

The Foundation for a Healthy Family

Genesis 2:24-25

So they are no longer two but one flesh. What therefore God has joined together, let not man separate. (Mt.19:6)

“Marriage is good for people—for women, for men and for children. Research for the last 30 years continues to find ways in which lifelong marriage positively affects our physical and emotional health, and even our finances.

“A thriving society and culture depend on stable marriages.”

- Focus on the Family's CitizensLink (now called Family Policy Alliance)

Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. And the man and his wife were both naked and were not ashamed.
(Genesis 2:24-25)

I. The Principle of Severance

a man shall leave his father and his mother.

"To sever tight, emotionally dependent strings that once provided security, protection, financial, and physical needs. All or any of those ties, if brought over into a marriage, will hinder the bond of marriage from sealing. So God mentions this first, even before He talks about "uniting" or "cleaving" to each other."

- Chuck Swindoll

II. The Principle of Permanence

hold fast to his wife or be united to his wife

Jesus replied, "Moses permitted you to divorce your wives because your hearts were hard. But it was not this way from the beginning (Mt.19:8).

III. The Principle of Unity

and they shall become one flesh

Then the Lord God said, “It is not good that the man should be alone; I will make him a helper fit for him.” (Gen.2:18)

IV. The Principle of Intimacy

*And the man and his wife were both naked
and were not ashamed.*

Severance

Permanence

Unity

Intimacy