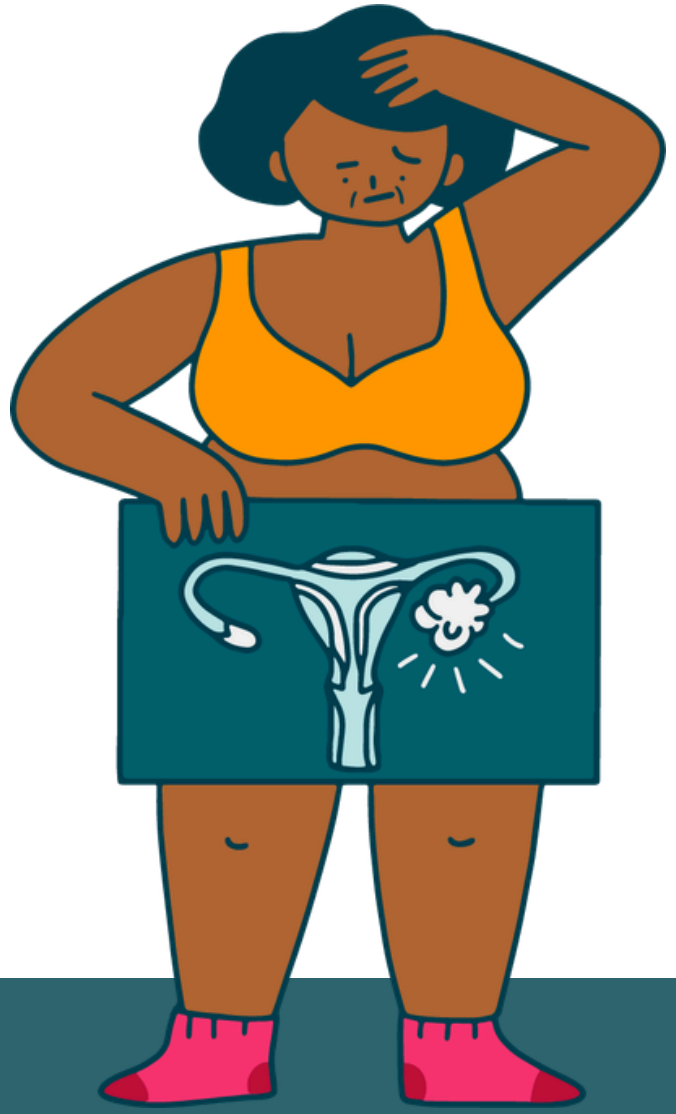


How to speak to your GP about the signs of ovarian cancer

OVARIAN CANCER ACTION



Any comments for the doctor?



Have any of your family members had cancer?

Yes



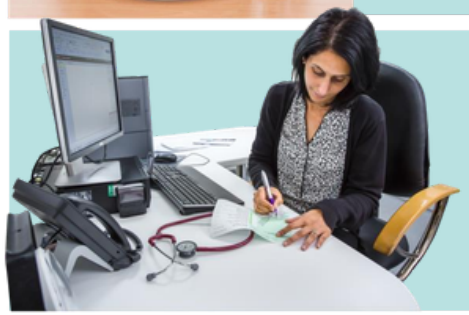
No



How to speak to your GP about the signs of ovarian cancer



Write down your symptoms and when they started.

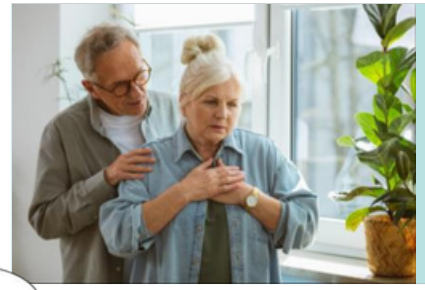


Book an appointment to see your GP.



You can ask for an interpreter if you do not speak English.

How to speak to your GP about the signs of ovarian cancer



Go to the appointment with family or friend if you need support.



Write down any questions you have for the Doctor.

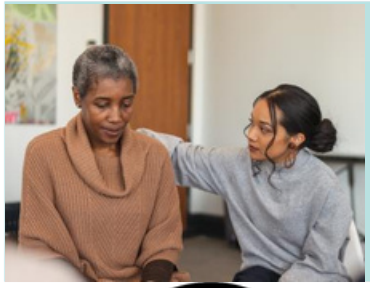


You can ask your family or a friend to remind you to ask the questions.

What to tell the doctor at your appointment



Any symptoms you have.

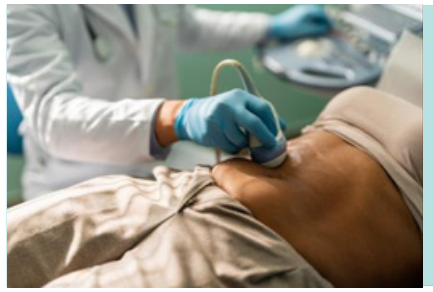


That you are worried you have ovarian cancer.



That you want your tummy to be checked.

Your doctor might:



Feel your tummy.



Check your private parts. You can ask for someone you trust to stay with you for this.



Do a blood test.

Your doctor might:



Ask you to get a scan of your tummy from the hospital.



Explain if you do not need any tests.

What you can ask your doctor:



What happens next?



To give you information to help you remember.



Questions for your doctor

Who are Ovarian Cancer Action?



Ovarian Cancer Action is a charity focused on doing medical research into ovarian cancer.



You can visit our website on **www.ovarian.org.uk**

You can call on 020 7380 1730 or email info@ovarian.org.uk.

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Quality checked by people with learning disabilities