

Spiralling Shame (Gen. 2:25-3:13, 4:1-12)

In the beginning... (Gen. 2:25)

Where did shame come from?

The insinuation of 3:5

Looked for something to help them cope with that feeling

What is shame?

- The subjective dimension (eg. Job 10:15)

Shame & guilt

- The social dimension (eg. Proverbs 19:26, Matthew 1:19)

- The objective dimension (eg. Genesis 3:6-7, Ezekiel 44:13)

How does sin weaponize shame?

1. It causes us to hide (Gen. 3:8-10)
 - By telling lies (to keep our shame buried)
 - By attempting to cover our shame with something else
 - By withdrawing from others
2. It causes us to blame others (Gen. 3:11-13)
3. It causes us to rage (Gen. 4:1-8)

What is the cure for shame?

The welcome of the Father (Gen. 3:8-9, 21; Luke 15:11ff)

The restoration of the Son (Mark 14-15, John 21)

The community of the Spirit (1 Corinthians 12:23)

“Those who look to him are radiant;
their faces are never covered with shame” (Psalm 34:5)