

Confess to God (Psalm 32; 1 John 1:5-2:2)

Confession is a _____ (surprise?!?)

1. The necessity of confession

Spiritual clutter

What clutter does

A big problem – Why?

The way back...but we just don't like the idea! And so

2. The alternative to confession

We c_____ our clutter/sin

Way #1 (1 John 1:8): sin isn't there!

Way #2 (1 John 1:6): Sin doesn't really matter that much!

How do we know if we have become 1 John 1:6 people?

Always a bad idea. Why?

⇒ *Because we are actually engaging in an act of profound self-harm*

Proverbs 28:13a; 1 John 1:9a

Psalm 32:3-4

Guilt will weigh us down

Why do we still work so hard to c_____ our sin, then?

But what if...

3. The joy of confession

Proverbs 28:13; 1 John 1:9

A question:

4. The practice of confession

- i. Acknowledge your sin whenever God shows it to you
- ii. Receive God's forgiveness
- iii. Participate not just in private but public confession