

## LEVEL 2 CERTIFICATE CARE MANAGEMENT OF DIABETES

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Unit 04: Understand the treatment and management of diabetes

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**Unit 04: Understand the treatment and management of diabetes**

**Q1.1. Outline the care pathway for diabetes.**

**Answer:**

**1.2. Describe the different types of medication used to treat Type 1 and Type 2 diabetes.**

**Answer:**

**1.3. Describe the importance of diet and exercise for optimising blood glucose levels.**

**Answer:**

**1.4. Identify how different forms of treatment can impact on an individual's daily life.**

**Answer:**

**Q 2.1. Identify common causes of hypoglycaemia.**

**Answer:**

**Q 2.2. Outline the signs and symptoms of hypoglycaemia.**

**Answer:**

**Q 2.3. Identify how hypoglycaemia is confirmed in an emergency.**

**Answer:**

**Q 2.4. Describe the action to take if an individual has hypoglycaemia.**

**Answer:**

**3.1. Identify possible causes of hyperglycaemia.**

**Answer:**

**Q 3.2. Outline the signs and symptoms of hyperglycaemia.**

**Answer:**

**Q 3.3. Describe what action to take if an individual has hyperglycaemia.**

**Answer:**

**Q 4.1. Outline how stress and illness affects blood glucose.**

**Answer:**

**Q 4.2. Identify what is meant by diabetic ketoacidosis.**

**Answer:**

**Q 4.3. Describe a range of complications associated with diabetes.**

**Answer:**

**Q 4.4. Explain the links between diabetes and:**

**Answer:**

- **cardiovascular disease**
- **dementia**
- **depression.**

**Q 4.5. Outline the long-term health consequences of developing Type 2 diabetes.**

**Answer:**

**Q 5.1. Suggest ways to prevent illness and infection.**

**Answer:**

**Q 5.2. Identify how regular monitoring can help to prevent complications.**

**Answer:**

**Q 5.3. Outline the regular screening process used for early detection of long-term complications.**

**Answer:**

**Q 5.4. Explain the importance of foot care for people with diabetes.**

**Answer:**

**Q 5.5. Describe the need for pre-pregnancy planning for those with diabetes.**

**Answer:**

**5.6. Explain the importance of optimising blood glucose levels during pregnancy.**

**Answer:**