

**BEFORE**



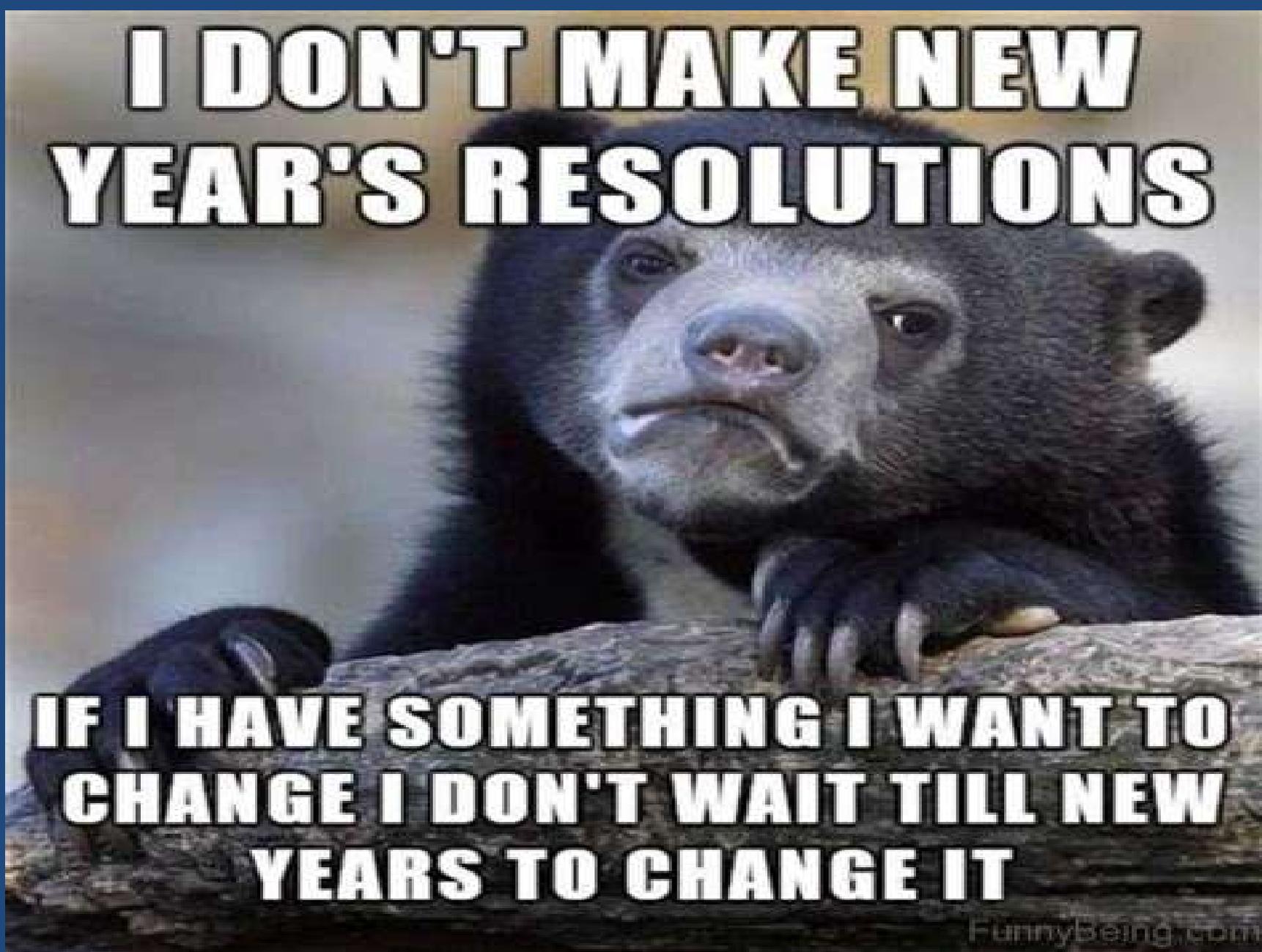
**AFTER 2 WEEKS**



**In 2 weeks johnny has lost 2  
weeks**

# THM NEW YEAR'S RESOLUTION

1. EAT MORE CHOCOLATE
2. EAT MORE PIZZA
3. EAT MORE CHEESECAKE

A black bear is shown from the chest up, resting its head on a large, textured log. The bear has a thoughtful or slightly sad expression, looking off to the side. The background is a soft, out-of-focus natural setting.

**I DON'T MAKE NEW  
YEAR'S RESOLUTIONS**

**IF I HAVE SOMETHING I WANT TO  
CHANGE I DON'T WAIT TILL NEW  
YEARS TO CHANGE IT**

Series Title:

*God's Goals for You This Hour, This Day,  
This Year. . .*

Colossians 3:1-17

*For those whom he foreknew he also predestined to be conformed to the image of his Son (Romans 8:29a).*

Last Sunday:

Goal #1: Be Mindful of Who You Are  
in Christ

Colossians 3:1-4

Today:

Goal #2: Don't Be Who You Are  
Apart from Christ (Part 1)

Colossians 3:5-11

I. God calls us to understand who we are in  
Christ. (v.1a)

Paul describes our being united to Christ in 3 ways:

*you have been raised with Christ (v.1)*

Paul describes our being united to Christ in 3 ways:

*you have died, and your life is hidden with Christ in God (v.3).*

*Also in 2:20: with Christ you died (2:20)*

Paul describes our being united to Christ in 3 ways:

*Christ who is your life (v.4)*

II. The way to avoid being who you are apart from Christ.

Paul describes himself apart from Christ:

*For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. For I do not do the good I want, but the evil I do not want is what I keep on doing. (Rom.7:18-19)*

Only Christ can deliver us from the power of our sinful nature:

*Wretched man that I am! Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord! (Rom7:24-25)*

You must kill sin (v.5).

*Put to death therefore what is earthly in  
you (v.5)*

You must kill sin (v.5).

*Put to death therefore what is earthly in  
you (v.5)*

Sexual immorality

You must kill sin (v.5).

*Put to death therefore what is earthly in you (v.5)*

Sexual immorality  
Impurity

You must kill sin (v.5).

*Put to death therefore what is earthly in you (v.5)*

Sexual immorality

Impurity

Passion or Lust

You must kill sin (v.5).

*Put to death therefore what is earthly in you (v.5)*

Sexual immorality

Impurity

Passion or Lust

Evil desire

You must kill sin (v.5).

*Put to death therefore what is earthly in you (v.5)*

Sexual immorality

Impurity

Passion or Lust

Evil desire

Covetousness, which is idolatry.

*“You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor's.” (Exodus 20:17)*

*Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. And the man and his wife were both naked and were not ashamed.*  
(Gen.2:24-25)

II. The reasons why you should avoid being  
who you are apart from Christ.

II. The reasons why you should avoid being who you are apart from Christ.

A. You want to avoid God's wrath (v.6)

II. The reasons why you should avoid being who you are apart from Christ.

A. You want to avoid God's wrath (v.6)

*On account of these the wrath of God is coming. (v.6)*

B. You are one with Christ now.

B. You are one with Christ now.

Such sinfulness was a part of our past life

*In these you too once walked, when you  
were living in them. (v.7)*

B. You are one with Christ now.

Such sinfulness was a part of our past life

*. . . you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator. (vv.9-10)*