

# The Spiritual Discipline of Prayer

Matthew 6: 5 - 13

The Series Objectives – Disciples are Made, Not Born

## Background & Review

1. Develop a STRATEGIC Prayer PLAN. (Mark 1:35; Luke 5: 15 – 16; Mark 6: 45-46; Luke 11: 1; Matthew 6: 5 - 13) A.T.C.S
2. ADORATION : Honoring God for who He is. (Rev 4: 11; Psalm 8)
3. CONFESSION Honesty before God about SIN . (Ps 32 & 51; 1 Cor 11:30; Acts 5: 1-10; 1 Jn 5: 16, 1: 9)
4. THANKSGIVING : Praising God for What He DONE . (1 Thess 5: 18; Ps 100; 103; 138).
5. SUPPLICATION : Appealing to God for His INTERVENTION . (Matt 6:11; Phil 4: 6 -7)

## Application Points

1. Prayer is perhaps the most difficult SPIRITUAL DISCIPLINE to MASTER CONSISTENTLY. You are not alone!
2. Believers can have a VICTORIOUS prayer life when they REMOVE DISTRACTIONS and DEPLOY a prayer STRATEGY.
3. God's work ADVANCES when His servants HUMBLE themselves in PRAYER! ADORATION is IMPERATIVE.
4. CONFESSION is AGREEING with God about our sin and THANKING Him for His FOREGIVENESS, MERCY, and GRACE.
5. Keeping a PRAYER JOURNAL will ENHANCE your prayer life and keep you FOCUSED when you deploy A.C.T.S..

## Quotes on Prayer

- "Spiritual Growth is impossible apart from the practice of prayer. Just as the key to enhanced relationships with other people is time spent in communication, so the key to a growing relationship with the personal God of heaven and earth is time invested in speaking to Him in prayer and listening to His voice in Scripture." Dr. Ken Boa
- "Men are God's method. The church is looking for better methods; God is looking for better men. What the church needs today is not more machinery or better, not new organizations or more and novel methods, but men who the Holy Spirit can use – men of prayer, men mighty in prayer. The Holy Spirit does not come on machinery but on men. He does not anoint plans, but men, men of prayer." E. M. Bounds
- "I have so much to do that I shall spend the first three hours in prayer." Martin Luther
- "In prayer, it is better to have a heart without words than words without heart." John Bunyan
- "Is prayer your steering wheel or your spare tire?" Corrie Ten Boom
- "I have been driven many times upon my knees by the overwhelming conviction that I had nowhere else to go. My own wisdom and that of all about me seems insufficient for that day." Abraham Lincoln
- "Any concern too small to be turned into a prayer is too small to be made into a burden." Corrie Ten Boom
- "We have to pray with our eyes on God, not on the difficulties." Oswald Chambers
- "He who kneels the most, stands the best." D.L. Moody
- "Prayer will make a man cease from sin, or sin will entice a man to cease from prayer." John Bunyan
- "The Christian should work as if it all depends upon him and pray as if it all depends upon God." C. H. Spurgeon
- "Praying and sinning will never live together in the same heart. Prayer will consume sin, or sin will choke prayer." J. C. Ryle