

Rest in Jesus Christ (Matthew 11:25-30)

Introduction

1. The People who Find Rest (v25-26)

- The gracious will and initiative of the Father in revelation.
- The “wise and understanding” vs “little children”.

2. The Condition of Finding Rest (v27)

- Receive the authoritative Son of God.
- Acknowledge the Son as the only way to God.

3. The Relief of Jesus’ Rest (v28-30)

- Give up on your own efforts! Lay down your labour and burden.
- Receive Jesus’ easy yoke and light burden of joyful obedience.
- Abide in Jesus’ rest – freedom from sin, grace, and forgiveness.