

Sunday 5th July

Welcome

Reading

Prayer

Moment of reflection

Song: Psalm 23

Call to Worship

Reading: Mark 2

Song: My Soul Finds Rest (Psalm 62)

Prayer of Thanksgiving & Supplication

Talk

Song: He Will Hold Me Fast

Benediction

Q & A: Anxiety(2)

Please let us know if you need any help or want us to pray for you. Contact us at neil@freechurch.org

Call to Worship

Leader: "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."

All: Truly my soul finds rest in God; my salvation comes from him Truly he is my rock and my salvation; he is my fortress, I will never be shaken.

Song: Psalm 23 (Townend)

The Lord's my Shepherd I'll not
want
He makes me lie in pastures
green
He leads me by the still still
waters
His goodness restores my soul

*And I will trust in You alone
And I will trust in You alone
For Your endless mercy follows me
Your goodness will lead me home*

He guides my ways in
righteousness
And He anoints my head with oil
And my cup it overflows with joy
I feast on His pure delights

Chorus

And though I walk the darkest
path
I will not fear the evil one
For You are with me
And Your rod and staff
Are the comfort I need to know

Chorus

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Bible Reading: Mark 2

Jesus is Lord of the Sabbath

23 One Sabbath Jesus was going through the cornfields, and as his disciples walked along, they began to pick some ears of corn. **24** The Pharisees said to him, 'Look, why are they doing what is unlawful on the Sabbath?'

25 He answered, 'Have you never read what David did when he and his companions were hungry and in need? **26** In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions.'

27 Then he said to them, 'The Sabbath was made for man, not man for the Sabbath. **28** So the Son of Man is Lord even of the Sabbath.'

Lectura Bíblica: Marcos 2

Señor del sábado

23 Un sábado, al cruzar Jesús los sembrados, sus discípulos comenzaron a arrancar a su paso unas espigas de trigo.

24 — Mira — le preguntaron los fariseos —, ¿por qué hacen ellos lo que está prohibido hacer en sábado?

25 Él les contestó:

— ¿Nunca han leído lo que hizo David en aquella ocasión, cuando él y sus compañeros tuvieron hambre y pasaron necesidad? **26** Entró en la casa de Dios cuando Abiatar era el sumo sacerdote, y comió los panes consagrados a Dios, que solo a los sacerdotes les es permitido comer. Y dio también a sus compañeros.

27 »El sábado se hizo para el hombre, y no el hombre para el sábado — añadió —. **28** Así que el Hijo del hombre es Señor incluso del sábado.

Song: My Soul Finds Rest (Psalm 62)

My soul finds rest in God alone
My rock and my salvation
A fortress strong against my foes
And I will not be shaken
Though lips may bless and hearts
may curse
And lies like arrows pierce me
I'll fix my heart on righteousness
I'll look to Him who hears me

*O praise Him hallelujah
My Delight and my Reward
Everlasting never failing
My Redeemer my God*

Find rest my soul in God alone
Amid the world's temptations
When evil seeks to take a hold
I'll cling to my salvation

Though riches come and riches
go
Don't set your heart upon them
The fields of hope in which I sow
Are harvested in heaven

Chorus

I'll set my gaze on God alone
And trust in Him completely
With ev'ry day pour out my soul
And He will prove His mercy
Though life is but a fleeting
breath
A sigh too brief to measure
My King has crushed the curse of
death
And I am His forever

Chorus

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Prayer of Thanksgiving & Supplication

Talk

Song: He Will Hold Me Fast

When I fear my faith will fail
Christ will hold me fast
When the tempter would prevail
He will hold me fast
I could never keep my hold
Through life's fearful path
For my love is often cold
He must hold me fast

*He will hold me fast
He will hold me fast
For my Savior loves me so
He will hold me fast*

Those He saves are His delight
Christ will hold me fast
Precious in His holy sight
He will hold me fast

He'll not let my soul be lost
His Promises shall last
Bought by Him at such a cost
He will hold me fast

Chorus

For my life He bled and died
Christ will hold me fast
Justice has been satisfied
He will hold me fast
Raised with Him to endless life
He will hold me fast
Till our faith is turned to sight
When He comes at last

Chorus

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Benediction

Q & A: Anxiety

Coming up

Over the summer, there is a weekly prayer meeting Wednesdays at 7:30pm on Zoom. City Groups can decide how and when they would like to meet in addition to this.

Teens - meeting TONIGHT at 5pm for our summer social!

Christianity Explored - continues TONIGHT at 7pm. This is the final opportunity for folk to join if you'd like to invite someone. Contact Geoff (geoff.murray@cornerstone-edinburgh.com) if you have any questions.

Women's Bible Study will meet online on Wednesday at 10.30am - contact Louise MacMillan for more details (lmacmillan@live.co.uk)

Prayer Retreat - You're invited to take part in a time of prayer & thanksgiving over the **10th and 11th of July**. We will prepare resources for you to use on the 10th at a time that suits you - either on your own or with friends. The weekend will be an important point for us to stop and say thank you to God for the way he has watched over us and provided for us. Between 7.30am & 9:30am on the morning of the 11th we'll have a time of prayer and thanksgiving for the congregation - which will feel a little more like a prayer retreat. We are keen to make God the focus and centre of our praise and thanks as we begin to enjoy more opportunities to see the people we love and have missed so much.

RightNow Media is the biggest online library of biblical video resources & Cornerstone have just subscribed! Try it out and give us any feedback on your experience. You can sign up here:

<https://www.rightnowmedia.org/Account/Invite/cornerstoneedinburgh>

Contact Jo with any questions (jo.hulks@cornerstone-edinburgh.com)

Hardship Fund - During this time we really want to help those who are struggling financially and we've set up a fund for those connected to Cornerstone who need assistance.

If you would like to donate to this fund or apply for help, please contact: AnnaLauren on alpacker@cornerstone-edinburgh.com or Laird (Colin) on colin.ross@cornerstone-edinburgh.com for details.

Pastoral Care for the whole Church - Message from Neil

Our hope is that everyone connected to Cornerstone is taken care of during this time. Please also be proactive in connecting with your City Group leaders throughout the holidays and letting them know how you are. Let's be creative about being in touch with others and finding our own ways to connect also. Feel free to contact me, AnnaLauren or Jo at any time if you need help of any kind.

My email: neil@freechurch.org

AnnaLauren: alpacker@cornerstone-edinburgh.com

Jo: jo.hulks@cornerstone-edinburgh.com

Giving Information:

If you would like to make a donation to the work of Cornerstone in Edinburgh, please follow this link

<https://cornerstone-edinburgh.com/donate>

Old Schoolhouse Updates: Restoration work began at OSH this week! You can follow the progress at www.osh.org.uk/updates where we'll post photos and information periodically.