



# Health and Safety



Why is health and safety important?



## Why is health and safety important?

1. It affects everyone from the “cleaner” to the “managing director” – no one escapes.
2. Without information or training or information, you are increasing the risk of having or causing an accident OR suffering ill health.
3. Having an accident does not just affect your job but can have an impact on your personal life. Such as:-
  - Gardening
  - Exercise
  - Looking after young children



## What is “Health and Safety About?”

- ➔ **R** = **R**aising awareness
- ➔ **I** = **I**nformation
- ➔ **T** = **T**raining
- ➔ **C** = **C**onsult
- ➔ **H** = **H**elp



Common Sense!!!!

Question?

WHAT IS COMMON SENSE?

IS HEALTH AND SAFETY COMMON  
SENSE?







List five ways you can  
make the environment  
safe?



# Benefits / importance of Good Health and Safety environment

Note that The Greatest “ASSETT” of a company is ;  
“YOUR STAFF

Benefits include: More productive workforce

- ❖ A stress less team
- ❖ Less time off work

Disadvantages are:

- ❖ Fines
- ❖ Injury Costs
- ❖ Closure of the business
- ❖ Loss of business

# Legislation

Health and Safety at Work Act 1974

This Act sets out the “general duties” that “EMPLOYERS” have towards employees and members of the public and “EMPLOYEES” have to themselves and to each other.



“So Far As Reasonably Practicable.”

## Employer Responsibility. – What the Law Says

To provide a “Safe Place” of work

To provide “Safe Systems” of work

To provide “Safe Equipment”

To provide a written policy where there are more than 5 staff

# Employees Responsibilities

To work safely for themselves.

To work in a way that is safe for others.

To cooperate with the employer.

To report anything that they consider to be a danger

# Management of Work Regulations (1999)

- Employers **MUST** by law:
- Manage “Health and Safety” (Treat it as any other part of the business)
- 2. Carry out risk assessments
- 3. Provide information/training
- 4. Consult with staff

# Definition Of An Accident



■ An accident is an unwanted, unplanned and uncontrolled event that can cause major or minor. **Illness, Injury, Damage or Death.**

What Type of Accident Can You Have at work?

Electrocution, Slips Trips and Falls, Manual Handling, Scalds, Cuts, RSI (Repetitive Strain Injury), Fire (Burns & smoke inhalation).

Equipment (i.e. photo copiers / printers / computers / Kitchen Equipment).

- Food Poisoning.
- Asthma Attacks

# Causes of Accidents

Lack of Training / Awareness

Complacency

Pressure of work

Malice

# Define What a Hazard Is and a Risk

HAZARD: Anything that can cause Injury, Damage, Ill Health or Death

- RISK: The “Potential” (or chance) of injury / ill health / damage
- Normally comes in 3 categories
- High
- Medium
- Low

# Risk Assessment

- Identify the **Hazard.**
- Decide who might be harmed.
- Evaluate the **Risks** and decide on **“Control Measures.”**
- Record your findings\* and implement them.
- Review your assessment and update if necessary.

\* Where there are more than 5+ employees.

# Some Types of Risk Assessments

**New and Expectant Mothers**

**Manual Handling**

**Fire**

**First Aid**

**Stress**

**Lone Worker**

**Violence / Abuse**

**Less Able Worker**