

# WALK IN HER NAME

2026



**OVARIAN CANCER ACTION**

# Thank you for choosing to Walk in Her Name for Ovarian Cancer Action.



Every woman diagnosed with ovarian cancer deserves better – and because of you, better is possible. The money you raise by taking part in Walk in Her Name 2026 will help fund the science that can lead to earlier detection, better treatments, and, ultimately, save lives. Behind every research breakthrough is someone like you.

Your support means researchers can keep moving forward, and women can hold on to more time, more options, more hope. This disease doesn't wait. But neither do we.

Together, we're building a future where no woman dies of ovarian

cancer. And that future gets closer with every step you take and every pound you raise. We're so grateful you've chosen to be part of this.

Let's get started and turn your support into real progress for the women who need it most.

A handwritten signature in teal ink that reads "Cary".

**Cary Wakefield**  
CEO, Ovarian Cancer Action

## How to champion your challenge:

- Follow our top tips on the next page to get started
- Plan how you'll walk 100km your way this March
- Join the Facebook group to meet your teammates
- **Most of all, have fun!**

**CLICK HERE**

to join the Facebook Group and meet your fellow teammates



# Your next steps

- STEP 1** **Create your fundraising page** on [JustGiving](#) or [Facebook](#).
- STEP 2** **Personalise your page** by adding a photo and share why you're taking part.
- STEP 3** **Set your target** – we'll send you an exclusive pin badge when you raise your first £10, and a challenge medal when you raise £200 or more.
- STEP 4** **Update your friends and family** by sharing your page to let them know about your challenge.

## Our top tips

- ♥ **Be the first to donate** to kickstart your fundraising.
- ♥ **Share your page in multiple places** – think social media, WhatsApp and email.
- ♥ **Keep friends and family updated** with photos throughout your challenge.
- ♥ **Track your progress** using your Challenge Tracker in your welcome pack.
- ♥ **Thank everyone who donates** to let them know how much their support means.

## Meet Kristy

“I walked in memory of my wonderful Mum. She died in July 2021, just three months after being diagnosed and two months before her 70th birthday. I wanted to make a difference as a tribute to her.

**I loved connecting with the other walkers on this challenge – the camaraderie of the group and seeing everyone's journey along the way.**

My top fundraising tip is to share your fundraising page on social media, along with updates from your challenge and lots of photos from your walks. I found my friends and family could relate more to the challenge I was taking on when they could see me out there every day, which encouraged them to give more.

Don't be afraid to get out there and do your best! It's a great feeling to accomplish your goal, raise money for a brilliant cause and make new friends along the way.

**Keep smiling! You've got this. ”**



# How your fundraising makes a difference

**£15** could **support our life-saving awareness campaigns**, empowering women with the knowledge they need to understand the main symptoms of ovarian cancer.



**£50** could **provide our researchers with the tools they need to build the next breakthrough**, such as pipettes, protective wear or cell culture plates.



**£240** could **fund a patient volunteer to work with a researcher for three days**, helping to make ovarian cancer research more relevant to those it will help.



**£500** could **fund an MSc or PhD student** – the innovators who will make a breakthrough with this disease – for just under **a week at the Ovarian Cancer Action Research Centre**.



**Thank you so much for your support. Every pound raised takes us one step closer to a world where no woman dies of ovarian cancer.**



## Contact us

If you have any questions, you can always post them on the Walk in Her Name 2026 Facebook group. Or you can give the team a call on 020 7380 1730 or send us an email at [wihn@ovarian.org.uk](mailto:wihn@ovarian.org.uk)

**ovarian.org.uk**



Registered charity no. 1109743 (England & Wales) and SC043478 (Scotland). Company Limited by guarantee no. 5403443

**OVARIAN  
CANCER  
ACTION**