbles</b>				
Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll	144Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	















































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving	129Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Nibbles) - Honey Chilli Cashews (05/26) - 1 Serving	250Kcal	 CASHEWS  FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS  SULPHITES	
Camile (Nibbles) - Thai Brown Prawn Crackers 130g (02/24) - Serves 4 people	504Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	294Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile (Nibbles) - Wasabi Peas (09/21) - 1 Serving	166Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN
Camile Thai (Nibbles) - 2 Sriracha Chicken Wings / Hot Wings (02/23) 4086616 - 1 Serving	231Kcal	 SOYA  SULPHITES	 WHEAT  TREE NUTS  PEANUTS  MILK  MUSTARD  SESAME	
Petite Camile (Nibbles) - 1 Chicken & Vegetable Gyoza (06/23) - 1 Serving	29Kcal	 WHEAT  SESAME  SOYA	 EGGS  CRUSTACEANS  CELERY	
Petite Camile (Nibbles) - 1 Chicken Skewer (04/23) - 1 Serving	71Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	














































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Nibbles) - 1 Hot Chicken Wing (04/23) - 1 Serving	116Kcal	 WHEAT  SOYA  SULPHITES	 TREE NUTS  MILK  PEANUTS  MUSTARD  SESAME	
Petite Camile (Nibbles) - 1 Pad Thai Chicken Wing (04/26) - 1 wing	70Kcal	 WHEAT  SOYA  FISH  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Petite Camile (Nibbles) - 1 Pad Thai Chicken Wing (04/26) - 1 Serving (7 wings)	107Kcal	 WHEAT  SOYA  FISH  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Petite Camile (Nibbles) - 1 Pad Thai Chicken Wing (04/26) - Sharing Portion (14 wings)	986Kcal	 WHEAT  SOYA  FISH  SULPHITES	 CRUSTACEANS  MOLLUSCS	
Petite Camile (Starters) - 1 Vegetable Gyoza (06/23) 4769443 - 1 Serving	30Kcal	 WHEAT  SOYA  SESAME	 MOLLUSCS	 VEGETARIAN  VEGAN
Petite Camile (Nibbles) - Cold Edamame (05/26) - 1 Serving	210Kcal	 SOYA		 VEGETARIAN  VEGAN
<b>Petite Camile - Starters &amp; Small Plates</b>				
Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll	144Kcal	 WHEAT  MOLLUSCS  SOYA  MILK  SESAME	 EGGS	











































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	505Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA  SULPHITES	 EGGS	
Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	1011Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA  SULPHITES	 EGGS	
Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	462Kcal	 WHEAT  MILK  SOYA  SULPHITES	 EGGS	 VEGETARIAN
Camile (Rolls) - Vegetable Spring Rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	925Kcal	 WHEAT  MILK  SOYA  SULPHITES	 EGGS	 VEGETARIAN
Camile (Starters) - 3 Chargrilled Chicken Skewers with Peanut Satay Dip (07/25) - 1 Serving	290Kcal	 WHEAT  CRUSTACEANS  PEANUTS  SOYA	 BARLEY  MILK  MUSTARD  SULPHITES  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  SESAME	
Camile (Starters) - 5 Chicken & Vegetable Gyozas with Sweet Soy Dipping Sauce (04/26) - 1 Serving	192Kcal	 WHEAT  SOYA  SESAME  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS	







































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 CELERY  MUSTARD	
Camile (Starters) - 5 Pork Gyoza with Sweet Soy Dip (04/23) - 1 Serving	239Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 5 Vegetable Gyoza with Sweet Soy Dip (04/23) 8546856 - 1 Serving	198Kcal	 WHEAT  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MOLLUSCS  CELERY  MUSTARD	 VEGETARIAN  VEGAN
Camile (Starters) - Mini Tiffin Box with Plum Sauce (03/25) - Full mini box	510Kcal	 WHEAT  FISH  SESAME  SULPHITES  MILK  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  CRUSTACEANS  CELERY  MUSTARD	
Petite Camile (Starters) - 5 Hot Chicken Wings with Sriracha Sauce (02/23) - 1 Serving	478Kcal	 SOYA  SULPHITES	 WHEAT  PEANUTS  MUSTARD  TREE NUTS  MILK  SESAME	
Petite Camile (Starters) - 5 Pad Thai Chicken Wings (04/26) - 1 Serving (5 wings)	501Kcal	 WHEAT  SOYA  FISH  SULPHITES	 CRUSTACEANS  MOLLUSCS	














Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Starters) - Selection, 1 of each Gyoza, Spring roll, Hot wing, Chilli sauce (04/26) - 1 Serving	<b>387</b> Kcal	 WHEAT  MILK  SESAME  SOYA  SULPHITES	 TREE NUTS  EGGS  MOLLUSCS  MUSTARD  PEANUTS  CRUSTACEANS  CELERY	
<b>Petite Camile - Specials</b>				
Camile Signature Spice Bag (03/26) - 1 Serving	<b>1756</b> Kcal	 WHEAT  MILK  SULPHITES  EGGS  SOYA	 BARLEY  PEANUTS  MUSTARD  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  SESAME	
Camile Vegan Spice Bag (12/25) - 1 Serving	<b>1219</b> Kcal	 WHEAT  SULPHITES  SOYA	 BARLEY  PEANUTS  CELERY  SESAME  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	 VEGETARIAN  VEGAN
Petite Camile (Specials) - Chicken Fried Rice, Large (06/24) *TBC* - 1 Serving	<b>780</b> Kcal	 WHEAT  FISH  MOLLUSCS  EGGS  CRUSTACEANS  SOYA	 SULPHITES	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Singapore Noodles, Large (10/25) - 1 Serving	864Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SULPHITES  PEANUTS  CRUSTACEANS  CELERY  SOYA	 OATS, BARLEY, RYE  MILK  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD	
Petite Camile - Singapore Noodles, Regular (04/26) - 1 Serving	486Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SULPHITES  PEANUTS  CRUSTACEANS  CELERY  SOYA	 OATS, BARLEY, RYE  MILK  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD	
Petite Camile Spice Bag / Box with Chicken (12/25) - 1 Serving	1481Kcal	 WHEAT  SOYA  MILK  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
<b>Petite Camile - Curries</b>				
Camile - Massaman Curry, Chicken (07/25) - 1 Serving	860Kcal	 WHEAT  CRUSTACEANS  FISH  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY	












Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
			 MUSTARD  SESAME  SOYA	
Camile - Massaman Curry, Tofu (02/23) 98714 - 1 Serving	747Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Petite Camile (Curries) - Green Curry with Beef, Large (04/26) - 1 Serving	739Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Petite Camile (Curries) - Green Curry with Beef, Regular (04/26) - 1 Serving	412Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Petite Camile (Curries) - Green Curry with Duck, Large (04/26) - 1 Serving	695Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Petite Camile (Curries) - Green Curry with Duck, Regular (04/26) - 1 Serving	416Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Petite Camile (Curries) - Green Curry with Prawns, Large (04/26) - 1 Serving	585Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Petite Camile (Curries) - Green Curry with Prawns, Regular (04/26) *TBC* - 1 Serving	356Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Petite Camile (Curries) - Green Curry with Tofu, Large (04/26) - 1 Serving	591Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
Petite Camile (Curries) - Green Curry with Tofu, Regular (04/26) - 1 Serving	515Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Curries) - Green Curry, Chicken, Large (04/26) - 1 Serving	674Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	 GLUTEN FREE
Petite Camile (Curries) - Green Curry, Chicken, Regular (04/26) - 1 Serving	405Kcal	 FISH  CRUSTACEANS	 MOLLUSCS	
Petite Camile (Curries) - Vegan Green Curry with Tofu, Large (03/23) - 1 Serving	543Kcal	 WHEAT  SULPHITES  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD  PEANUTS  CELERY  SESAME	 VEGETARIAN  VEGAN
Petite Camile (Curries) - Vegan Green Curry with Tofu, Large (04/26) - 1 Serving	538Kcal	 WHEAT  SULPHITES  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD  PEANUTS  CELERY  SESAME	 VEGETARIAN  VEGAN
Petite Camile - Massaman Chicken Curry, Large (07/25) - 1 Serving	855Kcal	 WHEAT  CRUSTACEANS  FISH  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  MUSTARD  SOYA  MILK  CELERY  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Massaman Chicken Curry, Regular (09/23) - 1 Serving	<b>510</b> Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Petite Camile - Massaman Curry Prawns, Large (04/26) *TBC* - 1 Serving	<b>765</b> Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Petite Camile - Massaman Curry Prawns, Regular (04/26) *TBC* - 1 Serving	<b>561</b> Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	












































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Massaman Curry, Tofu, Regular (03/23) - 1 Serving	486Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	










































**Petite Camile - Noodles**













































Petite Camile (Noodles) - Pad Thai with Chicken (09/23) 4767685 - 1 Serving	1165Kcal	 WHEAT  EGGS  SOYA  PEANUTS  FISH  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CRUSTACEANS  MOLLUSCS  SESAME	
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Petite Camile - Singapore Noodles, Large (10/25) - 1 Serving	864Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SULPHITES  PEANUTS  CRUSTACEANS  CELERY  SOYA	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
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**Petite Camile - Stir Fries**
















































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Stir Fries) - Crispy Chilli Chicken, Large (04/26) - 1 Serving	<b>592Kcal</b>	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Petite Camile (Stir Fries) - Crispy Chilli Chicken, Regular (04/26) - 1 Serving	<b>413Kcal</b>	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Petite Camile - Pad Prik Haeng Chicken, Large (07/25) - 1 Serving	<b>824Kcal</b>	 WHEAT  CASHEWS  EGGS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
Petite Camile - Pad Prik Haeng Chicken, Regular (09/23) - 1 Serving	<b>351Kcal</b>	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
Petite Camile - Pad Prik Haeng Prawns, Large (04/26) *TBC* - 1 Serving	<b>410Kcal</b>	 WHEAT  CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	


































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Pad Prik Haeng Prawns, Regular (04/26) *TBC* - 1 Serving	<b>410</b> Kcal	 WHEAT  CASHEWS  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Petite Camile - Pad Prik Haeng Tofu, Large (03/23) - 1 Serving	<b>465</b> Kcal	 WHEAT  CASHEWS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Petite Camile - Pad Prik Haeng Tofu, Regular (03/23) - 1 Serving	<b>332</b> Kcal	 WHEAT  CASHEWS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	 VEGETARIAN  VEGAN
Petite Camile - Vegan Pad Prik Haeng Tofu, Large (04/26) *TBC* - 1 Serving	<b>389</b> Kcal	 WHEAT  CASHEWS  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
<b>Petite Camile - Salads</b>				
Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	<b>489</b> Kcal	 WHEAT  PEANUTS  FISH  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CRUSTACEANS  MOLLUSCS  SESAME	

































Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (03/26) - 1 Serving	930Kcal	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 MILK  CELERY	
Camile (Salads) - Crispy Chilli Tofu Salad with Brown & Wild Rice (12/25) - 1 Serving	786Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES		
Camile (Salads) - Tofu Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	910Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Salads) - Warm Chicken Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	930Kcal	 WHEAT  PEANUTS  CRUSTACEANS  SESAME  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD	
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	448Kcal	 WHEAT  PEANUTS  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving	503Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA  SULPHITES		
Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving	649Kcal	 WHEAT  EGGS  SULPHITES		
Camile Kids - Li'l Spice Bag, Fried Potato with Tofu (02/23) 6292782 - 1 Serving	458Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Kids - Wok Fried Noodles with Tofu (10/25) 6292557 - 1 Serving	402Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 OATS, BARLEY, RYE  SULPHITES	
Petite Camile - Kids Crispy Fried Potatoes & Chicken (09/23) 8293131 - 1 Serving	478Kcal	 WHEAT  SULPHITES		
Petite Camile Kids - Sweet Crispy Chicken (09/23) 9119939 - 1 Serving	614Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES		
Petite Camile Kids - Wok Fried Noodles with Chicken (10/25) - 1 Serving	420Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 OATS, BARLEY, RYE  SULPHITES	
<b>Camile ON THE GO Bowls</b>				











Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
<p>Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving</p>	<p>580Kcal</p>	 WHEAT  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
<p>Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving</p>	<p>659Kcal</p>	 FISH  CRUSTACEANS	 GLUTEN  MOLLUSCS  SULPHITES	
<p>Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving</p>	<p>721Kcal</p>	 FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS	
<p>Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving</p>	<p>732Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
<p>Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving</p>	<p>795Kcal</p>	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
<p>Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) - 1 Serving</p>	<p>508Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
<p>Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) - 1 Serving</p>	<p>458Kcal</p>	 WHEAT  CASHEWS  MOLLUSCS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
<p>Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) - 1 Serving</p>	<p>680Kcal</p>	 WHEAT  EGGS  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
<p>Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving</p>	<p>554Kcal</p>	 WHEAT  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
<p>Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving</p>	<p>578Kcal</p>	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 5421070 - 1 Serving	334Kcal	 WHEAT  MILK  SOYA  SULPHITES	 EGGS	 VEGETARIAN  VEGAN
<b>Petite Camile - Bliss Bowls</b>				
Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving	555Kcal	 WHEAT  SOYA	 SULPHITES	 VEGETARIAN  VEGAN
Petite Camile (Bliss Bowls) - Green Chicken Curry (07/25) 3063366 - 1 Serving	806Kcal	 FISH  CRUSTACEANS  SOYA	 MOLLUSCS	
Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving	802Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT, BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving	624Kcal	 WHEAT  MILK  MOLLUSCS  SOYA  SULPHITES		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving	<b>800</b> Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
<b>Petite Camile - Sides</b>				
Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	<b>619</b> Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Brown & Wild Rice (02/23) 98795 - 1 Serving	<b>504</b> Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving	<b>505</b> Kcal	 EGGS		
Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving	<b>460</b> Kcal			 VEGETARIAN  VEGAN
Petite Camile (Sides) - Stir-Fried Noodles (10/25) 8116344 - 1 Serving	<b>379</b> Kcal	 WHEAT  SOYA	 OATS, BARLEY, RYE  SULPHITES  EGGS	 VEGETARIAN  VEGAN
<b>Petite camile - sauces &amp; dips</b>				
Camile (Sauces) - Peanut Satay Dipping Sauce (05/26) - 1 Serving	<b>77</b> Kcal	 PEANUTS  CRUSTACEANS	 WHEAT, BARLEY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  SESAME  SOYA	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Sauces) - Plum Dipping Sauce (02/23) 40467 - 1 Serving	<b>69</b> Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Petite Camile (Dips) - Sweet Chilli Sauce (02/23) 4769449 - 1 Serving	<b>63</b> Kcal	 SULPHITES		 VEGETARIAN  VEGAN
Camile (Sauces) - Sriracha Ketchup (05/26) - 1 Serving	<b>32</b> Kcal	 CELERY		
<b>Petite Camile - Drinks</b>				
Mogu Mogu Blackcurrant Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	<b>162</b> Kcal			
Mogu Mogu Grape Flavoured Drink, 320mls (01/22) - 1 Serving	<b>166</b> Kcal			
Mogu Mogu Mango Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	<b>180</b> Kcal			
Mogu Mogu Melon Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	<b>154</b> Kcal			
Mogu Mogu Pineapple Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	<b>173</b> Kcal			
San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	<b>0</b> Kcal			
SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	<b>12</b> Kcal			 GLUTEN FREE
SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	<b>11</b> Kcal			 GLUTEN FREE
SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	<b>13</b> Kcal			 GLUTEN FREE
Tymbark Apple & Kiwi Drink, 250ml bottle (06/22) - 1 Serving	<b>46</b> Kcal			 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Tymbark Orange & Peach Drink, 250ml bottle (06/22) - 1 Serving	94Kcal			 VEGETARIAN  VEGAN
Vit Hit Sparkling Mango & Pineapple with Rooibus Tea (06/22) - 330ml Can	43Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Pink Grapefruit Lime & White Tea (03/22) - 330ml Can	30Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Raspberry & Watermelon with Ceylon Tea (06/22) - 330ml Can	40Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vita Lemon Tea Drink, 250mls (01/22) - 1 Serving	140Kcal			 HALAL
Vita Mango Juice Drink, 250mls (01/22) - 1 Serving	120Kcal			
<b>Petite Camile - Desserts</b>				
Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving	244Kcal	 SOYA	 GLUTEN  TREE NUTS  PEANUTS  SESAME  SULPHITES	 VEGETARIAN  VEGAN