

LEVEL 2 CERTIFICATE CARE MANAGEMENT OF DIABETES

Unit 03: Understand the initial care of diabetes

Learner's Name:

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Q 1.1. Describe how the experience of living with diabetes affects individuals in different ways.

Answer:

Q 1.2. Describe how the attitudes and behaviour of others may impact on an individual with diabetes.

Answer:

Q 1.3. Give examples of ways to improve social attitudes towards people with diabetes.

Answer:

Q 1.4. Identify the legal rights of individuals with diabetes.

Answer:

Q 1.5. Identify how the law relates to drivers who have diabetes.

Answer:

Q 1.6. Explain why individuals who have diabetes should inform their employer.

Answer:

Q 2.1. Explain the importance of a person-centred approach when working with an individual with diabetes.

Answer:

Q 2.2. Describe how to support individuals to make informed decisions about managing their condition.

Answer:

Q 2.3. Describe how to work with individuals to develop self-care skills for managing diabetes.

Answer:

Q 2.4. Outline the advice given to individuals with diabetes in relation to:

Answer:

- **nutrition**
- **exercise**
- **lifestyle.**

Q 2.5. Describe additional support individuals can access to help self-management of diabetes.

Answer:

Q 3.1. Identify the normal range for:

Answer:

- **blood glucose**
- **blood pressure.**

Q 3.2. Explain the importance of accurate monitoring of:

Answer:

- **blood glucose**
- **urine**
- **blood pressure.**

Q 3.3. Identify the equipment and tests used for monitoring diabetes.

Answer:

Q 3.4. Describe the requirements for recording and reporting of diabetes monitoring activity.

Answer:

Q 3.5. Explain how individuals can be encouraged to contribute to the monitoring process.

Answer: