

- ▶ 16. Doing exercise every day and eating healthy food helps improve your and keeps you active.
 a) culture b) fairness c) weakness d) fitness
17. Mazen booked a room because he traveled alone.
 a) double b) free c) single d) local
18. Nowadays, most folk songs have a fast than they were in the past.
a) rhythm b) voice c) sound d) system
19. The charity plans to poor families with food and new clothes.
 a) prevent b) provide c) refuse d) create
20. Parents try to limit their children's so they spend more time reading.
a) screen time b) bed time c) exam time d) show time

Expressions, Idioms, Prepositions, Derivatives, Synonyms & Antonyms

21. Reading useful books can a positive effect on students' thinking.
 a) monitor b) have c) take d) give
22. Students should always their teachers and classmates inside the school.
 a) stay away from b) look down on c) look different from d) show respect for
23. My grandparents like to evening walks after dinner to stay healthy.
 a) replay b) play c) take d) make
24. During the lesson, the teacher asked us to talk the importance of determination in our new project.
 a) for b) about c) to d) of
25. After a long discussion, the family managed to agree a plan for the weekend.
a) on b) with c) for d) out

Choose the TWO (2) correct answers from the FIVE (5) options:

26. A **balanced** lifestyle involves eating healthy food and getting enough sleep. The synonyms of "balanced" are and
a) stable b) double c) individual d) healthy e) unhealthy
27. Young children are usually very energetic and love to play outdoors. The antonyms of "energetic" are and
 a) relative b) active c) lazy d) alone e) tired
28. I need to check my schedule before I can confirm our meeting. The noun "schedule" is similar to and
 a) reward b) chaos c) timetable d) program e) trophy
29. This cafe serves breakfast in the morning. The verb "serve" can be replaced by or
 a) discourage b) provide c) offer d) neglect e) deny
30. A morning workout is a great way to start your day with a positive mood. The opposites of "workout" are and
 a) exercise b) training c) relaxation d) rest e) division