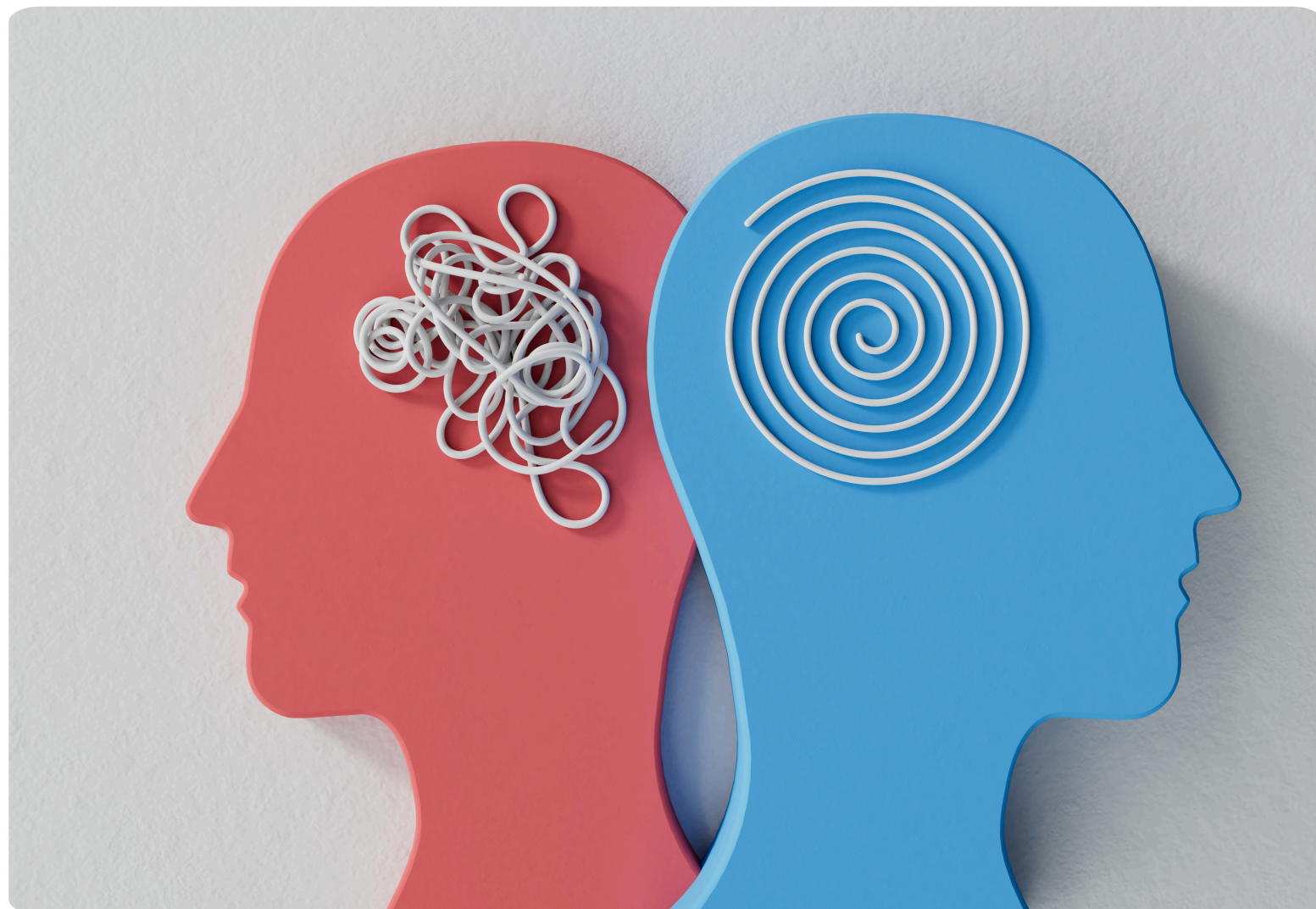


Support • Inform • Signpost • Empower



## Access to Adult Mental Health Services Workshop (Including Transition from CAMHS)

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This workshop is aimed at parents and carers of SEND young people aged 14-25 who want to find out more about the transition process from CAMHS (Child and Adolescent Mental Health Services) to adult mental health services. It will also include the pathways into adult mental health services post age 18 and where to obtain support during a mental health crisis as an adult.

The workshop will:

- Provide an overview of the transition process for those already receiving support from CAMHS as they approach 18
- Explain the pathways into adult mental health services for those over 18
- Help parents prepare for transition
- Signpost to additional sources of support

[www.bexleyvoice.org.uk](http://www.bexleyvoice.org.uk)

### Preparing for Adulthood

**Thursday 15th May 25**

**10am-11:30am**

**Online via MS TEAMS**

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Our free Preparing for Adulthood workshop series provides Bexley Voice members with the opportunity to get information for their young people aged 14 to 25 who are preparing for adulthood, which includes information about: education, health and social care, employment, finance and benefits.

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Advance booking required at:

<https://bexleyvoice.org.uk/calendar/item/55664479>

or scan the QR code:

