



Biblical Counseling

Biblical Counseling and the Goal of Christian Living



Biblical Counseling

Biblical counseling is discipleship.

- Colossians 1:10
- 2 Peter 3:18

Biblical Counseling

The Bible's role in biblical counseling / discipleship:

- 2 Peter 1:3 -- central role
- Ephesians 4:15 -- speaking role

Biblical Counseling

The Bible fulfills these roles through:

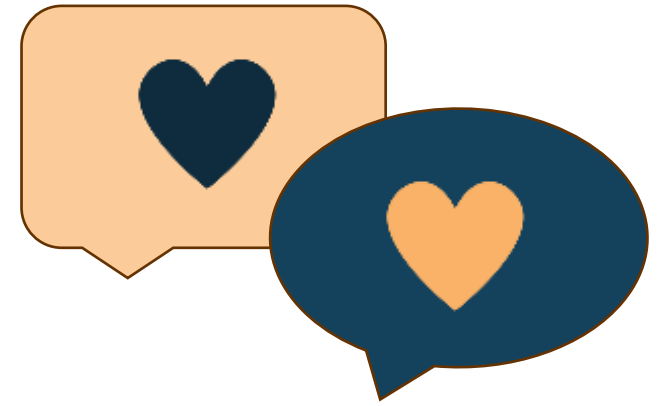
- Colossians 1:28
- Colossians 3:16
- 2 Timothy 3:16

Biblical Counseling

Christian discipleship involves instructing and encouraging believers in the lifelong process of learning to follow Jesus faithfully.

→ Primary emphasis: ministering God's truth

Biblical Counseling



Biblical counseling is one saint / sinner / sufferer speaking God's truth in love to another saint / sinner / sufferer, so that each of them instructs / encourages the other to **change** and **grow in Christlikeness** to the greater glory of God.

Biblical Counseling

The highest goal of living as a believer is to become more and more like Christ: sanctification.

Biblical Counseling

The goal of all biblical instruction concerns:

1. Living to **glorify** Christ (Col. 3:17)

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The goal of all biblical instruction concerns:

2. Living to grow in Christ (2 Cor. 3:18)

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The goal of all biblical instruction concerns:

3. Living to give the love of Christ (1 Tim. 1:5; 2 Cor. 5:14)

Biblical Counseling

“The more believers grow in their knowledge of Christ, the more He is revealed in their lives.” (John MacArthur)

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