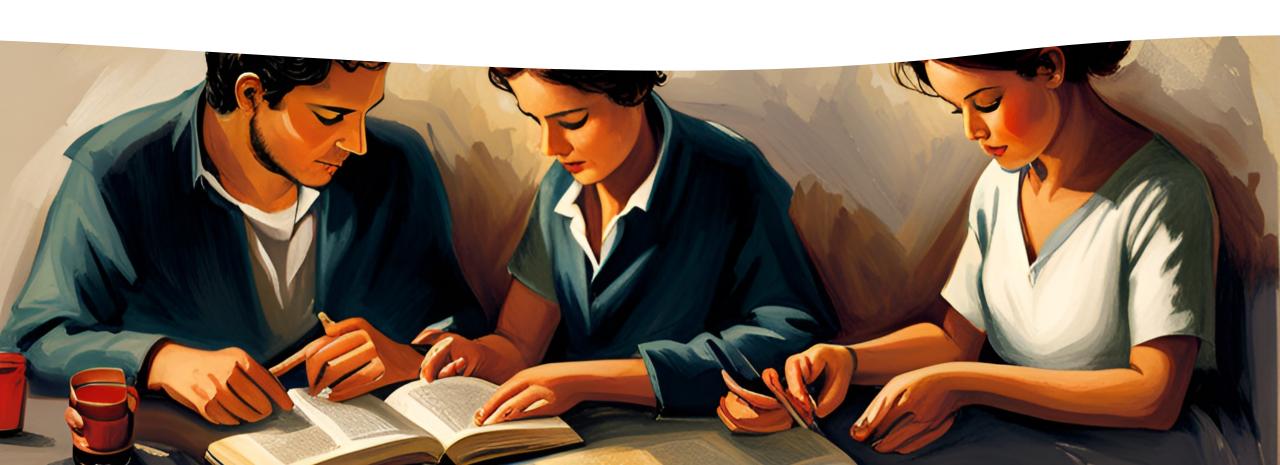




Opening Question:

What comes to mind when you think of 'refreshing love' in today's world?

Philemon 1-7 | Page 1186 | ESV Pew Bible



Paul: The Apostle and writer of Philemon

Timothy: Our Brother in Christ. Writer of 1 and 2 Timothy

Philemon: Recipient of the letter. Converted to Christ. Owner of Onesimus. Host of house church. Refreshed Christians in his ministry.

Apphia: Our Sister in Christ. Believed to be wife of Philemon

Archippus: Our Fellow Soldier. Believed to be son of Philemon. Mentioned in Colossians 4:17

Beloved: beloved, worthy of love, esteemed *Philemon 1:1 ESV, Romans 1:7 KJV, Colossians 3:12 ESV, 1 Thessalonians 1:4 KJV*

Grace and Peace

Grace: God's undeserved / unmerited favor. |

Romans 3:23-24, Romans 11:6, Titus 3:5-7, Ephesians 2:8-9,

Romans 5:1-2 (Grace and Peace)

Peace: The calm (peace) that comes from God | Philippians 4:7, John 14:27, Romans 5:1-2 (Grace and Peace)

Two Types of Refreshing:

Vertical and Horizontal Refreshment.

Christ refreshes our hearts. | Vertical | Matthew 11:28-30

We should refresh the hearts of others | Horizontal | 1 Corinthians 16:17-18, 2 Corinthians 7:13, Philemon 1:7





Closing Question:

How can we seek refreshment in Christ? How can we seek to refresh others in His name?