

Camile Uk Standard Menu - Allergens Updated 10/10/26

Item	Calories per serving	Contains Allergens	May Contains Allergens	Other Properties
Starters				
Camile UK - Tiffin Box for Two Serves 2 people with plum dip and satay dip	1183Kcal	 MUSTARD  SESAME  FISH  SOYA  SULPHATES  MOLLUSCS  WHEAT  PEANUT  CRUSTACEANS	 MILK  Egg  Celery	
Camile - Mini Tiffin box with plum sauce and satay	591Kcal	 MUSTARD  SEASAME  FISH  SOYA  SULPHATES  MOLLUSCS  WHEAT  PEANUT  CRUSTACEAN	 MILK  EGG  CELERY	
Camile - Bang Bang Prawns (5) with Coconut Sriracha Dip- 1 Serving (5 prawns)	412Kcal	 CRUTACEAN  FISH  SULPHATES  WHEAT  EGGS	 MILK  SEASAME  MUSTARD  SOYA	
Camile (Starters) - Calamari Fries with Sriracha Dip- 1 Serving	846kcal	 MOLLUSCS  SULPHATES  WHEAT		
Camile (Starters) - 4 Chargrilled Chicken Skewers with Peanut Satay Dipping Sauce - 1 Serving	411Kcal	 MUSTARD  SOYA  CRUSTACEAN  PEANUT  WHEAT	 FISH	
Camile (Starters) - 5 Chicken & Vegetable Gyoza with Sweet Soy Dip 1 Serving	192Kcal	 SOYA  SESAME  WHEAT	  	
Camile (Starters) - 5 Vegetable Gyoza with Sweet Soy Dip 1 Serving	198kcal	 SOYA  SESAME  WHEAT	 MOLLUSCS	

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Camile (Starters) - 5 Vegetable Gyoza – Green Pastry with Sweet Soy Dip 1 Serving	198kcal	 SOYA  SESAME  WHEAT	 EGG  CRUSTACEAN  CELERY  PEANUT	
Camile UK (Rolls) - Hoisin Duck Spring rolls (3) with Plum Dipping Sauce - 1 Serving	505kcal	 SOYA  SESAME  MOLLUSCS  WHEAT	 MILK  MUSTARD  PEANUT  EGG	
Camile UK (Rolls) - Vegetable Spring Rolls (3) with Plum Dipping Sauce - 1 Serving	462kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT  EGG	
Camile Thai (Starters) - Duck Pancakes with Hoisin Dipping Sauce - 1 Serving	515Kcal	 SOYA  SESAME  MOLLUSCS  WHEAT	 PEANUT	
Camile Thai (starters) - Vegan Spice Bag Cauliflower Wings with Sriracha Coconut Dip - 1 Serving	411Kcal	 WHEAT  SULPHATES	 SOYA  SESAME  MILK  CELERY  MUSTARD  TREENUTS  PEANUT	
Camile (Starters) - Pad Thai Chicken Wings - 1 Serving (7 wings)	666Kcal	 SOYA  FISH  SULPHATES  WHEAT	 EGG  MILK  CELERY  MUSTARD	
Camile (Starters) - Sriracha Chicken Wings / Hot Wings - 1 Serving (7 wings)	662Kcal	 SOYA  WHEAT	 EGG  MILK  FISH  CELERY  MUSTARD  SULPHATES	
Camile Phuket Fried Chicken with coconut sriracha dip	616Kcal	 MOLLUSCS  EGG  WHEAT  FISH  SULPHATES		
Camile Signature Spice Bag - 1 Serving	1756kcal	 SOYA  MILK  SULPHATES  WHEAT	 SEASAME  CELERY  MUSTARD  TREENUTS  BARLEY  RYE  OATS  PEANUT	

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Camile Signature Vegan Spice Bag – 1 serving	1219Kcal	 SOYA  SULLPHATES  WHEAT	 SESAME  MILK  CELERY  MUSTARD  BARLEY RYE OATS  TREENUTS  PEANUT	
Camile Thai - Crispy Tofu with Tamarind Dressing - 1 Serving	878kcal	 SOYA  WHEAT		
Camile – Spicy Thai Fried Potatoes	621kcal	 WHEAT	 SOYA  SESAME  MILK  MUSTARD  PEANUT	
Nibbles				
Camile (Nibbles) - Thai Brown Prawn Crackers 115g	485Kcal	 WHEAT  CRUSTACEAN		
Camile (Nibbles) - Honey Chilli Cashews - 1 Serving	249kcal	 SOYA  CRUSTACEANS  FISH  CASHEWS		
Wasabi Peas (Yutaka Brand)	166kcal	 MUSTARD	 SOYA  SESAME	
STIR FRIES				
Camile Thai - Mekong Duck - 1 Serving	416Kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad King Chicken - 1 Serving	405Kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad King Beef 1 Serving	426Kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad King Duck 1 Serving	396Kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	

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Camile Thai - Pad King Prawns - 1 Serving	280Kcal	 SOYA  MOLLUSCS  CRUSTACEANS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Vegan Pad King Tofu1 Serving	328Kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile - Crispy Chilli Chicken - 1 Serving	795Kcal	 SOYA  SESAME  MOLLUSCS  WHEAT  EGG	 MILK  MUSTARD  PEANUT	
Camile Thai - Crispy Chilli Beef - 1 Serving	630Kcal	 SOYA  SESAME  MOLLUSCS  WHEAT  EGG	 MILK  MUSTARD  PEANUT	
Camile Thai - Vegan Crispy Chilli Tofu -serves 1	259Kcal	 SOYA  SESAME  WHEAT	 MILK  MUSTARD  BARLEY, OATS RYE  PEANUT	
Camile Thai - Pad Prik Haeng, Chicken, - Serves 1	534kcal	 SOYA  MOLLUSCS  CASHEWS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile - Pad Prik Haeng, Crispy Chicken - 1 Serving	788kcal	 SOYA  MOLLUSCS  WHEAT  EGG  CASHEWS	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Prik Haeng, Beef- 1 Serving	570kcal	 SOYA  MOLLUSCS  CASHEWS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Prik Haeng, Duck - 1 Serving	525kcal	 SOYA  MOLLUSCS  CASHEWS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	

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Camile Thai - Pad Prik Haeng, Prawns- 1 Serving	409kcal	 SOYA  MOLLUSCS  CRUSTACEANS  WHEAT  CASHEWS	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Vegan Pad Prik Haeng, Tofu - 1 Serving	421kcal	 SOYA  WHEAT  CASHEWS	 SESAME  MILK  MUSTARD  PEANUT  BARLEY, OATS RYE	
Camile - Pad Satay Stir-Fry with Chicken- 1 Serving	425kcal	 SOYA  MOLLUSCS  MUSTARD  WHEAT  PEANUT	 SEASAME  MILK	
Camile - Pad Satay Stir-Fry with Prawns - 1 Serving	301kcal	 SOYA  MOLLUSCS  CRUSTACEANS  WHEAT  MUSTARD  PEANUT	 SESAME  MILK	
Camile - Pad Satay Stir-Fry with Tofu - 1 Serving	315kcal	 SOYA  WHEAT  MUSTARD  PEANUT	 SESAME  MILK  BARLEY, OATS RYE	
Camile - Pad Satay Stir-Fry with Vegan Chicken - 1 Serving	452kcal	 SOYA  WHEAT  MUSTARD  PEANUT	 SESAME  MILK  BARLEY, OATS RYE	
Camile - Pad Satay Stir-Fry with Duck - 1 Serving	479kcal	 SOYA  MOLLUSCS  WHEAT  MUSTARD  PEANUT	 SESAME  MILK	
Camile - Pad Satay Stir-Fry with Beef - 1 Serving	461Kcal	 SOYA  MOLLUSCS  WHEAT  MUSTARD  PEANUT	 SESAME  MILK	
Camile Thai - Pad Krapow with Chicken - 1 Serving	448kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Krapow with Beef 1 Serving	483kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	

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Camile Thai - Pad Krapow with Duck - 1 Serving	439kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Krapow with Prawn - 1 Serving	323kcal	 SOYA  MOLLUSCS  CRUSTACEANS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Krapow with Vegan Chicken - 1 Serving	480kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Krapow with Tofu 1 Serving	342kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Noodles				
Camile (Noodles) - Classic Pad Thai, Chicken & Prawn - 1 Serving	1053Kcal	 SOYA  EGG  CRUSTACEAN  FISH  WHEAT  SULPHATES  PEANUT		
Camile (Noodles) - Pad Thai with Chicken - 1 Serving	1088kcal	 SOYA  EGG  CRUSTACEAN  FISH  WHEAT  SULPHATES  PEANUT		
Camile (Noodles) - Pad Thai, with Prawn - 1 Serving	983Kcal	 EGG  CRUSTACEAN  FISH  WHEAT  SULPHATES  PEANUT  SOYA		
Camile Thai - Vegan Pad Thai with Tofu - 1 Serving	1001kcal	 SOYA  SULPHATES  PEANUT  WHEAT		

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Camile Thai - Vegan Pad Thai with Vegan Chicken - 1 Serving	1138kcal	 SOYA  SULPHATES  PEANUT  WHEAT		
Camile - Singapore Noodles 1 Serving	809kcal	 SOYA  SESAME  MOLLUSCS  WHEAT  EGGS  CRUSTACEANS  SULPHATES  PEANUT	 FISH	
Camile Thai (Noodles) - Khao Soi Gai - 1 Serving	1063kcal	 SOYA  CRUSTACEAN  FISH  WHEAT  MUSTARD		
Camile Thai - Pad Kee Mao with Chicken - 1 Serving	828kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Kee Mao with Beef- 1 Serving	863kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Kee Mao with Duck - 1 Serving	819kcal	 SOYA  MOLLUSCS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Pad Kee Mao with Prawns - 1 Serving	722kcal	 SOYA  MOLLUSCS  CRUSTACEANS  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Vegan Pad Kee Mao with Tofu - 1 Serving	723kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Thai - Vegan Pad Kee Mao with Vegan Chicken 1 Serving	860kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile (Specials) - Spicy Dan Dan Chicken - 1 Serving	544Kcal	 SOYA  MILK  CRUSTACEAN  FISH  WHEAT	 SESAME  CELERY  MUSTARD  SULPHATES  BARLEY RYE, OATS  TREENUTS  PEANUTS	

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Camile (Specials) - Spicy Dan Dan Noodles with Vegan Chicken - 1 Serving	508kcal	 SOYA  WHEAT	 SEASAME  CELERY  MUSTARD  SULPHATES  BARLEY RYE, OATS  TREENUTS  PEANUTS	
Camile (Specials) - Spicy Dan Dan Noodles with Tofu - 1 Serving	508Kcal	 SOYA  WHEAT	 SEASAME  CELERY  MUSTARD  SULPHATES  BARLEY RYE, OATS  TREENUTS  PEANUTS	
Thai Curries				
Camile - Massaman Curry, Chicken- 1 Serving	860kcal	 WHEAT  CRUSTACEAN  FISH	 SOYA  SESAME  MILK  EGG  CELERY  MUSTARD  SULPHATES  TREENUTS  PEANUT	
Camile - Massaman Curry, Beef - 1 Serving	896kcal	 WHEAT  CRUSTACEAN  FISH	 SOYA  SESAME  MILK  EGG  CELERY  MUSTARD  SULPHATES  TREENUTS  PEANUT	
Camile - Massaman Curry, Duck - 1 Serving	852kcal	 WHEAT  CRUSTACEAN  FISH	 SOYA  SESAME  MILK  EGG  CELERY  MUSTARD  SULPHATES  TREENUTS  PEANUT	
Camile - Massaman Curry, Prawns - 1 Serving	736Kcal	 WHEAT  CRUSTACEAN  FISH	 SOYA  SESAME  MILK  EGG  CELERY  MUSTARD  SULPHATES  TREENUTS  PEANUT	
Camile - Massaman Curry, Tofu - 1 Serving	747kcal	 SOYA  CRUSTACEAN  FISH  WHEAT	 SESAME  MILK  EGG  CELERY  MUSTARD  SULPHATES  TREENUTS  PEANUTS	

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Camile Thai - Chu Chee Beef 1 serving	523kcal	  CRUSTACEAN FISH		
Camile Thai - Chu Chee Chicken	488kcal	  CRUSTACEAN FISH		
Camile Thai - Chu Chee Duck 1 Serving	479kcal	  CRUSTACEAN FISH		
Camile Thai - Chu Chee Prawns - 1 Serving	363kcal	  CRUSTACEAN FISH		
Camile Thai - Chu Chee Tofu 1 Serving	375kcal	   SOYA CRUSTACEAN FISH  WHEAT		
Camile Thai - Green Curry, Beef - 1 Serving	741kcal	  CRUSTACEAN FISH		
Camile Thai - Green Curry, Chicken 1 Serving	715kcal	  CRUSTACEAN FISH		
Camile Thai - Green Curry, Duck - 1 Serving	706kcal	  CRUSTACEAN FISH		
Camile Thai - Green Curry, Prawn - 1 Serving	590kcal	  CRUSTACEAN FISH		
Camile Thai - Green Curry, Tofu 1 Serving	602kcal	   SOYA CRUSTACEAN FISH  WHEAT		
Camile Thai - Vegan Green Curry with Tofu - 1 Serving	540kcal	   SOYA WHEAT SULPHITES	    SESAME MILK CELERY MUSTARD   TREE NUTS PEANUT	
Camile Thai - Vegan Green Curry with Vegan Chicken - 1 Serving	677kcal	   SOYA WHEAT SULPHITES	    SESAME MILK CELERY MUSTARD   TREE NUTS PEANUT	
Camile Thai - Red Curry, Beef - 1 Serving	721kcal	  CRUSTACEAN FISH		

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Camile Thai - Red Curry, Chicken - 1 Serving	685kcal	  CRUSTACEAN FISH		
Camile Thai - Red Curry, Duck - 1 Serving	677kcal	  CRUSTACEAN FISH		
Camile Thai - Red Curry, Prawns - 1 Serving	561kcal	  CRUSTACEAN FISH		
Camile Thai - Red Curry, Tofu - 1 Serving	572 kcal	    SOYA CRUSTACEAN FISH WHEAT		
Camile Thai - Vegan Red Curry with Tofu - 1 Serving	536kcal	   SOYA WHEAT SULPHATES	      SESAME MILK CELERY MUSTARD TREENUTS PEANUT	
Camile Thai - Vegan Red Curry with Vegan Chicken) - 1 Serving	673kcal	   SOYA WHEAT SULPHATES	      SESAME MILK CELERY MUSTARD TREENUTS PEANUT	
Camile - Harry's Bangin' Panang Curry with Chicken - 1 Serving	721kcal	    SOYA WHEAT SULPHATES PEANUT	     SESAME MILK CELERY MUSTARD TREENUTS	
Camile - Harry's Bangin' Panang Curry with Beef- 1 Serving	757Kcal	    SOYA WHEAT SULPHATES PEANUT	     SESAME MILK CELERY MUSTARD TREENUTS	
Camile - Harry's Bangin' Panang Curry with Duck - 1 Serving	713Kcal	    SOYA WHEAT SULPHATES PEANUT	     SESAME MILK CELERY MUSTARD TREENUTS	
Camile - Harry's Bangin' Panang Curry with Prawn - 1 Serving	597Kcal	     SOYA CRUSTACEANS WHEAT SULPHATES PEANUT	     SESAME MILK CELERY MUSTARD TREENUTS	

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Camile - Harry's Bangin' Panang Curry with Tofu- 1 Serving	608Kcal	 SOYA  WHEAT  SULPHATES  PEANUT	 SESAME  MILK  CELERY  MUSTARD  TREENUTS	
Camile - Harry's Bangin' Panang Curry with Vegan Chicken- 1 Serving	745Kcal	 SOYA  WHEAT  SULPHATES  PEANUT	 SESAME  MILK  CELERY  MUSTARD  TREENUTS	
Camile- Chicken Katsu Curry - 1 Serving	636Kcal	 SOYA  MILK  MUSTARD  WHEAT	 SESAME  CELERY  SULPHATES  TREENUTS  PEANUTS	
Fried Rice				
Camile Thai - Camile Special Fried Rice (02/23) 98720 - 1 Serving	857Kcal	 SOYA  MOLLUSCS  EGG  WHEAT  CRUSTACEAN  FISH	 SEASAME  MILK  MUSTARD  PEANUT	
Camile Thai - Khao Pad Nua (06/23) 98788 1 Serving	855Kcal	 SOYA  MOLLUSCS  EGG  WHEAT  FISH  CASHEWS	 SEASAME  MILK  MUSTARD  PEANUT	
Camile Thai - Vegan Fried Rice with Tofu (02/23) 4004518 - 1 Serving	626kcal	 SOYA  WHEAT	 SEASAME  MILK  MUSTARD  PEANUT	
Camile Thai - Vegan Fried Rice with Vegan Chicken (02/23) 4085837 - 1 Serving	608kcal	 SOYA  WHEAT	 SEASAME  MILK  MUSTARD  PEANUT	
Camile Thai – Chicken Fried Rice – 1 Serving	797kcal	 SOYA  MILK  FISH  WHEAT  CASHEWS	 SEASAME  CELERY  MUSTARD  SULPHATES  PEANUT	
Kids				
Camile Kids - Sweet Crispy Chicken with jasmine rice 1 Serving	679Kcal	 SOYA  MOLLUSCS  EGG  WHEAT	 MILK  MUSTARD  BARLEY, OATS RYE  PEANUT	

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Camile Kids - Sweet Crispy Chicken with egg rice 1 Serving	736Kcal	 SOYA  MOLLUSCS  EGG  WHEAT	 MILK  MUSTARD  BARLEY, OATS RYE  PEANUT	
Camile Kids - Crispy Tofu with jasmine rice1 Serving	503Kcal	 SOYA  WHEAT	 MILK  MUSTARD  BARLEY, OATS RYE  PEANUT	
Camile Kids - Wok Fried Noodles with Chicken - 1 Serving	441Kcal	 SOYA  MOLLUSCS  EGG  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Kids - Wok Fried Noodles with Tofu - 1 Serving	402Kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Camile Kids - Massaman Chicken with Jasmine Rice - 1 Serving	866Kcal	 WHEAT  CRUSTACEAN  FISH	 SEASAME  MILK  EGG  CELERY  MUSTARD  SULPHATES  TREENUTS  PEANUT	
Camile Kids - Massaman Tofu with Jasmine Rice - 1 Serving	827Kcal	 SOYA  CRUSTACEAN  FISH  WHEAT	 SEASAME  MILK  EGG  CELERY  MUSTARD  SULPHATES  TREENUTS  PEANUT	
Soups				
Camile Thai (Soups) - Tom Yam Goong - 1 Serving	219KCAL	 SOYA  CRUSTACEAN  FISH  SULPHATES		
Camile (Soups) - Tom Yam Noodle Soup, Chicken - 1 Serving	821KCAL	 SOYA  CRUSTACEAN  FISH  SULPHATES		
Camile (Soups) - Tom Yam Noodle Soup, Prawn- 1 Serving	715KCAL	 SOYA  CRUSTACEAN  FISH  SULPHATES		

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Salads – Power Bowls				
Camile (Salads) - Chicken Satay Crunch Salad with Brown & Wild Rice - 1 Serving	794kcal	 SOYA  SESAME  CRUSTACEAN  WHEAT  MUSTARD  SULPHATES  PEANUT	 FISH	
Camile (Salads) - Crispy Chilli Chicken Salad with Brown & Wild Rice - 1 Serving	893kcal	 SOYA  SESAME  MOLLUSCS  WHEAT  EGG  SUPHATES	 MILK  PEANUT  BARLEY, OATS, RYE	
Camile (Salads) - Crispy tofu Salad (vegan crispy chilli sauce)with Brown & Wild Rice and miso dressing - 1 Serving	901Kcal	 SOYA  SESAME  SULPHATES  WHEAT	 MILK  MUSTARD  PEANUT  BARLEY, OATS, RYE	
Sides				
Camile Thai (Sides) - Brown & Wild Rice - 1 Serving	504kcal			
Camile Thai (Sides) - Jasmine Rice - 1 Serving	460kcal			
Camile Thai (Sides) - Egg Fried Rice- 1 Serving	505kcal	 EGG		
Camile Thai (Sides) - Steamed Broccoli - 1 Serving	64kcal			
Camile Thai (Sides) - Stir-Fried Asian Greens 1 Serving	204kcal	 SOYA  WHEAT	 SEASAME  MILK  MUSTARD  PEANUT	
Camile (Sides) - Spicy Thai Fried Potatoes - 1 Serving	621kcal	 WHEAT	 SOYA  SEASAME  MILK  MUSTARD  PEANUT	
Camile Thai (Sides) - Stir-Fried Noodles - 1 Serving	340kcal	 SOYA  WHEAT	 SEASAME  MILK  MUSTARD  PEANUT	
Edamame	195Kcal	 SOYA		
Camile Specials				

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Camile UK (Rolls) - Beef Massaman Spring Rolls – with Massaman Dip -1 Serving	406kcal	 WHEAT  CRUSTACEAN  FISH  SULPHATES	 SOYA  CELERY  PEANUTS  SESAME  MUSTARD  BARLEY, OATS RYE  MILK  MOLLUSCS  EGG  TREENUTS	
Pad Krapow Chicken With Thai Fried Egg	533kcal	 SOYA  WHEAT  MOLLUSCS  EGG	 SESAME  MILK  MUSTARD  PEANUT	
Pad Krapow With Vegan Chunks	492kcal	 SOYA  WHEAT	 SESAME  MILK  MUSTARD  PEANUT	
Crispy Red Curry Dumplings Chicken – 1 serving	417Kcal	 SOYA  SESAME  CRUSTACEAN  FISH  WHEAT	 EGG  CELERY	
Crispy Red Curry Dumplings Vegetable (Green Pastry) – 1 serving	424Kcal	 SOYA  SESAME  CRUSTACEAN  FISH  WHEAT	 EGG  CELERY  MOLLUSCS	
Crispy Red Curry Dumplings Vegetable (Green Pastry) Vegan Red Curry Sauce – 1 serving	424Kcal	 SOYA  SESAME  SULPHATES  WHEAT	 MILK  EGG  MOLLUSCS  CELERY  MUSTARD  TREENUTS  PEANUT	
Golden Chicken Noodles	542Kcal	 WHEAT  SOYA	 BARLEY/OATS /RYE  SEASAME  MILK  MUSTARD  PEANUT	
Golden Side Noodle Side	332Kcal	 WHEAT  SOYA	 BARLEY/OATS /RYE  SEASAME  MILK  MUSTARD  PEANUT	
Camile Sauces, Dressings & Dips				
Camile (Sauces) - Peanut Satay Dipping Sauce - 1 Serving	431Kcal	 CRUSTACEAN  PEANUT	 FISH	
Camile (Sauces) - Plum Dipping Sauce - 1 Serving	69Kcal			

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Camile Thai (CP Sauces) - Hoisin Dipping Sauce, - 1 Serving	55Kcal	 SOYA  SESAME  MOLLUSCS  WHEAT	 PEANUT	
Camile Thai (CP Sauces) - Sriracha Coconut Dip - 1 Serving	50Kcal	 SULPHATES		
Camile (Sauces) - Sweet Soy Dipping Sauce- 1 Serving	46Kcal	 SOYA		
Camile Thai (CP Sauces) - Sweet Chilli Sauce- 1 Serving	63Kcal			
Camile Thai (Sauces) - Tamarind Dressing - 1 Serving	57Kcal	 SOYA  WHEAT		
Camile (Sauces) - Salted Coconut Pandan Caramel Sauce - 1 Serving	129Kcal	 WHEAT  MILK		
Camile (Sauces) - Massaman Curry Dip - 1 Serving	314Kcal	 CRUSTACEAN  FISH	 SOYA  SESAME  MILK  EGG  MUSTARD  SULPHATES  PEANUT  GLUTEN	
Camile (Sauces) - Vegan Green Curry Dip- 1 Serving	283Kcal	 SOYA  SULPHATES	 SESAME  MILK  CELERY  MUSTARD  TREENUTS  PEANUT	
Camile (Sauces) - Green Curry Dip - 1 Serving	312Kcal	 CRUSTACEAN  FISH	 PEANUT	
Camile Thai - Satay Vinaigrette Dressing - 1 Serving	122Kcal	 CRUSTACEAN  PEANUT	 FISH	
Camile Thai (CP) - Miso Vinaigrette Dressing - 1 Serving	50Kcal	 SOYA  SESAME  SULPHATES	 PEANUT	
Camile Toppings				
Camile Thai (Toppings) - Crispy Shallots - 1 Serving	87Kcal	 WHEAT		
Camile Thai (Toppings) - Crushed Peanuts - 1 Serving	139Kcal	 PEANUT		
Camile UK – Desserts				
Camile (Specials) - Crispy Pandan Caramel Churros) - 1 Serving	533Kcal	 WHEAT  MILK	 SOYA  EGG  MUSTARD  TREENUTS  PEANUT	

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Chocolate Fondant	431Kcal	 SOYA  EGG  MILK	 ALMONDS, HAZELNUT PISTACHIO	
Sticky Toffee Pudding	470Kcal	 EGG  MILK	 ALMONDS, HAZELNUT PISTACHIO WALNUTS ALMONDS	
Ben & Jerry's Cookie Dough Ice Cream 100ml tub) - 1 Serving	213kcal	 SOYA  EGG  MILK  WHEAT		
Ben & Jerry's Chocolate Fudge Brownie Ice Cream 100ml tub - 1 Serving	183kcal	 SOYA  EGG  MILK  WHEAT		
Camile UK- Drinks				
Camile (Teas) - Breakfast Tea 12oz - 1 Serving	1kcal			
Camile (Teas) - Chamomile Tea - 1 Serving	1kcal			
Camile (Teas) - Green Tea - 1 Serving	1kcal			
Thai Lemon Tea	1Kcal			
Thai milk tea	66Kcal	 MILK		
O-Liang Coffee – no milk	224Kcal			
O-Liang Coffee - Milk	257Kcal	 MILK		
Strawberry Iced Tea	76Kcal			
Passionfruit Iced Tea	125Kcal			
Peach Iced Tea	81Kcal			
Strawberry Lemonade	65Kcal			
Passionfruit Lemonade	78Kcal			
Peach Lemonade	49Kcal			
Camile (Soft Drinks) - Coca Cola 330ml can	139kcal			
Camile (Soft Drinks) - Diet Coke 330ml can	1kcal			

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Camile (Soft Drinks) – Coke Zero 330ml can	1kcal			
Camile (Soft Drinks) - Fanta Orange 330ml can	63kcal			
Camile (Soft Drinks) – Sprite 330ml can	63kcal			
San Pellegrino Limonata 33cl	73kcal			
San Pellegrino Aranciata 33cl	64kcal			
Belvoir Elderflower Lemonade 330ml can	53kcal			
Belvoir Raspberry Lemonade 330ml can	53kcal			
Belvoir Sparkling Elderflower 275ml bottle	46kcal			
Belvoir Ginger Beer 275ml bottle	47kcal			
Appetiser 250ml can	115kcal			
Vita Coco coconut water 330ml	18kcal per 100ml			
One Water still 330ml can	0kcal			
One Water Sparkling 330ml can	0kcal			
Camile Wine & Beer				
Tiger Beer 330ml bottle	41kcal per 100ml	 BARLEY		
Singha Beer 330ml bottle	38kcal per 100ml	 BARLEY		
Jack Rabbit Sauvignon Blanc 187ml	64kcal per 100ml	 SULPHATES		
Jack Rabbit Merlot 187ml	68kcal per 100ml	 SULPHATES		
Il Narratore Pinot Grigio 750ml	83Kcal per 100ml	 SULPHATES		
Petalo White 750ml	81Kcal per 100ml	 SULPHATES		
Goleta Sauvignon Blanc 750ml Bottle	83Kcal per 100ml	 SULPHATES		
Pinot Grigio Delle Venezie 750ml Bottle	63kcal per 100ml	 SULPHATES		
Ranleigh Merlot 750ml Bottle	86Kcal per 100ml	 SULPHATES		
Petalo Red 750ml Bottle	85Kcal per 100ml	 SULPHATES		
Valcheta Malbec 750ml Bottle	86Kcal per 100ml	 SULPHATES		

Item	Calories per serving	Contains Allergens	May Contains Allergens	Other Properties
Adalina Prosecco 750ml Bottle	68Kcal per100ml	 SULPHATES		
Adalina Prosecco Rose 750ml Bottle	74Kcal per 100ml	 SULPHATES		