

Petite Camile (Ireland) - Allergens Updated 30th August 2026



Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile - Meal Deals				
For allergen information, please check individual dishes before ordering - 100g	0Kcal			
Camile Ireland Breakfast Menu				
Camile (Breakfast Menu) - Breakfast Box with Camile Fried Rice, Omelette & Pork Belly (02/23) - 1 Serving	861Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Breakfast Box with Crispy Potato, Omelette & Pork Belly (02/23) - 1 Serving	833Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Small Veggie Breakfast Box with Fried Rice, Peppers & Omelette (11/22) - 1 Serving	606Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Veggie Breakfast Box with Camile Fried Rice, Peppers & Omelette (02/23) - 1 Serving	744Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Camile (Breakfast Menu) - Veggie Breakfast Box with Crispy Potato, Peppers & Omelette (02/23) - 1 Serving	814Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Breakfast) - 1 Hash Brown (02/26) - 1 Serving	153 Kcal			
Camile (Breakfast) - Acai Rainbow Bowl (02/26) - 1 Serving	344 Kcal	 OATS  CASHEWS  SULPHITES	 WHEAT  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SOYA	 VEGETARIAN  VEGAN
Camile (Breakfast) - Acai Rainbow Bowl, with Harry's Nut Butter (02/26) - 1 Serving	369 Kcal	 OATS  CASHEWS  PEANUTS  SULPHITES	 WHEAT  MILK  CELERY  MUSTARD  SESAME  SOYA	 VEGETARIAN  VEGAN
Camile (Breakfast) - Bacon & Egg Bap (05/26) - 1 Serving	714 Kcal	 WHEAT  EGGS  MILK  CELERY	 OATS, BARLEY, RYE  SESAME  SOYA	
Camile (Breakfast) - Bangkok Breakfast Bap (05/26) - 1 Serving	891 Kcal	 WHEAT  EGGS  MILK  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE	
Camile (Breakfast) - Bangkok Veggie Bap (02/26) - 1 Serving	741 Kcal	 WHEAT  EGGS  MILK  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE	 VEGETARIAN
Camile (Breakfast) - Mango Rainbow Bowl (02/26) - 1 Serving	342 Kcal	 OATS  CASHEWS  PEANUTS  SULPHITES	 WHEAT  MILK  CELERY  MUSTARD  SESAME  SOYA	 VEGETARIAN  VEGAN
Camile (Breakfast) - Mango Smoothie (02/26) - 1 Serving	336 Kcal	 PISTACHIOS  MILK	 WHEAT  PEANUTS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Petite Camile IE - Nibbles				
Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll	144 Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	

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Camile (Nibbles) - 1 Vegetable Spring Roll (02/23) - 1 Serving	129Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Nibbles) - Honey Chilli Cashews (05/26) - 1 Serving	250Kcal	 CASHEWS  FISH  CRUSTACEANS  SOYA	 WHEAT  MOLLUSCS  SULPHITES	
Camile (Nibbles) - Thai Brown Prawn Crackers 130g (02/24) - Serves 4 people	504Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile (Nibbles) - Thai Brown Prawn Crackers 70g (02/24) - Serves 2 people	294Kcal	 GLUTEN  CRUSTACEANS	 WHEAT  FISH	
Camile (Nibbles) - Wasabi Peas (09/21) - 1 Serving	166Kcal	 SOYA	 PEANUTS	 VEGETARIAN  VEGAN
Camile Thai (Nibbles) - 2 Sriracha Chicken Wings / Hot Wings (02/23) 4086616 - 1 Serving	231Kcal	 SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MUSTARD  SESAME	
Petite Camile (Nibbles) - 1 Chicken & Vegetable Gyoza (06/23) - 1 Serving	29Kcal	 WHEAT  SESAME  SOYA	 EGGS  CRUSTACEANS  CELERY	
Petite Camile (Nibbles) - 1 Chicken Skewer (04/23) - 1 Serving	71Kcal	 WHEAT  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Nibbles) - 1 Hot Chicken Wing (04/23) - 1 Serving	115Kcal	 SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MUSTARD  SESAME	

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Petite Camile (Nibbles) - 1 Pad Thai Chicken Wing (04/26) - 1 wing	69Kcal	 WHEAT  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Petite Camile (Nibbles) - 1 Pad Thai Chicken Wing (04/26) - 1 Serving (7 wings)	105Kcal	 WHEAT  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Petite Camile (Nibbles) - 1 Pad Thai Chicken Wing (04/26) - Sharing Portion (14 wings)	968Kcal	 WHEAT  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Petite Camile (Starters) - 1 Vegetable Gyoza (06/23) 4769443 - 1 Serving	30Kcal	 WHEAT  SESAME  SOYA	 MOLLUSCS	 VEGETARIAN  VEGAN
Petite Camile (Nibbles) - Cold Edamame (05/26) - 1 Serving	210Kcal	 SOYA		 VEGETARIAN  VEGAN
Petite Camile - Starters & Small Plates				
Camile (Nibbles) - 1 Duck Spring Roll (03/23) - 1 roll	144Kcal	 WHEAT  MILK  MOLLUSCS  SESAME  SOYA	 EGGS	

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Camile (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	504 Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 EGGS	
Camile (Rolls) - Hoisin Duck Spring rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	1008 Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 EGGS	
Camile (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce (02/23) - 1 Serving	461 Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Rolls) - Vegetable Spring Rolls, LARGE with Plum Dipping Sauce (04/26) - 1 Serving	921 Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN
Camile (Starters) - 3 Chargrilled Chicken Skewers with Peanut Satay Dip (07/25) - 1 Serving	290 Kcal	 WHEAT  SOYA  PEANUTS  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (Starters) - 5 Chicken & Vegetable Gyozas with Sweet Soy Dipping Sauce (04/26) - 1 Serving	190 Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 5 Pork Gyoza with Sweet Soy Dip (04/23) - 1 Serving	237 Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  EGGS  MILK  CRUSTACEANS  CELERY  MUSTARD	
Camile (Starters) - 5 Vegetable Gyoza with Sweet Soy Dip (04/23) 8546856 - 1 Serving	197 Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  CELERY  MUSTARD  MILK  MOLLUSCS	 VEGETARIAN  VEGAN

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Camile (Starters) - Mini Tiffin Box with Plum Sauce (03/25) - Full mini box	507 Kcal	 WHEAT  MILK  FISH  MOLLUSCS  SESAME  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  CRUSTACEANS  CELERY  MUSTARD	
Petite Camile (Starters) - 5 Hot Chicken Wings with Sriracha Sauce (02/23) - 1 Serving	477 Kcal	 SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MUSTARD  SESAME	
Petite Camile (Starters) - 5 Pad Thai Chicken Wings (08/26) - 1 Serving (5 wings)	493 Kcal	 WHEAT  FISH  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Petite Camile (Starters) - Selection, 1 of each Gyoza, Spring roll, Hot wing, Chilli sauce (04/26) - 1 Serving	385 Kcal	 WHEAT  MILK  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD	
Petite Camile - Specials				
Camile Signature Spice Bag (03/26) - 1 Serving	1755 Kcal	 WHEAT  EGGS  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	

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Camile Vegan Spice Bag (12/25) - 1 Serving	1222 ^{Kcal}	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Petite Camile (Specials) - Chicken Fried Rice, Large (06/24) *TBC* - 1 Serving	780 ^{Kcal}	 WHEAT  EGGS  FISH  CRUSTACEANS  MOLLUSCS  SOYA	 SULPHITES	
Petite Camile - Singapore Noodles, Large (10/25) - 1 Serving	864 ^{Kcal}	 WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD	
Petite Camile - Singapore Noodles, Regular (04/26) - 1 Serving	486 ^{Kcal}	 WHEAT  PEANUTS  EGGS  CRUSTACEANS  MOLLUSCS  CELERY  SESAME  SOYA  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MUSTARD	
Petite Camile Spice Bag / Box with Chicken (12/25) - 1 Serving	1484 ^{Kcal}	 WHEAT  MILK  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  CELERY  MUSTARD  SESAME	
Petite Camile - Curries				
Camile - Massaman Curry, Chicken (07/25) - 1 Serving	854 ^{Kcal}	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	

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Camile - Massaman Curry, Tofu (02/23) 98714 - 1 Serving	741 Kcal	WHEAT FISH CRUSTACEANS SOYA SULPHITES	HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME	
Petite Camile (Curries) - Green Curry with Beef, Large (04/26) - 1 Serving	734 Kcal	FISH CRUSTACEANS	WHEAT HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA SULPHITES	
Petite Camile (Curries) - Green Curry with Beef, Regular (04/26) - 1 Serving	409 Kcal	FISH CRUSTACEANS	WHEAT HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA SULPHITES	
Petite Camile (Curries) - Green Curry with Duck, Large (04/26) - 1 Serving	690 Kcal	FISH CRUSTACEANS	WHEAT HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS PEANUTS MILK MOLLUSCS CELERY MUSTARD SESAME SOYA SULPHITES	

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Petite Camile (Curries) - Green Curry with Duck, Regular (04/26) - 1 Serving	413Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Petite Camile (Curries) - Green Curry with Prawns, Large (04/26) - 1 Serving	580Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	 GLUTEN FREE
Petite Camile (Curries) - Green Curry with Prawns, Regular (04/26) *TBC* - 1 Serving	353Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Petite Camile (Curries) - Green Curry with Tofu, Large (04/26) - 1 Serving	586Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	

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Petite Camile (Curries) - Green Curry with Tofu, Regular (04/26) - 1 Serving	511 Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Curries) - Green Curry, Chicken, Large (04/26) - 1 Serving	669 Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	 GLUTEN FREE
Petite Camile (Curries) - Green Curry, Chicken, Regular (04/26) - 1 Serving	402 Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Petite Camile (Curries) - Vegan Green Curry with Tofu, Large (03/23) - 1 Serving	538 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Petite Camile (Curries) - Vegan Green Curry with Tofu, Large (04/26) - 1 Serving	534 Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN

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Petite Camile - Massaman Chicken Curry, Large (07/25) - 1 Serving	850Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Petite Camile - Massaman Chicken Curry, Regular (09/23) - 1 Serving	507Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Petite Camile - Massaman Curry Prawns, Large (04/26) *TBC* - 1 Serving	759Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Petite Camile - Massaman Curry Prawns, Regular (04/26) *TBC* - 1 Serving	558Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Petite Camile - Massaman Curry, Tofu, Regular (03/23) - 1 Serving	482Kcal	 WHEAT  FISH  CRUSTACEANS  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	

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Petite Camile - Noodles				
Petite Camile (Noodles) - Pad Thai with Chicken (08/26) 4767685 - 1 Serving	1153Kcal	 WHEAT  FISH  PEANUTS  SOYA  EGGS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Petite Camile - Singapore Noodles, Large (10/25) - 1 Serving	864Kcal	 WHEAT  CRUSTACEANS  SESAME  PEANUTS  MOLLUSCS  SOYA  EGGS  CELERY  SULPHITES	 OATS, BARLEY, RYE  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
Petite Camile - Stir Fries				
Petite Camile (Stir Fries) - Crispy Chilli Chicken, Large (04/26) - 1 Serving	590Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Petite Camile (Stir Fries) - Crispy Chilli Chicken, Regular (04/26) - 1 Serving	412Kcal	 WHEAT  SESAME  MILK  SOYA  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Petite Camile - Pad Prik Haeng Chicken, Large (07/25) - 1 Serving	818Kcal	 WHEAT  MOLLUSCS  CASHEWS  SOYA  EGGS	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
Petite Camile - Pad Prik Haeng Chicken, Regular (09/23) - 1 Serving	351Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	

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Petite Camile - Pad Prik Haeng Prawns, Large (04/26) *TBC* - 1 Serving	410Kcal	 WHEAT  MOLLUSCS  CASHEWS  SOYA  CRUSTACEANS		
Petite Camile - Pad Prik Haeng Prawns, Regular (04/26) *TBC* - 1 Serving	410Kcal	 WHEAT  MOLLUSCS  CASHEWS  SOYA  CRUSTACEANS		
Petite Camile - Pad Prik Haeng Tofu, Large (03/23) - 1 Serving	464Kcal	 WHEAT  CASHEWS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Petite Camile - Pad Prik Haeng Tofu, Regular (03/23) - 1 Serving	331Kcal	 WHEAT  CASHEWS  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Petite Camile - Vegan Pad Prik Haeng Tofu, Large (04/26) *TBC* - 1 Serving	389Kcal	 WHEAT  CASHEWS  SOYA		 VEGETARIAN  VEGAN
Petite Camile - Salads				
Camile (Salads) - Chilli Lime Buddha Bowl with Chicken (07/25) - 1 Serving	482Kcal	 WHEAT  SOYA  PEANUTS  SULPHITES  FISH	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CRUSTACEANS  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice (03/26) - 1 Serving	926Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS  SULPHITES	 MILK  CELERY	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (Salads) - Crispy Chilli Tofu Salad with Brown & Wild Rice (12/25) - 1 Serving	783Kcal	 WHEAT  SOYA  MOLLUSCS  SULPHITES  SESAME		
Camile (Salads) - Tofu Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	908Kcal	 WHEAT  SESAME  PEANUTS  SOYA  CRUSTACEANS  SULPHITES	 BARLEY  CELERY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
Camile (Salads) - Warm Chicken Satay Crunch Salad with Brown & Wild Rice (04/26) - 1 Serving	927Kcal	 WHEAT  SESAME  PEANUTS  SOYA  CRUSTACEANS  SULPHITES	 BARLEY  CELERY  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  MUSTARD	
Camile (Specials) - Chilli Lime Buddha Bowl with Tofu (05/24) - 1 Serving	439Kcal	 WHEAT  SULPHITES  PEANUTS  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Petite Camile - Kids' Menu				
Camile Kids - Crispy Tofu (02/23) 6292659 - 1 Serving	501Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS		
Camile Kids - Li'l Spice Bag with Chicken (02/23) 6292725 - 1 Serving	645Kcal	 WHEAT  SULPHITES  EGGS		
Camile Kids - Li'l Spice Bag, Fried Potato with Tofu (02/23) 6292782 - 1 Serving	458Kcal	 WHEAT  SOYA  SULPHITES		 VEGETARIAN  VEGAN
Camile Kids - Wok Fried Noodles with Tofu (10/25) 6292557 - 1 Serving	402Kcal	 WHEAT  SOYA  EGGS  MOLLUSCS	 OATS, BARLEY, RYE	
Petite Camile - Kids Crispy Fried Potatoes & Chicken (09/23) 8293131 - 1 Serving	478Kcal	 WHEAT  SULPHITES		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile Kids - Sweet Crispy Chicken (09/23) 9119939 - 1 Serving	612Kcal	 WHEAT  EGGS  MILK  MOLLUSCS  SOYA		
Petite Camile Kids - Wok Fried Noodles with Chicken (10/25) - 1 Serving	420Kcal	 WHEAT  EGGS  MOLLUSCS  SOYA	 OATS, BARLEY, RYE	
Camile ON THE GO Bowls				
Camile (On The Go Bowls) - Crispy Chilli Stir-Fry with Tofu (02/23) 5421004 - 1 Serving	578Kcal	 WHEAT  MOLLUSCS  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	
Camile (On The Go Bowls) - Green Curry with Chicken (02/23) 5420959 - 1 Serving	655Kcal	 FISH  CRUSTACEANS	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA  SULPHITES	
Camile (On The Go Bowls) - Green Curry with Tofu (02/23) 5420968 - 1 Serving	718Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile (On The Go Bowls) - Massaman Curry with Chicken (02/23) 5420941 - 1 Serving	729Kcal	 WHEAT  FISH  CRUSTACEANS  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile (On The Go Bowls) - Massaman Curry with Tofu (02/23) 5420950 - 1 Serving	792Kcal	 WHEAT  SOYA  FISH  SULPHITES  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHES, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME	
Camile (On The Go Bowls) - Pad Prik Haeng with Chicken (02/23) - 1 Serving	508Kcal	 WHEAT  SOYA  CASHES  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, CASHES, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME  SULPHITES	
Camile (On The Go Bowls) - Pad Prik Haeng with Tofu (02/23) - 1 Serving	457Kcal	 WHEAT  SOYA  CASHES  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, CASHES, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SESAME	
Camile (On The Go Bowls) - Tangy Crispy Chilli Stir-Fry with Chicken (02/23) - 1 Serving	675Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS	 HAZELNUTS, PECANS, ALMONDS, CASHES, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD  SULPHITES	
Camile (On The Go Bowls) - Vegan Crispy Chilli Stir-Fry with Tofu (02/23) 5421016 - 1 Serving	553Kcal	 WHEAT  SESAME  SOYA	 HAZELNUTS, PECANS, ALMONDS, CASHES, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MUSTARD	 VEGETARIAN  VEGAN
Camile (On The Go Bowls) - Vegan Green Curry with Tofu (02/23) 5420974 - 1 Serving	575Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHES, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Camile (On The Go) - 2 Vegetable Spring Rolls with Plum Dipping Sauce (02/23) 5421070 - 1 Serving	332Kcal	 WHEAT  MILK  SOYA	 EGGS	 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Mini				
Camile Mini Chicken Fried Rice (08/26) - 1 Serving	407 Kcal	 WHEAT  FISH  CASHEWS  CRUSTACEANS  MILK  SOYA	 HAZELNUTS, PECANS, ALMONDS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Camile Mini Crispy Chilli Chicken (08/26) - 1 Serving	457 Kcal	 WHEAT  SESAME  EGGS  SOYA  MOLLUSCS	 SULPHITES	
Camile Mini Green Curry Chicken (08/26) - 1 Serving	557 Kcal	 FISH  CRUSTACEANS  SESAME	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SOYA  SULPHITES	
Camile Mini Massaman Chicken (08/26) - 1 Serving	616 Kcal	 WHEAT  SULPHITES  FISH  CRUSTACEANS	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SOYA	
Camile Mini Pad Prik Haeng Chicken (08/26) - 1 Serving	467 Kcal	 WHEAT  SOYA  CASHEWS  MOLLUSCS		
Petite Camile - Bliss Bowls				
Camile Bliss Bowls - Vegan Pad Prik Haeng Tofu (02/23) 3068858 - 1 Serving	555 Kcal	 WHEAT  SOYA		 VEGETARIAN  VEGAN

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Petite Camile (Bliss Bowls) - Green Chicken Curry (07/25) 3063366 - 1 Serving	802Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Bliss Bowls) - Massaman Chicken Curry (02/23) 3063378 - 1 Serving	798Kcal	 FISH  CRUSTACEANS  SOYA	 WHEAT  HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  MOLLUSCS  CELERY  MUSTARD  SESAME  SULPHITES	
Petite Camile (Bliss Bowls) - Tangy Crispy Chilli Chicken (02/23) 3068904 - 1 Serving	621Kcal	 WHEAT  MILK  MOLLUSCS  SOYA		
Petite Camile (Bliss Bowls) - Vegan Green Tofu Curry (02/23) 3068822 - 1 Serving	797Kcal	 WHEAT  SOYA  SULPHITES	 HAZELNUTS, PECANS, ALMONDS, CASHEWS, WALNUTS, BRAZIL NUTS, PISTACHIOS, MACADAMIAS  PEANUTS  MILK  CELERY  MUSTARD  SESAME	 VEGETARIAN  VEGAN
Petite Camile - Sides				
Camile (Sides) - Spicy Thai Fried Potatoes (02/23) 98622 - 1 Serving	619Kcal	 WHEAT  SULPHITES		 VEGETARIAN  VEGAN
Camile Thai (Sides) - Brown & Wild Rice (02/23) 98795 - 1 Serving	504Kcal			 VEGETARIAN  VEGAN
Camile Thai (Sides) - Egg Fried Rice (02/23) 98796 - 1 Serving	505Kcal	 EGGS		

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Camile Thai (Sides) - Jasmine Rice (02/23) 40240 - 1 Serving	460 Kcal			 VEGETARIAN  VEGAN
Petite Camile (Sides) - Stir-Fried Noodles (10/25) 8116344 - 1 Serving	379 Kcal	 WHEAT  SOYA	 OATS, BARLEY, RYE  EGGS	 VEGETARIAN  VEGAN
Petite camile - sauces & dips				
Camile (Sauces) - Peanut Satay Dipping Sauce (08/26) - 1 Serving	77 Kcal	 PEANUTS  CRUSTACEANS		
Camile (Sauces) - Plum Dipping Sauce (08/26) 40467 - 1 Serving	67 Kcal			 VEGETARIAN  VEGAN
Petite Camile (Dips) - Sweet Chilli Sauce (02/23) 4769449 - 1 Serving	62 Kcal			 VEGETARIAN  VEGAN
Camile (Sauces) - Sriracha Ketchup (05/26) - 1 Serving	32 Kcal	 CELERY		
Petite Camile - Drinks				
Mogu Mogu Blackcurrant Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	162 Kcal			
Mogu Mogu Grape Flavoured Drink, 320mls (01/22) - 1 Serving	166 Kcal			
Mogu Mogu Mango Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	180 Kcal			
Mogu Mogu Melon Flavoured Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	154 Kcal			
Mogu Mogu Pineapple Flavour Drink with Nata De Coco, 320ml bottle (06/22) - 1 Serving	173 Kcal			
San Pellegrino Sparkling Mineral Water, 500ml bottle (06/22) - 1 Serving	0 Kcal			
SynerChi Kombucha Cola Flavour, 250mls (08/20) 3514683 - 1 Serving	12 Kcal			 GLUTEN FREE
SynerChi Kombucha Ginger & Turmeric Lemonade, 250mls (08/20) 3514704 - 1 Serving	11 Kcal			 GLUTEN FREE

Item	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
SynerChi Kombucha, Apple & Elderflower Presse, 250ml can (08/20) 3514844 - 1 Serving	13Kcal			 GLUTEN FREE
Tymbark Apple & Kiwi Drink, 250ml bottle (06/22) - 1 Serving	46Kcal			 VEGETARIAN  VEGAN
Tymbark Orange & Peach Drink, 250ml bottle (06/22) - 1 Serving	94Kcal			 VEGETARIAN  VEGAN
Vit Hit Sparkling Mango & Pineapple with Rooibus Tea (06/22) - 330ml Can	43Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Pink Grapefruit Lime & White Tea (03/22) - 330ml Can	30Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vit Hit Sparkling Raspberry & Watermelon with Ceylon Tea (06/22) - 330ml Can	40Kcal			 VEGETARIAN  VEGAN  GLUTEN FREE
Vita Lemon Tea Drink, 250mls (01/22) - 1 Serving	140Kcal			 HALAL
Vita Mango Juice Drink, 250mls (01/22) - 1 Serving	120Kcal			
Petite Camile - Desserts				
Camile (Desserts) - Homemade Mango Rice Pudding (02/23) 98816 - 1 Serving	254Kcal	 SOYA	 GLUTEN  TREE NUTS  PEANUTS  SESAME  SULPHITES	 VEGETARIAN  VEGAN