

Practical Applications for a Vibrant Prayer Life

Psalm 86

The Series Objectives – Disciples are Made, Not Born

1. Background & Review: Develop a STRATEGIC Prayer PLAN. (Mark 1:35; Luke 5: 15 – 16; Mark 6: 45-46; Luke 11: 1; Matthew 6: 5 - 13)

2. Question #1: To Whom Should I Pray? To the FATHER, the SON, or the HOLY SPIRIT. (Matt 6:8; Luke 11:2; 1 Jn 4:10; Jn 14:26; 15:26; Luke 22: 42; Heb 10:7; Psalm 86)

3. Question #2: Should I be FORMAL or INFORMAL in Prayer? (Psalm 86: 1-7)

4. Question #3: Why Should I Pray to God if He ALREADY KNOWS the OUTCOME? (Psalm 86:1-7; 8 – 13; 14 - 17)

5. Question #4: Is There ANYTHING That Can HINDER My Prayers?
 - A. DISOBEDIENCE. (Prov 1: 24- 33)
 - B. KNOWN UNCONFESSED SIN IN OUR LIFE. (Psalm 66:18)
 - C. Being out of FELLOWSHIP WITH THE LORD. (John 15: 7) [relates to B above]
 - D. WRONG MOTIVES. (James 4:3)
 - E. DOUBT. (James 1: 6-7)
 - F. DISREGARD for God's WORD. (Prov 28: 9)
 - G. DISUNITY in the HOME OR MARRIAGE. (1 Peter 3:7) [a warning to husbands]

Application Points

1. Prayer should be directed to God the FATHER, through the SON in the power of the HOLY SPIRIT. All three are members of the GODHEAD.
2. God is more concerned about our HEART than FORMALITIES. Be HUMBLE, RESPECTFUL, and TRANSPARENT.
3. Prayer changes things, usually US, God seeks to SANCTIFY (make us holy) us for His glory.
4. Before prayer, EXAMINE yourself and get RIGHT with God through CONFESSION. Don't allow anything to HINDER your prayers.
5. Pray your way through the DAYKKK. CONVERSATIONAL prayer enables believers to be TRANSPARENT and DEPENDENT before God.

Quote on Prayer

"Spiritual Growth is impossible apart from the practice of prayer. Just as the key to enhanced relationships with other people is time spent in communication, so the key to a growing relationship with the personal God of heaven and earth is time invested in speaking to Him in prayer and listening to His voice in Scripture." **Dr. Ken Boa**

